

Assisted Living
Activities are Subject to Change

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activities are Subject to change. Bus cruises are by sign ups only and maybe postponed due to weather.	1 V 9:00 Sunrise Stretches K 9:30 Let's celebrate Sept. Birthdays O 1:30 Country cruise	2 V 9:00 Sunrise Stretches I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn M 4:00 Entertainer-Nathan Dillon	3 V 9:00 Sunrise Stretches GF 10:00 Rummy card game GG 1:30 Bingo M 2:00 Susie the Balloon lady	4 V 9:00 Sunrise Stretches K 9:30 Journal Writing V 10:30 Volleyball S 3:00 Live Music Happy Hour GG 6:00 Nickel Pitch	5 K 9:30 Morning puzzles GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
6 Daylight Saving Ends	7	8 Election Day	9	10	11 Veterans Day	12
I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music) 3:30 Movie and Popcorn	V 9:00 Sunrise Stretches V 10:30 Word games A 6:00 Painting creations	V 9:00 Sunrise Stretches O 1:30 Country cruise K 2:00 Spelling bee	V 9:00 Sunrise Stretches I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn	V 9:00 Sunrise Stretches GF 10:00 Rummy card game GG 1:30 Bingo O 1:30 Bakery bus outing	V 9:00 Sunrise Stretches K 9:30 Journal Writing V 10:30 Volleyball S 1:30 Veteran day activities 3:00 Celebrate our Veterans Happy Hour GG 6:00 Nickel Pitch	K 9:30 Morning puzzles GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
13	14	15	16	17	18	19
I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music) CC 2:00 McDonald Band 3:30 Movie and Popcorn	V 9:00 Sunrise Stretches V 10:30 Word games GG 1:30 Bingo A 6:00 Painting creations	V 9:00 Sunrise Stretches O 1:30 Country cruise K 2:00 Spelling bee	V 9:00 Sunrise Stretches I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn	V 9:00 Sunrise Stretches GF 10:00 Rummy card game GG 1:30 Bingo O 1:30 Wendys lunch outing	V 9:00 Sunrise Stretches K 9:30 Journal Writing V 10:30 Volleyball 3:00 Disney Happy Hour GG 6:00 Nickel Pitch	K 9:30 Morning puzzles GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
20	21	22	23	24 Thanksgiving	25	26
I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music) 3:30 Movie and Popcorn	V 9:00 Sunrise Stretches V 10:30 Word games GG 1:30 Bingo A 6:00 Painting creations	V 9:00 Sunrise Stretches O 1:30 Country cruise K 2:00 Spelling bee	V 9:00 Sunrise Stretches I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn	V 9:00 Sunrise Stretches GF 10:00 Rummy card game GG 1:30 Bingo 3:00 Thanksgiving activities	V 9:00 Sunrise Stretches K 9:30 Journal Writing V 10:30 Volleyball 10:45 Resident Council 3:00 Grateful Happy Hour GG 6:00 Nickel Pitch	K 9:30 Morning puzzles GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
27	28	29	30	HC- Health Center HCL-Health Center living room HCD- Health Center Dining room AR-Activity Room		
I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music) 3:30 Movie and Popcorn	V 9:00 Sunrise Stretches V 10:30 Word games GG 1:30 Bingo A 6:00 Painting creations	V 9:00 Sunrise Stretches O 1:30 Country cruise K 2:00 Spelling bee 3:00 Auction	V 9:00 Sunrise Stretches I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn			

StoneBridge Health Campus
Activities are Subject to change

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 MM 9:00 Mindful Moment activities V 10:30 Light and Lively O 1:30 Country cruise 2:30 Dog treat cooking	2 MM 9:00 Mindful Moment activities GG 10:30 Basketball I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn M 4:00 Entertainer-Nathan	3 MM 9:00 Mindful Moment activities V 10:30 Light and Lively GG 1:30 Bingo M 2:00 Susie the Balloon lady	4 MM 9:00 Mindful Moment activities V 10:30 Volleyball S 3:00 Live Music Happy Hour GG 6:00 Nickel Pitch	5 MM 9:00 Mindful Moment activities GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
6 Daylight Saving Ends	7	8 Election Day	9	10	11 Veterans Day	12
MM 9:00 Mindful Moment activities I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music)	MM 9:00 Mindful Moment activities V 10:30 Chair Zumba I 11:00 Relaxation Breathing A 6:00 Painting creations	MM 9:00 Mindful Moment activities V 10:30 Light and Lively O 1:30 Country cruise K 2:00 Word games	MM 9:00 Mindful Moment activities GG 10:30 Basketball I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn	MM 9:00 Mindful Moment activities V 10:30 Light and Lively GG 1:30 Bingo O 1:30 Bakery bus outing	MM 9:00 Mindful Moment activities V 10:30 Volleyball S 1:30 Veteran day activities 3:00 Celebrate our Veterans Happy Hour GG 6:00 Nickel Pitch	MM 9:00 Mindful Moment activities GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
13	14	15	16	17	18	19
MM 9:00 Mindful Moment activities I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music)	MM 9:00 Mindful Moment activities V 10:30 Chair Zumba I 11:00 Relaxation Breathing GG 1:30 Bingo A 6:00 Painting creations	MM 9:00 Mindful Moment activities V 10:30 Light and Lively O 1:30 Country cruise K 2:00 Word games	MM 9:00 Mindful Moment activities GG 10:30 Basketball I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn	MM 9:00 Mindful Moment activities V 10:30 Light and Lively GG 1:30 Bingo O 1:30 Wendys lunch outing	MM 9:00 Mindful Moment activities V 10:30 Volleyball 3:00 Disney Happy Hour GG 6:00 Nickel Pitch	MM 9:00 Mindful Moment activities GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
20	21	22	23	24 Thanksgiving	25	26
MM 9:00 Mindful Moment activities I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music)	MM 9:00 Mindful Moment activities V 10:30 Chair Zumba I 11:00 Relaxation Breathing GG 1:30 Bingo A 6:00 Painting creations	MM 9:00 Mindful Moment activities V 10:30 Light and Lively O 1:30 Country cruise K 2:00 Word games	MM 9:00 Mindful Moment activities GG 10:30 Basketball I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn	MM 9:00 Mindful Moment activities V 10:30 Light and Lively GG 1:30 Bingo 3:00 Thanksgiving activities	MM 9:00 Mindful Moment activities V 10:30 Volleyball 1:30 Resident Council 3:00 Grateful Happy Hour GG 6:00 Nickel Pitch	MM 9:00 Mindful Moment activities GF 10:30 Saturday Surprise (Activity of Choice) GG 1:30 Bingo K 3:00 Board games/cards
27	28	29	30			
MM 9:00 Mindful Moment activities I 10:00 Catholic Service on Channel 2 V 10:30 Noodle Ball I 1:30 Church Service (Music, Prayer/Blessings, Sermon, Music)	MM 9:00 Mindful Moment activities V 10:30 Chair Zumba I 11:00 Relaxation Breathing GG 1:30 Bingo A 6:00 Painting creations	MM 9:00 Mindful Moment activities V 10:30 Light and Lively O 1:30 Country cruise K 2:00 Word games 3:00 Auction	MM 9:00 Mindful Moment activities GG 10:30 Basketball I 1:30 Bible Study and Hymns (Ladies in HCD; Men in HCL) 3:00 Movie and Popcorn			

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ombudsman: Debbie Wessel 812-277-9626</p> <p>State Survey Results are located in the Health Center Lobby.</p> <p>Resident funds are available in the business office and after hours from the Health Center</p>		<p>1</p> <ul style="list-style-type: none"> V Pump It Up K Message in a Bottle CC Rise and Shine Parfaits Healthy Hands Relax & Recharge A No Sew Fleece Blankets M Music Trivia GG Babbling Brook Word Game 	<p>2</p> <ul style="list-style-type: none"> V Mindfulness Matters K Working with Letters CC Tropical Trail Mix Healthy Hands Relax & Recharge A Glue Art M Hippy Dance GG State Plate Game 	<p>3</p> <ul style="list-style-type: none"> V Let's Take A Trip K Categories Game CC Mother's Pumpkin Bread Healthy Hands Relax & Recharge A Life Timeline - Creative Writing M Music That Made Movies Famous 	<p>4</p> <ul style="list-style-type: none"> V Laughter Yoga K Turn-Over CC Classic Chocolate Chip Cookie Healthy Hands Relax & Recharge A Partner-Print Painting M Happy Hour-Friday GG Pin the Tail on the Bessie 	<p>5</p> <ul style="list-style-type: none"> V Bandana Dance K American Landmarks CC Strawberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - American Gothic M Bust a Move
<p>6 Daylight Saving Ends</p> <ul style="list-style-type: none"> V Don't Worry, Be Happy K Life Story CC Italian Pinwheel Sandwiches w/ Cream Cheese Healthy Hands Relax & Recharge A Label Collage M Who Sang it Best 	<p>7</p> <ul style="list-style-type: none"> V Move It Monday K Football Frenzy CC Blueberry Oat Muffins Healthy Hands Relax & Recharge A Watercolor Snowman M Groovin to Songs with Numbers GG Velcro Catch 	<p>8 Election Day</p> <ul style="list-style-type: none"> V Pump It Up K Message in a Bottle CC Apple Yogurt Parfaits Healthy Hands Relax & Recharge A Fall Leaf Garland M Music Trivia GG Babbling Brook Word Game 	<p>9</p> <ul style="list-style-type: none"> V Mindfulness Matters K Working with Letters CC Chocolate Raspberry Trail Mix Healthy Hands Relax & Recharge A Paint Pouring M Hippy Dance GG State Plate Game 	<p>10</p> <ul style="list-style-type: none"> V Let's Take A Trip K Categories Game CC Orange Cranberry Bread w/ Glaze Healthy Hands Relax & Recharge A To Be - Creative Writing M Music That Made Movies 	<p>11 Veterans Day</p> <ul style="list-style-type: none"> V Laughter Yoga K Turn-Over CC Peanut Butter Cookie Healthy Hands Relax & Recharge A Veterans Day Heart Card M Happy Hour-Friday GG Pin the Tail on the Bessie 	<p>12</p> <ul style="list-style-type: none"> V Bandana Dance K American Landmarks CC Apple Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Mona Lisa M Bust a Move GG Corn Hole
<p>13</p> <ul style="list-style-type: none"> V Don't Worry, Be Happy K Life Story CC Sandwich Pinwheel Healthy Hands Relax & Recharge A Shapes Collage M Who Sang it Best GG Color Wheel Trivia 	<p>14</p> <ul style="list-style-type: none"> V Move It Monday K Football Frenzy CC Banana Nut Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 1 M Groovin to Songs with Numbers GG Velcro Catch 	<p>15</p> <ul style="list-style-type: none"> V Pump It Up K Message in a Bottle CC Peanut Butter Banana Yogurt Parfaits Healthy Hands Relax & Recharge A Aromatherapy Balm M Music Trivia 	<p>16</p> <ul style="list-style-type: none"> V Mindfulness Matters K Working with Letters CC Ginger Apricot Trail Mix Healthy Hands Relax & Recharge A Squeegie Canvas Paint M Hippy Dance GG State Plate Game 	<p>17</p> <ul style="list-style-type: none"> V Let's Take A Trip K Categories Game CC Apple Praline Bread Healthy Hands Relax & Recharge A Creative Storytelling - My Favorite Teacher M Music That Made Movies 	<p>18</p> <ul style="list-style-type: none"> V Laughter Yoga K Turn-Over CC S'more Cookie Healthy Hands Relax & Recharge A Cut Up Paper Art M Happy Hour-Friday GG Pin the Tail on the Bessie 	<p>19</p> <ul style="list-style-type: none"> V Bandana Dance K American Landmarks CC Blackberry Hand Pies Healthy Hands Relax & Recharge A Art Appreciation - Renoir M Bust a Move GG Corn Hole
<p>20</p> <ul style="list-style-type: none"> V Don't Worry, Be Happy K Life Story CC Buffalo Chicken Pinwheels Healthy Hands Relax & Recharge A Winter Collage M Who Sang it Best GG Color Wheel Trivia 	<p>21</p> <ul style="list-style-type: none"> V Move It Monday K Football Frenzy CC Lemon Poppyseed Muffins Healthy Hands Relax & Recharge A Watercolor Weaving - Day 2 M Groovin to Songs with Numbers GG Velcro Catch 	<p>22</p> <ul style="list-style-type: none"> V Pump It Up K Message in a Bottle CC Pumpkin Parfait Healthy Hands Relax & Recharge A Thanksgiving Gratitude Tree M Music Trivia GG Babbling Brook Word Game 	<p>23</p> <ul style="list-style-type: none"> V Mindfulness Matters K Working with Letters CC Fresh Fruit Bread Healthy Hands Relax & Recharge A Thanksgiving Napkin Rings M Hippy Dance GG State Plate Game 	<p>24 Thanksgiving</p> <ul style="list-style-type: none"> V Cornucopia Pass K Lets Spell Thanksgiving CC Thanksgiving Trail Mix Healthy Hands Relax & Recharge A Thanksgiving Adult Coloring M Music That Made Movies Famous 	<p>25</p> <ul style="list-style-type: none"> V Laughter Yoga K Turn-Over CC Birthday Cake Cookie Healthy Hands Relax & Recharge A Abstract Tape Art M Happy Hour-Friday GG Pin the Tail on the Bessie 	<p>26</p> <ul style="list-style-type: none"> V Bandana Dance K American Landmarks CC Tomato Hand Pies Healthy Hands Relax & Recharge A Chihuly Inspired Glass Art M Bust a Move GG Corn Hole
<p>27</p> <ul style="list-style-type: none"> V Don't Worry, Be Happy K Life Story CC Cream Cheese Pinwheels w/ Fresh Veggies Healthy Hands Relax & Recharge A Favorite Things Collage M Who Sang it Best 	<p>28</p> <ul style="list-style-type: none"> V Move It Monday K Football Frenzy CC Apple Cinnamon Muffins Healthy Hands Relax & Recharge A Q-Tip Trees M Groovin to Songs with Numbers GG Velcro Catch 	<p>29</p> <ul style="list-style-type: none"> V Pump It Up K Message in a Bottle CC Cheesecake Berry Parfait Healthy Hands Relax & Recharge A Newspaper Winter Landscape M Music Trivia GG Babbling Brook Word Game 	<p>30</p> <ul style="list-style-type: none"> V Mindfulness Matters K Working with Letters CC Raisin Pecan Oatmeal Cookies Healthy Hands Relax & Recharge A Pipe Cleaner Rose Curls M Hippy Dance GG State Plate Game 	<ul style="list-style-type: none"> A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games V - Vitality 	<p>Calendar Key: HCDR - Health Center Dining Room RDR - Restorative Dining Room HCTR - Health Center TV Room AR - Activity Room IR - Individual Rooms TG - Therapy GYM TS - Town Square</p>	