

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Balloon Swat! 10:30 Brain Teasers & Trivia 2:00 Craft Corner 3:00 Movie & Popcorn (Play Misty for Me)	2 10:00 Seated Resistance Band Workout 10:30 Brain Boost Nutrition Smoothies 10:30 Wii Bowling Practice 11:00 Tiny Stories 1:30 Hope for the Heart 2:00 Circle of Friends: Scattergories	3 10:00 Putting Green 10:30 Craft Corner 2:00 Mexican Train Dominoes 4:00 Happy Hour!	4 10:00 Relaxing Chair Yoga 10:30 Wii Bowling Practice 11:00 Uno (Canceled due to P/T conference) 2:00 Let's Go Thrifting! 3:30 Nickel Bingo	5 9:30 Coffee Chat!
6 Daylight Saving Ends 2:00 Cards at the Clubhouse!	7 10:00 Ladder Toss 10:30 Crafts for the Bazaar 10:30 Wii Bowling Practice 1:00 #GEN2000 2:00 Uno! 6:15 Friends Supporting Friends group	8 Election Day 10:00 Seated Abba Dance Workout 10:30 Headbanz game 1:00 Pumpkin Pie Taste Test 2:00 Movie Tuesday (Little Women)	9 10:00 Nerf Gun Target Practice 10:30 Craft Corner! 10:30 Wii Bowling Practice 11:00 Jenga! 3:00 Let's Go Shopping! (Location TBA)	10 10:00 Ring Toss 1:30 Charades 3:00 Horse Races! 4:00 Happy Hour!	11 Veterans Day 10:00 Dance Yoga 10:30 Cranking Out Crafts for the Bazaar! 10:30 Wii Bowling Practice 2:00 Veteran's Day Celebration 3:30 Nickel Bingo	12 9:30 Coffee Chat!
13 2:00 Cards at the Clubhouse!	14 10:00 Seated Tai Chi for Seniors w/Aromatherapy 10:30 Crafts! Crafts! Crafts! 10:30 Wii Bowling Practice 2:00 Pickle Taste Test! 6:15 Friends Supporting Friends group	15 10:00 Albany Carousel & Lunch Trip! 2:00 Movie & Popcorn (Grumpy Old Men)	16 10:00 Team Cornhole 10:30 Button Trees (in honor of National Button Day) 10:30 Wii Bowling Practice 1:00 Book Club! 3:00 Let's Go Shopping! (Location TBA)	17 10:00 Richard Simmons Chair Fitness 10:30 Let's Make Butter! 1:30 Let's Play w/Snapchat filters! 3:00 Resident Council Meeting 4:00 Happy Hour!	18 10:00 Frisbee Golf 10:30 Crafts, anyone? 10:30 Wii Bowling Practice 1:30 Friday Flick (The Princess Diaries) 3:30 Nickel Bingo	19 9:30 Coffee Chat! 10:00 Holiday Bazaar!

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20 2:00 Cards at the Clubhouse!	21 10:00 Team Shuffleboard 10:30 Puzzle Time! 10:30 Wii Bowling Practice 2:00 Candy Blackjack 6:15 Friends Supporting Friends group	22 10:00 Catch & Convo Ball Toss 10:30 Guess Who? 2:00 Movie & Popcorn (When Harry Met Sally) 4:00 Putting Range	23 10:00 Senior Strength Training 10:30 Wii Bowling Practice 11:30 Let's Go Out to Lunch! 2:00 Music Makes Memories: Name that 50's Tune! 3:00 Let's Go Shopping! (Location TBA)	24 Thanksgiving Happy Thanksgiving!	25 10:00 Ladder Toss 10:30 Wii Bowling Practice 3:30 Nickel Bingo	26 9:30 Coffee Chat!
27 2:00 Cards at the Clubhouse!	28 10:00 Barre for Seniors! 10:30 Wii Bowling Practice 2:00 Armchair Taste & Travel to Albania! 6:15 Friends Supporting Friends group	29 10:00 Balloon Volleyball 10:30 Anyone want to teach me (and others) how to knit? 2:00 Movie & Popcorn 4:00 Let's go on a brisk walk through the neighborhood & look at leaves!	30 10:00 Penalty Kicks 10:30 Let's Paint Christmas Rocks! 10:30 Wii Bowling Practice 3:00 Let's Go Shopping at Valley River mall!			