Volume 3

1500 1st Ave N Coralville, IA 52241



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Brown Deer Place Issue 12

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## **Contact Information**

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#### Community Relations Coordinator:

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#### **Culinary Coordinator:**

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#### Life Enrichment Coordinator:

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#### Maintenance Coordinator:

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#### **Health Care Coordinator:**

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#### Administrative Assistant

Jillian Begg

Cell: 319-381-2020

## **November Birthdays**

**Ellen Moore November 3rd** 

**Ruth Johnson November 7th** 

**Therese Donahue November 16th** 

**Ron Keefer November 20th** 

**Patricia Wynn November 25th** 

Susan Malecki November 28th



Resident Council Meeting Wednesday November 16th at 12:45PM

# Brown Deer Place Post

RETIREMENT LIVING & MEMORY CARE

### **Look for these October Activities!**

Friay November 4th

Happy Hour w/ Chris Ingram

Sunday November 6th

**DAYLIGHT SAVINGS TIME** 

Sunday November 6th

Harvest City Church Service In Lobby

**Tuesday November 15th** 

Keota Brass Band (L)

Tuesday November 22nd
Brown Deer Thanksgiving











November is National

Alzheimer's Disease

Awareness Month



## Manager

Welcome in the cold, November is here and that means the holidays and snow. For all you Peanut Butter fans November is National Peanut Butter Lover's Month in the USA. What is everyone favorite holiday movie or food you must have or watch during this season? Please continue to bring ideas and solutions to each department to improve where you would like to see improvements. Please take the time and welcome our new HCC to Brown Deer Place





### **Administrative Assistant**

Happy Fall!!! I would like to welcome all the new residents here to Brown Deer Place. Please stop by the front desk and say "Hi" or ask me about anything that you may need And as a reminder to all of our long time residents, although I have taken some time off I am still here to help you all!!!!

Lissian Begg





#### **DESIGNATED ENTRANCE**

for Visitors/Vendors

#### **SCREENING**

Staff screening of Visitors/Vendors Screening tool Temperature, O2 Sat, screening questions

#### COVID-19 Info Postings in

Community

**EDUCATION** 

Residents/Visitor Education-Basic

Frequent cleaning of high touch surfaces and visitation areas

**CLEANING** 

**SURFACES** 

#### **KEY FACTS**

Indoor Visitation MUST be allowed for ALL Residents (regardless of vaccination status of Resident/Visitors, Quarantine, Outbreak)

Visitors/Vendors who have tested positive for COVID-19, have symptoms of COVID-19, or meet the criteria for quarantine should not enter

Visitation is not limited in frequency or length, Advance scheduling is NOT required, No limit to the number of visitors in a group

AVOID large gatherings when physically distancing is not possible

Masks may be removed during visitation in a private apartment, but worn when staff or other residents are present

Assure Seniors First Safety Program is for Cleaning and Disinfecting: <a href="https://">https://</a> www.jaybirdseniorliving.com/seniors-first-safety-program

COVID testing may be offered to Visitors/Vendors but NOT Mandatory

#### **HAND HYGEINE**

Handwashing & Hand sanitizer available

#### LIMIT **MOVEMENT**

**Direct Routes** to/from visit areas

### **PHYSICAL** DISTANCING

**Social Distancing** remain 6ft. from others

#### SOURCE **CONTROL**

Use of a face covering, MUST for Visitors/Vendors Surgical masks provided

## **Life Enrichment Coordinator**

Holy cow I can't believe it already November! We are almost to a new year so it's a perfect time to reflect on the past year and realize all the things you have to be thankful for.

This month is Nation Alzheimer's Awareness month so to play our part as a community we will be decorating our door with purple wreaths to show our support and to educate ourselves and have a better understanding of Alzheimer's, we are welcoming The Alzheimer's Association to come to do an informative lunch & learn, where all family member are welcome to come. Lets do our part and spread awareness and understanding!!

There is lots of fun activities planned for this cold upcoming month so be sure to look at your November Calendar so you don't miss a thing!

Liz Achen

## **Community Relations Coordinator**

November will bring cold weather and cozy days. Brown Deer Place is Thankful for all of our wonderful residents and are happy to welcome more each month. This is month is a good time to reflect on the people we love and care for who around us and be grateful for the many things we have each day. If anyone would be interested in showing the new residents around the community, please let me know. I would ask that you all reflect on when you first came and what that feeling was like. It is always nice to have someone be your partner and introduce you to everyone in your new community.

Stay warm and thankful during this November month!!

"What do you call a running turkey?" "Fast food."

Nich Dolphin



## **Cullinary Coordinator**

Happy November! It's time to give thanks for the things we have had and the things that we have.

Brandon Howard



## Health Coordinator Healthcare Coordinator

Hello Everyone!

My name is Casey, and I am the new Health Care Coordinator at Brown Deer Place. I was the Director of Nursing for long term care and skilled nursing facilities in Muscatine, Iowa for several years, and an ER nurse as well. I love what I do, and my favorite part of this job is being able to meet and establish closer relationships with residents and their families. I like getting to know the people that I care for, and feel that getting input from them and their families is vital to providing excellent care.

I currently reside in Muscatine with my significant other, and we have 4 awesome kids, ages 23, 17, 16, and 15. I also have a fur baby, my husky named Ghost. My kids tease me about having more photos of my dog on my phone than I do of them, and they're not wrong! I Ghost is a handful and can test the most patient of people at times, but I wouldn't change him for the world. Outside of work, I enjoy ice fishing, camping (even in the wintertime), cooking, home remodeling, drawing, and writing.

## **Maintenance Coordinator**

We will soon be hearing our favorite 4-lettered word. SNOW!

With the snowy season fast approaching I wanted to give parking directions for staff, residents and visitors.

When snow is in the forecast I ask that all people try to park cars in the front parking areas. This will ensure that the snow removal crews can clear the back and side parking areas at one time. Then please move cars to the back and sides once they are cleared so the front can be cleaned. If you do not wish to move your own car, I or other staff members can move your car for you. If you want to leave a key at the front desk we will move it for you that way as well. If any questions please contact me, Austin.



Austin Vincent



Help welcome our new neighbors to the Brown Deer community

Sally Myers



Virginia 'Gin' Stone



Donna Himmelreich



National Alzheimer's Disease Awareness Month in November shines a spotlight on the most common form of dementia. There is no cure for this disease that affects nearly 5.4 million Americans, and the number is growing. While the entire month is dedicated to raising awareness about the disease, it also focuses on increasing support for caregivers and sharing available resources.

If you think it only affects seniors, you'd be wrong. Early-onset Alzheimer's targets those under the age of 65. Over time, the disease becomes debilitating because of its progressive nature. Available treatments slow the progression, but there is no cure.

Continuing research requires support and early screening programs. As we increase our knowledge of the disease and improve treatments, early intervention will improve outcomes.

## 10 Signs

Sign 1: Memory loss that affects day-to-day abilities

Sign 2: Difficulty performing familiar tasks

Sign 3: Problems with language

**Sign 4: Disorientation to time and place** 

Sign 5: Impaired judgement

Sign 6: Problems with abstract thinking

Sign 7: Misplacing things

Sign 8: Changes in mood and behavior

Sign 9: Changes in personality

Sign 10: Loss of initiative





## Thanksgiving Word Search

| E | Υ | Α | М | S | N | 0 | W | I | N | G | L | ٧ | L |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | L | I | Н | 0 | L | I | D | Α | Υ | I | L | Α | G |
| F | N | F | N | 0 | ٧ | E | М | В | E | R | Α | С | N |
| ٧ | Ε | Α | Ε | D | I | V | E | Н | N | I | В | Α | I |
| F | 0 | S | С | Р | I | E | R | Α | Α | T | T | T | ٧ |
| C | Α | E | T | T | С | N | R | R | Α | S | 0 | I | I |
| Α | Α | М | T | I | С | Р | N | V | Н | E | 0 | 0 | G |
| F | С | N | I | Р | V | D | Υ | E | Т | V | F | N | S |
| Α | E | I | D | L | С | E | E | S | R | Α | С | I | K |
| L | E | Α | D | L | Υ | Α | K | T | ٧ | E | Α | K | N |
| L | 0 | ٧ | S | E | E | N | R | 0 | Α | L | R | Р | Α |
| S | E | R | E | T | R | S | U | D | ٧ | K | ٧ | M | Н |
| C | E | L | E | В | R | Α | Т | E | S | R | E | U | Т |
| ٧ | Α | N | L | Ε | ٧ | Α | R | Т | ٧ | I | ٧ | Р | L |

**LEAVES** CIDER DINNER **FAMILY** HOLIDAY TRAVEL YAMS **FOOTBALL FEAST** THANKSGIVING TURKEY PIE PUMPKIN CARDS NOVEMBER CELEBRATE CARVE SNOWING VACATION **HARVEST** CANDLES FESTIVE FALL





You will notice different activities on the monthly calendar that will be in different colors

Green– Exercise & Fitness Programs

Purple– Entertainment and highlighted activities for the week

Blue-Birthdays

Red-Resident council meeting

Orange-Religious programs/services



## October Highlights

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