

# NOVEMBER 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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Daylight Saving Ends

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Election Day

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Veterans Day

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Thanksgiving

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# NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 11/8 - Amanda R. 11/8 - Amanda R. 11/11 - Shirlene Y. 11/15 - Alvoretta A. 11/15 - Alvoretta A. 11/26 - Linda M. 11/27 - Dorothy B. 11/27 - Kathy H.	<b>Birthdays</b> 11/30 - Jeff F.	<b>1</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>CC</b> 2:00 Ladybug Therapy Dog <b>K</b> 3:30 Bingo <b>O</b> 3:30 Scenic Drive	<b>2</b> <b>K</b> 10:00 Daily Chronicle <b>I</b> 11:00 Bible Study with Linda <b>CC</b> 1:30 Visit from the Clark County Public Library <b>GF</b> 3:30 Wine Down Wednesday	<b>3</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>M</b> 11:00 Music with Mary Ann <b>GG</b> 2:00 Bingo with Sheila! <b>GG</b> 2:00 Bingo! (AR) <b>GF</b> 4:00 Puzzle Party	<b>4</b> <b>K</b> 10:00 Daily Chronicle <b>K</b> 10:00 Daily Chronicle Handout <b>V</b> 11:00 Bingo <b>M</b> 2:00 Happy Hour! <b>GG</b> 3:00 Bingo	<b>5</b> <b>V</b> 10:00 Walking Club <b>K</b> 10:30 Daily Chronicle <b>GG</b> 2:00 Cards, Board Games. or Puzzles with Friends (AR) <b>GF</b> 3:00 BINGO with Donna
<b>6 Daylight Saving Ends</b> <b>I</b> 10:00 Southland Christian Church on ABC Channel 36 <b>K</b> 10:30 Daily Chronicle <b>V</b> 11:00 Walking Club <b>M</b> 2:00 Hymn Sing (Resident Led)	<b>7</b> <b>K</b> 10:00 Daily Chronicle <b>V</b> 10:30 Sit and Be Fit with Nancy <b>L</b> 11:00 Bingo <b>GG</b> 2:00 Watercolor Art with Julia <b>A</b> 3:00 Bingo	<b>8 Election Day</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>CC</b> 2:00 Ladybug Therapy Dog <b>K</b> 3:30 Bingo <b>O</b> 3:30 Scenic Drive	<b>9</b> <b>K</b> 10:00 Daily Chronicle <b>I</b> 11:00 Bible Study with Linda <b>GF</b> 3:30 Wine Down Wednesday	<b>10</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>M</b> 11:00 Music with Mary Ann <b>GG</b> 2:00 Bingo with Leslie! <b>GF</b> 4:00 Puzzle Party	<b>11 Veterans Day</b> <b>K</b> 10:00 Daily Chronicle <b>K</b> 10:00 Daily Chronicle Handout <b>V</b> 11:00 Bingo <b>M</b> 2:00 Happy Hour! <b>GG</b> 3:00 Bingo	<b>12</b> <b>V</b> 10:00 Walking Club <b>K</b> 10:30 Daily Chronicle <b>GG</b> 2:00 Cards, Board Games. or Puzzles with Friends (AR) <b>GF</b> 3:00 BINGO with Donna
<b>13</b> <b>I</b> 10:00 Southland Christian Church on ABC Channel 36 <b>K</b> 10:30 Daily Chronicle <b>V</b> 11:00 Walking Club <b>M</b> 2:00 Hymn Sing (Resident Led)	<b>14</b> <b>K</b> 10:00 Daily Chronicle <b>V</b> 10:30 Sit and Be Fit with Nancy <b>L</b> 11:00 Bingo <b>GG</b> 2:00 Watercolor Art with Julia <b>A</b> 3:00 Bingo	<b>15</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>GF</b> 2:00 Calendar Planning Meeting (LB) <b>CC</b> 2:00 Ladybug Therapy Dog 2:00 Resident Council (Conference Room)	<b>16</b> <b>K</b> 10:00 Daily Chronicle <b>I</b> 11:00 Bible Study with Linda <b>GF</b> 3:30 Wine Down Wednesday	<b>17</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>M</b> 11:00 Music with Mary Ann <b>GG</b> 2:00 Bingo with Sheila! <b>GF</b> 4:00 Puzzle Party	<b>18</b> <b>K</b> 10:00 Daily Chronicle <b>K</b> 10:00 Daily Chronicle Handout <b>V</b> 11:00 Bingo <b>M</b> 2:00 Happy Hour! <b>GG</b> 3:00 Bingo	<b>19</b> <b>V</b> 10:00 Walking Club <b>K</b> 10:30 Daily Chronicle <b>GG</b> 2:00 Cards, Board Games. or Puzzles with Friends (AR) <b>GF</b> 3:00 BINGO with Donna
<b>20</b> <b>I</b> 10:00 Southland Christian Church on ABC Channel 36 <b>K</b> 10:30 Daily Chronicle <b>V</b> 11:00 Walking Club <b>M</b> 2:00 Hymn Sing (Resident Led)	<b>21</b> <b>K</b> 10:00 Daily Chronicle <b>V</b> 10:30 Sit and Be Fit with Nancy <b>L</b> 11:00 Bingo <b>GG</b> 2:00 Watercolor Art with Julia <b>A</b> 3:00 Bingo	<b>22</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>CC</b> 2:00 Ladybug Therapy Dog <b>K</b> 3:30 Bingo <b>O</b> 3:30 Scenic Drive	<b>23</b> <b>K</b> 10:00 Daily Chronicle <b>I</b> 11:00 Bible Study with Linda <b>GF</b> 3:30 Wine Down Wednesday	<b>24 Thanksgiving</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>M</b> 11:00 Music with Mary Ann <b>GG</b> 2:00 Bingo with Leslie! <b>GF</b> 4:00 Puzzle Party	<b>25</b> <b>K</b> 10:00 Daily Chronicle <b>K</b> 10:00 Daily Chronicle Handout <b>V</b> 11:00 Bingo 11:00 Boonesboro Bazaar: The Bingo Buck Stops Here! <b>M</b> 2:00 Happy Hour!	<b>26</b> <b>V</b> 10:00 Walking Club <b>K</b> 10:30 Daily Chronicle <b>GG</b> 2:00 Cards, Board Games. or Puzzles with Friends (AR) <b>GF</b> 3:00 BINGO with Donna
<b>27</b> <b>I</b> 10:00 Southland Christian Church on ABC Channel 36 <b>K</b> 10:30 Daily Chronicle <b>S</b> 11:00 - 1:00 PM Sunday Brunch <b>V</b> 11:00 Walking Club <b>M</b> 2:00 Hymn Sing (Resident Led)	<b>28</b> <b>K</b> 10:00 Daily Chronicle <b>V</b> 10:30 Sit and Be Fit with Nancy <b>L</b> 11:00 Bingo <b>GG</b> 2:00 Watercolor Art with Julia <b>A</b> 3:00 Bingo	<b>29</b> <b>V</b> 9:00 Fitness with Therapy Friends <b>K</b> 10:00 Daily Chronicle <b>CC</b> 2:00 Ladybug Therapy Dog <b>K</b> 3:30 Bingo <b>O</b> 3:30 Scenic Drive	<b>30</b> <b>K</b> 10:00 Daily Chronicle <b>I</b> 11:00 Bible Study with Linda <b>GF</b> 3:30 Wine Down Wednesday	HAPPY HALLOWEEN!!!!!! From Boonesboro Trail	Follow us online: <a href="https://www.facebook.com/Boonesborotrail">Facebook.com/Boonesborotrail</a> <a href="https://twitter.com/boonesborotrail">Twitter@boonesborotrail.com</a>	

# NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>V</b> - Vitality</p>		<p><b>1</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Rise and Shine Parfaits Healthy Hands Relax &amp; Recharge <b>A</b> No Sew Fleece Blankets <b>M</b> Music Trivia <b>GG</b> Babbling Brook Word Game</p>	<p><b>2</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Tropical Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Glue Art <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>	<p><b>3</b></p> <p><b>V</b> Let's Take A Trip <b>K</b> Categories Game <b>CC</b> Mother's Pumpkin Bread Healthy Hands Relax &amp; Recharge <b>A</b> Life Timeline - Creative Writing <b>M</b> Music That Made Movies Famous</p>	<p><b>4</b></p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> Classic Chocolate Chip Cookie Healthy Hands Relax &amp; Recharge <b>A</b> Partner-Print Painting <b>M</b> Happy Hour-Friday <b>GG</b> Pin the Tail on the Bessie</p>	<p><b>5</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Strawberry Hand Pies Healthy Hands Relax &amp; Recharge <b>A</b> Art Appreciation - American Gothic <b>M</b> Bust a Move</p>
<p><b>6</b> Daylight Saving Ends</p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Italian Pinwheel Sandwiches w/ Cream Cheese Healthy Hands Relax &amp; Recharge <b>A</b> Label Collage <b>M</b> Who Sang it Best</p>	<p><b>7</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Blueberry Oat Muffins Healthy Hands Relax &amp; Recharge <b>A</b> Watercolor Snowman <b>M</b> Groovin to Songs with Numbers <b>GG</b> Velcro Catch</p>	<p><b>8</b> Election Day</p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Apple Yogurt Parfaits Healthy Hands Relax &amp; Recharge <b>A</b> Fall Leaf Garland <b>M</b> Music Trivia <b>GG</b> Babbling Brook Word Game</p>	<p><b>9</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Chocolate Raspberry Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Paint Pouring <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>	<p><b>10</b></p> <p><b>V</b> Let's Take A Trip <b>K</b> Categories Game <b>CC</b> Orange Cranberry Bread w/ Glaze Healthy Hands Relax &amp; Recharge <b>A</b> To Be - Creative Writing <b>M</b> Music That Made Movies</p>	<p><b>11</b> Veterans Day</p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> Peanut Butter Cookie Healthy Hands Relax &amp; Recharge <b>A</b> Veterans Day Heart Card <b>M</b> Happy Hour-Friday <b>GG</b> Pin the Tail on the Bessie</p>	<p><b>12</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Apple Hand Pies Healthy Hands Relax &amp; Recharge <b>A</b> Art Appreciation - Mona Lisa <b>M</b> Bust a Move <b>GG</b> Corn Hole</p>
<p><b>13</b></p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Sandwich Pinwheel Healthy Hands Relax &amp; Recharge <b>A</b> Shapes Collage <b>M</b> Who Sang it Best <b>GG</b> Color Wheel Trivia</p>	<p><b>14</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Banana Nut Muffins Healthy Hands Relax &amp; Recharge <b>A</b> Watercolor Weaving - Day 1 <b>M</b> Groovin to Songs with Numbers <b>GG</b> Velcro Catch</p>	<p><b>15</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Peanut Butter Banana Yogurt Parfaits Healthy Hands Relax &amp; Recharge <b>A</b> Aromatherapy Balm <b>M</b> Music Trivia</p>	<p><b>16</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Ginger Apricot Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Squeegie Canvas Paint <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>	<p><b>17</b></p> <p><b>V</b> Let's Take A Trip <b>K</b> Categories Game <b>CC</b> Apple Praline Bread Healthy Hands Relax &amp; Recharge <b>A</b> Creative Storytelling - My Favorite Teacher <b>M</b> Music That Made Movies</p>	<p><b>18</b></p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> S'more Cookie Healthy Hands Relax &amp; Recharge <b>A</b> Cut Up Paper Art <b>M</b> Happy Hour-Friday <b>GG</b> Pin the Tail on the Bessie</p>	<p><b>19</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Blackberry Hand Pies Healthy Hands Relax &amp; Recharge <b>A</b> Art Appreciation - Renoir <b>M</b> Bust a Move <b>GG</b> Corn Hole</p>
<p><b>20</b></p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Buffalo Chicken Pinwheels Healthy Hands Relax &amp; Recharge <b>A</b> Winter Collage <b>M</b> Who Sang it Best <b>GG</b> Color Wheel Trivia</p>	<p><b>21</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Lemon Poppyseed Muffins Healthy Hands Relax &amp; Recharge <b>A</b> Watercolor Weaving - Day 2 <b>M</b> Groovin to Songs with Numbers <b>GG</b> Velcro Catch</p>	<p><b>22</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Pumpkin Parfait Healthy Hands Relax &amp; Recharge <b>A</b> Thanksgiving Gratitude Tree <b>M</b> Music Trivia <b>GG</b> Babbling Brook Word Game</p>	<p><b>23</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Fresh Fruit Bread Healthy Hands Relax &amp; Recharge <b>A</b> Thanksgiving Napkin Rings <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>	<p><b>24</b> Thanksgiving</p> <p><b>V</b> Cornucopia Pass <b>K</b> Lets Spell Thanksgiving <b>CC</b> Thanksgiving Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Thanksgiving Adult Coloring <b>M</b> Music That Made Movies Famous</p>	<p><b>25</b></p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> Birthday Cake Cookie Healthy Hands Relax &amp; Recharge <b>A</b> Abstract Tape Art <b>M</b> Happy Hour-Friday <b>GG</b> Pin the Tail on the Bessie</p>	<p><b>26</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Tomato Hand Pies Healthy Hands Relax &amp; Recharge <b>A</b> Chihuly Inspired Glass Art <b>M</b> Bust a Move <b>GG</b> Corn Hole</p>
<p><b>27</b></p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Cream Cheese Pinwheels w/ Fresh Veggies Healthy Hands Relax &amp; Recharge <b>A</b> Favorite Things Collage <b>M</b> Who Sang it Best</p>	<p><b>28</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Apple Cinnamon Muffins Healthy Hands Relax &amp; Recharge <b>A</b> Q-Tip Trees <b>M</b> Groovin to Songs with Numbers <b>GG</b> Velcro Catch</p>	<p><b>29</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Cheesecake Berry Parfait Healthy Hands Relax &amp; Recharge <b>A</b> Newspaper Winter Landscape <b>M</b> Music Trivia <b>GG</b> Babbling Brook Word Game</p>	<p><b>30</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Raisin Pecan Oatmeal Cookies Healthy Hands Relax &amp; Recharge <b>A</b> Pipe Cleaner Rose Curls <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>			