



# NOVEMBER NOON MEAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	<b>1</b> Baked Chop Pork Savory Stuffing Brussels Sprouts Dinner Roll Yellow Cake	<b>2</b> Beef Stew Fluffy Steamed Rice Scalloped Corn Fruit Turnover	<b>3</b> Chicken Breast Filet Baked Potato Vegetable Blend Turtle Cheesecake	<b>4</b> Fish Piccata Fried Rice Prince Edward Vegetables Rice Krispy Bar	<b>5</b> Chicken w/ Pineapple Roasted Potatoes Sautéed Zucchini and Red Onion Mandarin Oranges Parsley Sprig
<b>6</b> Pork Loin w/ Herbs Candied Yams Seasoned Broccoli Dinner Roll Baker's Choice Pie	<b>7</b> Pot Roast w/ Gravy Mashed Potatoes Baby Carrots Lemon Pudding Tart	<b>8</b> Chicken w/ Cilantro Fluffy Steamed Rice Peas & Carrots Sugar Cookie	<b>9</b> Baked Ravioli Tossed Salad w/ Dressing Green Bean Almondine Bread Sticks Tres Leches Cake	<b>10</b> Baked Ham Sweet Potatoes Sautéed Spinach Gingerbread Cake w/ Whipped topping	<b>11</b> Battered Fish Mango Lime Rice Coleslaw Apple Sundae	<b>12</b> Chicken Cordon Blue Potato Casserole Seasoned Zucchini Ice Cream
<b>13</b> Roast Beef & Gravy Baked Potato Broccoli w/ Cheese Dinner Roll Fruit Pie	<b>14</b> Turkey Tetrazzini Marinated Vegetable Salad Dinner Roll Pineapple Upside Down Cake	<b>15</b> Beef Chopped Steak w/ Mushrooms Mashed Potatoes w/ Gravy buttered Carrots Dinner Roll Vanilla Pudding	<b>16</b> BBQ Chicken Macaroni & Cheese Baked Beans Cornbread Raisin Rice Pudding	<b>17</b> Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Brussels Sprouts Harvest Cake	<b>18</b> Crumb Topped Fish Rice Pilaf Broccoli Bacon Salad Lemon Bar	<b>19</b> Pork Pot Roast Carrots & Potatoes Biscuit Angel Food Cake
<b>20</b> Roast Beef Mashed Potatoes w/ Gravy Seasoned Broccoli Dinner Roll Pie	<b>21</b> Beef Stroganoff Buttered Noodles California Vegetable Blend Frosted Cake	<b>22</b> Pork Chop w/ Apples Scalloped Potatoes Creamed Corn Banana Split Dessert	<b>23</b> Chicken and Noodles Tossed Salad w/ Dressing Buttered Green Beans Biscuit Chilled Fruit Cup	<b>24</b> Baked Meatloaf Mashed Potatoes w/ Gravy Buttered Carrots Dinner Roll Apple Slices	<b>25</b> Fish w/ Lemon Dill Red Skin Potatoes Creamy Coleslaw Hushpuppies Orange Cake	<b>26</b> Pork Medallions Fluffy Steamed Rice Oriental Vegetables Dinner Roll Assorted Fruit Cup
<b>27</b> Baked Ham Cornbread Dressing Green Bean Casserole Dinner Roll Fruit Pie	<b>28</b> Goulash Salad of the Day Green Beans Fruited Jello	29	30	1	2	3



# NOVEMBER EVENING MEAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	<b>1</b> Chicken Pot Pie Tossed Salad w/ Dressing Seasoned Beets Biscuit Baked Cookies	<b>2</b> Tuna Noodle Casserole Honey Rosemary Carrots Crackers Tapioca Pudding	<b>3</b> Swedish Meatballs w/ Gravy Buttered Noodles California Vegetable Blend Fruit Cobbler	<b>4</b> Pizza Side Salad Fruit Salad Bread Sticks Jell-o Poke Cake	<b>5</b> Lasagna Italian Style Broccoli Garlic Bread Pumpkin Spice Bar
<b>6</b> Tuna Salad Sandwich Macaroni Salad Fruit Salad Applesauce	<b>7</b> Grilled Cheese Sandwich Tomato Soup Potato Chips Carrot Cake	<b>8</b> Cheeseburger Baked Beans Creamy Coleslaw Baked Apple	<b>9</b> Turkey Melt SunChips Cottage Cheese Assorted Cookies	<b>10</b> Beef Noodle Casserole Tossed Salad w/ Dressing buttered Corn Peaches & Cream	<b>11</b> Spaghetti w/ Meat Sauce Asparagus Garlic Bread Brownie	<b>12</b> Chicken Tenders Soup of the Day Three Bean Salad Seasonal Fresh Fruit
<b>13</b> Submarine Sandwich Potato Chips Cucumber Tomato Salad Peaches	<b>14</b> Ham Loaf Hashbrown Casserole Vegetable Blend Dinner Roll Cake w/ Icing	<b>15</b> Polish Sausage Roasted Potatoes Sauerkraut Cauliflower & Peppers Frosted Cherry Cake	<b>16</b> Ham & Cheese Sandwich Corn Chowder Tossed Salad w/ Dressing Crackers Cream Pie	<b>17</b> Swiss Steak w/ Tomato Gravy Mashed Potatoes Squash Medley Sherbet	<b>18</b> Stuffed Pepper Casserole Caesar Salad Breadsticks Fresh Strawberry Tart	<b>19</b> Chili Baked Potato Tossed Salad w/ Dressing Crackers Apple Crisp
<b>20</b> Egg Salad Sandwich Pasta Salad Soup of the Day Coleslaw Iced Banana Cake	<b>21</b> Country Fried Steak Mashed Potatoes w/ Gravy Green Peas Biscuit Diced Pears	<b>22</b> Bratwurst Cottage Cheese w/ Fruit Plate Cabbage w/ Bacon & Onion Crackers Chocolate Chip Cookie	<b>23</b> Chef's Choice	<b>24</b> Deli Sandwich Potato Salad Vegetable of Choice Chocolate Éclair Bar	<b>25</b> Turkey Sliced w/ Gravy Bread Dressing Buttered Corn Dinner Roll Ice Cream	<b>26</b> Soft Taco Spanish Rice Tater Tots Churros
<b>27</b> Marinated Chicken Red Beans & Rice Asparagus Fruit Crisp	<b>28</b> Chef's Choice	<b>29</b> Chicken Pot Pie Tossed Salad w/ Dressing Seasoned Beets Biscuit Baked Cookies	<b>30</b> Tuna Noodle Casserole Honey Rosemary Carrots Crackers Tapioca Pudding	1	2	3