## Sample Calendar

## Independent & Heartland Assisted™ Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Exercises (LR) 10:30AM Kickball Fun! (LR) 1:00PM Price is Right Game (LR) 2:00PM Bingo Bonanza (AR) 3:00PM Ice Cream Social (AR)	9:00AM Walking Club (PR) 10:00AM Rise + Shine (LR) 10:30AM Kickball Fun (LR) 1:30PM The History Guy (LR) 2:45PM Bingo Bonanza (AR) 3:45PM Horse Racing Game (AR)	10:00AM Let's Exercise (LR) 10:30AM Kickball Fun (LR) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Blackjack (AR)
S 9:30AM TV Church Service (AR)  10:00AM Lets Exercise (LR) 10:30AM Kickball Fun!! (LR) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Create-a-Word (AR)	9:00AM Walking Club (PR) 10:00AM Walmart Outing (B) 10:00AM Fun Exercises (LR) 10:30AM Kickball Fun!! (LR) 1:00PM Blackjack (AR) 2:00PM Bingo Bonanza (AR) 3:00PM Arts & Crafts (AR)	Exercises (LR) 10:30AM Kickball Fun! (LR)	9:00AM Walking Club (PR) 10:00AM Morning Exercises (LR) 10:30AM Kickball Fun (LR) 11:30AM Outing: Picnic (B) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Who am I? (AR)	Exercises (LR) 10:30AM Kickball Fun! (LR)	9:00AM Walking Club (PR) 10:00AM Morning Exercises (LR) 10:30AM Kickball Fun!! 1:00PM Bible Study w/Chaplin Sandy (AR) 2:00PM Bingo Bonanza (AR) 3:00PM Water Color Painting (AR)	S 10:00AM Love on a Leash (LR)  10:30AM Kickball Fun (LR) 1:00PM Movie time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Blackjack (AR)
S 9:30AM TV Church Service (AR)  10:00AM Lets Exercise (LR) 10:30AM Kickball Fun!! (LR) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Create-a-Word (AR)	9:00AM Catholic Mass (MR) 9:00AM Walking Club (PR) 10:00AM Walmart Outing (B) 10:00AM Fun Exercises (LR) 10:30AM Kickball Fun!! (LR) 1:00PM Blackjack w/Tom (AR) 2:00PM Bingo Bonanza (AR) 3:00PM Music w/Barbara (LR)	Exercises (LR) 10:30PM Kickball Fun! (LR) 1:00PM Technology Tuesday (LR)	10:00AM Morning Exercises and Kickball Fun (LR)	Exercises (LR) 10:30AM Kickball Fun! (LR) 1:00PM Price is Right Game ((AR) 2:00PM Bingo Bonanza (AR) 3:00PM Ice Cream Social (AR)	9:00AM Walking Club 10:00AM Morning Exercises (LR) 10:30AM Kickball Fun (LR) 1:00PM Senior Samba With Tamar (LR) 2:00PM Bingo Bonanza (AR) 4:00PM Guacamole Day (AR) 5:30PM Hoedown Party (ARP)	Exercise (LR) 10:30AM Kickball Fun (LR) 1:00PM Movie Time (MR) 2:00PM Bingo Bonanza (AR) 3:30PM Blackjack (AR)
S 9:30AM TV Church Service (AR) P 10:00AM Let's Exercise (LR) 10:30AM Kickball Fun!! (LR) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Create-a-Word (AR)	9:00AM Walking Club (PR) 10:00AM Walmart Outing (B) 10:00AM Fun Exercises (LR) 10:30AM Kickball Fun!! (LR) 1:00PM Blackjack (AR) 2:00PM Bingo Bonanza (AR) 3:00PM Dancing Through the Years (AR)	Exercises (LR) 10:30AM Kickball Fun! (LR) 1:00PM Technology Tuesday (LR) 1:30PM Bingo Bonanza (AR) 3:00PM Birthday Social (LR)	9:00AM Walking Club (PR) 10:00AM Morning Exercises (AR) 10:30AM Kickball Fun (AR) 11:30AM Outing: Sonic (B) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Movie Time (MR)	Exercises (LR) 10:30AM Kickball Fun! (LR) 1:00PM Let's Play Pool (LR) 1:00PM Online Big Screen TV Group Crossword (AR) 2:00PM Bingo Bonanza (AR) 3:00PM New Residents So (AR)	9:00AM Walking Club (PR) 10:00AM Morning Exercises (LR) 10:30AM Kickball Fun!! 1:00PM Bible Study w/Chaplin Sandy (AR) 2:00PM Horse Racing Game (AR) 3:00PM Bingo Bonanza (AR)	10:00AM Let's Exercise (LR) 10:30AM Kickball Fun (LR) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Blackjack (AR)
9:30AM TV Church Service (AR) 10:00AM Lets Exercise (LR) 10:30AM Kickball Fun!! (LR) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Create-a-Word (AR)	9:00AM Catholic Mass (MR) 9:00AM Walking Club (PR) 10:00AM Walmart Outing (B) 10:00AM Fun Exercises (LR) 10:30AM Kickball Fun!! (LR) Jewelry (AR) 2:00PM Bingo Bonanza (AR) 3:00PM Music w/Barbara (LR)	Exercises (LR) 10:30PM Kickball Fun! (LR) 1:00PM Technology Tuesday (LR) 1:30PM Bingo Bonanza (AR) 3:00PM Happy Hour (LR)	9:00AM Walking Club (PR) 10:00AM Outing: Casino Day (B) 10:00AM Morning Exercises (LR) 10:30AM Kickball Fun (LR) 1:00PM Movie Time (MR) 2:30PM Bingo Bonanza (AR) 3:30PM Dominos (AR)	Exercises (LR)  10:30AM Kickball Fun! (LR)  1:00PM Let's Play Pool (LR)  1:00PM Online Big Screen TV  Group Crosswords (AR)  2:00PM Bingo Bonanza (AR)  3:00PM Coffee Day Social (AR)	9:00AM Walking Club (PR) 10:00AM Morning Exercises (LR) 10:30AM Kickball Fun!! 1:00PM Bingo Buck Store (AR) 3:00PM Bingo Bonanza (AR)	LR (Living Room) AR (Activity Room) ARP (Activity Room Patio) MR (Media Room) DRP (Dining Room Patio) B (Bus)

ALL ACTIVITIES SUBJECT TO CHANGE