

# NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>A</b> - Artisans <b>CC</b> - Community Connections <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>JG</b> - Just the Guys <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning	<b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out & About <b>V</b> - Vitality	<b>1</b> <b>K</b> 9:00 What's in the News <b>O</b> 10:00 Walgreens Outing \$ <b>V</b> 10:30 Let's Play Ball, Batter Up <b>M</b> 1:30 Avalon Choir join us for singing! <b>GF</b> 2:30 Social & Snack <b>L</b> 3:00 Remembering	<b>2</b> <b>K</b> 9:00 What's in the News <b>I</b> 10:00 Catholic Mass <b>K</b> 1:30 BINGO <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 Let's Play UNO! <b>GG</b> 6:00 Evening Games: Cards & Board Games	<b>3</b> <b>K</b> 9:00 What's in the News <b>M</b> 10:45 Piano with Erika Hawkins <b>A</b> 1:30 Crafting Club Finish the Autumn Scene <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 EZ Does It Trivia <b>GG</b> 6:00 Evening Games: Cards	<b>4</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>CC</b> 1:30 Inspired Living Committee <b>M</b> 2:00 Happy Hour Music by Vern & Vern, Drinks & Snacks <b>CC</b> 2:30 Travel Voting Board	<b>5</b> <b>K</b> 9:00 What's in the News <b>A</b> 10:00 Adult Coloring <b>V</b> 10:30 Oversize Bowling <b>L</b> 1:30 Saturday Movies Town Square & Ch.2 <b>I</b> 4:00 Inspirational Visit from John
<b>6</b> Daylight Saving Ends <b>K</b> 9:00 What's in the News <b>L</b> 10:00 Our Daily Bread Inspirational Reading <b>I</b> 10:30 Church with Pastor Scott in Town Square <b>M</b> 11:00 Join us in Singing Hymns <b>L</b> 1:30 Sunday Afternoon	<b>7</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>A</b> 1:30 Crafting Club Poppy Pins <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 WWII Trivia	<b>8</b> Election Day <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Let's Play Ball, Batter Up <b>O</b> 10:30 Tate's Place Lunch Outing \$ <b>M</b> 1:30 Avalon Choir join us for singing! <b>GF</b> 2:30 Social & Snack	<b>9</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Hit a Bulls Eye! <b>K</b> 1:30 BINGO <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 Let's Play UNO! <b>GG</b> 6:00 Evening Games: Cards & Board Games	<b>10</b> <b>K</b> 9:00 What's in the News <b>M</b> 10:45 Piano with Erika Hawkins <b>IG</b> 11:45 Just the Guys Lunch Social <b>A</b> 1:30 Crafting Club Thankful Message Door Tags <b>GF</b> 2:30 Social & Snack	<b>11</b> Veterans Day <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>CC</b> 1:30 Veterans Day Program <b>M</b> 2:30 Happy Hour: Patriotic Music by Chad Jones Snacks & Drinks <b>GG</b> 3:30 Group Games: Hangman	<b>12</b> <b>K</b> 9:00 What's in the News <b>A</b> 10:00 Adult Coloring <b>V</b> 10:30 Oversize Bowling <b>L</b> 1:30 Saturday Movies Town Square & Ch.2 <b>I</b> 4:00 Inspirational Visit from John
<b>13</b> <b>K</b> 9:00 What's in the News <b>L</b> 10:00 Our Daily Bread Inspirational Reading <b>I</b> 10:30 Church with Pastor Scott in Town Square <b>M</b> 11:00 Join us in Singing Hymns <b>L</b> 1:30 Sunday Afternoon	<b>14</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>A</b> 1:30 Crafting Club Turkey Pots <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 November IQ	<b>15</b> <b>K</b> 9:00 What's in the News <b>O</b> 10:00 Dollar Tree Outing \$ <b>V</b> 10:30 Let's Play Ball, Batter Up <b>M</b> 1:30 Avalon Choir join us for singing! <b>GF</b> 2:30 Social & Snack <b>L</b> 3:00 Who Am I?	<b>16</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Hit a Bulls Eye! <b>K</b> 1:30 BINGO <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 Let's Play UNO! <b>GG</b> 6:00 Evening Games: Cards & Board Games	<b>17</b> <b>K</b> 9:00 What's in the News <b>M</b> 10:45 Piano with Erika Hawkins <b>A</b> 1:30 Crafting Club Thankful Quilt <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 New England Trivia <b>GG</b> 6:00 Evening Games: Cards	<b>18</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>L</b> 1:30 Travel the World Virtually in 2022 <b>M</b> 2:30 Happy Hour: Harp Music by Debra, Snacks & Drinks <b>GG</b> 3:30 Group Games: Group	<b>19</b> <b>K</b> 9:00 What's in the News <b>A</b> 10:00 Adult Coloring <b>V</b> 10:30 Oversize Bowling <b>L</b> 1:30 Saturday Movies Town Square & Ch.2 <b>I</b> 4:00 Inspirational Visit from John
<b>20</b> <b>K</b> 9:00 What's in the News <b>L</b> 10:00 Our Daily Bread Inspirational Reading <b>I</b> 10:30 Church with Pastor Scott in Town Square <b>M</b> 11:00 Join us in Singing Hymns <b>L</b> 1:30 Sunday Afternoon	<b>21</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>A</b> 1:30 Crafting Club Tassel Pumpkin Decor <b>GF</b> 2:30 Social & Snack <b>L</b> 3:00 Wild Turkey Tale	<b>22</b> <b>K</b> 9:00 What's in the News <b>M</b> 10:45 Piano with Erika Hawkins <b>O</b> 1:30 Around Town Bus Ride <b>GF</b> 3:00 Social & Snack <b>L</b> 3:30 What Am I?	<b>23</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Hit a Bulls Eye! <b>K</b> 1:30 BINGO <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 Let's Play UNO! <b>GG</b> 6:00 Evening Games: Cards & Board Games	<b>24</b> Thanksgiving <b>K</b> 9:00 What's in the News <b>M</b> 10:30 Avalon Choir join us for singing! <b>A</b> 1:30 Crafting Club Turkey & Pumpkin Wood Crafts <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 Jeopardy Trivia	<b>25</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>L</b> 1:30 Resident Council Meeting <b>M</b> 2:30 Happy Hour on the Patio Music by Harley, Drinks & Snacks <b>GG</b> 3:30 Group Games:	<b>26</b> <b>K</b> 9:00 What's in the News <b>A</b> 10:00 Adult Coloring <b>V</b> 10:30 Oversize Bowling <b>L</b> 1:30 Saturday Movies Town Square & Ch.2 <b>I</b> 4:00 Inspirational Visit from John
<b>27</b> <b>K</b> 9:00 What's in the News <b>L</b> 10:00 Our Daily Bread Inspirational Reading <b>I</b> 10:30 Church with Pastor Scott in Town Square <b>M</b> 11:00 Join us in Singing Hymns <b>L</b> 1:30 Sunday Afternoon	<b>28</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Balloon Volleyball <b>A</b> 1:30 Crafting Club Decoupage Holiday Basket <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 Fill in the Simile	<b>29</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Let's Play Ball, Batter Up <b>M</b> 1:30 Avalon Choir join us for singing! <b>GF</b> 2:30 Social & Snack <b>L</b> 3:00 What Am I?	<b>30</b> <b>K</b> 9:00 What's in the News <b>V</b> 10:30 Hit a Bulls Eye! <b>K</b> 1:30 BINGO <b>GF</b> 2:30 Social & Snack <b>K</b> 3:00 Let's Play UNO! <b>GG</b> 6:00 Evening Games: Cards & Board Games	If you are joining us for outings on the bus please note that we encourage you to propel yourself in your wheelchair. Please stop by the office to sign up for any outings listed for the month.		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>V</b> - Vitality</p>		<p><b>1</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Chocolate Cupcakes with Chocolate Frosting and sprinkles Healthy Hands Relax &amp; Recharge <b>A</b> No Sew Fleece Blankets <b>M</b> Music Trivia</p>	<p><b>2</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Popcorn Delight Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Glue Art <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>	<p><b>3</b></p> <p><b>V</b> Let's Take A Trip <b>K</b> Categories Game <b>CC</b> Brownies with Crushed Pretzels Healthy Hands Relax &amp; Recharge <b>A</b> Life Timeline - Creative Writing <b>M</b> Music That Made Movies Famous</p>	<p><b>4</b></p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> Peanut Butter Cookies with Dark Chocolate Chips Healthy Hands Relax &amp; Recharge <b>A</b> Partner-Print Painting <b>M</b> Happy Hour-Friday</p>	<p><b>5</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Chocolate Chip Cookies with extra Chocolate Chips Healthy Hands Relax &amp; Recharge <b>A</b> Art Appreciation - American Gothic</p>
<p><b>6</b> Daylight Saving Ends</p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Oatmeal Cookies with Raisins Healthy Hands Relax &amp; Recharge <b>A</b> Day Light Savings Sun Painting <b>M</b> Who Sang it Best <b>GG</b> Color Wheel Trivia</p>	<p><b>7</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Decorate Sugar Cookies Healthy Hands Relax &amp; Recharge <b>A</b> Watercolor Snowman <b>M</b> Groovin to Songs with Numbers <b>GG</b> Ladder Toss</p>	<p><b>8</b> Election Day</p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Strawberry Cupcakes with Strawberry Frosting and sprinkles Healthy Hands Relax &amp; Recharge <b>A</b> Fall Leaf Garland</p>	<p><b>9</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Peanut Butter Galore Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Pumpkin in the Moonlight Painting <b>M</b> Hippy Dance</p>	<p><b>10</b></p> <p><b>V</b> Let's Take A Trip <b>K</b> Categories Game <b>CC</b> Brownies with Crushed Butterfingers Healthy Hands Relax &amp; Recharge <b>A</b> To Be - Creative Writing <b>M</b> Music That Made Movies</p>	<p><b>11</b> Veterans Day</p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> Peanut Butter Cookies with Walnuts Healthy Hands Relax &amp; Recharge <b>A</b> Veterans Day Heart Card <b>M</b> Happy Hour-Friday</p>	<p><b>12</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Chocolate Chip Cookies with M&amp;Ms Healthy Hands Relax &amp; Recharge <b>A</b> Art Appreciation - Mona Lisa <b>M</b> Bust a Move</p>
<p><b>13</b></p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Oatmeal Cookies with Chocolate Chips Healthy Hands Relax &amp; Recharge <b>A</b> Shapes Collage <b>M</b> Who Sang it Best</p>	<p><b>14</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Decorate Sugar Cookies Healthy Hands Relax &amp; Recharge <b>A</b> Watercolor Weaving - Day 1 <b>M</b> Groovin to Songs with Numbers <b>GG</b> Ladder Toss</p>	<p><b>15</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Vanilla Cupcakes with Vanilla Frosting and Sprinkles Healthy Hands Relax &amp; Recharge <b>A</b> Aromatherapy Balm <b>M</b> Music Trivia</p>	<p><b>16</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> GORP Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Squeegie Canvas Paint <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>	<p><b>17</b></p> <p><b>V</b> Let's Take A Trip <b>K</b> Categories Game <b>CC</b> Brownies with Crushed Walnuts Healthy Hands Relax &amp; Recharge <b>A</b> Creative Storytelling - My Favorite Teacher <b>M</b> Music That Made Movies</p>	<p><b>18</b></p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> Peanut Butter Cookies with Almonds Healthy Hands Relax &amp; Recharge <b>A</b> Cut Up Paper Art <b>M</b> Happy Hour-Friday</p>	<p><b>19</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Chocolate Chip Cookies with Caramel Healthy Hands Relax &amp; Recharge <b>A</b> Art Appreciation - Renoir <b>M</b> Bust a Move</p>
<p><b>20</b></p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Oatmeal Cookie with Caramel Chips Healthy Hands Relax &amp; Recharge <b>A</b> Winter Collage <b>M</b> Who Sang it Best</p>	<p><b>21</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Decorate Sugar Cookies Healthy Hands Relax &amp; Recharge <b>A</b> Watercolor Weaving - Day 2 <b>M</b> Groovin to Songs with Numbers <b>GG</b> Ladder Toss</p>	<p><b>22</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Chocolate cupcakes with vanilla Frosting with sprinkles Healthy Hands Relax &amp; Recharge <b>A</b> Thanksgiving Gratitude Tree <b>M</b> Music Trivia</p>	<p><b>23</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Breakfast Bite Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Thanksgiving Napkin Rings <b>M</b> Hippy Dance <b>GG</b> State Plate Game</p>	<p><b>24</b> Thanksgiving</p> <p><b>V</b> Let's Take A Trip <b>K</b> Categories Game <b>CC</b> Thanksgiving Trail Mix Healthy Hands Relax &amp; Recharge <b>A</b> Thanksgiving Adult Coloring <b>M</b> Music That Made Movies Famous</p>	<p><b>25</b></p> <p><b>V</b> Laughter Yoga <b>K</b> Turn-Over <b>CC</b> Peanut Butter Cookies with Jelly Healthy Hands Relax &amp; Recharge <b>A</b> Abstract Tape Art <b>M</b> Happy Hour-Friday <b>GG</b> Bowling</p>	<p><b>26</b></p> <p><b>V</b> Bandana Dance <b>K</b> American Landmarks <b>CC</b> Chocolate Chip Cookies with Peacans Healthy Hands Relax &amp; Recharge <b>A</b> Pumpkin Painting <b>M</b> Bust a Move</p>
<p><b>27</b></p> <p><b>V</b> Don't Worry, Be Happy <b>K</b> Life Story <b>CC</b> Oatmeal Cookies with Nutella Spread Healthy Hands Relax &amp; Recharge <b>A</b> Favorite Things Collage <b>M</b> Who Sang it Best</p>	<p><b>28</b></p> <p><b>V</b> Move It Monday <b>K</b> Football Frenzy <b>CC</b> Decorate Sugar Cookies Healthy Hands Relax &amp; Recharge <b>A</b> Q-Tip Trees <b>M</b> Groovin to Songs with Numbers <b>GG</b> Ladder Toss</p>	<p><b>29</b></p> <p><b>V</b> Pump It Up <b>K</b> Message in a Bottle <b>CC</b> Birthday Cake Cupcakes with Vanilla Frosting and Sprinkles Healthy Hands Relax &amp; Recharge <b>A</b> Newspaper Winter Landscape <b>M</b> Music Trivia</p>	<p><b>30</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Working with Letters <b>CC</b> Puppy Chow Healthy Hands Relax &amp; Recharge <b>A</b> Pipe Cleaner Rose Curls <b>M</b> Hippy Dance Healthy Hands</p>			