

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Legend: HCDR- Health Center Dining Room ALDR- Assisted Living Dining Room L- Lobby CY- Courtyard BR- Billiards Room UT - Upstairs Theatre</p>	<p>Location Legend (continued): NS- Nurses Station</p>	<p>1</p> <p>10:00 Sit and Be Fit -AL Gym 1:30 Shopping Outing Meijers-SIGN UP 2:30 Card Club-HCDR 3:00 Piano Music Sam Piercy- L</p>	<p>2</p> <p>9:30 Knit Pickers-Crocheting 101- AL Pub 10:30 Through the Ages Fitness w/Pam-AL Gym 1:15 Chef's Circle-HCDR 1:30 Bingo-HCDR 6:00 Game Night-Pokeno- AL Pub</p>	<p>3</p> <p>10:00 Sit and Be Fit -AL Gym 10:45 Church Service- L 2:00 AL Bingo-Pub 2:00 Out and About-SIGN UP 3:00 Chef's Circle 3:00 Chef's Circle- AL Pub</p>	<p>4</p> <p>10:00 Sit and Be Fit -AL Gym 10:30 Catholic Service w/ St. Maria Goretti- BR 11:30 Friday Funnies- DR 2:00 Card Games- HCDR 3:00 Happy Hour w/ Robin Harrison- L</p>	<p>5</p> <p>10:00 Bingo- HCDR 11:30 Social Saturdays- DR 1:30 Movie Matinee-2nd Floor Theater 3:00 Art Impressions- AL Pub</p>
<p>6 Daylight Saving Ends</p> <p>9:30 Heart of the Nation Catholic Mass-UT 10:30 Sunday Hymns-L 1:30 Reminisce by the fire- L 2:30 Card Club- HCDR</p>	<p>7</p> <p>10:00 Sit and Be Fit -AL Gym 2:00 Bible Study- AL Theater 3:30 Game Show Mondays: Price is Right- HCDR 6:00 Game Night- AL Pub</p>	<p>8 Election Day</p> <p>10:00 Sit and Be Fit -AL Gym 1:30 Shopping Outing- Target-SIGN UP 2:00 Music w/ John David- L 2:30 Card Club-HCDR 3:00 Artisans-AL Pub</p>	<p>9</p> <p>9:30 Knit Pickers-Crocheting 101- AL Pub 10:30 Through the Ages Fitness w/Pam-AL Gym 1:15 Chef's Circle-HCDR 1:30 Bingo-HCDR 6:00 Game Night-Pokeno- AL Pub</p>	<p>10</p> <p>10:00 Sit and Be Fit -AL Gym 10:45 Church Service- L 2:00 AL Bingo-Pub 2:00 Out and About-SIGN UP 3:00 Chef's Circle- AL Pub 3:00 Music w/ Steve- L</p>	<p>11 Veterans Day</p> <p>10:00 Sit and Be Fit -AL Gym 10:30 Catholic Service w/ St. Maria Goretti- BR 11:30 Friday Funnies- DR 2:00 Card Games- HCDR 3:00 Veteran's Day Happy Hour w/Mary Kay on Piano- L</p>	<p>12</p> <p>10:00 Bingo- HCDR 11:30 Social Saturdays- DR 1:30 Movie Matinee-2nd Floor Theater 3:00 Art Impressions- AL Pub</p>
<p>13</p> <p>9:30 Heart of the Nation Catholic Mass-UT 10:30 Sunday Hymns-L 1:30 Reminisce by the fire-L 2:30 Card Club- HCDR</p>	<p>14</p> <p>10:00 Sit and Be Fit -AL Gym 10:30 Guitar Room Visits w/ Robin 2:00 Bible Study- AL Theater 3:30 Jeopardy Trivia- HCDR 6:00 Game Night- AL Pub</p>	<p>15</p> <p>10:00 Sit and Be Fit -AL Gym 1:30 Shopping Outing- Walmart-SIGN UP 2:30 Card Club-HCDR 3:30 Music w/ Denny-L</p>	<p>16</p> <p>9:30 Knit Pickers-Crocheting 101- AL Pub 10:30 Through the Ages Fitness w/Pam-AL Gym 1:15 Chef's Circle-HCDR 1:30 Bingo-HCDR 3:30 Resident Council AL-UT 6:00 Game Night-Pokeno- AL</p>	<p>17</p> <p>10:00 Sit and Be Fit -AL Gym 10:30 Guitar Room visits w/Robin 10:45 Church Service- L 2:00 AL Bingo-Pub 2:00 Out and About-SIGN UP 3:00 Chef's Circle- AL Pub</p>	<p>18</p> <p>10:00 Sit and Be Fit -AL Gym 10:30 Catholic Service w/ St. Maria Goretti- BR 11:30 Friday Funnies- DR 2:00 Card Games- HCDR 3:00 Happy Hour w/Catherine on Piano- L</p>	<p>19</p> <p>10:00 Bingo- HCDR 11:30 Social Saturdays- DR 1:30 Movie Matinee-2nd Floor Theater 3:00 Art Impressions- AL Pub</p>
<p>20</p> <p>9:30 Heart of the Nation Catholic Mass-UT 11:00 Sunday Brunch 1:30 Sunday Hymns-L 2:30 Card Club- HCDR</p>	<p>21</p> <p>10:00 Sit and Be Fit -AL Gym 2:00 Bible Study- AL Theater 3:30 Game Show Mondays: Name that Croon- HCDR 6:00 Game Night- AL Pub</p>	<p>22</p> <p>10:00 Sit and Be Fit -AL Gym 1:30 Shopping Outing-Meijer-SIGN UP 2:30 Card Club-HCDR 3:00 Creative Cooking-AL Kitchen</p>	<p>23</p> <p>9:30 Knit Pickers-Crocheting 101- AL Pub 10:30 Through the Ages Fitness w/Pam-AL Gym 1:15 Chef's Circle-HCDR 1:30 Bingo-HCDR 6:00 Game Night-Pokeno- AL Pub</p>	<p>24 Thanksgiving</p> <p>10:00 Thanksgiving Macy's Day parade and activity -BR & AL Pub</p>	<p>25</p> <p>10:00 Sit and Be Fit -AL Gym 10:30 Catholic Service w/ St. Maria Goretti- BR 11:30 Friday Funnies- DR 2:00 Card Games- HCDR 3:00 Happy Hour w/RJ Sutton on Guitar- L</p>	<p>26</p> <p>10:00 Bingo- HCDR 11:30 Social Saturdays- DR 1:30 Movie Matinee-2nd Floor Theater 3:00 Art Impressions- AL Pub</p>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are subject to change. Please refer to Lifeshare for the most up to date information.	If you would like your pet to visit you must provide vaccination records to Alyssa, Life Enrichment Director.	1 V Pump It Up K Message in a Bottle V Sit and Be Fit -AL Gym CC Rise and Shine Parfaits Healthy Hands Relax & Recharge A No Sew Fleece Blankets M Music Trivia GG Babbling Brook Word Game	2 V Mindfulness Matters K Working with Letters CC Tropical Trail Mix Healthy Hands Relax & Recharge A Glue Art M Hippy Dance GG State Plate Game Healthy Hands	3 V Let's Take A Trip K Categories Game V Sit and Be Fit -AL Gym CC Mother's Pumpkin Bread Healthy Hands Relax & Recharge A Life Timeline - Creative Writing M Music That Made Movies Famous GG Memory Matching	4 V Laughter Yoga K Turn-Over V Sit and Be Fit -AL Gym CC Classic Chocolate Chip Cookie Healthy Hands Relax & Recharge A Partner-Print Painting M Happy Hour-Friday GG Pin the Tail on the Bessie	5 V Bandana Dance K American Landmarks CC Strawberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - American Gothic M Bust a Move GG Corn Hole Healthy Hands
6 Daylight Saving Ends V Don't Worry, Be Happy K Life Story CC Italian Pinwheel Sandwiches w/ Cream Cheese Healthy Hands Relax & Recharge A Label Collage M Who Sang it Best GG Color Wheel Trivia	7 V Move It Monday K Football Frenzy V Sit and Be Fit -AL Gym CC Blueberry Oat Muffins Healthy Hands Relax & Recharge A Watercolor Snowman M Groovin to Songs with Numbers GG Velcro Catch	8 Election Day V Pump It Up K Message in a Bottle V Sit and Be Fit -AL Gym CC Apple Yogurt Parfaits Healthy Hands Relax & Recharge A Fall Leaf Garland M Music Trivia GG Babbling Brook Word Game	9 V Mindfulness Matters K Working with Letters CC Chocolate Raspberry Trail Mix Healthy Hands Relax & Recharge A Paint Pouring M Hippy Dance GG State Plate Game Healthy Hands	10 V Let's Take A Trip K Categories Game V Sit and Be Fit -AL Gym CC Orange Cranberry Bread w/ Glaze Healthy Hands Relax & Recharge A To Be - Creative Writing M Music That Made Movies Famous GG Memory Matching	11 Veterans Day V Laughter Yoga K Turn-Over V Sit and Be Fit -AL Gym CC Peanut Butter Cookie Healthy Hands Relax & Recharge A Veterans Day Heart Card M Happy Hour-Friday GG Pin the Tail on the Bessie	12 V Bandana Dance K American Landmarks CC Apple Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Mona Lisa M Bust a Move GG Corn Hole Healthy Hands
13 V Don't Worry, Be Happy K Life Story CC Sandwich Pinwheel Healthy Hands Relax & Recharge A Shapes Collage M Who Sang it Best GG Color Wheel Trivia Healthy Hands	14 V Move It Monday K Football Frenzy V Sit and Be Fit -AL Gym CC Banana Nut Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 1 M Groovin to Songs with Numbers GG Velcro Catch	15 V Pump It Up K Message in a Bottle V Sit and Be Fit -AL Gym CC Peanut Butter Banana Yogurt Parfaits Healthy Hands Relax & Recharge A Aromatherapy Balm M Music Trivia GG Babbling Brook Word Game	16 V Mindfulness Matters K Working with Letters CC Ginger Apricot Trail Mix Healthy Hands Relax & Recharge A Squeegee Canvas Paint M Hippy Dance GG State Plate Game Healthy Hands	17 V Let's Take A Trip K Categories Game V Sit and Be Fit -AL Gym CC Guitar Room visits w/Robin Healthy Hands Relax & Recharge A Creative Storytelling - My Favorite Teacher	18 V Laughter Yoga K Turn-Over V Sit and Be Fit -AL Gym CC S'more Cookie Healthy Hands Relax & Recharge A Cut Up Paper Art M Happy Hour-Friday GG Pin the Tail on the Bessie	19 V Bandana Dance K American Landmarks CC Blackberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Renoir M Bust a Move GG Corn Hole Healthy Hands
20 V Don't Worry, Be Happy K Life Story CC Buffalo Chicken Pinwheels Healthy Hands Relax & Recharge A Winter Collage M Who Sang it Best GG Color Wheel Trivia Healthy Hands	21 V Move It Monday K Football Frenzy V Sit and Be Fit -AL Gym CC Lemon Poppyseed Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 2 M Groovin to Songs with Numbers GG Velcro Catch	22 V Pump It Up K Message in a Bottle V Sit and Be Fit -AL Gym CC Pumpkin Parfait Healthy Hands Relax & Recharge A Thanksgiving Gratitude Tree CC Creative Cooking-AL Kitchen M Music Trivia	23 V Mindfulness Matters K Working with Letters CC Fresh Fruit Bread Healthy Hands Relax & Recharge A Thanksgiving Napkin Rings M Hippy Dance GG State Plate Game Healthy Hands	24 Thanksgiving V Cornucopia Pass K Lets Spell Thanksgiving Thanksgiving Macy's Day parade and activity -BR & AL Pub CC Thanksgiving Trail Mix Healthy Hands Relax & Recharge A Thanksgiving Adult Coloring M Music That Made Movies Famous	25 V Laughter Yoga K Turn-Over V Sit and Be Fit -AL Gym CC Birthday Cake Cookie Healthy Hands Relax & Recharge A Abstract Tape Art M Happy Hour-Friday GG Pin the Tail on the Bessie	26 V Bandana Dance K American Landmarks CC Tomato Hand Pies Healthy Hands Relax & Recharge A Chihuly Inspired Glass Art M Bust a Move GG Corn Hole Healthy Hands
27 V Don't Worry, Be Happy K Life Story CC Cream Cheese Pinwheels w/ Fresh Veggies Healthy Hands Relax & Recharge A Favorite Things Collage M Who Sang it Best GG Color Wheel Trivia	28 V Move It Monday K Football Frenzy V Sit and Be Fit -AL Gym CC Apple Cinnamon Muffins Healthy Hands Relax & Recharge A Q-Tip Trees M Groovin to Songs with Numbers GG Velcro Catch	29 V Pump It Up K Message in a Bottle V Sit and Be Fit -AL Gym CC Cheesecake Berry Parfait Healthy Hands Relax & Recharge A Newspaper Winter Landscape M Music Trivia GG Babbling Brook Word Game	30 V Mindfulness Matters K Working with Letters CC Raisin Pecan Oatmeal Cookies Healthy Hands Relax & Recharge A Pipe Cleaner Rose Curls M Hippy Dance GG State Plate Game Healthy Hands	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games V - Vitality	Brunch will be held on Sunday August 21st. Please RSVP with a staff member. Each resident is allowed two guests free of charge and each guest after that will be charged \$7.	