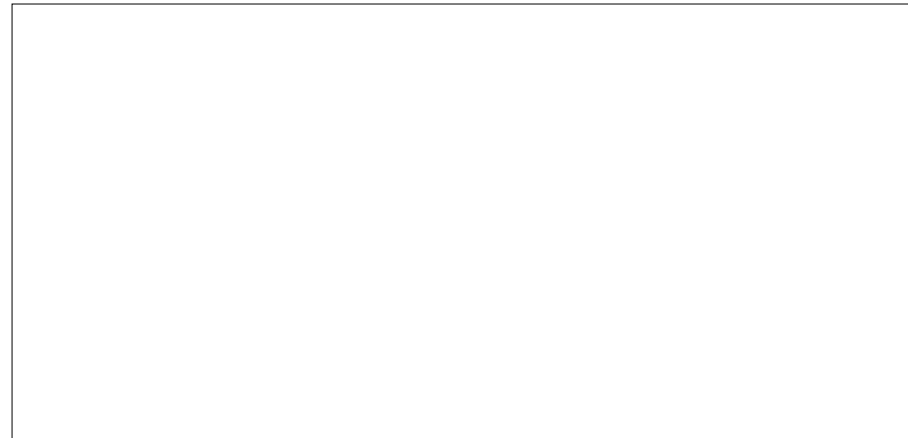




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Stamp



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**Wellness Director:**  
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**Wellness Coordinator**  
Maria Moreno  
**Maintenance Director:**  
Joshua Sabota  
**Dining Services Director:**  
Sara Scheurn  
**Life Enrichment Director:**  
Nichol Bracewell

**Our mission is to create and sustain comfortable, caring environments for those who depend on us.**



# The Pioneer Post

December 2022 Newsletter



2 Ways to Give Back this Season  
3 Team & Resident Spotlight  
4 - 5 Activities Calendar

6 Highlights & Our LED's Corner  
7 Special Moments  
8 Mission & Team



# Ways to Give Back This Holiday Season

The holiday season is the perfect time to embrace feelings of warmth and joy with loved ones. It's also a wonderful time of year to help give love and care toward the greater community.

This year, consider compassionate actions you can take to help those around you. In turn you may even help yourself! Studies show that giving back boosts happiness, health, self-esteem, and gives a greater sense of purpose.

## Find Causes That Speak to You

If you're looking for a place to figure out how you could give your time or talent in the world, check out **VolunteerMatch.org** where you can select areas of interest in your vicinity. There are thousands of opportunities there.

## Support Area Food Banks

Contact a local food bank and see what support they are seeking. Typical volunteer experiences include: sorting and packing food, delivering meals, assisting at drive-thru pantries, and garden harvesting.

A resource to start with is:

**[www.feedingamerica.org/take-action/volunteer](http://www.feedingamerica.org/take-action/volunteer)**

## Donate for Meaningful Causes

Before getting rid of items you no longer want, look online to see where you could make donations to make a difference in others' lives. Habitat For Humanity which helps provide homes across the world is one example. They accept building materials, furniture, and appliances at Habitat ReStores.



## Buy from Local Businesses

From heading to the farmers' market for local produce to checking out a new local artisan or coffee house, support the small businesses in your area. If you have relatives who you'll be sending holiday gifts to, consider buying from a unique local business.

## Give Your Time & Talent

If you have a skillset you could use to help in the community, teach others or provide entertainment, you would be enriching others' lives. Try contacting local recreation/senior centers, schools, community theatre programs, the library, or senior living communities to see where volunteers/entertainers may be needed. We welcome volunteers at our community! Contact our Life Enrichment Team for volunteer information.

## Put Pen to Paper

Throughout the year, and especially during the holidays, it brightens' people's hearts receiving mail. Consider sending some heart-felt cards to soldiers abroad! There are various websites online that orchestrate mail to our troops. Operation Gratitude is one to try.

We hope these ideas spark inspiration toward giving. Let us know of great ideas you have beyond this list on our facebook on the 1st.

# Special Moments





# December 2022 Highlights

**Observes:** Sharps Injury Prevention, Human Rights, Safe Toys and Gifts, Universal Human Rights, and Worldwide Food Service Safety

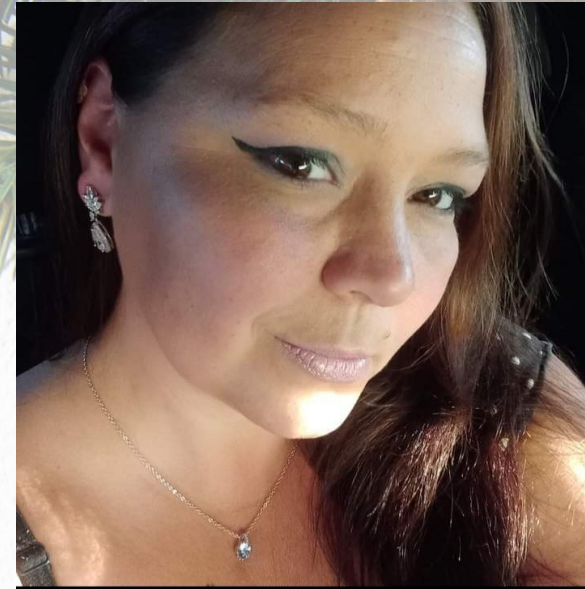
**Celebrates:** Bingo, Car Donating, Fruit Cake, Learning Foreign Languages, Pears, Root Veggies & Exotic Fruits, and Spiritual Literacy

01 Eat a Red Apple Day; Pie Day	17 Maple Syrup Day; Wright Bros Day; Wreath Day
02 Fritters Day; Mutt Day; Special Ed Day	18 Hanukkah Start; Twin Day; Roast Suckling Pig Day
03 Play Outside Day	19 Hard Candy Day; Oatmeal Muffin Day
04 Thanks Team Day; Cookie Day; Sock Day	20 Go Caroling Day; Sangria Day
05 Volunteers' Day; Sacher Torte Day	21 Crossword Puzzle Day; French Fried Shrimp Day
06 Gazpacho Day	22 Date Nut Bread Day; Forefathers' Day
07 Cotton Candy Day; Pearl Harbor Day	23 Festivus; Pfeffernusse Day
08 Brownie Day; Be a Time Traveler Day	24 Christmas Eve; Eggnogg Day
09 Sales Staff Day; Holiday Card Day; Pastry Day	25 Christmas Day; Pumpkin Pie Day
10 Human Rights Day; Lager Day; Nobel Prize Day	26 Kwanzaa Begin; Hanukkah End; Candy Cane Day
11 Intl. Mountain Day; Noodle Ring Day	27 Fruitcake Day
12 Gingerbread House Day; Poinsettia Day	28 Card Play Day; Choco Candy Day; Short Film Day
13 Cocoa Day; Violin Day; National Guard Birthday	29 Pepper Pot Day
14 Bouillabaisse Day; Monkey Day	30 Bacon Day
15 Tea Day; Cupcake Day; Wear Pearls Day	31 New Year's Eve; Champagne Day
16 Choco-Covered Day; Ugly Holiday Sweater Day	

## Our Life Enrichment Director's Corner

Dear residents, family members, and friends, working in this field for almost 20 years, I would like to take a moment to recognize the uniqueness of Pioneer Village. Every single person in our community has so much love in their hearts. Our residents put the Fam, in Family. On many occasions I have witnessed the support and love between the members of our community. Helping each other out of kindness, not obligation. In todays world, we all could use the community we have here at Pioneer. We are a family and I feel as if the world could take some notes. I have watched you advocate for each other, support each other and worry about each other too. Isn't that the meaning of family? You all have opened your hearts to me and all who come through our doors. This quality seems to be fading in todays world. So thank you for reminding us that family isn't just a word, but an action we must invest in every day.

Sincerely, *Nichol Bracewell*



### Staff Spotlight: Stephanie

"Tomorrow is always fresh with no mistakes." -Anne of Green Gables, one of Stephanie's favorite quotes. If you know Steph, you know she lives this every day. No matter what, she always comes in with a fresh attitude, much like the delicious meals we see her sending out into the dining room. Stephanie is known for her beautiful vocals. She can be heard singing from the kitchen and enjoys karaoke with our residents. Stephanie may work in our kitchen, but she is also a writer and has 2 college degrees, which she obtained while raising her 5 children. Her favorite travel destination is The Atlantis Resort in the Bahamas. Stephanie has written a few books which she has yet to publish. We are so blessed to have such an adventurous soul here at Pioneer Village.



### Resident Spotlight: Lyle

If you don't know Lyle, you must be hiding away, because Lyle is our resident helper. He can be found opening doors and escorting ladies to our social events. Not only is Lyle well known here at Pioneer, but he has helped sustain our Valley through the fires that have devastated our community. He is a very passionate forestry advocate. He helped train fire teams, and traveled all over the US to do so. Lyle is an amazing man who we are blessed to have in our community. Lyle has a great sense of humor and loves to smile. He is a great conversationalist who enjoys all of the activities we offer here at Pioneer Village. Lyle is one of the most courteous men I have ever met and is always there to offer a helping hand. In fact I feel as if he has a 6th sense, and always seems to turn up at the right time.



# DECEMBER 2022

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SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>All activities subject to change per mandated health guidelines.</b></p> 	<p><b>Transportation Days:</b>  Monday  Tuesday  Thursday  <b>Location Legend:</b>  AL= A Lobby  B= Bistro  BL= Bistro Lobby  TF= Third Floor  CR= Cinema Room  DR= Dining Room  AK=Activity Kitchen  FR = Fitness Room</p> 	<p><b>Happy Birthday</b>  Karen D. 12/02  Ed. S. 12/03  Lynne T. 12/04  Judith H. 12/07  Alvin B. 12/08  Erika N. 12/10  Velma A. 12/12  Mary W. 12/12  Judith W. 12/15  Marilyn G. 12/19  Carolyn H. 12/29</p> 	<p><b>Outtings</b>  12/3 Christmas Parade  12/6 The Roadhouse  12/7 Christmas Lights  12/10 Trader Joes  12/14 Christmas Lights  12/17 Fred Meyers  12/20 Olive Garden  12/21 Christmas Lights  12/23 Christmas Lights  12/24 Hobby Lobby  12/31 Bi-Mart</p>	<p>1  9:00 Christmas Decorating and Breakfast- DR  10:00 Bible Study - CR  11:00 Tree Decorating- DR  1:30 Mexican Train - TF  2:00 Parkinson's Group - CR  3:00 Sip and Art w/ Sidney - B  4:00 Christmas Past -BL  5:00 IN2L Oldies Playlist AL</p>	<p>2  9:00 Go Nuts For Donuts  9:30 Tree Decorating - DR  10:00 Scenic Drive  11:00 Tree Decorating - TF  1:00 Puzzled - TF  1:30 Crafts w/ Nancy - B  3:00 Music Social - TF  Bobbie Anne  4:30 One on Ones  6:00 Friday Night Movie- CR</p>	<p>3 <b>Christmas Parade</b>  10:00 Christmas Parade  11:00 Tree Decorating - AL  1:30 Bingo - B  2:30 Co-ed Poker - TF  4:00 Walk the Halls- AL  5:00 IN2L Trivia - AL  6:00 Saturday Night Movie- CR</p>
<p>4  9:00 Coffee Chat - AL  9:30 Tree Decorating - BL  10:15 Local Church Bus  10:30 Card Game 5 C. - TF  1:00 Sunday Matinee - CR  1:30 Poker w/ Trevor - TF  3:00 Scenic Drive  4:30 IN2L Trivia -AL  5:00 IN2L Music - AL</p>	<p>5  9:00 News&amp; Coffee -AL  10:00 Tia Chi w/ Dayton-TF  11:00 Wii Bowling - TF  1:30 Mexican Train- TF  2:00 IN2L Classic Music-AL  3:00 Resident Meeting - B  Open to all Residents  4:00 Tea Party - AK  5:00 IN2L Classic TV - AL</p>	<p>6  9:00 Chair Zumba- B  10:00 Coffee Social- B  11:00 Wii Bowling-TF  2:00 Welcoming Comm. -B  2:30 IN2L Trivia Fun- AL  3:00 Cocktail Hour-B  4:00 Pioneer Peddle - FR  4:30 Out to Dinner- The Roadhouse  5:00 IN2L Classic TV- AL</p>	<p>7  9:00 Wake-up &amp; Walk- AL  10:00 Scenic Drive  11:00 Snack Creations - AK  1:30 Informed Falling - CR  1:30 Ladies Poker - TF  3:00 Menu Meeting - CR  4:45 Christmas Light Drive  4:30 Bucket Lists - BL  5:00 IN2L Music - AL</p>	<p>8  9:00 Chair Zumba -B  10:00 Bible Study - CR  11:00 One on Ones  1:00 Louis Faro - BL  2:00 Al's 100th B-Day Party  2:00 Alzheimer's Group -CR  3:00 Bingo - B  4:00 Christmas Present - B  5:00 IN2L Oldies Playlist-AL</p>	<p>9  9:00 Go Nuts For Donuts  10:00 Sit &amp; Stretch - B  10:30 Book Club - BL  11:00 Board Games - TF  1:00 Tech Help 101 - CR  1:30 Crafts w/ Nancy - B  3:00 Music Social - B  Rick Millward  4:30 One on Ones  6:00 Friday Night MovieCR</p>	<p>10  9:00 Coffee Chat - AL  10:00 Shopping Trader Joes  11:00 IN2L Trivia - AL  1:30 Bingo - B  2:30 Co-ed Poker - TF  4:00 Walk the Halls- BL  5:00 IN2L Animals- AL  6:00 Saturday Night Movie-CR</p>
<p>11  9:00 Coffee Chat - AL  10:15 Local Church Bus  10:30 Card Game 5 C. - TF  1:00 Sunday Matinee -CR  1:30 Poker w/ Trevor - TF  3:00 Scenic Drive  4:30 IN2L Trivia- AL  5:00 IN2L Music - AL</p>	<p>12  9:00 New &amp; Coffee- AL  10:00 Tia Chi w/ Dayton TF  11:00 Wii Bowling - TF  1:30 Mexican Train- TF  2:30 IN2L Holiday Music-AL  3:30 Putting Time - B  4:00 Bingo - B  5:00 IN2L Classic TV - AL</p>	<p>13  9:00 Chair Zumba- B  10:00 Coffee Social - B  11:00 Card Games -TF  1:30 Karaoke - B  2:00 IN2L Trivia Fun- AL  3:00 Creek Side Chat - B  Open to All Residents  4:00 Tea Party- AK  5:00 IN2L Classic TV - AL</p>	<p>14  9:00 Wake up &amp; Walk - AL  10:00 Elementary School Visit - B  11:00 Snack Creations - AK  1:30 Ladies Poker- TF  3:00 Menu Meeting - CR  4:45 Christmas Light Drive  5:00 IN2L Music - AL</p>	<p>15  9:00 Chair Zumba -B  10:00 Bible Study - CR  11:00 One on Ones  1:30 Mexican Train - TF  3:00 Sip and Art w/ Sidney - B  4:00 - Christmas Future - B  5:00 IN2L Music- AL</p>	<p>16  9:00 Go Nuts For Donuts  10:00 Sit &amp; Stretch - B  10:00 Scenic Drive  11:00 Puzzled - TF  1:30 Crafts w/ Nancy - B  4:30 Resident Gala - DR  Harpist - Lynn  6:00 Friday Night MovieCR</p>	<p>17  9:00 Coffee Chat - AL  10:00 Shopping Fred Meyers  11:30 IN2L Explore- AL  1:30 Bingo - B  2:30 Co-ed Poker - TF  4:00 Walk the Halls- BL  5:00 IN2L Trivia- AL  6:00 Saturday Night Movie- CR</p>
<p>18  9:00 Coffee Chat - AL  10:15 Local Church Bus  10:30 Card Game 5 C. - TF  1:00 Sunday Matinee - CR  1:30 Poker w/ Trevor - TF  3:00 Scenic Drive  4:30 IN2L Trivia - AL  5:00 IN2L Music - AL</p>	<p>19  9:00 News &amp; Coffee- AL  10:00 Tia Chi w/ Dayton -TF  11:00 Wii Bowling - TF  1:30 Mexican Train-TF  2:00 IN2L Holiday Music -AL  3:30 Tea Party - AK  4:00 Bingo - B  5:00 IN2L Classical TV - AL</p>	<p>20  9:00 Chair Zumba - B  10:00 Coffee Social - B  11:00 Wii Bowling - TF  1:30 Karaoke - B  2:00 IN2L Trivia Fun- AL  3:00 Pioneer Peddle - FR  4:30 Out to Dinner Olive Garden</p>	<p>21  9:00 Wake up &amp; Walk - AL  10:00 Scenic Drive  11:00 Snack Creations - AK  1:30 Ladies Poker - TF  3:00 Menu Meeting - CR  3:00 Sonny Kanahale - B  4:00 Bucket List - B  4:45 Christmas Light Drive</p>	<p>22  9:00 Chair Zumba -B  10:00 Bible Study - CR  11:00 One on Ones  1:30 Mexican Train - TF  3:00 Carol Neilson - B  Christmas in Europe  4:00 Christmas Stories- BL  5:00 IN2L Music- AL</p>	<p>23  9:00 Go Nuts for Donuts  10:00 Sit and Stretch- B  10:30 Book Club - BL  11:00 Board Games - TF  1:30 Crafts w/ Nancy - B  3:00 Music Social - B Tracy D  4:30 Christmas Light Drive  6:00 Friday Night Movie-CR</p>	<p>24  9:00 Coffee Chat - AL  10:00 Shopping Hobby Lobby  11:30 IN2L Trivia -AL  1:30 Bingo - B  2:30 Co-ed Poker - TF  4:00 Walk the Halls - BL  5:00 IN2L Animals - AL  6:00 Saturday Night Movie - CR</p>
<p>25  9:00 Christmas Chat - AL  10:15 Local Church Bus  10:30 5 Crown - TF  1:00 Sunday Matinee- CR  Christmas Movies</p> 	<p>26  9:00 News &amp; Coffee - AL  10:00 Tia Chi w/ Dayton - TF  11:00 Wii Bowling - TF  1:30 Mexican Train - TF  2:30 IN2L Holiday Music- AL  3:30 PuttingTime - B  4:00 Bingo - B  5:00 IN2L - Classic TV - AL</p>	<p>27  9:00 Chair Zumba - B  10:00 Coffee Social - B  11:00 Card Games - TF  1:30 Karaoke - B  2:00 IN2L Trivia Fun - AL  3:00 Ted Talk Tuesday - B  4:00 Tea Party - AK  5:00 IN2L Classic TV - AL</p>	<p>28  9:00 Wake up &amp; Walk - AL  10:00 Scenic Drive  11:00 Snack Creations - AK  1:30 Ladies Poker - TF  3:00 Menu Meeting - CR  3:00 Scenic Drive  4:00 Bucket List - B  5:00 IN2L Music - AL</p>	<p>29  9:00 Chair Zumba - B  10:00 Bible Study - CR  11:00 One on Ones  1:30 Mexican Train - TF  3:00 Sip and Art w/ Sidney- B  4:00 Advice Column - B  5:00 IN2L Music - AL</p>	<p>30  9:00 Go nuts for Donuts  10:00 Sit and Stretch - B  11:00 Puzzled - TF  1:00 Tech Help 101 - CR  1:30 Crafts w/ Nancy - B  3:00 Music Social - B  Bob Hayworth  4:00 New Years Eve-Eve Party- B</p>	<p>31  9:00 Coffee Chat - AL  10:00 Shopping Bi- Mart  11:30 IN2L Explore - AL  1:30 Bingo - B  2:30 Co-ed Poker - TF  4:00 Walk the Halls - BL  5:00 IN2L Trivia - AL  6:00 Saturday Night Movie - CR</p>