

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments</p>	<p>M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>1</p> <p>V 9:45 Chair Yoga - AR L 10:30 News & Coffee - AR O 10:30 El Speedy Vaquero - O S 11:15 Chef's Circle - AR GG 2:00 Bingo V 2:30 Switch Bowling - HCLR M 3:15 Name That Golden</p>	<p>2</p> <p>V 9:45 Jazzercise L 10:30 News & Coffee - AR A 2:00 Artisans Class - AR GG 4:00 Recall Card Game - AR</p>	<p>3</p> <p>O 9:00 Dollar Tree - O V 9:45 Trilogy Fit - AR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR K 3:30 Jeopardy - ALSR</p>	<p>4</p> <p>V 9:45 Morning Stretches - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Candy Happy Hour - DR</p>	<p>5</p> <p>L 10:30 News & Coffee - AR M 1:30 Musical Trivia- AR GG 2:00 Bingo - HCDR A 4:00 Color Your World- AR</p>
<p>6 Daylight Saving Ends</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR I 2:00 Worship Hymns - AR A 3:00 Expressive Art - AR</p>	<p>7</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Muffin Bites - AR S 3:30 Inspired Living Committee - AR</p>	<p>8 Election Day</p> <p>V 9:45 Chair Yoga - AR L 10:30 News & Coffee - AR O 10:30 Raising Cane's - O S 11:15 Chef's Circle - AR V 2:00 Bowling - HCLR GF 3:00 Table Talk - AR M 3:15 Name That Golden Oldie - AR</p>	<p>9</p> <p>V 9:45 Jazzercise L 10:30 News & Coffee - AR A 2:00 Artisans Class - AR GG 4:00 Recall Card Game - AR</p>	<p>10</p> <p>O 9:30 Walmart - Outing V 9:45 Trilogy Fit - AR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR K 3:30 Jeopardy - ALSR</p>	<p>11 Veterans Day</p> <p>V 9:45 Morning Stretches - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Veteran's Day Program - HCDR I 3:00 Greeting Card Shop - AR S 4:00 WWII Happy Hour - DR</p>	<p>12</p> <p>L 10:30 News & Coffee - AR M 1:30 Musical Trivia- AR GG 2:00 Bingo - HCDR A 4:00 Color Your World- AR</p>
<p>13</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR A 3:00 Expressive Art - AR I 3:30 Church Service w/ Inez - AR</p>	<p>14</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR S 10:30 Resident Council Meeting - AR GG 1:30 Card Club - ALDR CC 2:30 Caramel Apple Dippers - AR</p>	<p>15</p> <p>V 9:45 Chair Yoga - AR L 10:30 News & Coffee - AR O 10:30 Studabaker's - O S 11:15 Chef's Circle - AR GG 2:00 Bingo - HCDR V 2:30 Switch Bowling - HCLR M 3:15 Name That Golden Oldie - AR</p>	<p>16</p> <p>V 9:45 Jazzercise L 10:30 News & Coffee - AR A 2:00 Artisans Class - AR S 2:00 Resident Birthday Party - HCDR GG 4:00 Recall Card Game - AR</p>	<p>17</p> <p>V 9:45 Trilogy Fit - AR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR K 3:30 Jeopardy - ALSR</p>	<p>18</p> <p>V 9:45 Morning Stretches - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Fast Food Happy Hour - DR</p>	<p>19</p> <p>L 10:30 News & Coffee - AR M 1:30 Musical Trivia- AR GG 2:00 Bingo - HCDR A 4:00 Color Your World- AR</p>
<p>20</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR A 3:00 Expressive Art - AR</p>	<p>21</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Pumpkin Pie Crisp - AR</p>	<p>22</p> <p>V 9:45 Chair Yoga - AR L 10:30 News & Coffee - AR O 10:30 O'Charlie's - O S 11:15 Chef's Circle - AR V 2:00 Bowling - HCLR GF 3:00 Table Talk - AR M 3:15 Name That Golden Oldie - AR</p>	<p>23</p> <p>V 9:45 Jazzercise L 10:30 News & Coffee - AR A 2:00 Artisans Class - AR GG 4:00 Recall Card Game - AR</p>	<p>24 Thanksgiving</p> <p>O 9:00 Bob Evans - Outing V 9:45 Trilogy Fit - AR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR K 3:30 Jeopardy - ALSR</p>	<p>25</p> <p>V 9:45 Morning Stretches - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Turkey Bird Happy Hour - DR</p>	<p>26</p> <p>L 10:30 News & Coffee - AR M 1:30 Musical Trivia- AR GG 2:00 Bingo - HCDR A 4:00 Color Your World- AR</p>
<p>27</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR I 2:00 "Voice of an Angel" - ALDR A 3:00 Expressive Art - AR</p>	<p>28</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Fruit Pizza - AR</p>	<p>29</p> <p>V 9:45 Chair Yoga - AR L 10:30 News & Coffee - AR O 10:30 Apple Bee's - O S 11:15 Chef's Circle - AR V 2:30 Switch Bowling - HCLR M 3:15 Name That Golden Oldie - AR</p>	<p>30</p> <p>V 9:45 Jazzercise L 10:30 News & Coffee - AR A 2:00 Artisans Class - AR GG 4:00 Recall Card Game - AR</p>			

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<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments</p>	<p>M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>1</p> <p>V 9:45 Chair Yoga - AR MM 10:00 Chair Volleyball - HCSR L 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR GG 2:00 Bingo V 2:30 Switch Bowling - HCLR M 3:15 Name That Golden Oldie - AR</p>	<p>2</p> <p>V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - HCLR GG 4:00 Recall Card Game - AR</p>	<p>3</p> <p>O 9:00 Dollar Tree - O V 9:45 Trilogy Fit - AR MM 10:00 Cooks Corner - HCLR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR</p>	<p>4</p> <p>V 9:45 Morning Stretches - AR MM 10:00 Paint by Finger - HCLR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Tail Gate Happy Hour -</p>	<p>5</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR M 12:15 Music Trivia GG 2:00 Bingo</p>
<p>6 Daylight Saving Ends</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR I 2:00 Worship Hymns - AR A 3:00 Expressive Art - AR</p>	<p>7</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Crispy Mozzarella Sticks - AR S 3:30 Inspired Living Committee - AR</p>	<p>8 Election Day</p> <p>V 9:45 Chair Yoga - AR MM 10:00 Chair Volleyball - HCSR L 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR V 2:00 Bowling - HCLR GF 3:00 Table Talk - AR M 3:15 Name That Golden Oldie - AR</p>	<p>9</p> <p>V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - HCLR GG 4:00 Recall Card Game - AR</p>	<p>10</p> <p>O 9:30 Walmart - Outing V 9:45 Trilogy Fit - AR MM 10:00 Cooks Corner - HCLR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR</p>	<p>11 Veterans Day</p> <p>V 9:45 Morning Stretches - AR MM 10:00 Paint by Finger - HCLR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Tail Gate Happy Hour -</p>	<p>12</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR M 12:15 Music Trivia GG 2:00 Bingo</p>
<p>13</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR A 3:00 Expressive Art - AR I 3:30 Church Service w/ Inez - AR</p>	<p>14</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR S 10:30 Resident Council Meeting - AR GG 1:30 Card Club - ALDR CC 2:30 Crispy Mozzarella Sticks - AR</p>	<p>15</p> <p>V 9:45 Chair Yoga - AR MM 10:00 Chair Volleyball - HCSR L 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR GG 2:00 Bingo - HCSR V 2:30 Switch Bowling - HCLR M 3:15 Name That Golden Oldie - AR</p>	<p>16</p> <p>V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - HCLR GG 4:00 Recall Card Game - AR</p>	<p>17</p> <p>V 9:45 Trilogy Fit - AR MM 10:00 Cooks Corner - HCLR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR K 3:30 Jeopardy - ALSR</p>	<p>18</p> <p>V 9:45 Morning Stretches - AR MM 10:00 Paint by Finger - HCLR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Tail Gate Happy Hour -</p>	<p>19</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR M 12:15 Music Trivia GG 2:00 Bingo</p>
<p>20</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR A 3:00 Expressive Art - AR</p>	<p>21</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Crispy Mozzarella Sticks - AR</p>	<p>22</p> <p>V 9:45 Chair Yoga - AR MM 10:00 Chair Volleyball - HCSR L 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR V 2:00 Bowling - HCLR GF 3:00 Table Talk - AR M 3:15 Name That Golden Oldie - AR</p>	<p>23</p> <p>V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - HCLR GG 4:00 Recall Card Game - AR</p>	<p>24 Thanksgiving</p> <p>O 9:00 Bob Evans - Outing V 9:45 Trilogy Fit - AR MM 10:00 Cooks Corner - HCLR L 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR I 3:00 Relax, Renew, Refresh - AR</p>	<p>25</p> <p>V 9:45 Morning Stretches - AR MM 10:00 Paint by Finger - HCLR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Tail Gate Happy Hour -</p>	<p>26</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR M 12:15 Music Trivia GG 2:00 Bingo</p>
<p>27</p> <p>MM 9:00 Morning Greetings - Halls L 10:30 News & Coffee - AR I 2:00 "Voice of an Angel" - ALDR A 3:00 Expressive Art - AR</p>	<p>28</p> <p>V 9:45 Sittercize - AR L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Crispy Mozzarella Sticks - AR</p>	<p>29</p> <p>V 9:45 Chair Yoga - AR MM 10:00 Chair Volleyball - HCSR L 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR V 2:30 Switch Bowling - HCLR M 3:15 Name That Golden Oldie - AR</p>	<p>30</p> <p>V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - HCLR GG 4:00 Recall Card Game - AR</p>	<p>Upcoming Events: 9/5 Labor Day 9/8 Memorial Service 9/14 Campus Retreat 9/18 Sunday Brunch 9/28 TOT: Young's Jersey Dairy</p>	<p>Birthdays: 9/5 Carol Parker 9/9 John Lyons 9/28 Dorothy Burt</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games V - Vitality</p>		<p>1</p> <p>V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Rise and Shine Parfaits 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 Music Trivia</p>	<p>2</p> <p>V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Tropical Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Glue Art M 3:30 Hippy Dance GG 4:00 State Plate Game</p>	<p>3</p> <p>V 9:00 Let's Take A Trip K 9:30 Categories Game CC 10:45 Mother's Pumpkin Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Life Timeline - Creative Writing</p>	<p>4</p> <p>V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 Classic Chocolate Chip Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Partner-Print Painting M 3:30 Happy Hour-Friday</p>	<p>5</p> <p>V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Strawberry Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Art Appreciation - American Gothic M 3:30 Bust a Move</p>
<p>6 Daylight Saving Ends</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Italian Pinwheel Sandwiches w/ Cream Cheese 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Label Collage</p>	<p>7</p> <p>V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Blueberry Oat Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Watercolor Snowman M 3:30 Groovin to Songs with Numbers</p>	<p>8 Election Day</p> <p>V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Apple Yogurt Parfaits 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Fall Leaf Garland M 3:30 Music Trivia GG 4:00 Babbling Brook Word</p>	<p>9</p> <p>V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Chocolate Raspberry Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Paint Pouring M 3:30 Hippy Dance</p>	<p>10</p> <p>V 9:00 Let's Take A Trip K 9:30 Categories Game CC 10:45 Orange Cranberry Bread w/ Glaze 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 To Be - Creative Writing</p>	<p>11 Veterans Day</p> <p>V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 Peanut Butter Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Veterans Day Heart Card M 3:30 Happy Hour-Friday</p>	<p>12</p> <p>V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Apple Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Art Appreciation - Mona Lisa M 3:30 Bust a Move</p>
<p>13</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Sandwich Pinwheel 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Shapes Collage M 3:30 Who Sang it Best GG 4:00 Color Wheel Trivia</p>	<p>14</p> <p>V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Banana Nut Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Watercolor Weaving - Day 1 M 3:30 Groovin to Songs with</p>	<p>15</p> <p>V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Peanut Butter Banana Yogurt Parfaits 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Aromatherapy Balm M 3:30 Music Trivia</p>	<p>16</p> <p>V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Ginger Apricot Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Squeegie Canvas Paint M 3:30 Hippy Dance GG 4:00 State Plate Game</p>	<p>17</p> <p>V 9:00 Let's Take A Trip K 9:30 Categories Game CC 10:45 Apple Praline Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Creative Storytelling - My Favorite Teacher M 3:30 Music That Made</p>	<p>18</p> <p>V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 S'more Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Cut Up Paper Art M 3:30 Happy Hour-Friday GG 4:00 Pin the Tail on the</p>	<p>19</p> <p>V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Blackberry Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Art Appreciation - Renoir M 3:30 Bust a Move</p>
<p>20</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Buffalo Chicken Pinwheels 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Winter Collage M 3:30 Who Sang it Best</p>	<p>21</p> <p>V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Lemon Poppyseed Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Watercolor Weaving - Day 2</p>	<p>22</p> <p>V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Pumpkin Parfait 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Thanksgiving Gratitude Tree M 3:30 Music Trivia</p>	<p>23</p> <p>V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Fresh Fruit Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Thanksgiving Napkin Rings M 3:30 Hippy Dance</p>	<p>24 Thanksgiving</p> <p>V 9:00 Cornucopia Pass K 9:30 Lets Spell Thanksgiving CC 10:45 Thanksgiving Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Thanksgiving Adult Coloring M 3:30 Music That Made</p>	<p>25</p> <p>V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 Birthday Cake Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Abstract Tape Art M 3:30 Happy Hour-Friday GG 4:00 Pin the Tail on the</p>	<p>26</p> <p>V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Tomato Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Chihuly Inspired Glass Art M 3:30 Bust a Move</p>
<p>27</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Cream Cheese Pinwheels w/ Fresh Veggies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Favorite Things Collage</p>	<p>28</p> <p>V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Apple Cinnamon Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Q-Tip Trees M 3:30 Groovin to Songs with</p>	<p>29</p> <p>V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Cheesecake Berry Parfait 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape</p>	<p>30</p> <p>V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Raisin Pecan Oatmeal Cookies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Pipe Cleaner Rose Curls M 3:30 Hippy Dance</p>	<p>Upcoming Events: 9/5 Labor Day 9/8 Memorial Service 9/14 Campus Retreat 9/18 Sunday Brunch 9/28 TOT: Young's Jersey Dairy</p>	<p>Birthdays: 9/6 Betty S. 9/21 Don B.</p>	

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 11/2 - Neyamani J 11/2 - Jessica J 11/4 - Gloria M 11/5 - Kayla S 11/7 - Hazel C 11/7 - Hazel C 11/9 - Marlita T 11/10 - Heather M	Birthdays 11/13 - Angel M 11/14 - Heather H 11/16 - Katelyn G 11/17 - Nancy B 11/26 - Alexzandra L 11/27 - Irene F 11/29 - Barbara P 11/30 - Page C	1 V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Rise and Shine Parfaits 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 Music Trivia	2 V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Tropical Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Glue Art M 3:30 Hippy Dance GG 4:00 State Plate Game	3 V 9:00 Let's Take A Trip K 9:30 Categories Game CC 10:45 Mother's Pumpkin Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Life Timeline - Creative Writing	4 V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 Classic Chocolate Chip Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Partner-Print Painting M 3:30 Happy Hour-Friday	5 V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Strawberry Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Art Appreciation - American Gothic M 3:30 Bust a Move
6 Daylight Saving Ends V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Italian Pinwheel Sandwiches w/ Cream Cheese 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Label Collage	7 V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Blueberry Oat Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Watercolor Snowman M 3:30 Groovin to Songs with Numbers	8 Election Day V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Apple Yogurt Parfaits 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Fall Leaf Garland M 3:30 Music Trivia GG 4:00 Babbling Brook Word	9 V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Chocolate Raspberry Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Paint Pouring M 3:30 Hippy Dance	10 V 9:00 Let's Take A Trip K 9:30 Categories Game CC 10:45 Orange Cranberry Bread w/ Glaze 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 To Be - Creative Writing	11 Veterans Day V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 Peanut Butter Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Veterans Day Heart Card M 3:30 Happy Hour-Friday	12 V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Apple Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Art Appreciation - Mona Lisa M 3:30 Bust a Move
13 V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Sandwich Pinwheel 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Shapes Collage M 3:30 Who Sang it Best GG 4:00 Color Wheel Trivia	14 V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Banana Nut Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Watercolor Weaving - Day 1 M 3:30 Groovin to Songs with	15 V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Peanut Butter Banana Yogurt Parfaits 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Aromatherapy Balm M 3:30 Music Trivia	16 V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Ginger Apricot Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Squeegie Canvas Paint M 3:30 Hippy Dance GG 4:00 State Plate Game	17 V 9:00 Let's Take A Trip K 9:30 Categories Game CC 10:45 Apple Praline Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Creative Storytelling - My Favorite Teacher M 3:30 Music That Made	18 V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 S'more Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Cut Up Paper Art M 3:30 Happy Hour-Friday GG 4:00 Pin the Tail on the	19 V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Blackberry Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Art Appreciation - Renoir M 3:30 Bust a Move
20 V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Buffalo Chicken Pinwheels 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Winter Collage M 3:30 Who Sang it Best	21 V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Lemon Poppyseed Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Watercolor Weaving - Day 2	22 V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Pumpkin Parfait 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Thanksgiving Gratitude Tree M 3:30 Music Trivia	23 V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Fresh Fruit Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Thanksgiving Napkin Rings M 3:30 Hippy Dance	24 Thanksgiving V 9:00 Cornucopia Pass K 9:30 Lets Spell Thanksgiving CC 10:45 Thanksgiving Trail Mix 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Thanksgiving Adult Coloring M 3:30 Music That Made	25 V 9:00 Laughter Yoga K 9:30 Turn-Over CC 10:45 Birthday Cake Cookie 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Abstract Tape Art M 3:30 Happy Hour-Friday GG 4:00 Pin the Tail on the	26 V 9:00 Bandana Dance K 9:30 American Landmarks CC 10:45 Tomato Hand Pies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Chihuly Inspired Glass Art M 3:30 Bust a Move
27 V 9:00 Don't Worry, Be Happy K 9:30 Life Story CC 10:45 Cream Cheese Pinwheels w/ Fresh Veggies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Favorite Things Collage	28 V 9:00 Move It Monday K 9:30 Football Frenzy CC 10:45 Apple Cinnamon Muffins 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Q-Tip Trees M 3:30 Groovin to Songs with	29 V 9:00 Pump It Up K 9:30 Message in a Bottle CC 10:45 Cheesecake Berry Parfait 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape	30 V 9:00 Mindfulness Matters K 9:30 Working with Letters CC 10:45 Raisin Pecan Oatmeal Cookies 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Pipe Cleaner Rose Curls M 3:30 Hippy Dance			

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 2:00 Grab a Book and Read in the Clubhouse	2 11:00 Outing to O'Charley's 3:00 Group Exercise	3 2:00 Grab a Book and Read in the Clubhouse	4 10:00 Monthly Meeting with Donuts 11:00 Group Exercise 1:30 Card Club 4:00 Happy Hour	5 11:00 Exercise with a Friend 2:00 Ice Cream and Games in the Clubhouse
6 Daylight Saving Ends 2:00 Bring your Bible and Read with Friends	7 11:00 Group Exercise 11:30 Silverware Wrapping for Soup Kitchen 12:00 Lunch in the Clubhouse (Order ahead)	8 Election Day 11:00 Group Exercise 1:30 Senior Executive Club 3:00 Bingo with Mia	9 2:00 Bring a Book and Read in the Clubhouse	10 11:00 Group Exercise	11 Veterans Day 1:30 Card Club 4:00 Happy Hour	12 11:00 Exercise with a Friend 2:00 Ice Cream and Games in the Clubhouse
13 2:00 Bring your Bible and Read with Friends	14 11:00 Group Exercise 11:30 Silverware Wrapping for Soup Kitchen 12:00 Lunch in the Clubhouse (Order ahead)	15 2:00 Bring a Book and Read in the Clubhouse	16 11:00 Outing to Cohatch and The Heritage Center 3:00 Group Exercise	17 2:00 Bring a Book and Read in the Clubhouse	18 11:00 Group Exercise 1:30 Card Club 4:00 Happy Hour	19 11:00 Exercise with a Friend 2:00 Ice Cream and Games
20 11:30 Sunday Brunch 2:00 Bring your Bible and Read with Friends	21 11:00 Group Exercise 11:30 Silverware Wrapping for Soup Kitchen 12:00 Lunch in the Clubhouse (Order ahead)	22 11:00 Group Exercise 12:00 Villa Thanksgiving Party 2:00 Thanksgiving Craft	23 2:00 Bring a Book and Read in the Clubhouse	24 Thanksgiving Happy Thanksgiving!	25 1:30 Card Club 4:00 Happy Hour	26 11:00 Exercise with a Friend 2:00 Ice Cream and Games
27 2:00 Bring your Bible and Read with Friends	28 11:00 Group Exercise 11:30 Silverware Wrapping for Soup Kitchen 12:00 Lunch in the Clubhouse (Order ahead) 1:00 Birthday Party	29 2:00 Bring a Book & Read in the Clubhouse	30 11:00 Ridgewood Cafe 3:00 Group Exercise		CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations L - Lifelong Learning O - Out & About S - Signature Events	V - Vitality