

Directory of Information

LEADERSHIP TEAM

Executive Director:

Kamry McLaughlin
319.533.0397
director@garnettplace.net

Health Care Coordinator:

Andrea Weiss
319.362.3630
nurse@garnettplace.net

Community Relations Coordinator:

Courtney Barksdale
319.533.5050
marketing@garnettplace.net

Life Enrichment / Memory Care Coordinator:

Tahlia Hauptly
319.929.6894
memorycare@garnettplace.net

Culinary Coordinator:

Jeremy Curl
319.533.0409
kitchen@garnettplace.net

Maintenance Coordinator:

Da'Patrick Jones
319.362.3630
maintenance@Garnettplace.net

Transportation Information

319.540.3630

Please inform transportation at least
48 hours in advance of drive needs.

Appointment hours:

8:30a to 3:00p

Monday, Wednesday, Thursday, Friday.

No transportation on Tuesdays

Tuesdays are reserved for activity.

Dining Room Hours of Operation:

Breakfast:

7:00a to 9:00a

Lunch (Dinner):

11:00a to 1:00p

Supper:

4:00p to 6:00p

Times will vary per dining room.

Please check with your server.

Additional snacks and beverages available 24/7

Community Programs

Live 2B Healthy

MWF | 10:00a

Live 2B Healthy is led by an exercise instructor
in the 202 Activity Room. The class is always
looking for more members to join!

Music Therapy

Wednesday 2:00p

This group requires registration as therapy
group sizes are small. Contact Tahlia at
319.929.6894 if you are interested in joining.

Garnett Gazette
November 2022



Volume 22
Issue 11

*"Meet Us on
Main Street"*

As we celebrate our community
this month, we invite you all to join
us in our efforts to donate to the
Linn Community Food Bank by
Thanksgiving.

Non-perishable items can be
turned in at the front desk or with
anyone of our management team.
Thank you!



Resident Birthdays

Joleen F. | November 2

Henry G. | November 3

Carolyn K. | November 3

Jane M. | November 10

Pam M. | November 14

Celeste J. | November 26

Catherine W. | November 26



LINN COMMUNITY FOOD BANK



Professionally Managed by
Jaybird Senior Living



202 35th Street Dr. SE
Cedar Rapids, IA

319.362.3630
GarnettPlace.net



Community Reminders

NOVEMBER HIGHLIGHTS

November 8
Election Day

November 15
"I Love Writing" Day

November 19
Family Volunteer Day

November 21
National Gingerbread
Cookie Day

November 24
Thanksgiving

November 26
Small Business Saturday

November 29
National Day of Giving

Upcoming Meetings in the Community:

- Townhouse Council Meeting:
November 29 @ 2:00p
in 202 Front Lobby
- Resident Council Meeting:
November 29 @ 3:00p
in 202 Front Lobby
- Resident Meeting:
November 30 @ 3:00p
in 208 Lobby



**Daylight Savings Ends on
Sunday, November 6.**

Please remember to set your
clock back.

Visiting Policy Update



New Visitation Guidelines

In response to successful vaccine distribution and falling numbers of COVID-19 cases, we have updated our visitation and resident outing guidelines to reflect recommendations provided by the Centers for Disease Control (CDC) and the Centers for Medicare and Medicaid Services (CMS).

- ◆ Visitors no longer need to schedule visits.
- ◆ Visits can happen at any time a resident desires visitors. Visits can take place within a residents' apartment regardless of vaccination status.
- ◆ The apartments are the only area you can visit unless you make reservations for areas such as a private dining room or parlor.
- ◆ All visitors are required to screen in as well as use good hand hygiene and wear masks in public areas. You will be asked to leave if you cannot comply with these two safety measures.
- ◆ Please do not come in to visit if you are feeling ill.

Please contact the community if
you have any questions.

Community News

TEAM MEMBER RECOGNITION

Wishing a very
Happy Birthday to
all staff members
celebrating a
birthday this month!

Happy Work
Anniversary to all
staff members
celebrating another
year with us! We
appreciate you and
are lucky you have
chosen to spend
your days with us!



Your Resident Council Representatives

We're here to represent you
Elayne G. Mary M.
Bernadean S..

VISIT US AT: GarnettPlace.Net or Facebook.com/GarnettPlace

Director Greeting

Welcome to November!



Hello Garnett Place,

Happy November to you all. As most of you probably already know I am the new Director here at Garnett Place. I am so excited about this opportunity, and I look forward to making this the best community it can be. We have a lot of work to do to get things where they need to be but I know we can get there. I am so looking forward to working with you all in my new role here.

I want to update everyone on the billing situation we have been experiencing. It has been recommended that anyone with billing questions or concerns please bring in their bank statements reflecting that their rent has cleared their account and we will make corrections as needed. I understand that this has been a very difficult process, but we have a plan and are actively working to correct this.

My wedding last month was simply perfect. We had beautiful weather and everyone we love was there to celebrate us. We couldn't have asked for a better day. I have lots of pictures to share with everyone! if you are interested, please see me. I would love to show them off!

I am so excited for another month here at Garnett Place and I can't wait to dig in and start working! Happy Thanksgiving!

Kamry McLaughlin
Director

202 35th Street Dr. SE, Cedar Rapids, IA
(319) 362-3630

WELCOME HOME!

Coordinator Greetings



Happy November Everyone!

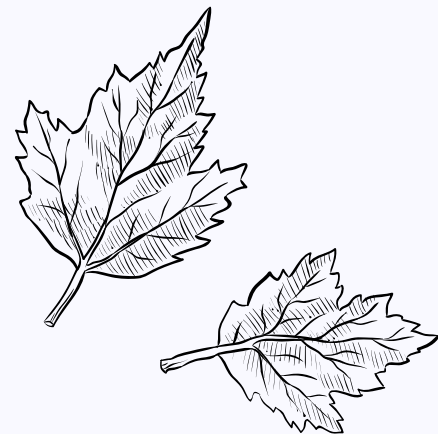
I'm so excited to say that it's finally Holiday Season! My family will be traveling to my hometown of Quincy, IL, this year for Thanksgiving. It's always fun for my kids to get together with their cousins, and for me to see my extended family.

This month's theme is one that I absolutely love: **Meet Us On Main Street**. We are supporting small businesses and finding more ways to engage with the local community. I'm even working with a local small business owner to supply the gifts that I take out to our prospective residents and referral sources.

I'm also very excited to share that we are once again taking donations for the Linn Community Food Bank from now until the week of Thanksgiving. Last year, we were able to donate over 200 lbs. of food and house supplies for those in need, so our goal is to at least meet that, if not exceed it, for 2022!

I hope to bring you more new faces and friends to Garnett Place soon. Thank you and have a wonderful month!

Courtney Barksdale
Community Relations Coordinator



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Word Search THANKSGIVING

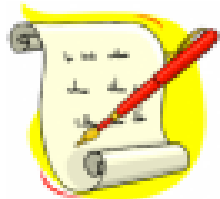


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P	S	H	T	R	A	D	I	T	I	O	N	E	O
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D	X	G	R	A	V	Y	O	F	A	M	I	L	Y

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|-------------|-----------|----------|-------------|
| Turkey | Stuffing | Grateful | Tradition |
| Pilgrims | Cranberry | Rolls | Pecan Pie |
| Feast | Squash | Potatoes | Green Beans |
| Family | Casserole | Yams | Gravy |
| Pumpkin Pie | Harvest | Applepie | Cornbread |

Word Search

RHYMING WORD SEARCH



K Q R E F O R S A L E W G N
L A U G H G Y S U W I E O J
F Z T F F L O W E R H S J Q
F U N N Y S U M H A A A C F
T F X S U N R I S E X X L S
L W F P S I E R R M L X S E
D H R S K F Y T Q H C B K A
M E E R W F E L J V F B R S
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|----------|-----------|--------|---------|
| Freezing | Wheezing | Laugh | Giraffe |
| Sunrise | Your Eyes | Flower | Power |
| Whale | For Sale | Sniff | Whiff |
| High Tea | Society | Funny | Sunny |
| Season | Treason | Royal | Boil |

Coordinator Greetings



Hi everyone!

I am looking forward to another month here with you all. I wanted to let you know that for any and all maintenance requests, we have switched over to a paper system to better serve you. Across from the Nurse's office and by the cards, you will find a suggestion box and request forms. I ask that you get these filled out so I can have paper records of your needs, rather than have to remember what I'm told in passing. This will be more efficient and allow us to address your needs in a quickly manner.

Da'Patrick Jones
Maintenance Coordinator

Hello Garnett Place!

Welcome to November. As you may have noticed, I released the new menu last month and I hope it has gone well. There are a few things I'm going to change around, but if there was anything that you felt didn't work, please let me know so I can make those changes. I'm also going to look into making some changes to our "Any Time" menu. If there is anything you would like to see, let me know. With winter approaching I'm putting more soups on the menu and trying to have more options. I plan to continue the luncheons so look forward to those. We will try them for November if scheduling and staffing allow, but know that if we have to miss November, they are not going away for good. I'm going to continue to put some chef choice options on the menu to allow us to utilize products that we have on hand. These will be freshly made meals they will not be made with leftover items.



As for my family, my oldest has finished with volleyball and is now just focusing on school. She loves to write and is very good at it. My middle daughter is still doing karate and just moved up to her orange belt and is very excited about that. My youngest child finished his soccer and football seasons and has now moved on to basketball. My wife is gearing up for 4 craft shows she is scheduled to do this fall for the holiday season. I hope you all have an amazing month and stay warm!

Jeremy Curl
Culinary Coordinator

202 35th Street Dr. SE, Cedar Rapids, IA
(319) 362-3630

Coordinator Greetings



Hello everyone,

I want to start off by thanking you all for your grace and patience this past month. October was kind of rough for all of us and did not run as smoothly as we would have liked but in the end, we got through it together! I am just hoping that November will treat us all only with good health, good times and good fortune.

This month's theme is "Meet Us on Main Street" and is all about supporting small businesses and our community. You can look forward to prizes from small businesses, activities centered around community service, as well as strengthening our relationships between you all as neighbors, between staff and residents and with our surrounding community. I know Sam is really excited about some icebreaker and "get-to-know-you" activities and I think we can all benefit from learning more about one another.

With such a strong focus on community service, I am so excited about our HUB's new location that is more central and accessible to you all. I love that the HUB is all about gathering together, trying something new or doing something you've always loved doing with the end goal of donating to amazing charities. I hope you all will see what they have to offer and spend your time creating something for someone else to truly enjoy.

This year, we will be participating in the Cedar Rapids Festival of Trees with a Candyland themed tree all of our own creations! With our focus of working and being together, I am so excited for such a big collaboration between all of us-- staff, independent and assisted living residents as well as our closer care and memory care residents.

Something else that is new for November is our Creative Writers Workshop! For those of you who may not know my background, I studied at the University of Iowa for English and Creative Writing, and Cinema. And I now am in two programs with New York University, Tisch School of the Arts, for Film and TV and Performing Arts. I used to lead a weekly creative writers workshop so I am so excited to now offer that here! November is a huge month dedicated to writing and the art of it, so it seems so perfect to be starting our workshop now. Everyone has a story to tell -- whether it's of your life story or one you simply thought of, know that it's worth sharing! This will take place of our book club for the month so we have time to focus on our writings. I hope you all will come and see what it is all about.

This time of year always feels like a great reminder to be thankful, so you will also see in our activities opportunities for us to express that gratitude to staff members, visiting vendors, our mailman and delivery drivers and more! This month will be all about putting kindness into the world and love in our hearts and I am just so thankful to be able to spend my time with you all doing just that.

Have a wonderful month!

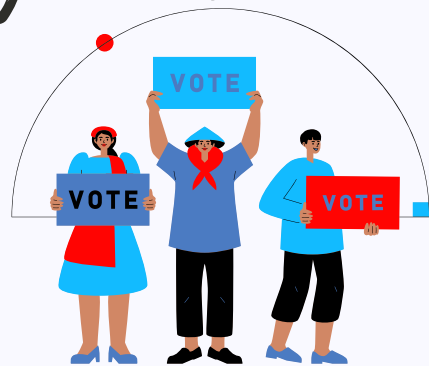
Tahlia Hauptly
Life Enrichment/Memory Care Coordinator
VISIT US AT: GarnettPlace.Net or Facebook.com/GarnettPlace

activity photos



202 35th Street Dr. SE, Cedar Rapids, IA
(319) 362-3630

Voting Information



Voting in-person:

In order to vote at the polls, Iowa voters are required to show an Iowa driver's license or non-operator ID, U.S. passport, U.S. military ID or veteran's ID, tribal ID/document or an Iowa voter ID card before voting.

Garnett Place Transportation:

For residents interested in voting in person, we have a sign-up sheet outside the Nurse's station so we can provide you with transportation to our polling location. Please sign up if interested if you have not already, and as soon as possible so we can determine how many trips we need to offer and the times.

Please ensure beforehand you are registered to vote, or if you are needing to register at polls, that you have all the proper documentation needed. Set up a time to meet with Tahlia to go over those requirements or for assistance with anything related to voting.

Election Day Registration:

You may register and vote on election day. To do so, you must go to the correct polling place for your current address and be able to prove both who you are and where you live. Proof of Identification includes Iowa non-operation ID, Out-of-state driver's license or non-operator ID, US passport, US military or veteran ID or Tribal ID card/ document.

Proof of residence includes your identification having your Garnett Place address listed, residential lease, utility bill (including cell phone bill), bank statement, government check or other government document.

Voting Through Absentee Ballots:

Completed Ballot Forms are due to the county auditor's office by the time polls close on November 8, 2022, either through mail or in-person.

Activity Photos





UPDATE
from Elayne (319-551-4492)

Garnett Place
HUB
CREATIVITY

Practicing Up!

YES WE ARE!!

Thank you to all you Ding-a-Lings and "newbies" who are beginning to join us for musical fun! We are starting to practice at our NEW TIME of 6:00 on Wednesdays. We meet in the 202 Activity Room. Like Christmas music?? We are starting to bring it out and perfect our performances, share a laugh or two, and make beautiful music together! Won't YOU come and join us. Once a week for just 45 minutes!!

NO previous music experience required! Just bring your smile!!



COME ...SHARE ...SMILE ... LEARN

OH!!! Have You HEARD??

The "HUB" is having a
Great Grand

Re-Opening!!

Crafts anyone?

I have shared before what you can do IN the HUB, now come see our lovely new place. Easy to get to. It's big and beautiful and full of light and life! At this point, it is up to YOU – you just have to come see it to believe it.

You are invited to our OPEN HOUSE – Oct. 29 and Nov. 5!!

Popcorn, pop and PEOPLE! (10:00 to 11:30 and 12:30 to 3)

Room 222 – same floor as the exercise bike! Take a left down the hall to the end. OR

Stop by anytime you see the "Open" Sign (Tues./Thurs./Sat.!)

Questions?? Please call

Elayne – 319-551-4492

You can either complain that rose bushes have thorns - OR rejoice that thorn bushes have roses!

Activity Photos



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