

# NOVEMBER



## Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

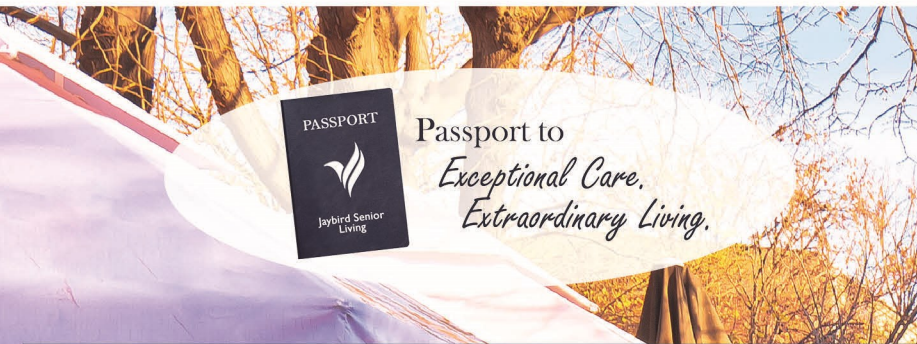
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**Life Writing Month 1**  
9:45 Devotions - Activity Room  
10:15 Porch Talk & Writing Prompt  
**11:15 "Tuesday Girls" Devotions**  
1:15 Trivia: Famous Authors  
**2:15 Live 2 B Healthy w/ Natalie**  
2:30 Nail Spa / 3:15 Coffee & Cards

**Aviation History Month 2**  
9:45 Devotions & Coffee - Bistro  
**10:15 Outing: Red Oak Library**  
1:00 BINGO  
**1:30 Outing: BINGO at RO Rehab**  
2:30 Happy Hour  
3:15 Creative Coloring

**Sandwich Day 3**  
9:45 Devotions - Activity Room  
10:15 Step by Step Fall Painting  
1:00 Trivia: Wheel of Fortune  
**2:15 Live 2 B Healthy w/ Natalie**  
3:15 Learn Kings in the Corner  
Sandwich Day Word Puzzle

**Happy Birthday Joyce! 4**  
9:45 Devotions & Ladies Coffee  
10:15 Step by Step Fall Painting  
11:00 Light & Lively Exercises  
1:00 Dominoes  
**2:15 Outing: Scenic Van Ride**  
3:15 Coffee & Puzzles

**American Football Day 5**  
9:45 Devotion Hand-Out  
10:30 Kings in the Corner  
**1:00 Resident Led BINGO**  
3:15 Coffee Chat  
**TBD Nebraska vs Minnesota**  
**TBD Iowa vs Purdue**

**Daylight Savings Ends 6**  
**Swedish Heritage Day**  
9:45 Devotion Hand Out  
10:30 Word Puzzles  
**2:30 Church w/ Pastor Jenny**  
3:15 Card Games  
**7:20 Chiefs vs Titans**

**Basketball Day 7**  
9:45 Devotions - Activity Room  
10:15 Yahtzee - Bistro  
11:00 Decorate Bball Cupcakes  
1:00 Dominoes - Dining Room  
2:15 Country Store in the Library  
3:15 Coffee & Bball Crossword

**Election Day 8**  
9:45 Devotions - Activity Room  
10:15 Music & Politics  
**11:15 "Tuesday Girls" Devotions**  
1:15 Trivia Remember the Decades  
**2:15 Live 2 B Healthy w/ Natalie**  
2:30 Nail Spa / 3:15 Coffee & Cards

**Turkey Month 9**  
9:45 Devotions & Coffee - Bistro  
**10:30 Guest Speaker: Critter Cass**  
**"Autumn Adventures"**  
1:00 BINGO  
2:30 Happy Hour  
3:15 Creative Coloring

**Marine Corps Day 10**  
9:45 Devotions - Activity Room  
**10:30 Resident Calendar Planning**  
1:00 Trivia: Wheel of Fortune  
**2:15 Live 2 B Healthy w/ Natalie**  
3:15 Learn Kings in the Corner  
Marine Corps B-day Word Search

**Veteran's Day 11**  
9:45 Devotions & Ladies Coffee  
**10:15 Outing: ROHS Veteran's Day Program**  
1:00 Dominoes  
**2:00 Veteran's Day Display & Patriotic Music by Patricia**

**Native American Heritage 12**  
9:45 Devotion Hand-Out  
10:30 Kings in the Corner  
1:00 Native American Books  
3:15 Coffee Chat  
**TBD Nebraska vs Michigan**  
**TBD Iowa vs Wisconsin**

**World Kindness Day 13**  
9:45 Devotion Hand Out  
10:30 Kindness Notes  
**12:00 Chiefs vs Jaguars**  
**2:30 Church w/ Pastor Laurie**  
3:15 Card Games

**Peanut Butter Lover's Month 14**  
9:45 Devotions - Activity Room  
10:15 Yahtzee - Bistro  
11:00 Baking PB Cookies  
1:00 Dominoes - Dining Room  
2:15 Country Store in the Library  
3:15 Coffee & PB Cookies

**Polar Bear Day 15**  
9:45 Devotions - Activity Room  
10:15 Thanksgiving Hymns & History  
**11:15 "Tuesday Girls" Devotions**  
1:15 Trivia: Categories  
**1:45 Culinary Meeting w/ Krista**  
**2:15 Live 2 B Healthy w/ Natalie**  
2:30 Nail Spa / 3:15 Coffee & Cards

**Happy Birthday Elvera 16**  
9:45 Devotions & Coffee - Bistro  
**10:15 Outing: Montgomery County History Center & Lunch Out**  
1:00 BINGO  
2:30 Happy Hour  
3:15 Creative Coloring

**Meet Me on Mainstreet 17**  
**9:00 Roll a Turkey w/ ROCDC**  
9:45 Devotions - Activity Room  
**10:30 Resident Meeting w/ Aubrey**  
1:00 Trivia: Wheel of Fortune  
**2:15 Live 2 B Healthy w/ Natalie**  
3:15 Learn Kings in the Corner  
**6:30 Main Street BINGO Night**

**Mickey Mouse Day 18**  
9:45 Devotions & Ladies Coffee  
**10:15 Outing: Family Dollar**  
11:00 Light & Lively Exercises  
1:00 Dominoes  
**2:30 Live Music: Cori Sings Patsy**  
3:15 Coffee & Puzzles

**Family Volunteer Day 19**  
9:45 Devotion Hand-Out  
10:30 Kings in the Corner  
**1:00 Resident Led BINGO**  
3:15 Coffee Chat  
**TBD Nebraska vs Wisconsin**  
**TBD Iowa vs Minnesota**

**Game & Puzzle Week 20**  
9:45 Devotion Hand Out  
10:30 Board Games & Puzzles  
**2:30 Church w/ Pastor Laurie**  
3:15 Card Games  
**3:25 Chiefs vs Chargers**

**World Television Day 21**  
9:45 Devotions - Activity Room  
10:15 Yahtzee - Bistro  
11:00 Baking Pumpkin Pie  
1:00 Dominoes - Dining Room  
2:15 Country Store in the Library  
3:15 Coffee & TV Trivia

**Model Railroad Month 22**  
9:45 Devotions - Activity Room  
10:15 Family Photo Show & Share  
**11:15 "Tuesday Girls" Devotions**  
1:15 Thanksgiving Trivia  
**2:15 Live 2 B Healthy w/ Natalie**  
2:30 Nail Spa  
3:15 Coffee & Cards

**Cranberry Day 23**  
9:45 Devotions & Coffee - Bistro  
10:15 Craft: Making Cranberry Centerpieces  
1:00 BINGO  
2:30 Cranberry Cocktails Happy Hr  
3:15 Creative Coloring

**Thanksgiving Day 24**  
**8-11:00 Macy's Thanksgiving Day Parade (Parade BINGO available)**  
9:45 Devotion Hand-Out  
11:30 NFL Bills vs Lions  
2:15 'Twas the Night of Thanksgiving Word Search

**Happy Birthday Dick! 25**  
9:45 Devotion Hand-Out & Ladies Coffee  
10:30 Black Friday Word Puzzle  
1:00 Dominoes  
**3:00 Nebraska vs Iowa**  
3:15 Coffee & Puzzles

**Small Business Saturday 26**  
9:45 Devotion Hand-Out  
10:30 Kings in the Corner  
1:00 Puzzles  
3:15 Coffee Chat

**Artist Sunday 27**  
9:45 Devotion Hand Out  
10:30 Famous Artist Scavenger Hunt  
**2:30 Church w/ Pastor Laurie**  
3:15 Card Games  
**3:25 Chiefs vs Rams**

**Gratitude Month 28**  
9:45 Devotions - Activity Room  
10:15 Yahtzee - Bistro  
11:00 Baking Cinnamon Rolls  
1:00 Dominoes - Dining Room  
2:15 Country Store in the Library  
3:15 Coffee & Gratitude Tree

**Square Dance Day 29**  
9:45 Devotions - Activity Room  
10:15 Porch Talk & Share Essays  
**11:15 "Tuesday Girls" Devotions**  
1:15 Trivia: Who Am I?  
**2:15 Live 2 B Healthy w/ Natalie**  
2:30 Nail Spa  
3:15 Coffee & Cards

**Rockefeller Tree Lighting 30**  
9:45 Devotions & Coffee  
10:45 Outing:  
1:30 BINGO  
2:30 Happy Hour  
3:15 Creative Coloring  
**7:00 Christmas in Rockefeller Center on NBC**

Meet Us On Main Street



# NOVEMBER



## Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

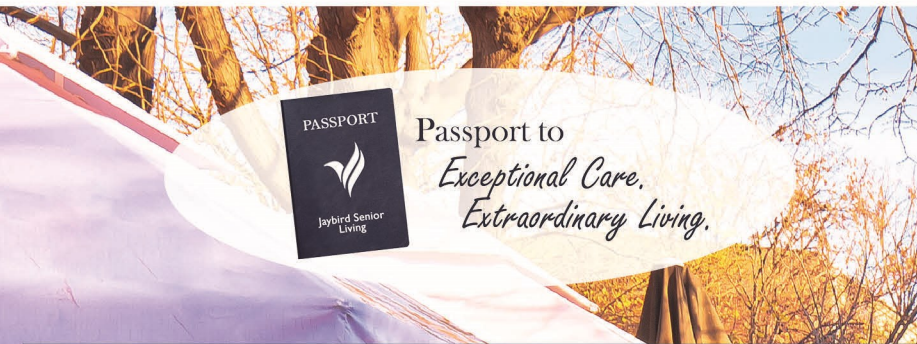
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**Author's Day 1**  
9:00 Devotions  
9:30 Morning Stretch  
10:00 Book: "Remembering Farms"  
11:00 Reminiscent Corner  
1:00 Relaxing Nature Sights & Sounds  
2:00 Light & Lively Exercises  
3:00 Coffee & Discuss & Recall

**Deviled Egg Day 2**  
9:00 Devotions  
9:30 Light & Lively Exercises  
10:00 Book: "Remembering Farms"  
11:00 Making Deviled Eggs  
1:00 Letters to Home  
2:00 Bean Bag Toss Challenge  
3:00 Coffee & Card Games

**Homemaker Day 3**  
9:00 Devotions  
9:30 Morning Stretch  
10:00 Book: "Remembering Farms"  
11:00 Turkey Gourd  
1:00 Letters to Home  
2:00 Light & Lively Exercises  
3:00 Coffee & "This was the Year"

**Candy Day 4**  
9:00 Devotions  
9:30 Fun & Fit Friday  
10:00 Book: "Remembering Farms"  
11:00 Fall Leaf Coloring  
1:00 Music Speaks  
2:00 Nail Spa  
3:00 Coffee & Candy Facts

**American Football Day 5**  
9:30 Piano Music  
10:00 Classic Reruns  
2:00 Magazine Browse  
3:00 Coffee Chat

**Daylight Savings Ends 6**  
9:30 Gospel Music  
10:00 Puzzles  
2:00 Matinee Movie  
3:00 Coffee Chat  
**7:20 Chiefs vs Titans**

**National Fragrance Month 7**  
9:00 Devotions  
9:30 Light & Lively Exercises  
10:00 Book: "Andy Williams"  
11:00 Baking Oatmeal Raisin Cookies  
1:00 Aromatherapy / Hand Massages  
2:00 Warm Up Word Game  
3:00 Coffee Chat & Cookies

**Cappuccino Day 8**  
9:00 Devotions  
9:30 Morning Stretch  
10:00 Book: "Andy Williams"  
11:00 Noodle Ball  
1:00 Relaxing Nature Sights & Sounds  
2:00 Light & Lively Exercises  
3:00 Cappuccino Tasting

**Art Museum Day 9**  
9:00 Devotions  
9:30 Light & Lively Exercises  
10:00 Book: "Andy Williams"  
**11:00 Guest Speaker: Critter Cass**  
1:00 Letters to Home  
2:00 Thanks to You  
3:00 Coffee & UNO

**Marine Corps Day 10**  
9:00 Devotions  
9:30 Morning Stretch  
10:00 Book: "Andy Williams"  
11:00 Marine Corps Word Search  
1:00 Letters to Home  
2:00 Light & Lively Exercises  
3:00 Coffee & Dominoes

**Veteran's Day 11**  
9:00 Devotions  
9:30 Fun & Fit Friday  
10:00 Reading: Patriotic Poems  
11:00 Candy Corn Pinecone  
1:00 Music Speaks  
2:00 Nail Spa  
3:00 Coffee & Navy Scramble

**Native American Heritage 12**  
9:30 Piano Music  
10:00 Classic Reruns  
2:00 Magazine Browse  
3:00 Coffee Chat

**World Kindness Day 13**  
9:30 Gospel Music  
10:00 Puzzles  
**12:00 Chiefs vs Titans**  
2:00 Matinee Movie  
3:00 Coffee Chat

**World Diabetes Day 14**  
9:00 Devotions  
9:30 Chair Aerobics  
10:00 Book: "Porch Talk"  
11:00 Making Sugar Cookie Turkeys  
1:00 Aromatherapy / Hand Massages  
2:00 Chair Yoga  
3:00 Coffee Chat & Turkey Cookies

**Steve Irwin Day 15**  
9:00 Devotions  
9:30 Morning Stretch  
10:00 Book: "Porch Talk"  
11:00 Crocodile vs Alligator  
1:00 Steve Irwin Documentary  
3:00 Coffee & Creative Coloring

**Button Day 16**  
9:00 Devotions  
9:30 Light & Lively Exercises  
10:00 Book: "Porch Talk"  
11:00 Ring Toss  
1:00 Letters to Home  
2:00 Turkey Humor  
3:00 Coffee & Button Pumpkins

**Homemade Bread Day 17**  
9:00 Devotions  
9:30 Baking Bread  
10:00 Book: "Porch Talk"  
11:00 Morning Stretch  
1:00 Letters to Home  
2:00 Dominoes  
3:00 Coffee Chat

**Mickey Mouse Birthday 18**  
9:00 Devotions  
9:30 Fun & Fit Friday  
10:00 Book: "Porch Talk"  
11:00 Pinecone Turkeys  
1:00 Music Speaks  
**2:00 Music with Cori**  
3:00 Coffee & Thanksgiving Favorites

**International Men's Day 19**  
9:30 Piano Music  
10:00 Classic Reruns  
2:00 Magazine Browse  
3:00 Coffee Chat

**World Hello Day 20**  
9:30 Gospel Music  
10:00 Puzzles  
2:00 Matinee Movie  
3:00 Coffee Chat  
**3:25 Chiefs vs Titans**

**Peanut Butter Fudge Day 21**  
9:00 Devotions  
9:30 Chair Yoga  
10:00 Book: "The Thanksgiving Book"  
11:00 Making Peanut Butter Fudge  
1:00 Aromatherapy / Hand Massages  
2:00 Warm Up Word Game  
3:00 Coffee Chat & Fudge

**Go for a Ride Day 22**  
9:00 Devotions  
9:30 Morning Stretch  
**10:15 Scenic Van Ride**  
11:00 Turkey Riddles  
1:00 Relaxing Nature Sights & Sounds  
2:00 Book: "The Thanksgiving Book"  
3:00 Coffee & Dominoes

**Jukebox Day 23**  
9:00 Devotions  
9:30 Light & Lively Exercises  
10:00 Book: "The Thanksgiving Book"  
11:00 Turkey Trivia  
1:00 Letters to Home  
2:00 Jukebox Guess the Tune  
3:00 'Twas the Night of Thanksgiving

**Happy Thanksgiving 24**  
8:00-11 Macy's Day Parade  
11:30 NFL Bills vs Lions  
1:00 Turkey Wordsearch  
3:00 Coffee Chat

**National Parfait Day 25**  
9:00 Devotions  
9:30 Fun & Fit Friday  
10:00 Book: "The Thanksgiving Book"  
11:00 Making Parfaits  
1:00 Music Speaks  
2:00 Nail Spa  
3:00 Coffee & Card Games

**Small Business Saturday 26**  
9:30 Piano Music  
10:00 Classic Reruns  
2:00 Magazine Browse  
3:00 Coffee Chat

**Good Nutrition Month 27**  
9:30 Gospel Music  
10:00 Puzzles  
2:00 Matinee Movie  
3:00 Coffee Chat  
**3:25 Chiefs vs Rams**

**Red Planet Day 28**  
9:00 Devotions  
9:30 Chair Aerobics  
10:00 Book: Holiday Novel  
11:00 Baking Triple Berry Muffins  
1:00 Aromatherapy / Hand Massages  
2:00 Bean Bag Twister  
3:00 Coffee Chat & Muffins

**Lemon Cream Pie Day 29**  
9:00 Devotions  
9:30 Morning Stretch  
10:00 Book: Holiday Novel  
11:00 Turkey Hunt  
1:00 Relaxing Nature Sights & Sounds  
2:00 Light & Lively Exercises  
3:00 Coffee Chat & Dominoes

**Mason Jar Day 30**  
9:00 Devotions  
9:30 Light & Lively Exercises  
10:00 Book: Holiday Novel  
11:00 Balloon Stretch  
1:00 Letters to Home  
2:00 Discuss & Recall: Canning  
3:00 Thanksgiving Would You Rather?

Meet Us On Main Street