









<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Keepsake Village Staff: Tiffany Delay Live More Coordinators: Kyshana Partee Barb Lewis AnnMarie Worthington Rhonda McClain	November Birthdays Frank Hutchins 11/02 Employee of the Month: Tammy Roberts Resident of the Month: Judy Green	1 8:30- Jazzercise 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- November IQ Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- All Saints Facts 3:00- "Grow A Mo Day" 4:00- Dinner with Friends 5:00- Evening Programs	2 We've Got Spirit Day 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Parachute Game 10:30- Memory Streets Trivia 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Mindful Meditation 2:00- Music with Travis Wetzel 3:00- Family Feud 4:00- Dinner with Friends 5:00- Evening Programs	3 8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Pass the ball 10:30- Finish the lines 11:00- Lunch with Friends 12:00- Freshen Up 1:00-Music with Rick Applegate 2:00- Snack/Church Services 2:30- Hymn Sing 3:00- Red or Black Card Game 4:00- Dinner with Friends	4 8:30- Rockin to the Music 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Darts 10:30- Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Arts & Crafts 2:00- Snack and Chat 2:30- Short Stories 3:00- Small Group/1:1's 4:00- Dinner with Friends 5:00- Evening Programs	5 8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Balloon Volleyball 10:30- Words Starting with "N" 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Social 2:00- Snack and Chat 2:30- Funny Videos 3:00- Karaoke 4:00- Dinner with Friends 5:00- Evening Programs
8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayers and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Clock Craft 2:00- Snack and Chat 2:30- Jokes & Riddles 3:00- Movie Matinee 4:00- Dinner with Friends 5:00- Evening Programs	7 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Picture This 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- 7 or 11 Letter Words 2:00- Snack and Chat 2:30- Short Stories 3:00- KSV Creations 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- Election Day Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Music & Maracas 3:00- What am I? 4:00- Dinner with Friends 5:00- Evening Programs	9 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Parachute Game 10:30- Memory Streets Trivia 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Circle Art /Cooking with Sheri 2:30- Mum Facts 3:00- Mums the word 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Pass the ball 10:30- Finish the lyrics 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Bowling 2:00- Snack/Church Services 2:30- This goes with that 3:00- Drum Circle 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Rockin to the Musi 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Basketball 10:30- Sing A Long 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Veteran's Social 2:00- Snack and Chat 2:30- Reminiscing 3:00- Small Group/1:1's 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Balloon Volleyball 10:30- Tongue Twisters 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Football Social 2:00- Snack and Chat 2:30- Short Stories 3:00- Yahtzee 4:00- Dinner with Friends 5:00- Evening Programs
13 8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Trayers and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Red or Black 2:00- Snack and Chat 2:30- Name 5 3:00- Movie Matinee 4:00- Dinner with Friends 5:00- Evening Programs	14 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Stretch & Breathe 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Bean Bag Toss 2:00- Snack and Chat 2:30- Jokes & Riddles 3:00- Checkers 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Jazzercise 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- Finish the phrase 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Rainbow Detective 3:00- Magnetic Words 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Music with Pam Weston 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Aviation Video 2:00- Snack and Chat 2:30- Music & Relaxation 3:00- Bingo 4:00- Dinner with Friends 5:00- Evening Programs	17 8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Pass the ball 10:30- What am I? 11:00- Lunch with Friends 12:00- Freshen Up 1:00-Music with Rick Applegate 2:00- Snack/Church Services 2:30- Mindful Meditation 3:00- Drum Circle 4:00- Dinner with Friends 5:00- Evening Programs	18 8:30- Rockin to the Music 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Big Mouth 10:30- Name that Song 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Arts & Crafts 2:00- Snack and Chat 2:30- Hymn Sing 3:00- Small Group/1:1's 4:00- Dinner with Friends 5:00- Evening Programs	19 8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Balloon Volleyball 10:30- Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Football Social 2:00- Snack and Chat 2:30- Music & Relaxation 3:00- Kickball 4:00- Dinner with Friends 5:00- Evening Programs
20 8:30- Fit and Fabulous 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Prayers and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Baseball 2:00- Snack and Chat 2:30- Memory Streets Trivia 3:00- Movie Matinee 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Sit and Stretch 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Hangman 2:00- Short Stories 3:00- KSV Creations 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Jazzercise 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- Clue Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Peanut Trivia 3:00- Bingo 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Fit and Fabulous 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Parachute Game 10:30- Memory Streets Trivia 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Candy Dice 2:00- Snack and Chat 2:30- Music & Relaxation 3:00- Word Games 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Turkey Dance 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Thanksgiving Reminisce 10:30- Turkey Toss 11:00- Lunch with Friends 12:00- Freshen Up 1:00- What I am Thankful For 2:00- Snack/Church Services 2:30- Music & Movement 3:00- Movie & Popcorn 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Rockin to the Music 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Big Mouth 10:30- Mindful Meditation 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Arts & Crafts 2:00- Snack and Chat 2:30- Finish the Sayings 3:00- Monthly Birthday Party 4:00- Dinner with Friends 5:00- Evening Programs	26 8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Balloon Volleyball 10:30- Name 5 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Football Social 2:00- Snack and Chat 2:30- Hymn Sing 3:00- Bean Bag Toss 4:00- Dinner with Friends 5:00- Evening Programs
8:30- Chair Yoga 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Prayers and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Hand Massages 2:00- Snack and Chat 2:30- Matching Pairs 3:00- Movie Matinee 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Sit and Stretch 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Fold & Sort 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Roll A Word 2:00- Snack and Chat 2:30- Finish the Lyrics 3:00- Red or Black 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Jazzercise 9:00- Dally Chronicles 9:15- Coffee and Conversation 10:00- Darts 10:30- This goes with That 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- I Spy 3:00- Bowling 4:00- Dinner with Friends 5:00- Evening Programs	8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Parachute Game 10:30- Memory Streets Trivia 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Checkers 2:00- Snack and Chat 2:30- Music & Relaxation 3:00- Riddle me this 4:00- Dinner with Friends 5:00- Evening Programs	419 East Main Street Hendersonville , TN 37075 (615) 264-0779 www.thehearthhendersonville.com www.facebook.com/ thehearthathendersonville	All activities are subject to change based on the needs of the residents *Scenic bus rides every Tuesday Morning See the activity board for evening programs	the hearth premier senior living