

NOVEMBER 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

A - Artisans CC - Community Connections CC - Creative Cooking GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	1 V 10:45 TrilogyFit I 1:30 Readers Club A 2:30 Christmas Sled Ornament S 3:30 Inspired Living Committee-RR M 6:00 Music Appreciation	2 I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Scenic Drive A 4:00 Zen Coloring S 4:30 Unwind and Dine	3 V 10:45 TrilogyFit Flex S 11:45 Taste of the Town: JT's K 2:00 Bingo Bunch S 3:00 Chef's Circle GG 6:00 Table Games	4 CC 9:45 Creative Cooking: Buckeye's K 10:15 EZ Does It Trivia GG 1:30 Little Store M 3:00 Happy Hour Music with Debbie Lynn	5 V 10:45 TrilogyFit A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune
6 Daylight Saving Ends V 9:30 Sunday Stretch GG 10:00 East or West: Can you Guess? I 2:00 Church Service A 3:00 Candy Corn Button Art	7 V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Lunch at Fazoli's L 3:00 Montana Facts and Trivia	8 Election Day V 10:45 TrilogyFit I 1:30 Readers Club S 2:00 Bingo M 6:00 Music Appreciation	9 I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Covered Wagon A 4:00 Zen Coloring S 4:30 Unwind and Dine	10 V 10:45 TrilogyFit Flex K 2:00 Bingo Bunch S 3:00 Chef's Circle K 6:00 Table Games-RR	11 Veterans Day CC 9:45 Creative Cooking: Smore's Bites K 10:15 World War 2 Trivia GG 1:30 Would you Rather? M 3:00 Happy Hour Music with Tom Cochlin	12 V 10:45 TrilogyFit A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune
13 V 9:30 Sunday Stretch S 11:30 Sunday Brunch I 2:00 Church Service I 3:00 Chicken Soup For the Soul Day	14 V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Lunch at the Back 40 Junction L 3:00 Harvest Celebrations JG 3:30 Just the Guys: Poker Run	15 V 10:45 TrilogyFit I 1:30 Readers Club A 2:30 Thankful Pumpkin M 6:00 Music Appreciation	16 I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Scenic Drive A 4:00 Zen Coloring S 4:30 Unwind and Dine	17 V 10:45 TrilogyFit Flex K 2:00 Bingo Bunch S 3:00 Chef's Circle CC 6:00 Table Games	18 CC 9:45 Creative Cooking: Peanut Butter Cup Cookies K 10:15 September Random Trivia GG 1:30 Little Store M 3:00 Happy Hour Music	19 V 10:45 TrilogyFit A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune S 7:00 Holiday Horse Parade
20 V 9:30 Sunday Stretch L 10:00 Let's Talk Turkey I 2:00 Church Service GG 3:00 Card Club	21 V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Marion's Pizza A 3:00 Turkey Craft	22 V 10:45 TrilogyFit I 1:15 Readers Club S 2:00 Bingo M 6:00 Music Appreciation	23 I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Outing to Goodwill A 4:00 Zen Coloring S 4:30 Unwind and Dine	24 Thanksgiving S 9:00 Macy's Thanksgiving Day Parade V 9:30 Thanksgiving Chair Yoga K 1:00 Thanksgiving Reminisce and Stories GG 6:00 Thanksgiving Puzzle Packets	25 CC 9:45 Creative Cooking: Reese's Cheesecake K 10:15 Thanksgiving Humor and Trivia S 10:45 Chef's Circle GG 1:30 Would you Rather? M 3:00 Happy Hour Music by Noteworthy	26 V 10:45 TrilogyFit S 12:00 Ohio State vs Michigan Game A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune
27 V 9:30 Sunday Stretch GG 10:00 How Low Can You Go? I 2:00 Church Service JG 3:00 Just the Guy's: Giant Pong	28 V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Lunch at Outback S 3:00 Resident Council	29 V 10:45 TrilogyFit I 1:30 Readers Club A 2:30 Festive Mason Jar Craft M 6:00 Music Appreciation and the Grand Ole Opry	30 I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery A 4:00 Zen Coloring S 4:30 Unwind and Dine	Activities are subject to change. Please check your Life Share for updates.		

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning</p>	<p>MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>1</p> <p>V 9:30 Trilogy Fit I 1:30 Readers Club A 2:30 Christmas Sled Ornament S 3:30 Inspired Living Committee-RR MM 4:15 Mindful Moments M 6:00 Music Appreciation</p>	<p>2</p> <p>I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Scenic Drive A 4:00 Zen Coloring MM 4:15 Mindful Moments Sensory- RR S 4:30 Unwind and Dine</p>	<p>3</p> <p>V 9:30 Strength Training-RR S 11:45 Taste of the Town: JT's K 2:00 Bingo Bunch S 3:00 Chef's Circle MM 4:15 Mindful Moments Sensory- RR GG 6:00 Table Games</p>	<p>4</p> <p>CC 9:45 Creative Cooking: Buckeye's K 10:15 EZ Does It Trivia MM 11:15 Mindful Moments Sensory- RR GG 1:30 Little Store M 3:00 Happy Hour Music with Debbie Lynn</p>	<p>5</p> <p>V 9:30 Movin to Music- RR A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune MM 4:15 Mindful Moments Sensory- RR</p>
<p>6 Daylight Saving Ends</p> <p>V 9:30 Sunday Stretch GG 10:00 East or West: Can you Guess? MM 11:15 Mindful Moments Sensory-RR I 2:00 Church Service A 3:00 Candy Corn Button Art</p>	<p>7</p> <p>V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Lunch at Fazoli's L 3:00 Montana Facts and Trivia MM 4:15 Mindful Moments Sensory- RR</p>	<p>8 Election Day</p> <p>V 9:30 Trilogy Fit I 1:30 Readers Club S 2:00 Bingo MM 4:15 Mindful Moments M 6:00 Music Appreciation</p>	<p>9</p> <p>I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Covered Wagon A 4:00 Zen Coloring MM 4:15 Mindful Moments Sensory- RR S 4:30 Unwind and Dine</p>	<p>10</p> <p>V 9:30 Strength Training-RR K 2:00 Bingo Bunch S 3:00 Chef's Circle MM 4:15 Mindful Moments Sensory- RR K 6:00 Table Games-RR</p>	<p>11 Veterans Day</p> <p>CC 9:45 Creative Cooking: Smore's Bites K 10:15 World War 2 Trivia MM 11:15 Mindful Moments Sensory- RR GG 1:30 Would you Rather? M 3:00 Happy Hour Music with Tom Cochlin</p>	<p>12</p> <p>V 9:30 Movin to Music- RR A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune MM 4:15 Mindful Moments Sensory- RR</p>
<p>13</p> <p>V 9:30 Sunday Stretch MM 11:15 Mindful Moments Sensory-RR S 11:30 Sunday Brunch I 2:00 Church Service I 3:00 Chicken Soup For the Soul Day</p>	<p>14</p> <p>V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Lunch at the Back 40 Junction L 3:00 Harvest Celebrations JG 3:30 Just the Guys: Poker Run MM 4:15 Mindful Moments</p>	<p>15</p> <p>V 9:30 Trilogy Fit MM 11:15 Mindful Moments Sensory- RR I 1:30 Readers Club A 2:30 Thankful Pumpkin MM 4:15 Mindful Moments M 6:00 Music Appreciation</p>	<p>16</p> <p>I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Scenic Drive A 4:00 Zen Coloring MM 4:15 Mindful Moments Sensory- RR S 4:30 Unwind and Dine</p>	<p>17</p> <p>V 9:30 Strength Training-RR K 2:00 Bingo Bunch S 3:00 Chef's Circle MM 4:15 Mindful Moments Sensory- RR CC 6:00 Table Games</p>	<p>18</p> <p>CC 9:45 Creative Cooking: Peanut Butter Cup Cookies K 10:15 September Random Trivia MM 11:15 Mindful Moments Sensory- RR GG 1:30 Little Store</p>	<p>19</p> <p>V 9:30 Movin to Music- RR A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune MM 4:15 Mindful Moments Sensory- RR S 7:00 Holiday Horse Parade</p>
<p>20</p> <p>V 9:30 Sunday Stretch L 10:00 Let's Talk Turkey MM 11:15 Mindful Moments Sensory-RR I 2:00 Church Service GG 3:00 Card Club</p>	<p>21</p> <p>V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Marion's Pizza A 3:00 Turkey Craft MM 4:15 Mindful Moments Sensory- RR</p>	<p>22</p> <p>V 9:30 Trilogy Fit I 1:15 Readers Club S 2:00 Bingo MM 4:15 Mindful Moments M 6:00 Music Appreciation</p>	<p>23</p> <p>I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery O 1:30 Outing to Goodwill A 4:00 Zen Coloring MM 4:15 Mindful Moments Sensory- RR S 4:30 Unwind and Dine</p>	<p>24 Thanksgiving</p> <p>S 9:00 Macy's Thanksgiving Day Parade V 9:30 Thanksgiving Chair Yoga K 1:00 Thanksgiving Reminisce and Stories MM 4:15 Mindful Moments Sensory- RR</p>	<p>25</p> <p>CC 9:45 Creative Cooking: Reese's Cheesecake K 10:15 Thanksgiving Humor and Trivia S 10:45 Chef's Circle MM 11:15 Mindful Moments Sensory- RR GG 1:30 Would you Rather?</p>	<p>26</p> <p>V 9:30 Movin to Music- RR S 12:00 Ohio State vs Michigan Game A 1:30 Watercolor Creations K 2:00 Coffee and Current Events M 3:30 Name that Tune MM 4:15 Mindful Moments</p>
<p>27</p> <p>V 9:30 Sunday Stretch GG 10:00 How Low Can You Go? MM 11:15 Mindful Moments Sensory-RR I 2:00 Church Service JG 3:00 Just the Guy's: Giant Pong</p>	<p>28</p> <p>V 9:30 Table Ball K 10:00 Find A Word Game-RR O 11:00 Lunch at Outback S 3:00 Resident Council MM 4:15 Mindful Moments Sensory- RR</p>	<p>29</p> <p>V 9:30 Trilogy Fit I 1:30 Readers Club A 2:30 Festive Mason Jar Craft MM 4:15 Mindful Moments M 6:00 Music Appreciation and the Grand Ole Opry</p>	<p>30</p> <p>I 9:30 Bible Study: Soul Fit I 10:00 Catholic Rosery A 4:00 Zen Coloring MM 4:15 Mindful Moments Sensory- RR S 4:30 Unwind and Dine</p>	<p>Activities are subject to change. Please check your Life Share for updates.</p>	<p>Hospitality Cart offered on Sunday, Tuesday, and Thursday</p>	

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Daily Rhythm About Times: Morning 9:00 Vitality 9:30 Keeping It Sharp 10:00 Morning Refresher 10:30 Creative Cooking 11:30 Healthy Hands/Lunch Prep</p>		<p>1</p> <p>V Pump It Up K Message in a Bottle CC Rise and Shine Parfaits Healthy Hands Relax & Recharge A No Sew Fleece Blankets M Music Trivia GG Babbling Brook Word Game</p>	<p>2</p> <p>V Mindfulness Matters O Donuts and Drive K Working with Letters CC Tropical Trail Mix Healthy Hands Relax & Recharge A Glue Art M Hippy Dance</p>	<p>3</p> <p>V Let's Take A Trip K Categories Game CC Mother's Pumpkin Bread Healthy Hands S Taste of the Town: JT's Relax & Recharge A Life Timeline - Creative Writing M Music That Made Movies</p>	<p>4</p> <p>V Laughter Yoga K Turn-Over CC Classic Chocolate Chip Cookie Healthy Hands Relax & Recharge A Partner-Print Painting M Happy Hour-Friday GG Pin the Tail on the Bessie</p>	<p>5</p> <p>V Bandana Dance K American Landmarks CC Strawberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - American Gothic M Bust a Move</p>
<p>6 Daylight Saving Ends</p> <p>V Don't Worry, Be Happy K Life Story CC Italian Pinwheel Sandwiches w/ Cream Cheese Healthy Hands Relax & Recharge A Label Collage M Who Sang it Best</p>	<p>7</p> <p>V Move It Monday K Football Frenzy CC Blueberry Oat Muffins Healthy Hands Relax & Recharge A Watercolor Snowman M Groovin to Songs with Numbers GG Velcro Catch</p>	<p>8 Election Day</p> <p>V Pump It Up K Message in a Bottle CC Apple Yogurt Parfaits Healthy Hands Relax & Recharge A Fall Leaf Garland M Music Trivia GG Babbling Brook Word Game</p>	<p>9</p> <p>V Mindfulness Matters K Working with Letters CC Chocolate Raspberry Trail Mix O Lunch at Bob Evans Healthy Hands Relax & Recharge A Paint Pouring M Hippy Dance</p>	<p>10</p> <p>V Let's Take A Trip K Categories Game CC Orange Cranberry Bread w/ Glaze Healthy Hands Relax & Recharge A To Be - Creative Writing M Music That Made Movies</p>	<p>11 Veterans Day</p> <p>V Laughter Yoga K Turn-Over CC Peanut Butter Cookie Healthy Hands Relax & Recharge A Veterans Day Heart Card M Happy Hour-Friday GG Pin the Tail on the Bessie</p>	<p>12</p> <p>V Bandana Dance K American Landmarks CC Apple Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Mona Lisa M Bust a Move GG Corn Hole</p>
<p>13</p> <p>V Don't Worry, Be Happy K Life Story CC Sandwich Pinwheel Healthy Hands Relax & Recharge A Shapes Collage M Who Sang it Best GG Color Wheel Trivia</p>	<p>14</p> <p>V Move It Monday K Football Frenzy CC Banana Nut Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 1 M Groovin to Songs with Numbers GG Velcro Catch</p>	<p>15</p> <p>V Pump It Up K Message in a Bottle CC Peanut Butter Banana Yogurt Parfaits Healthy Hands Relax & Recharge A Aromatherapy Balm M Music Trivia</p>	<p>16</p> <p>V Mindfulness Matters O Scenic Drive K Working with Letters CC Ginger Apricot Trail Mix Healthy Hands Relax & Recharge A Squeegie Canvas Paint M Hippy Dance</p>	<p>17</p> <p>V Let's Take A Trip K Categories Game CC Apple Praline Bread Healthy Hands Relax & Recharge A Creative Storytelling - My Favorite Teacher M Music That Made Movies</p>	<p>18</p> <p>V Laughter Yoga K Turn-Over CC S'more Cookie Healthy Hands Relax & Recharge A Cut Up Paper Art M Happy Hour-Friday GG Pin the Tail on the Bessie</p>	<p>19</p> <p>V Bandana Dance K American Landmarks CC Blackberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Renoir M Bust a Move GG Corn Hole</p>
<p>20</p> <p>V Don't Worry, Be Happy K Life Story CC Buffalo Chicken Pinwheels Healthy Hands Relax & Recharge A Winter Collage M Who Sang it Best GG Color Wheel Trivia</p>	<p>21</p> <p>V Move It Monday K Football Frenzy CC Lemon Poppyseed Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 2 M Groovin to Songs with Numbers GG Velcro Catch</p>	<p>22</p> <p>V Pump It Up K Message in a Bottle CC Pumpkin Parfait Healthy Hands Relax & Recharge A Thanksgiving Gratitude Tree M Music Trivia GG Babbling Brook Word Game</p>	<p>23</p> <p>V Mindfulness Matters K Working with Letters CC Fresh Fruit Bread O Lunch at Las Marias Healthy Hands Relax & Recharge A Thanksgiving Napkin Rings M Hippy Dance</p>	<p>24 Thanksgiving</p> <p>V Cornucopia Pass K Lets Spell Thanksgiving CC Thanksgiving Trail Mix Healthy Hands Relax & Recharge A Thanksgiving Adult Coloring M Music That Made Movies Famous</p>	<p>25</p> <p>V Laughter Yoga K Turn-Over CC Birthday Cake Cookie Healthy Hands Relax & Recharge A Abstract Tape Art M Happy Hour-Friday GG Pin the Tail on the Bessie</p>	<p>26</p> <p>V Bandana Dance K American Landmarks CC Tomato Hand Pies Healthy Hands Relax & Recharge A Chihuly Inspired Glass Art M Bust a Move GG Corn Hole</p>
<p>27</p> <p>V Don't Worry, Be Happy K Life Story CC Cream Cheese Pinwheels w/ Fresh Veggies Healthy Hands Relax & Recharge A Favorite Things Collage M Who Sang it Best</p>	<p>28</p> <p>V Move It Monday K Football Frenzy CC Apple Cinnamon Muffins Healthy Hands Relax & Recharge A Q-Tip Trees M Groovin to Songs with Numbers GG Velcro Catch</p>	<p>29</p> <p>V Pump It Up K Message in a Bottle CC Cheesecake Berry Parfait Healthy Hands Relax & Recharge A Newspaper Winter Landscape M Music Trivia GG Babbling Brook Word Game</p>	<p>30</p> <p>V Mindfulness Matters O Donuts and Drive K Working with Letters CC Raisin Pecan Oatmeal Cookies Healthy Hands Relax & Recharge A Pipe Cleaner Rose Curls M Hippy Dance</p>	<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games O - Out & About S - Signature Events V - Vitality</p>		