

THE POWER OF YES

EVERYDAY, WE GO ABOVE AND BEYOND TO FIND WAYS TO SAY YES WHENEVER POSSIBLE. WE EXUDE COMPASSION AND POSITIVITY, WHICH HAS A CUMULATIVE AND EMPOWERING EFFECT ON EVERYONE AROUND US.

ENTREPRENEURIAL SPIRIT

WE ARE GO-GETTERS WHO ARE NOT BOUND BY INDUSTRY NORMS. WE COMMUNICATE HONESTLY, OPENLY, AND TRANSPARENTLY BOTH INTERNALLY AND EXTERNALLY.

INNOVATION

WE ARE PROBLEM SOLVERS. WE THINK OUTSIDE THE BOX TO PROVIDE SUPERIOR CARE TO RESIDENTS. WE STAY A STEP AHEAD OF OTHERS IN OUR INDUSTRY, WHICH HELPS PROPEL OUR CONTINUED GROWTH.



SIENNA HILLS STAR

NOVEMBER

WELCOME NOVEMBER! WE ARE LOOKING BACK AT ALL THERE IS TO FEEL THANKFUL FOR. WE ARE SURELY BLESSED AT EDENCREST SIENNA HILLS.

IT IS THE TIME OF THE YEAR WHEN THE AIR GETS CRISPIER, AND WE ALL LOOK FORWARD TO SPENDING MORE TIME WITH FAMILY AND FRIENDS.

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LIFE ENRICHMENT UPDATE

HELLO NOVEMBER! OCTOBER WAS FULL OF SPOOKY FUN. WE HAD A PET HALLOWEEN PARADE AND COSTUME CONTEST BIRTHDAY THEME, RESIDENTS AND STAFF ALSO HAD A HALLOWEEN COSTUME CONTEST.

Souper Panini Mondays AT THE BISTRO IS CONTINUING TO GROW AND GOING SO WELL THAT THE MENU IS GROWING!!! WE HAVE ADDED FLATBREAD PIZZA TO THE MENU!!! PERSONALIZE YOUR PIZZA THE WAY YOU LIKE IT! *Souper Panini & Pizza*
Monday & Thursdays

WE LOOK FORWARD TO HAVING SO MUCH TO BE GRATEFUL FOR THIS MONTH. THERE WILL BE A GRATITUDE TREE OUTSIDE THE LIBRARY WINDOWS THAT RESIDENTS AND STAFF CAN WRITE ON A LEAF EVERYDAY OF NOVEMBER WHAT THEY ARE GRATEFUL FOR.

WE HAVE PLANNED A SCENIC RIDE FOR OUR MEMORY CARE RESIDENTS TO GO OUT AND ENJOY THE FALL LEAVES, VETERANS WILL HAVE A LUNCHEON, LIFE ENRICHMENT WILL HOST A THANKSGIVING LUNCH, BAKING CLUB WILL BAKE PIES, TOM HOFER ENTERTAINMENT WILL BE BACK FOR SOME MORE MUSIC AT THE BAR, GAMING CORNER AND BOOK CLUB HAS BEEN ADDED TO THE WEEKENDS.

IF YOU HAVE ANY QUESTIONS OR WOULD LIKE TO DONATE TO OUR LIFE ENRICHMENT DEPARTMENT PLEASE REACH OUT TO: LIFEENRICHMENTSH@EDENCRESTLIVING.COM

Happy November!

*~ November is the
month to remind us to
be thankful for the
many positive things
happening in our life. ~*

NOVEMBER WORD SEARCH

Thanksgiving

R	I	E	S	B	H	W	R	Z	Y	S	H	F	U	G
S	F	T	S	E	V	R	A	H	C	H	C	Z	N	G
I	E	D	U	T	I	T	A	R	G	A	R	N	N	M
T	G	E	C	B	A	R	K	D	N	R	I	O	B	K
H	M	T	E	S	F	M	R	R	I	I	B	V	D	R
A	T	G	R	E	E	N	B	E	A	N	S	E	Z	G
N	C	H	G	Y	H	Q	M	S	B	G	I	M	I	Y
K	P	B	U	A	V	L	Z	S	B	N	S	B	M	P
S	N	L	P	R	T	A	I	I	H	C	A	E	I	C
G	U	I	F	U	S	H	R	N	Y	E	K	R	U	T
I	X	H	A	M	M	D	E	G	R	N	P	W	C	B
V	H	J	M	A	N	P	A	R	A	D	E	R	N	Q
I	O	X	I	X	V	W	K	Y	S	L	Z	H	M	B
N	G	U	L	J	Y	G	N	I	F	F	U	T	S	R
G	V	P	Y	T	N	U	O	B	N	R	N	U	E	W

BOUNTY
CRANBERRIES
DRESSING
FAMILY
GATHER
GRATITUDE
GRAVY

GREEN BEANS
HAM
HARVEST
NOVEMBER
PARADE
PIE
PUMPKIN

SHARING
STUFFING
THANKSGIVING
THURSDAY
TURKEY



COMMUNITY UPDATES

Happy Birthday

PAT R 11/1
KEVIN B 11/13
PAT W 11/13
LINDA B 11/24
GAY H 11/25



NOVEMBER HIGHLIGHTS

NOVEMBER 1 RESIDENT COUNCIL MEETING

NOVEMBER 2 SHOPAHOLICS (TARGET)

NOVEMBER 4 WEAR YOUR FAVORITE JERSEY

NOVEMBER 9 SHOPAHOLICS (ALDI)

NOVEMBER 11 VETERANS DAY

VETERANS LUNCHEON

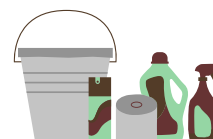
NATIONAL SUNDAE DAY

NOVEMBER 16 SHOPAHOLICS (WALMART)

NOVEMBER 18 CELEBRATING NOVEMBER BIRTHDAY

NOVEMBER 22 TOM HOFER AT THE BAR

NOVEMBER 24 THANKSGIVING



PLEASE REACH OUT TO MELISSA WITH ANY HOUSEKEEPING NEEDS:
HOUSEKEEPINGSH@EDENCESTLIVING.COM



new staff

CULINARY

BEE | COOK

RESIDENT ASSISTANT

WELCOME BACK

LILI J
AQUIRA B
SARA W

LILI J
AQUIRA B
SARA W

DIRECTORS CORNER

LOTS OF CHANGES STILL HAPPENING HERE AT EDENCREST SIENA HILLS. A NEW NURSE WILL BE JOINING THE TEAM TOWARDS THE END OF THE MONTH TO THE START OF NEXT MONTH. WE ARE EXCITED TO HAVE HER JOIN THE TEAM AND HELP BRING CHANGE.

THIS MONTH BROUGHT THE CHANGE IN MASK POLICY YOU WILL START TO NOTICE OUR EMPLOYEES WALKING AROUND WITHOUT MASK ON AGAIN, A SIGN THAT WE MAY BE RETURNING TO A NORMAL ROUTINE. WE HAVE HIRED SEVERAL NEW RESIDENT AIDES (RAS) TO HELP BOLSTER THE ALREADY GREAT LIST OF RAS THAT WE ALREADY HAVE.

WE HAVE ALSO HIRED A NEW COOK HER NAME IS BEA AND SHE IS REALLY GROWING INTO HER POSITION, WE FEEL LUCKY TO HAVE HER ONBOARD.

WE CONTINUE TO GROW BY ADDING NEW EMPLOYEES AND NEW RESIDENTS TO THE COMMUNITY. SIENA HILLS HAS BEEN REALLY LUCKY WITH THE NEW ADDS TO WHAT WAS ALREADY A GREAT COMMUNITY.

I HOPE TO CONTINUE TO SEE SO MUCH ACTIVITY FROM EVERYONE IN THIS COMMUNITY. BINGO, TO FOOTBALL GAMES WE ARE LUCKY TO HAVE ALL OF YOU TAKING AN ACTIVE ROLE IN THE EVENTS AROUND HERE. I KNOW THAT I FEEL VERY LUCKY TO BE HERE.

LOOKING BACK



LOOKING BACK



NURSES NOOK

IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU

THE BEST WAY TO STOP THE SPREAD OF COLDS/FLU IS TO:

- COVER YOUR MOUTH WITH COUGH USING YOUR ELBOW
- HAND WASHING
- STAY HOME IF YOU HAVE A FEVER

A HISTORY OF VETERANS DAY



Honoring Those Who Have Served November 11th is a special day. It's a special day for those who have proudly served our country. It's a special day for their families. We seek to honor all our veterans and their spouses and families this year, and thank them sincerely for their proud service and the difference they've made for each of us. From the bottom of our hearts, thank you.

A National Holiday

Veterans Day actually originated as "Armistice Day" on November 11th, 1919. That day marks the anniversary of the ending of World War I. Congress passed a resolution in 1926 marking an annual observance, and then November 11th became a national holiday in 1938. Unlike Memorial Day, the Veterans Day holiday pays tribute to all American veterans— living and dead— but gives special thanks to living veterans who served our country honorably during war or peacetime.



LOOKING BACK

