## NOVEMBER V-A-X the sea when the





| SUNDAY                                                                          | MONDAY                                                                                                                                       | TUESDAY                                                                                                          | WEDNESDAY                                                                                 | THURSDAY                                                                                      | FRIDAY                                                                                                                    | SATURDAY                                                                                               |
|---------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| THE EX                                                                          | sport to<br>ceptional Care,<br>Extraordinary Living,                                                                                         | <ul> <li>8:00 Coffee Time</li> <li>10:00 Grow Young Fitness</li> <li>11:30 Lunch</li> <li>1:30 Crafts</li> </ul> | 8:00 Coffee Time 2<br>10:00 Live 2B Healthy<br>11:30 Lunch<br>1:30 Mini Golf / 3 Bingo    | 8:00 Coffee Time 3<br>10:00 Grow Young Fitness<br>11:30 Lunch<br>1:00 Shopping Trip           | 8:00 Coffee Social 4<br>10:00 Live 2B Healthy<br>11:30 Lunch<br>1: Bingo/ 3 Country Store                                 | 8:00 Coffee Time 5<br>10:00 Stretches<br>11:30 Lunch<br>1:00 Word Search                               |
| 8:00 Coffee Time 6<br>10:00 Bible Study<br>11:30 Lunch<br>3:00 Church Service   | <ul> <li>8:00 Coffee Time</li> <li>9:30 Live 2B Healthy</li> <li>11:30 Lunch</li> <li>2 Bingo Game</li> </ul>                                | 8:00 Coffee Time 8<br>10:00 Grow Young Fitness<br>11:30 Lunch<br>1:00 Library to Vote                            | 8:00 Coffee Time99:30 Live 2B Healthy111:30 Lunch/ 1:00 Bingo4 to 6 Family Night          | 8:00 Coffee Social <b>10</b><br>10:00 Grow Young Fitness<br>11:30 Lunch<br>1:00 Shopping Trip | <ul> <li>8:00 Coffee Time</li> <li>9:30 Live 2B Healthy</li> <li>11:30 Lunch</li> <li>1 Bingo/ 3 Country Store</li> </ul> | 8:00 Coffee Social <b>12</b><br>10:00 Morning Stretches<br>11:30 Lunch<br>1:00 Free Activity / 3 Relax |
| 8:00 Coffee Time<br>10:00 Bible Study<br>11:30 Lunch<br>3:00 Church Service     | 8:00 Coffee Time       14         9:30 Live 2B Healthy       11:30 Lunch         11:30 Bingo / 3 :00 Crafts       11:30 Bingo / 3 :00 Crafts | 8:00 Coffee Time 15<br>10:00 Grow Young Fitness<br>11:30 Lunch<br>1:00 Bean Bag Game                             | 8:00 Coffee Time 16<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>1:00 Valerie w/ Flute Plays | 8:00 Coffee Time <b>17</b><br>10:00 Grow Young Fitness<br>11:30 Lunch<br>1:00 Shopping Trip   | 8:00 Coffee Time<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>1 Bingo/ 3 Country Store                                       | 8:00 Coffee Time<br>10:00 Puzzle Time<br>11:30 Lunch<br>1:30 Coloring/ 3 Games                         |
| 8:00 Coffee Time<br>10:00 Bible Study<br>11:30 Lunch<br>3:00 Church Services    | 8:00 Coffee Time 21<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>1:00 Bingo / 3 Bean Bag                                                        | 8:00 Coffee Time 22<br>10:00 Grow Young Fitness<br>11:30 Lunch<br>1:00 Emily Brown Singing                       | 8:00 Coffee Time 23<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>1:30 Bingo / 3 Crafts       | 8:00 Coffee Time 24<br>10:00 Grow Young Fitness<br>11:30 Lunch<br>Thanksgiving Day            | 8:00 Coffee Time 25<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>1 Bingo / 3 Country Store                                   | 8:00 Coffee Time<br>10:00 Stretches<br>11:30 Lunch<br>2: 00 Word Search                                |
| 8:00 Coffee Time<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>3:00 Church Services | 8:00 Coffee Time 28<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>1:30 Bingo/ 3 Yahtzee                                                          | 29<br>8:00 Coffee Time<br>10:00 Grow Young Fitness<br>11:30 Lunch<br>1:30 Crafts/ 3 Card Game                    | 8:00 Coffee Time<br>9:30 Live 2B Healthy<br>11:30 Lunch<br>1:30 Bingo/ 3 Bean Bags        |                                                                                               | Us On Ma                                                                                                                  | in Street                                                                                              |

# Assisted Living ACTIVITY CALENDAR

## NOVEM P A CALL AND A CALL





| SUNDAY                                                                         | MONDAY                                                                                                                          | TUESDAY                                                                                                                        | WEDNESDAY                                                                                                                         | THURSDAY                                                                                                                     | FRIDAY                                                                                                               | SATURDAY                                                                                    |
|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| T Exc                                                                          | port to<br>peptional Care,<br>Extraordinary Living,                                                                             | 10:00 Crafts       1         11:30 Lunch       1         1:30 Make Center Pieces       3:00 Snacks                             | 10:00 Puzzles211:30 Lunch412:30 Live 2B Healthy43 Church Ladies Perform4                                                          | 10:30 Music w/ Laura       3         11:30 Lunch       -         1:30 Bingo       -         3:00 Snacks       -              | 10:00 Painting411:30 Lunch12:30 Live 2B Healthy1:30 Afternoon Activity                                               | 9:00 Coffee Social 5<br>10:00 Daily Perks<br>11:30 Lunch<br>2:00 Free Time                  |
| 10:00 Puzzles611:30 Lunch1:30 Movie w / Popcorn3:00 Coloring                   | 10:00 Table Top Games711:30 Lunch12:30 Live 2B Healthy1 Music w/ Laura                                                          | 10:00 Nail Care       8         11:30 Lunch       1         1:00 Board Games       1         3:00 Snacks       1               | 10:00 Scrabble Game911:30 Lunch712:30 Live 2B Healthy73 Church Ladies Perform7                                                    | 10:00 Crafts       10         10:30 Music w/ Laura       1         11:30 Lunch       1         1:30 Bingo / 3 Snacks       1 | 10:00 VETERAN'S DAY <b>11</b><br>11:30 Lunch<br>12:30 Live 2B Healthy<br>2:00 Activities                             | 9:00 Coffee Social <b>12</b><br>10:00 Coloring<br>11:30 Lunch<br>1:30 Movie w/ Popcorn      |
| 10:00 Game Of Choice 13<br>11:30 Lunch<br>1:30 Game of Choice<br>3:00 Snacks   | 10:00 Nail Cares       14         11:30 Lunch       4         12:30 Live 2B Healthy       4         1:00 Music w/ Laura       4 | 10:00 Craft Activity       15         11:30 Lunch       4         1:30 Pet Therapy w/Liz       5         3:00 Activity       4 | 10:00 Activity1611:30 Lunch12:30 Live 2B Healthy3: Church Ladies Perform                                                          | 10:30 Music w/ Laura1711:30 Lunch1:30 Bingo4 to 6 Family Night                                                               | 10:00 Making Ornaments <sup>8</sup><br>11:30 Lunch<br>12:30 Live 2B Healthy<br>1:30 Turkey Crafts                    | 9:00 Coffee Social<br>10:00 Puzzles<br>11:30 Lunch<br>1:00 Social Drumming                  |
| 9:00 Coffee Social 20<br>10:00 Coloring<br>11:30 Lunch<br>1:30 Game of Choice  | 10:00 Puzzles       21         11:30 Lunch       -         12:30 Live 2B Healthy       -         1:00 Music w/ Laura       -    | 10:00 Daily Perks 22<br>11:30 Lunch<br>1:30 Make Thanksgiving<br>Cutout Cookies/ Frost                                         | <ul> <li>10:00 Connect 4 Game 23</li> <li>11:30 Lunch</li> <li>12:30 Live 2B Healthy</li> <li>3: Church Ladies Perform</li> </ul> | 10:00 Daily Perks2411:30 Lunch1:30 Walk the Halls3:00 Relax                                                                  | 10:00 Activity       25         11:30 Lunch       12:30 Live 2B Healthy         1:30 Bingo/ 3 Snack       1200 Snack | 9:00 Coffee Social <b>26</b><br>10:00 Hallway Walks<br>11:30 Lunch<br>1:30 Movie w/ Popcorn |
| 9:00 Coffee Social 27<br>10:00 Devotions<br>11:30 Lunch<br>1:30 Coloring Pages | 10:00 Puzzle Craft <b>28</b> 11:30 Lunch12:30 Live 2B Healthy1:00 Music w. Laura                                                | 10:00 Craft Activity2911:30 Lunch1:30 Ball Toss Game3:00 Snack Time                                                            | 3010:00 Puzzles11:30 Lunch12:30 Live 2B Healthy3 Church Ladies Perform                                                            |                                                                                                                              | Us On Ma                                                                                                             | in Street                                                                                   |

# Memory Care ACTIVITY CALENDAR

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