

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



		Scalloped potatoes & Ham Chicken ala King Biscuits Corn Peas & carrots Strawberry short cake	Honey glazed Pork Beef tips Baked beans Buttered noodles Broccoli Cauliflower Apple Pie	Chicken cordon bleu Tater tot casserole Parmesan potatoes Green beans Mixed veggies Cinnamon sugar Blondie squares	Baked Tilapia Lemon Basil Chicken Rice Pilaf Country trio Peas & onions Lemon cake	Turkey Tetrzzini Smothered pork Oven fried potatoes Carrots Cauliflower Cherry crisp
Baked Chicken Salisbury steak Mashed potatoes Corn Casserole Peas & Onions Capri veggies Banana Trifle	Stuffed peppers Goulash Garlic Rice Caribbean Blend Country Blend Blue berry pie	Cheeseburger Casserole Glazed Ham Cheesy Potatoes California Blend Brussel Sprouts Chocolate Cake	Smoked Sausage w/ peppers & onions Baked Pizza Pasta Garlic Bread Roast potatoes Caribbean Blend Apple Dump Cake	Pepper Steak Chicken Parmesan Buttered Noodles Garlic rice Green Beans Cauliflower Chocolate Pudding parfait cups	Beef Stroganoff Pork loin w/ Gravy Mashed Potatoes Corn Bread pudding	Cheesy Chicken Casserole Salisbury Steak Fried Potatoes Carrots Broccoli Spice cake
Boiled Pork Tuna Noodles Braised Cabbage Braised Carrots & Potatoes German Chocolate Cake	Baked Glazed Chicken Pulled Pork Mac & Cheese Chuck wagon beans Cauliflower Peach Cobbler	Pork Stir Fry Cabbage Rolls White Rice Egg Rolls Broccoli Brussel Sprouts Lemon Cake	Meatloaf Southwest Chicken Bake Baked Potatoes California Blend Green beans Cherry Chip Cake	Sheppard's Pie Chicken Cordon Bleu Mashed Potatoes Garlic Rice Pilaf Caribbean Blend Mixed Veggie Butterscotch lush	Beef Ravioli Salmon Cakes Au Gratin Potatoes Cheesy Garlic Bread Broccoli Carrots Apple Turn Overs	Mushroom Swiss Burgers Sloppy Joe French Fries Capri Blend Stewed Tomatoes Smores Cake
Lasagna Honey Glazed Pork Hashbrown Casserole Asparagus Country Trio Bread Pudding	ENCHILADAS Beef stew Biscuits Spanish Rice Caribbean Blend Corn Tapioca Pudding Parfaits	Swiss Steak Lemon Basil Chicken Mashed Potatoes Buttered Noodles Green Beans Capri Veg Blend Blue Berry Crisp	Hamburger Chicken Tenders French Fries Carrots Peas & Onions Jell-o Cake	Roast Turkey w/ Gravy Sliced Ham Mashed Potatoes Stuffing Corn Green Bean Casserole Pumpkin Pie Bars	Pulled Pork Baked Tilapia Mac N Cheese Rice Pilaf Country Trio Broccoli Peach Cobbler	Smoked Sausage w/ peppers & onions Chicken a la King Biscuits Roasted Potatoes Capri Veggies Apple Pie
Turkey Tetrzzini Smothered pork Oven fried potatoes Carrots Cauliflower Cherry crisp	Chicken Stir Fry Swedish Meatballs White Rice Buttered Noodles Egg Rolls Brussel Sprouts Lemon Cake	Sheppard's Pie Chicken Cordon Bleu Mashed Potatoes Garlic Rice Pilaf Caribbean Blend Country Trip Butterscotch lush	Smothered Pork Tuna Noodles Boiled Potatoes Peas & Onions Carrots Apple Turn Overs	November 2022 LUNCH		

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



		Shepherd's pie 1 Bread & Butter Minestrone Soup Caribbean Blend Tuna Salad Sand. Pears Strawberry Shortcake	Tuna & Noodles 2 Dinner Roll French Onion Soup Peas & Onions Ham Sandwich Applesauce Lemon Bars	Sloppy Joe/ Bun 3 Potato Salad Baked Potato Soup California Blend Egg Salad Sandwich Tropical Fruit Banana Bar	BBQ Riblet on Bun 4 French Fries Creamy Chicken Soup Caribbean Blend Ham Salad Sandwich Pineapple Chunks Coconut Cream Pie	Meatloaf 5 Mac N' Cheese Broccoli Tomato Soup Chicken Salad Sand Mandarin Oranges Cookies
Chicken Wrap 6 Broccoli Cheddar Rice Cheesy Cauliflower Turkey Sandwich Fruit Cocktail Apple Pie	Taco Casserole 7 Corn Beef Vegetable Soup Bologna Sandwich Peaches Mandarin Orange Cake	Chicken Stir Fry 8 Steamed Rice Ham & Bean Soup Tuna Salad Sandwich Pears Cinnamon Sugar Blondies	Swedish Meatballs 9 Buttered Noodles Stewed Tomatoes Cauliflower Cheese Soup Ham Sandwich Applesauce Cherry Cheesecake	Assorted Pizza's 10 Spring Salad Potato Chips Cabbage Soup Drumsticks	Sub Sandwich 11 Potato Salad French Onion Soup Asparagus Chicken Salad Sand. Mandarin Oranges Banana Cake	Beef Tips 12 Buttered Noodles Chili Green Beans Turkey Sandwich Fruit Cocktail Chocolate Cream Pie
Lasagna 13 Garlic Bread Caribbean Blend Chicken Noodle Soup Tuna Salad Sandwich Pears Cherry Bar	Salisbury Steak 14 Mashed Potatoes Peas & Onions Ham Sandwich Cream of Mushroom Soup Applesauce Pumpkin Bar	Scallop Potato & Ham 15 Tomato Basil Soup Capri Veg Egg Salad Sandwich Tropical Fruit Red Velvet Cake	Spaghetti & Meat-Sauce 16 Bread & Butter Cali Blend Veg Beef Barley Soup Ham Salad Sandwich Pineapple Chunks Rice Krispy Bar	Open Face Hot Bee Sandwich 17 Mashed Potato/Gravy Broccoli Chicken Salad Sand. French Onion Soup Mandarin Oranges Apple Crisp	Soft Taco 18 Spanish Rice Stuffed Pepper Soup Cauliflower Turkey Sandwich Fruit Cocktail Strawberry Cake	Stuffed Peppers 19 Capri Blend Chicken & Dumpling Soup Tuna Salad Sandwich Pears Jell-o Cake
Smoked Sausage 20 German Potato Salad Cream of Mushroom Soup Carrots Ham Sandwich Applesauce Cherry Cris	Sloppy Joe's 21 Potato Chips Corn Baked Potato Soup Egg Salad Sandwich Tropical Fruit Chocolate Cake	Turkey Wrap 22 Rice Pilaf Tomato Soup Broccoli salad Chicken Salad Sand. Mandarin Oranges Lemon Bars	Bratwurst/Kraut 23 Potato Salad Braised cabbage Chicken & Dumpling Soup Ham Salad Sandwich Pineapple Chunks Cherry Cha- Cha	Assorted Pizza's 24 Summer Pasta Potato chips Beef & Shroom Soup Drumsticks	Tater Tot Casserole 25 Dinner Roll Cream of Chicken Soup Peas & Onions Egg Salad Sandwich Tropical Fruit Blueberry Pie	Pasta & Meatballs 26 Bread & Butter Caribbean Blend Beef Barley Soup Ham Salad Sandwich Pineapple Chunks Rice Krispy Bar
Open Face Hot Bee 27 Mashed Potato/Gravy Country Trio Chicken Salad Sand. French Onion Soup Mandarin Oranges Apple Crisp	Meatloaf 28 Mac N' Cheese Corn Chicken Rice Soup Chicken Salad Sand Mandarin Oranges Cookies	Chicken & Biscuits 29 Broccoli Cheese Soup Ham Salad Sandwich Pineapple Chunks Apple Turnovers	Maid Rites on Bun 30 Loaded Potato salad Caribbean Blend Zuppa Toscana Soup Turkey Sandwich Fruit Cocktail Blueberry Cheesecake	<h1>November 2022</h1> <h2>SUPPER</h2>		