

# NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CD</b> - Clinical Distinction <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>JG</b> - Just the Guys</p>	<p><b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p><b>1</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>A</b> 1:30 crafty creations</p>	<p><b>2</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 gratitude circle (with Holly) <b>S</b> 10:30 Chef circle <b>GG</b> 2:00 Bingo</p>	<p><b>3</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>M</b> 11:30 name that tune</p>	<p><b>4</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>CD</b> 10:30 Nails by Clenda (spa day) <b>A</b> 11:00 fall crafty creations <b>M</b> 3:00 Happy Hour -special performance by Frank</p>	<p><b>5</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 R&amp;T Ministries <b>CC</b> 1:30 The Ladies in RED <b>GG</b> 2:00 BINGO <b>K</b> 3:00 Fireplace chat</p>
<p><b>6</b> Daylight Saving Ends</p> <p><b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 11:00 Sunday Worship <b>K</b> 2:00 movie and popcorn <b>JG</b> 3:00 just guys WHAT HAPPEN INTHE YEAR 1960</p>	<p><b>7</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:30 Bible Study W/Sue <b>S</b> 10:30 RESIDENT COUNCIL <b>CC</b> 1:30 creative cooking <b>MM</b> 3:00 Hand Massages</p>	<p><b>8</b> Election Day</p> <p><b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>O</b> 1:30 Scenic Ride <b>A</b> 1:30 crafty creations</p>	<p><b>9</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 gratitude circle (with Holly) <b>S</b> 10:30 Chef circle <b>GF</b> 10:30 Christina's traveling Tea</p>	<p><b>10</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>M</b> 10:00 Crosswords &amp; puzzles <b>O</b> 2:00 WALMART RSVP</p>	<p><b>11</b> Veterans Day</p> <p><b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>GF</b> 11:00 Veterans Luncheon rsvp <b>A</b> 11:30 Fall crafty creations <b>M</b> 3:00 Happy Hour -Greg Bacon</p>	<p><b>12</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>GG</b> 2:00 BINGO <b>K</b> 3:00 Fireplace chat</p>
<p><b>13</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 11:00 Sunday Worship <b>K</b> 2:00 movie and popcorn</p>	<p><b>14</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:30 Bible Study W/Sue <b>CC</b> 1:30 creative cooking <b>MM</b> 3:00 Hand Massages</p>	<p><b>15</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>O</b> 1:30 Shelbyville Casino <b>A</b> 1:30 crafty creations</p>	<p><b>16</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 gratitude circle (with Holly) <b>S</b> 10:30 Chef circle <b>JG</b> 11:00 JUST GUYS (WHAT KINDA CAR IS THAT)</p>	<p><b>17</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>O</b> 2:00 Walmart</p>	<p><b>18</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>A</b> 11:30 crafty creations <b>M</b> 3:00 Happy Hour -Greg Bacon</p>	<p><b>19</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 R&amp;T Ministries <b>GG</b> 2:00 BINGO <b>K</b> 3:00 Fireplace chat</p>
<p><b>20</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>S</b> 11:00 SUNDAY BRUNCH 11AM-1PM RSVP <b>I</b> 11:00 Sunday Worship <b>K</b> 2:00 movie and popcorn</p>	<p><b>21</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:30 Bible Study W/Sue <b>CC</b> 1:30 creative cooking <b>MM</b> 3:00 Hand Massages</p>	<p><b>22</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>A</b> 1:30 crafty creations</p>	<p><b>23</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 gratitude circle (with Holly) <b>S</b> 10:30 Chef circle <b>O</b> 2:00 DOLLAR TREE</p>	<p><b>24</b> Thanksgiving</p> <p><b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>S</b> 2:00 LADIES IN RED</p>	<p><b>25</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>A</b> 11:30 crafty creations <b>M</b> 3:00 Happy Hour -</p>	<p><b>26</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>K</b> 10:00 Coffee and News-*LR <b>GG</b> 2:00 BINGO <b>K</b> 3:00 Fireplace chat</p>
<p><b>27</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 11:00 Sunday Worship <b>K</b> 2:00 movie and popcorn</p>	<p><b>28</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:30 Bible Study W/Sue <b>CC</b> 1:30 creative cooking <b>MM</b> 3:00 Hand Massages</p>	<p><b>29</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>O</b> 12:00 STEAK AND SHAKE <b>A</b> 1:30 crafty creations</p>	<p><b>30</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 gratitude circle (with Holly) <b>S</b> 10:30 Chef circle <b>GG</b> 2:00 Bingo</p>			

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<p><b>6</b> Daylight Saving Ends</p> <p><b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 11:00 Sunday Worship <b>K</b> 2:00 movie and popcorn <b>JG</b> 3:00 just guys WHAT HAPPEN IN THE YEAR 1960</p>	<p><b>7</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:30 Bible Study W/Sue <b>CC</b> 1:30 creative cooking <b>MM</b> 5:00 SENSE OF SMELL</p>	<p><b>8</b> Election Day</p> <p><b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>O</b> 1:30 Scenic Ride <b>A</b> 1:30 crafty creations <b>MM</b> 2:30 Mindful Moments <b>MM</b> 5:00 SENSE OF SMELL</p>	<p><b>9</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 gratitude circle (with Holly) <b>GF</b> 10:30 Christina's traveling Tea <b>GG</b> 2:00 Bingo</p>	<p><b>10</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>M</b> 10:00 Crosswords &amp; puzzles <b>CD</b> 2:00 Nail care <b>O</b> 2:00 WALMART RSVP <b>MM</b> 5:00 SENSE OF SMELL</p>	<p><b>11</b> Veterans Day</p> <p><b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>GF</b> 11:00 Veterans Luncheon rsvp <b>A</b> 11:30 Fall crafty creations <b>M</b> 3:00 Happy Hour -Greg Bacon</p>	<p><b>12</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>MM</b> 11:00 mindful moments (sense of smell) <b>GG</b> 2:00 BINGO <b>K</b> 3:00 Fireplace chat <b>MM</b> 5:00 SENSE OF SMELL</p>
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<p><b>27</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 11:00 Sunday Worship <b>K</b> 2:00 movie and popcorn <b>JG</b> 2:30 just guys <b>MM</b> 5:00 SENSE OF SMELL</p>	<p><b>28</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:30 Bible Study W/Sue <b>CC</b> 1:30 creative cooking <b>MM</b> 5:00 SENSE OF SMELL</p>	<p><b>29</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>O</b> 12:00 STEAK AND SHAKE <b>A</b> 1:30 crafty creations <b>MM</b> 2:30 Mindful Moments <b>MM</b> 5:00 SENSE OF SMELL</p>	<p><b>30</b> <b>L</b> 9:00 Chronicles-Room Visits &amp; discussion <b>V</b> 9:30 CHAIR EXERCISE <b>I</b> 10:00 gratitude circle (with Holly) <b>GG</b> 2:00 Bingo <b>MM</b> 5:00 SENSE OF SMELL</p>			