

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Type extra information here. 		9:30 Walking Club 10:00 Bingo 11:00 Church 11:30 Hydration Break 1:00 Word Searches 2:00 Snacks & Drinks	9:30Walking Club 10:00 Word Searches 10:30 Music Speaks 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Bowling 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 11:30 Hydration Break 1:00 Tuscany Travels 2:00 Manicures 3:00 Cards	9:30 Walking Club 10:00 Word Searches 10:30 Music Speaks 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Beach Ball Toss 2:00 Cards	9:30 Life Skills 10:00 Walking Club 1:00 Coloring 3:00 Music Instruments
9:30 Walking Club 10:00 Life Skills 1:00 Popcorn 3:00 Cards Daylight Saving Time Ends	Hair Salon Day 9:30 Life Skills 10:00 Walking Club 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Scenery Drive 3:00 Music Speaks 500 Hall	9:30 Walking Club 10:00 Bingo 11:00 Church 11:30 Hydration Break 1:00 Word Searches 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 10:30 Music Speaks 700 Hall 11:30 Hydration Break 1:00 Coloring & Music 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 10:30 Music Speaks 700 Hall 11:30 Hydration Break 1:00 Coloring & Music 2:00 Drinks & Snacks	Veterans Day Remembrance Day (Canada) 9:30 Walking Club 10:00 Word Searches 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Cards 2:00 Movie/Snacks	9:30 Life Skills 10:00 Walking Skills 1:00 Coloring 3:00 Music Instruments
9:30 Walking Club 10:00 Life Skills 1:00 Bowling 3:00 Cards	Hair Salon Day 9:30 Life Skills 10:00 Walking Club 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Craft 3:00 Music Speaks 500 Hall	9:30 Walking Club 10:00 Bingo 11:00 Church 11:30 Hydration Break 1:00 Word Searches 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 10:30 Music Speaks 700 Hall 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 sticky Catch Game 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 11:30 Hydration Break 1:00 Bowling 2:00 Manicures 3:00 Craft	9:30 Walking Club 10:00 Word Searches 10:30 Music Speaks 11:30 Hydration Break 1:00 Sticky Catch Game 2:00 Bean Bag Toss	9:30 Life Skills 10:00 Walking Club 1:00 Coloring 3:00 Music Instruments
9:30 Walking Club 10:00 Life Skills 1:00 Word Searches 3:00 Cards	Hair Salon Day 9:30 Life Skills 10:00 Walking Club 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Craft 3:00 Music Speaks 500 Hall	9:30 Walking Club 10:00 Bingo 11:00 Church 11:30 Hydration Break 1:00 Word Searches 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Beach Ball Toss 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 11:30 Thanksgiving Feast 2:00 Manicures 3:00 Movie/Snacks Thanksgiving Day (US)	9:30 Walking Club 10:00 Word Searches 10:30 Music Speaks 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Coloring & Music 2:00 Movie/Snacks	9:30 Life Skills 10:00 Walking Club 1:00 Coloring 3:00 Music Instruments
9:30 Walking Club 10:00 Life Skills 1:00 Beach Ball Toss 3:00 Cards	Hair Salon Day 9:30 Life Skills 10:00 Walking Club 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Reading With Trudi 3:00 Music Speaks 500 Hall	9:30 Walking Club 10:00 Bingo 11:00 Church 11:30 Hydration Break 1:00 Word Searches 2:00 Drinks & Snacks	9:30 Walking Club 10:00 Word Searches 10:30 Music Speaks 10:45 Live 2 Be Healthy 11:30 Hydration Break 1:00 Bowling 2:00 Drinks & Snacks	November 2022 Add a title or monthly theme here. 		

Type the name, address, and other information about your community/company here.