

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Sit & Stretch 10:00 Sing Fit 11:00 Chapel with JP 1:00 Rest and Relaxation 2:30 Walking Club 3:30 Bingo 4:00 Crossword Puzzle 6:00 Puzzles	9:30 Exercise Class 10:00 Daily Chronicle 10:30 Devotion 11:00 Noodle Ball 1:00 Rest and Relaxation 2:00 Crafters Corner 3:00 Manicures 4:00 Sorting and Organizing	9:30 Exercise Class 10:00 Daily Chronicles 10:30 Devotion 1:00 Rest and relaxation 2:00 Ice Cream Social 3:30 Thanksgiving Crafts 4:00 Reminiscing 6:00 Sounds of the Ocean	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 1:00 Rest and Relaxation 2:30 Happy Hour 4:00 Ring Toss 6:00 Sorting and Organizing	9:30 Sittercise 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Dominos 1:00 Rest and Relaxation 2:00 Puzzle Time 3:00 Word Search 4:00 Uno Challenge 6:00 Coffee and Conversation
9:30 Sunday Morning Church 10:00 Silver Sneakers 10:30 Trivia Talk 11:00 Big Word, Little Word 1:00 Rest and Relaxation 3:00 Our Planet 4:00 Finish the Phrase 6:00 Colorful Creations Daylight Saving Time Ends	9:30 Exercise Class 10:00 Daily Chronicle 11:00 Yoga with InstruMix 1:00 Rest and Relaxation 2:00 Painting 3:00 Popcorn Social 3:30 Craft 6:00 Colorful Creations	9:30 Sit & Stretch 10:00 Sing Fit 11:00 Chapel with JP 1:00 Rest and Relaxation 2:30 Walking Club 3:30 Bingo 4:00 Crossword Puzzle 6:00 Puzzles	9:30 Exercise Class 10:00 Daily Chronicle 10:30 Devotion 11:00 Noodle Ball 1:00 Rest and Relaxation 2:00 Crafters Corner 3:00 Manicures 4:00 Sorting and Organizing	9:30 Exercise Class 10:00 Daily Chronicles 10:30 Devotion 1:00 Rest and relaxation 2:00 Ice Cream Social 3:30 Thanksgiving Crafts 4:00 Reminiscing 6:00 Sounds of the Ocean	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 1:00 Veterans Outside Party 4:00 Ring Toss 6:00 Sorting and Organizing Veterans Day Remembrance Day (Canada)	9:30 Sittercise 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Dominos 1:00 Rest and Relaxation 2:00 Puzzle Time 3:00 Word Search 4:00 Uno Challenge 6:00 Coffee and Conversation
9:30 Sunday Morning Church 10:00 Silver Sneakers 10:30 Trivia Talk 11:00 Big Word, Little Word 1:00 Rest and Relaxation 3:00 Our Planet 4:00 Finish the Phrase 6:00 Colorful Creations	9:30 Exercise Class 10:00 Daily Chronicle 11:00 Current Events 1:00 Rest and Relaxation 2:00 Painting 3:00 Popcorn Social 3:30 Craft 6:00 Colorful Creations	9:30 Sit & Stretch 10:00 Sing Fit 11:00 Chapel with JP 1:00 Rest and Relaxation 2:30 Walking Club 3:30 Bingo 4:00 Crossword Puzzle 6:00 Puzzles	9:30 Exercise Class 10:00 Daily Chronicle 10:30 Devotion 11:00 Noodle Ball 1:00 Rest and Relaxation 2:00 Crafters Corner 3:00 Manicures 4:00 Sorting and Organizing	9:30 Exercise Class 10:00 Daily Chronicles 10:30 Devotion 1:00 Rest and relaxation 2:00 Ice Cream Social 3:30 Thanksgiving Crafts 4:00 Reminiscing 6:00 Sounds of the Ocean	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 1:00 Rest and Relaxation 2:30 Happy Hour 4:00 Ring Toss 6:00 Sorting and Organizing	9:30 Sittercise 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Dominos 1:00 Rest and Relaxation 2:00 Puzzle Time 3:00 Word Search 4:00 Uno Challenge 6:00 Coffee and Conversation
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All activities are subject to change.