

NOVEMBER 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|---|--|
| | | 1 O 10:30 Outing-Mike Linngs K 11:30 On T his Date A 1:00 Craft time GG 2:00 POKENO I 6:00 The House Of God Louisville Mission | 2 V 10:00 Morning Stretches A 1:00 Spa Day-Nail care I 1:00 Communion with Debbie GF 2:00 Bingo GG 5:30 Card Circle | 3 V 10:00 Rise and Shine L 11:00 Resident Council Meeting A 1:30 Chef Circle GF 3:00 Happy 4 Year Anniversary Springs at Stony Brook! I 4:00 Movie and Popcorn! | 4 V 11:00 Wake Up and Work Out K 11:30 Blast From T he Past A 1:00 Craft time! GF 2:00 Happy Hour with Al Hilbert! M 3:00 Music & Memories | 5 A 10:30 Craft time MM 11:00 Coffee Chat GF 2:00 Bingo GG 3:30 Checkers or Dominos V 4:30 Card Circle |
| 6 Daylight Saving Ends CC 10:30 A Calming Breath I 11:00 Devotion in Motion GF 11:30 SE Christian-Channel 2 MM 11:30 Coffee Chat GG 2:00 POKENO | 7 L 10:30 10:30 Yoga Stretch! V 11:00 Resistance Band Training K 1:00 Name that tune GF 2:00 Bingo GF 3:30 Soaking in the Sun. | 8 Election Day O 10:30 Van Ride sign up! K 11:30 On T his Date 1:00 Craft Time GG 2:00 POKENO K 6:00 Random Trivia | 9 V 10:00 Morning Stretches I 1:00 Rosary A 1:00 Sip and Paint GF 2:00 Bingo GG 5:30 Card Circle | 10 V 10:00 Rise and Shine A 1:00 Art appreciation GG 2:00 POKENO L 3:00 On this Day in History I 4:00 Movie and Popcorn! | 11 Veterans Day V 10:00 VETERAN'S DAY SALUTE! K 11:30 Blast From T he Past A 1:00 Craft time! GF 2:00 Happy Hour with Rob Brown! M 3:00 Music & Memories | 12 MM 11:00 Coffee Chat 1:00 Craft Time GF 2:00 Bingo GG 3:30 Checkers or Dominos V 4:30 Card Circle |
| 13 I 10:00 MASS on the Air GF 11:30 SE Christian-Channel 2 MM 11:30 Coffee Chat GG 2:00 POKENO GG 3:30 UNO | 14 L 10:30 10:30 Yoga Stretch! K 11:30 Monday Moments K 1:00 Name that tune GF 2:00 Bingo V 5:00 Courtyard Wind down | 15 O 10:30 Van Ride sign up! K 11:30 On T his Date GG 2:00 POKENO CC 3:00 Creative cooking I 6:00 The House of God Louisville Mission | 16 V 10:00 Morning Stretches I 1:00 Communion With Debbie GF 2:00 Bingo 3:00 Corn Hole GG 5:30 Card Circle | 17 V 10:00 Rise and Shine GG 2:00 POKENO A 3:00 Art appreciation L 3:00 On this Day in History I 4:00 Movie and Popcorn! | 18 V 11:00 Wake Up and Work Out K 11:30 Blast From T he Past A 1:00 Craft time! K 2:00 Happy Hour with Don Watson M 3:00 Music & Memories | 19 A 10:30 Current events 1:00 Craft Time GF 2:00 Bingo GG 3:30 Checkers or Dominos V 4:30 Card Circle |
| 20 I 10:00 Mass on the Air GF 11:30 SE Christian-Channel 2 MM 11:30 Coffee Chat GG 2:00 POKENO V 3:30 Corn Hole | 21 L 10:30 10:30 Yoga Stretch! K 11:30 Monday Moments K 1:00 Name that tune GF 2:00 Bingo V 5:00 Courtyard Wind down | 22 O 10:30 Van Ride sign up! K 11:30 On T his Date GG 2:00 POKENO 5:30 Road Trip Reminisce | 23 V 10:00 Morning Stretches A 11:30 Spa Day and Nail care I 1:00 Rosary GF 2:00 Bingo GG 5:30 Card Circle | 24 Thanksgiving V 10:00 Happy Thanksgiving! RSVP Guests-Limit 2 A 10:00 Rise and Shine GG 2:00 POKENO L 3:00 On this Day in History I 4:00 Movie and Popcorn! | 25 V 11:00 Wake Up and Work Out K 11:30 Blast From T he Past M 1:00 Early Bird Happy Hour with Mark Pyles A 2:00 Craft time! M 3:00 Music & Memories | 26 A 10:30 Craft time MM 11:00 Coffee Chat GF 2:00 Bingo GG 3:30 Checkers or Dominos V 4:30 Card Circle |
| 27 I 10:00 Mass on the Air I 11:00 Reading of Scriptures GF 11:30 SE Christian-Channel 2 MM 11:30 Coffee Chat GG 2:00 POKENO | 28 L 10:30 10:30 Yoga Stretch! K 11:30 Monday Moments K 1:00 Name that tune GF 2:00 Bingo V 5:00 Courtyard Wind down | 29 O 10:30 Van Ride sign up! K 11:30 On T his Date GG 2:00 POKENO 3:00 Birthday Party 5:30 T rivia Sheets in Recreation Rooms | 30 V 10:00 Morning Stretches A 11:30 Spa and Nail Day GG 1:00 Communion GF 2:00 Bingo 3:30 Corn Hole | | | |

NOVEMBER 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|--|
| | | 1 10:30 Lunch Outing to Mike Linnigs 1:00 Nail care GG 2:00 BUNCO 4:11 Quote of the Day I 6:00 The House Of God Louisville Mission | 2 MM 10:00 10:00 Morning STRETCH I 1:00 Communion with Debbie GG 2:00 Bingo! A 3:00 Sip & Paint V 4:00 Corn Hole Game | 3 V 10:00 Rise and Shine GF 1:30 Resident Council GG 2:00 BUNCO TIME! V 3:00 Happy 4 Year Anniversary Springs at Stony Brook! CC 4:00 Movie and Popcorn | 4 V 10:00 Wake up and Work out! K 10:30 Blast from the Past L 1:00 Creative Cooking GF 2:00 Happy Hour with Al Hilbert! M 2:30 Music to my ears! | 5 V 10:00 Morning Stretch! MM 10:30 In the News-Coffee call & Current Events GG 2:00 Bingo! K 3:00 Artistic Impressions V 4:00 Ring Toss! |
| 6 Daylight Saving Ends I 10:00 Mass on the Air CC 10:30 A Calming Breath GG 2:00 BUNCO V 3:00 Sweet Snack Time A 3:00 Scratch Art | 7 CC 9:30 Monday Moments V 10:00 Morning YOGA A 1:00 Craft Time GG 2:00 Bingo! V 4:30 Courtyard Walkers | 8 Election Day CC 9:00 Election Day! Polls Open! O 10:30 Van Rides GG 2:00 BUNCO CD 4:00 Nail care L 5:30 Random Trivia | 9 MM 10:00 10:00 YOGA I 1:00 Rosary GG 2:00 Bingo! GF 3:00 Sip and Paint V 5:30 Squeeze Ball Table game | 10 V 10:00 Rise and Shine! GG 2:00 BUNCO TIME! V 3:00 Sweet Snack Time L 3:00 On this Day in History CC 4:00 Movie and Popcorn | 11 Veterans Day I 10:00 VETERAN'S DAY Salute! A 10:30 Red, White, & Blue Crafts GF 2:00 Happy Hour with Rob Brown! M 2:30 Music to my ears! L 5:30 American Trivia available in Activity Rm | 12 MM 10:30 In the News-Coffee call & Current Events V 1:00 Drumming up the Past GG 2:00 Bingo! K 3:00 Artistic Impressions V 4:00 Ring Toss! |
| 13 I 10:00 Mass on the Air GG 2:00 BUNCO V 3:00 Sweet Snack Time A 3:00 Scratch Art GF 4:00 UNO Cards MM 5:30 Drum Time | 14 V 10:00 Morning Stretch I 10:30 Monday Moments GG 2:00 Bingo! CC 3:00 Snack Attack! K 4:00 Name that tune! | 15 10:00 Armchair Aerobics O 10:30 Outing to Walmart! GG 2:00 BUNCO MM 4:00 Nail care I 6:00 The House of God Louisville Mission | 16 MM 10:00 10:00 YOGA CC 10:30 Creative cooking I 1:00 Communion With Debbie GG 2:00 Bingo! V 4:00 Ball Toss | 17 V 10:00 Rise and Shine! GG 2:00 BUNCO TIME! V 3:00 Name that tune! V 3:00 Sweet Snack Time L 3:00 On this day in History CC 4:00 Movie and Popcorn | 18 V 10:00 Wake up and work out 10:30 Blast from the Past CC 1:00 Cooking Favorite Receipes! K 2:00 Happy Hour with Don Watson M 2:30 Music to my ears! | 19 V 10:00 Moving to music MM 10:30 In the News-Coffee call & Current Events GG 2:00 Bingo! K 3:00 Artistic Impressions V 4:00 Ring Toss! |
| 20 I 10:00 Mass on the Air O 1:00 Scavenger hunt! GG 2:00 BUNCO V 3:00 Sweet Snack Time MM 3:30 Craft Corner | 21 GG 10:00 Morning Stretch L 10:30 Monday Moments V 1:00 Balloon Volleyball GG 2:00 Bingo! V 4:00 Drumming it up! | 22 V 10:00 Morning Stretch O 10:30 Van Ride GG 2:00 BUNCO V 3:00 Rhythm Band L 5:30 Road Trip Reminisce | 23 MM 10:00 10:00 YOGA GF 10:30 Spa Day I 1:00 Rosary GG 2:00 Bingo! JG 5:30 Now and then...SPORTS | 24 Thanksgiving L 10:00 Morning Coffee Call A 1:00 Thanksgiving Crafts GG 2:00 BUNCO TIME! V 3:00 Sweet Snack Time CC 4:00 Movie and Popcorn | 25 GF 10:00 Coffee Call & Current events CC 10:30 Baking Cookies M 1:00 Early Bird Happy Hour with Mark Pyles K 3:00 Scavenger Hunt JG 7:00 Friday Night Football! | 26 MM 10:30 In the News-Coffee call & Current Events GG 2:00 Bingo! K 3:00 Artistic Impressions V 4:00 Ring Toss! K 5:00 Trivia Time/Mind Benders |
| 27 I 10:00 Mass on the Air GG 2:00 BUNCO V 3:00 Sweet Snack Time A 3:00 Scratch Art MM 3:30 Craft Corner | 28 V 10:00 Monday Moments L 10:30 Artistic Impressions GG 2:00 Bingo! GG 3:00 The Price is Right! V 4:00 Drum Fun | 29 O 10:30 Van Ride A 1:00 Nail Day! GG 2:00 BUNCO L 3:00 Birthday Party MM 5:30 Road Trip Reminisce | 30 MM 10:00 10:00 YOGA CC 1:00 Share and Compare Recipes! Best Desserts I 1:30 Rosary in room GG 2:00 Bingo! MM 4:00 Poetry Corner | | | |

NOVEMBER 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|---|
| You are encouraged to start your own programs & pastimes with your neighbors. Our Life Enrichment team will be happy to provide you with any resources or materials you need. | All programs are subject to change. | 1 10:30 Mike Linnings Outing 12:00 Mail 2:00 Sittersize Yoga 4:00 Pokeno 6:00 The House Of God Louisville Mission | 2 12:00 Mail 1:00 Communion with Debbie 2:00 Sip and Paint! 4:00 Life Long Learning | 3 12:00 Mail 2:00 Sittersize 4:00 Putt Putt 6:00 Thursday Theater & Popcorn | 4 12:00 Mail 2:00 Happy Hour with Al Hilbert! 2:30 Musical entertainment | 5 12:00 Mail 2:00 Bingo in Main DR 4:00 Mind Bender Trivia Sheets |
| 6 Daylight Saving Ends 10:30 A Calming Breath 12:00 Mail 2:00 BUNCO 3:00 Card Club | 7 12:00 Mail 2:00 Creativity 4:00 Bingo | 8 Election Day 12:00 Mail 2:00 Sittersize Yoga 4:00 Pokeno | 9 12:00 Mail 1:00 Rosary 2:00 Sip and Paint! 4:00 Life Long Learning | 10 12:00 Mail 2:00 Sittersize 4:00 Putt Putt 6:00 Thursday Theater & Popcorn | 11 Veterans Day 12:00 Mail 2:00 Happy Hour with Rob Brown! 2:30 Musical entertainment | 12 12:00 Mail 2:00 Bingo in Main DR 4:00 Card Circle |
| 13 12:00 Mail 2:00 BUNCO 3:00 Card Club | 14 12:00 Mail 2:00 Creativity 4:00 Bingo | 15 12:00 Mail 2:00 Sittersize Yoga 4:00 Pokeno 6:00 The House of God Louisville Mission | 16 12:00 Mail 1:00 Communion With Debbie 2:00 Sip and Paint! 4:00 Life Long Learning | 17 12:00 Mail 2:00 Sittersize 4:00 Putt Putt 6:00 Thursday Theater & Popcorn | 18 12:00 Mail 2:00 Happy Hour with Don Watson 2:30 Musical entertainment | 19 12:00 Mail 2:00 Bingo in Main DR 4:00 Mind Benders |
| 20 12:00 Mail 2:00 BUNCO 3:00 Card Club | 21 12:00 Mail 2:00 Creativity 4:00 Bingo | 22 12:00 Mail 2:00 Sittersize Yoga 4:00 Pokeno | 23 12:00 Mail 1:00 Rosary 2:00 Sip and Paint! 4:00 Life Long Learning | 24 Thanksgiving 12:00 Mail 2:00 Bowling 4:00 Putt Putt 6:00 Thursday Theater & Popcorn | 25 12:00 Mail 1:00 Early Bird Happy Hour with Mark Pyles 2:30 Musical entertainment | 26 12:00 Mail 2:00 Bingo in Main DR 4:00 Mind Benders |
| 27 12:00 Mail 2:00 BUNCO 3:00 Card Club | 28 12:00 Mail 2:00 Creativity 4:00 Bingo | 29 12:00 Mail 2:00 Sittersize Yoga 4:00 Pokeno | 30 12:00 Mail 2:00 Sip and Paint! 4:00 Life Long Learning | | | |

NOVEMBER 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|--|
| Let's get social! Facebook.com/SpringsStonybrook Twitter.com/S_Stonybrook | | 1 V Pump It Up K Message in a Bottle CC Rise and Shine Parfaits Healthy Hands Relax & Recharge A No Sew Fleece Blankets M Music Trivia GG Babbling Brook Word Game | 2 V Mindfulness Matters K Working with Letters CC Tropical Trail Mix Healthy Hands Relax & Recharge A Glue Art M Hippy Dance GG State Plate Game | 3 V Let's Take A Trip K Categories Game CC Mother's Pumpkin Bread Healthy Hands Relax & Recharge A Life Timeline - Creative Writing M Music That Made Movies Famous | 4 V Laughter Yoga K Turn-Over CC Classic Chocolate Chip Cookie Healthy Hands Relax & Recharge A Partner-Print Painting M Happy Hour-Friday GG Pin the Tail on the Bessie | 5 V Bandana Dance K American Landmarks CC Strawberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - American Gothic M Bust a Move |
| 6 Daylight Saving Ends V Don't Worry, Be Happy K Life Story CC Italian Pinwheel Sandwiches w/ Cream Cheese Healthy Hands Relax & Recharge A Label Collage M Who Sang it Best | 7 V Move It Monday K Football Frenzy CC Blueberry Oat Muffins Healthy Hands Relax & Recharge A Watercolor Snowman M Groovin to Songs with Numbers GG Velcro Catch | 8 Election Day V Pump It Up K Message in a Bottle CC Apple Yogurt Parfaits Healthy Hands Relax & Recharge A Fall Leaf Garland M Music Trivia GG Babbling Brook Word Game | 9 V Mindfulness Matters K Working with Letters CC Chocolate Raspberry Trail Mix Healthy Hands Relax & Recharge A Paint Pouring M Hippy Dance GG State Plate Game | 10 V Let's Take A Trip K Categories Game CC Orange Cranberry Bread w/ Glaze Healthy Hands Relax & Recharge A To Be - Creative Writing M Music That Made Movies | 11 Veterans Day V Laughter Yoga K Turn-Over CC Peanut Butter Cookie Healthy Hands Relax & Recharge A Veterans Day Heart Card M Happy Hour-Friday GG Pin the Tail on the Bessie | 12 V Bandana Dance K American Landmarks CC Apple Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Mona Lisa M Bust a Move GG Corn Hole |
| 13 V Don't Worry, Be Happy K Life Story CC Sandwich Pinwheel Healthy Hands Relax & Recharge A Shapes Collage M Who Sang it Best GG Color Wheel Trivia | 14 V Move It Monday K Football Frenzy CC Banana Nut Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 1 M Groovin to Songs with Numbers GG Velcro Catch | 15 V Pump It Up K Message in a Bottle CC Peanut Butter Banana Yogurt Parfaits Healthy Hands Relax & Recharge A Aromatherapy Balm M Music Trivia | 16 V Mindfulness Matters K Working with Letters CC Ginger Apricot Trail Mix Healthy Hands Relax & Recharge A Squeegie Canvas Paint M Hippy Dance GG State Plate Game | 17 V Let's Take A Trip K Categories Game CC Apple Praline Bread Healthy Hands Relax & Recharge A Creative Storytelling - My Favorite Teacher M Music That Made Movies | 18 V Laughter Yoga K Turn-Over CC S'more Cookie Healthy Hands Relax & Recharge A Cut Up Paper Art M Happy Hour-Friday GG Pin the Tail on the Bessie | 19 V Bandana Dance K American Landmarks CC Blackberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Renoir M Bust a Move GG Corn Hole |
| 20 V Don't Worry, Be Happy K Life Story CC Buffalo Chicken Pinwheels Healthy Hands Relax & Recharge A Winter Collage M Who Sang it Best GG Color Wheel Trivia | 21 V Move It Monday K Football Frenzy CC Lemon Poppyseed Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 2 M Groovin to Songs with Numbers GG Velcro Catch | 22 V Pump It Up K Message in a Bottle CC Pumpkin Parfait Healthy Hands Relax & Recharge A Thanksgiving Gratitude Tree M Music Trivia GG Babbling Brook Word Game | 23 V Mindfulness Matters K Working with Letters CC Fresh Fruit Bread Healthy Hands Relax & Recharge A Thanksgiving Napkin Rings M Hippy Dance GG State Plate Game | 24 Thanksgiving V Cornucopia Pass K Lets Spell Thanksgiving CC Thanksgiving Trail Mix Healthy Hands Relax & Recharge A Thanksgiving Adult Coloring M Music That Made Movies Famous | 25 V Laughter Yoga K Turn-Over CC Birthday Cake Cookie Healthy Hands Relax & Recharge A Abstract Tape Art M Happy Hour-Friday GG Pin the Tail on the Bessie | 26 V Bandana Dance K American Landmarks CC Tomato Hand Pies Healthy Hands Relax & Recharge A Chihuly Inspired Glass Art M Bust a Move GG Corn Hole |
| 27 V Don't Worry, Be Happy K Life Story CC Cream Cheese Pinwheels w/ Fresh Veggies Healthy Hands Relax & Recharge A Favorite Things Collage M Who Sang it Best | 28 V Move It Monday K Football Frenzy CC Apple Cinnamon Muffins Healthy Hands Relax & Recharge A Q-Tip Trees M Groovin to Songs with Numbers GG Velcro Catch | 29 V Pump It Up K Message in a Bottle CC Cheesecake Berry Parfait Healthy Hands Relax & Recharge A Newspaper Winter Landscape M Music Trivia GG Babbling Brook Word Game | 30 V Mindfulness Matters K Working with Letters CC Raisin Pecan Oatmeal Cookies Healthy Hands Relax & Recharge A Pipe Cleaner Rose Curls M Hippy Dance GG State Plate Game | | Activities are subject to change | |

NOVEMBER 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|---|---|
| <p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games V - Vitality</p> | <p>Let's get social! Facebook.com/SpringsStonybrook Twitter.com/S_Stonybrook</p> | <p>1 V Pump It Up K Message in a Bottle CC Rise and Shine Parfaits Healthy Hands Relax & Recharge A No Sew Fleece Blankets M Music Trivia GG Babbling Brook Word Game</p> | <p>2 V Mindfulness Matters K Working with Letters CC Tropical Trail Mix Healthy Hands Relax & Recharge A Glue Art M Hippy Dance GG State Plate Game</p> | <p>3 V Let's Take A Trip K Categories Game CC Mother's Pumpkin Bread Healthy Hands Relax & Recharge A Life Timeline - Creative Writing M Music That Made Movies Famous</p> | <p>4 V Laughter Yoga K Turn-Over CC Classic Chocolate Chip Cookie Healthy Hands Relax & Recharge A Partner-Print Painting M Happy Hour-Friday GG Pin the Tail on the Bessie</p> | <p>5 V Bandana Dance K American Landmarks CC Strawberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - American Gothic M Bust a Move</p> |
| <p>6 Daylight Saving Ends</p> <p>V Don't Worry, Be Happy K Life Story CC Italian Pinwheel Sandwiches w/ Cream Cheese Healthy Hands Relax & Recharge A Label Collage M Who Sang it Best</p> | <p>7 V Move It Monday K Football Frenzy CC Blueberry Oat Muffins Healthy Hands Relax & Recharge A Watercolor Snowman M Groovin to Songs with Numbers GG Velcro Catch</p> | <p>8 Election Day</p> <p>V Pump It Up K Message in a Bottle CC Apple Yogurt Parfaits Healthy Hands Relax & Recharge A Fall Leaf Garland M Music Trivia GG Babbling Brook Word Game</p> | <p>9 V Mindfulness Matters K Working with Letters CC Chocolate Raspberry Trail Mix Healthy Hands Relax & Recharge A Paint Pouring M Hippy Dance GG State Plate Game</p> | <p>10 V Let's Take A Trip K Categories Game CC Orange Cranberry Bread w/ Glaze Healthy Hands Relax & Recharge A To Be - Creative Writing M Music That Made Movies</p> | <p>11 Veterans Day</p> <p>V Laughter Yoga K Turn-Over CC Peanut Butter Cookie Healthy Hands Relax & Recharge A Veterans Day Heart Card M Happy Hour-Friday GG Pin the Tail on the Bessie</p> | <p>12 V Bandana Dance K American Landmarks CC Apple Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Mona Lisa M Bust a Move GG Corn Hole</p> |
| <p>13 V Don't Worry, Be Happy K Life Story CC Sandwich Pinwheel Healthy Hands Relax & Recharge A Shapes Collage M Who Sang it Best GG Color Wheel Trivia</p> | <p>14 V Move It Monday K Football Frenzy CC Banana Nut Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 1 M Groovin to Songs with Numbers GG Velcro Catch</p> | <p>15 V Pump It Up K Message in a Bottle CC Peanut Butter Banana Yogurt Parfaits Healthy Hands Relax & Recharge A Aromatherapy Balm M Music Trivia</p> | <p>16 V Mindfulness Matters K Working with Letters CC Ginger Apricot Trail Mix Healthy Hands Relax & Recharge A Squeegie Canvas Paint M Hippy Dance GG State Plate Game</p> | <p>17 V Let's Take A Trip K Categories Game CC Apple Praline Bread Healthy Hands Relax & Recharge A Creative Storytelling - My Favorite Teacher M Music That Made Movies</p> | <p>18 V Laughter Yoga K Turn-Over CC S'more Cookie Healthy Hands Relax & Recharge A Cut Up Paper Art M Happy Hour-Friday GG Pin the Tail on the Bessie</p> | <p>19 V Bandana Dance K American Landmarks CC Blackberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Renoir M Bust a Move GG Corn Hole</p> |
| <p>20 V Don't Worry, Be Happy K Life Story CC Buffalo Chicken Pinwheels Healthy Hands Relax & Recharge A Winter Collage M Who Sang it Best GG Color Wheel Trivia</p> | <p>21 V Move It Monday K Football Frenzy CC Lemon Poppyseed Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 2 M Groovin to Songs with Numbers GG Velcro Catch</p> | <p>22 V Pump It Up K Message in a Bottle CC Pumpkin Parfait Healthy Hands Relax & Recharge A Thanksgiving Gratitude Tree M Music Trivia GG Babbling Brook Word Game</p> | <p>23 V Mindfulness Matters K Working with Letters CC Fresh Fruit Bread Healthy Hands Relax & Recharge A Thanksgiving Napkin Rings M Hippy Dance GG State Plate Game</p> | <p>24 Thanksgiving</p> <p>V Cornucopia Pass K Lets Spell Thanksgiving CC Thanksgiving Trail Mix Healthy Hands Relax & Recharge A Thanksgiving Adult Coloring M Music That Made Movies Famous</p> | <p>25 V Laughter Yoga K Turn-Over CC Birthday Cake Cookie Healthy Hands Relax & Recharge A Abstract Tape Art M Happy Hour-Friday GG Pin the Tail on the Bessie</p> | <p>26 V Bandana Dance K American Landmarks CC Tomato Hand Pies Healthy Hands Relax & Recharge A Chihuly Inspired Glass Art M Bust a Move GG Corn Hole</p> |
| <p>27 V Don't Worry, Be Happy K Life Story CC Cream Cheese Pinwheels w/ Fresh Veggies Healthy Hands Relax & Recharge A Favorite Things Collage M Who Sang it Best</p> | <p>28 V Move It Monday K Football Frenzy CC Apple Cinnamon Muffins Healthy Hands Relax & Recharge A Q-Tip Trees M Groovin to Songs with Numbers GG Velcro Catch</p> | <p>29 V Pump It Up K Message in a Bottle CC Cheesecake Berry Parfait Healthy Hands Relax & Recharge A Newspaper Winter Landscape M Music Trivia GG Babbling Brook Word Game</p> | <p>30 V Mindfulness Matters K Working with Letters CC Raisin Pecan Oatmeal Cookies Healthy Hands Relax & Recharge A Pipe Cleaner Rose Curls M Hippy Dance GG State Plate Game</p> | | | |