

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Circle of Friends 10:00 Chair Exercise 10:30 Singalong with Ken Smith MC 2:00 Color Therapy 2:30 Hydration/Snack Cart 3:00 Puzzles 6:00 Sip & Chat	2 9:30 Bus Ride/ Blessing Garden Center 10:00 Listening To Music 10:30 Puzzles with Friends 2:00 Aroma Therapy/Singalong 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Evening Movie	3 9:30 Circle of Friends 10:00 Morning Kickball 10:30 Hydration Break 2:00 Afternoon BINGO 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Puzzles	4 9:30 Circle of Friends 10:00 Morning Matinee 10:30 Coffee Break 2:00 Art Therapy Coloring 2:30 Hydration/Snack Cart 2:30 Hydration/Snack Cart 6:00 Sip & Chat	5 9:30 Circle of Friends 10:30 Movie Time 10:30 PUZZLES 2:30 Hydration/Snack Cart 2:30 Hydration/Snack Cart 3:00 Listening to Music 6:00 Sip & chat
6 Daylight Saving Ends 9:30 Circle of Friends 10:00 Praise & Worship 10:30 Balloon Ball 2:00 National Nachos Day 2:30 Afternoon BINGO 3:00 Hydration/Snack Cart 6:00 Evening Movie	7 9:30 Circle of Friends 10:00 Morning Bus Ride 10:30 Listening to Music 2:00 Manicure Mondays 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Walking Club	8 Election Day 9:30 Circle of Friends 10:00 Chair Exercise 10:30 Singalong with Ken Smith AL 2:00 Color Therapy 2:30 Hydration/Snack Cart 3:00 Puzzles 6:00 Sip & Chat	9 9:30 Circle of Friends 10:00 Morning Crafts 10:30 Fluff & Fold 2:00 Aroma Therapy/Singalong 2:30 Hydration/Snack Cart 4:00 Listening to Music 6:00 Evening Movie	10 9:30 Circle of Friends 10:00 Morning Kickball 10:30 Hydration Break 2:00 National Vanilla Cupcake Day 2:30 Hydration/Snack Cart 3:00 Afternoon BINGO 4:00 Fluff & Fold 6:00 Puzzles	11 Veterans Day 9:30 Circle of Friends 10:00 Veterans Day Program 10:30 Veterans Museum Tour 11:30 Build Your Own Veterans Burger 2:30 Hydration/Snack Cart 4:00 Puzzles 6:00 Sip & Chat	12 9:30 Circle of Friends 10:30 Movie Time 10:30 PUZZLES 2:30 Hydration/Snack Cart 2:30 Hydration/Snack Cart 3:00 Listening to Music 6:00 Sip & chat
13 9:30 Circle of Friends 10:00 Praise & worship 10:30 Balloon Ball 2:00 Root Beer Social 2:30 Afternoon BINGO 3:00 Hydration/Snack Cart 6:00 Evening Movie	14 9:30 Circle of Friends 10:00 Morning Bus Ride 10:30 Listening to Music 2:00 Manicure Mondays 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Walking Club	15 9:30 Circle of Friends 10:00 Chair Exercise 10:30 Singalong with Ken Smith MC 2:00 Color Therapy 2:30 Hydration/Snack Cart 3:00 Puzzles 6:00 Sip & Chat	16 9:30 Circle of Friends 10:00 Morning Crafts 10:30 Puzzles with Friends 2:00 Paint & Sip with Robert 2:30 Hydration/Snack Cart 4:00 Listening to Music 6:00 Evening Movie	17 9:30 Circle of Friends 10:00 Morning Kickball 10:30 Hydration Break 2:00 Afternoon BINGO 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Puzzles	18 9:30 Circle of Friends 10:00 Morning Matinee 10:30 Coffee Break 2:00 Art Therapy Coloring 2:30 Hydration/Snack Cart 2:30 Hydration/Snack Cart 6:00 Sip & Chat	19 9:30 Circle of Friends 10:30 Movie Time 10:30 PUZZLES 11:30 Join Us For Our Thanksgiving Luncheon Sign Up at The Front Desk , 2 Guest limit 2:30 Hydration/Snack Cart 3:00 Listening to Music 6:00 Sip & chat

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20 9:30 Circle of Friends 10:00 Praise & Worship 10:30 Balloon Ball 2:00 Pizza Party Social 2:30 Afternoon BINGO 2:30 Hydration/Snack Cart 6:00 Evening Movie	21 9:30 Circle of Friends 10:00 Morning Bus Ride 10:30 Listening to Music 2:00 Manicure Mondays 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Walking Club	22 9:30 Circle of Friends 10:00 Chair Exercise 10:30 Singalong with Ken Smith AL 2:00 Color Therapy 2:30 Hydration/Snack Cart 3:00 Puzzles 6:00 Sip & Chat	23 9:30 Circle of Friends 10:00 Morning Crafts 10:30 Fluff & Fold 2:00 Aroma Therapy/Singalong 2:30 Hydration/Snack Cart 4:00 Listening to Music 6:00 Evening Movie	24 Thanksgiving 9:30 Circle of Friends 10:00 Morning Kickball 10:30 Hydration Break 2:00 Afternoon BINGO 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Puzzles	25 9:30 Circle of Friends 10:00 Morning Matinee 10:30 Coffee Break 2:00 Art Therapy Coloring 2:30 Hydration/Snack Cart 2:30 Hydration/Snack Cart 6:00 Sip & Chat	26 9:30 Circle of Friends 10:30 Movie Time 2:30 Hydration/Snack Cart 3:00 Listening to Music 6:00 Sip & chat
27 9:30 Circle of Friends 10:00 Praise & Worship 10:30 Balloon Ball 2:00 Hot cocoa Social 2:30 Afternoon BINGO 2:30 Hydration/Snack Cart 6:00 Evening Movie	28 9:30 Circle of Friends 10:00 Morning Bus Ride 10:30 Listening to Music 2:00 Manicure Mondays 2:30 Hydration/Snack Cart 4:00 Fluff & Fold 6:00 Walking Club	29 9:30 Circle of Friends 10:00 Chair Exercise 10:30 Singalong with Ken Smith MC 2:00 Afternoon Movie 2:30 Hydration/Snack Cart 3:00 Puzzles 6:00 Sip & Chat	30 9:30 Circle of Friends 10:00 Putting Up Our Christmas Tree 10:30 Listening To Music 2:00 Aroma Therapy/Singalong 2:30 Hydration/Snack Cart 4:00 Puzzles with Friends 6:00 Evening Movie			

Activity Director Yessenia Zuniga (Activities subject to change) LIC # 366408638