

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>9:00 Music and Movement, LC</p> <p>10:00 Library, TC</p> <p>12:30 Afternoon Movie, LR</p> <p>1:00 Novari Primary Care</p> <p>1:30 Snack Break</p> <p>1:30 Scenic Drive with Joy</p>	<p>9:00 ~ 1:30 Hair Salon</p> <p>9:00 Aromatherapy, TC</p> <p>10:00 Color My World, TC</p> <p>1:00 Afternoon Exercise</p> <p>1:30 Music with Randy</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Catholic Prayers</p> <p>1:00 Novari Primary Care</p> <p>1:30 Snack Break</p> <p>2:00 Arm Chair Traveler, LR</p> <p>5:00 Evening Movie</p>	<p>8:30 Meet n' Greet, TC</p> <p>9:00 Morning Exercise, DR</p> <p>10:00 Active Games, DR</p> <p>1:30 Snack Break</p> <p>2:30 Musical Entertainment, LDR</p> <p>5:00 Evening Movie</p>	<p>9:00 Morning Exercise, DR</p> <p>1:00 Balloon Volley Ball</p> <p>1:30 Snack Break</p> <p>2:00 Documentary</p> <p>5:00 Evening Movie</p>
<p>9:00 Morning Exercise, DR</p> <p>10:00 Nail Spa, CS</p> <p>10:30 Bingo, DR</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p> 	<p>9:00 Music and Movement, LC</p> <p>10:00 Library, TC</p> <p>1:30 Snack Break</p> <p>1:30 Music with Larissa, LR</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Library, TC</p> <p>12:30 Art with Barb, DR</p> <p>1:00 Novari Primary Care</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 ~ 1:30 Hair Salon</p> <p>9:00 Aromatherapy, TC</p> <p>10:00 Color My World, TC</p> <p>1:00 Afternoon Exercise</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Catholic Prayers</p> <p>1:00 Novari Primary Care</p> <p>1:30 Snack Break</p> <p>2:00 Arm Chair Traveler, LR</p> <p>5:00 Evening Movie</p>	<p>8:30 Meet n' Greet, TC</p> <p>9:00 Morning Exercise, DR</p> <p>10:00 Active Games, DR</p> <p>1:30 Snack Break</p> <p>2:30 Musical Entertainment, LDR</p> <p>5:00 Evening Movie</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:00 Morning Exercise, DR</p> <p>1:00 Balloon Volley Ball</p> <p>1:30 Snack Break</p> <p>2:00 Documentary</p> <p>5:00 Evening Movie</p>
<p>9:00 Morning Exercise, DR</p> <p>10:00 Nail Spa, CS</p> <p>10:30 Bingo, DR</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Library, TC</p> <p>1:30 Snack Break</p> <p>1:30 Music with Randy, DR</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Library, TC</p> <p>12:30 Reminiscing with Barb, TC</p> <p>1:00 Novari Primary Care</p> <p>1:30 Scenic Drive</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 ~ 1:30 Hair Salon</p> <p>9:00 Aromatherapy, TC</p> <p>10:00 Color My World, TC</p> <p>1:00 Afternoon Exercise</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Catholic Prayers</p> <p>1:00 Novari Primary Care</p> <p>1:00 Strike up the Band, LR</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>8:30 Meet n' Greet, TC</p> <p>9:00 Morning Exercise, DR</p> <p>10:00 Active Games, DR</p> <p>1:30 Snack Break</p> <p>2:30 Musical Entertainment, LDR</p> <p>5:00 Evening Movie</p>	<p>9:00 Morning Exercise, DR</p> <p>1:00 Balloon Volley Ball</p> <p>1:30 Snack Break</p> <p>2:00 Documentary</p> <p>5:00 Evening Movie</p>
<p>9:00 Morning Exercise, DR</p> <p>10:00 Nail Spa, CS</p> <p>10:30 Bingo, DR</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Library, TC</p> <p>1:30 Snack Break</p> <p>1:30 Music with Larissa, LR</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Library, TC</p> <p>12:30 Reminiscing with Barb, TC</p> <p>1:00 Novari Primary Care</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 ~ 1:30 Hair Salon</p> <p>9:00 Aromatherapy, TC</p> <p>10:00 Color My World, TC</p> <p>1:00 Afternoon Exercise</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	 <p>Thanksgiving Day (US)</p>	<p>8:30 Meet n' Greet, TC</p> <p>9:00 Morning Exercise, DR</p> <p>10:00 Active Games, DR</p> <p>1:30 Snack Break</p> <p>2:30 Musical Entertainment, LDR</p> <p>5:00 Evening Movie</p>	<p>9:00 Morning Exercise, DR</p> <p>1:00 Balloon Volley Ball</p> <p>1:30 Snack Break</p> <p>2:00 Documentary</p> <p>5:00 Evening Movie</p>
<p>9:00 Morning Exercise, DR</p> <p>10:00 Nail Spa, CS</p> <p>10:30 Bingo, DR</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>10:00 Sing Along, DR</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 Music and Movement, LC</p> <p>12:30 Reminiscing with Barb, TC</p> <p>1:00 Novari Primary Care</p> <p>1:00 Foot Care, Dr Gorey</p> <p>1:30 Scenic Drive</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	<p>9:00 ~ 1:30 Hair Salon</p> <p>9:00 Aromatherapy, TC</p> <p>10:00 Color My World, TC</p> <p>1:00 Afternoon Exercise</p> <p>1:30 Snack Break</p> <p>5:00 Evening Movie</p>	 <p>November 2022</p> <p>Memory Care</p>		

November 2022
THE MONTHLY GAZETTE

*"November comes and November goes,
With the last red berries and the first white snows."*
~ Elizabeth Coatsworth



Dog of the Month – Golden Retriever

Golden retrievers are well known and admired for having cheerful, exuberant personalities, hard-working natures, endearing smiles, and lovely golden coats. It's no wonder they are one of the most popular dog breeds and are often picked as family pets. They live 10 to 12 years and stand about 24 inches tall. While they are strong and active, they are also very gentle, affectionate, mellow, and snuggly. These highly adaptable, trainable, and eager-to-please pups were originally Scottish hunting dogs, trained to retrieve game. They are smart and do



well as skilled workers, including tracking and locating contraband for police. They also make excellent therapy and service animals. The breed comes in three different shades: golden, dark golden, and light golden. They are also divided into English, Canadian, and American golden retrievers. However, they are all part of the same breed.

Special Days

All Saints' Day
November 1

Book Lovers Day
November 5

Election Day (U.S.)
November 8

Veterans Day (U.S.)
November 11

**Remembrance Day
(Canada)**
November 11

Thanksgiving Day (U.S.)
November 24

Flower – Chrysanthemum



November's birth flower is the chrysanthemum. Commonly called mums, the vibrant perennial is a favorite of gardeners and florists alike. Chryso is Greek for "gold", although mums grow in a variety of shades today, their wild ancestors were a brilliant yellow-gold hue. In addition to their beauty, mums are used for teas, wine, and medicine. Additionally, NASA has found that chrysanthemums planted indoors can clean the air of your home.

Birthstone – Yellow Topaz



Yellow topaz, known as "precious topaz," is November's birthstone. This stone was the symbol of Ra, the Egyptian sun god, because of its golden glow. Topaz was named for the ancient island of Topazos, now known as St. John. A topaz is most commonly found in shades of yellow. However, it also comes in other colors, including blue, red, orange, green, and black. Pure topaz itself is a colorless stone. A gift of a yellow topaz symbolizes friendship and hospitality. Topaz is said to give the wearer strength and mental clarity.



Memory Care

A Great Place to Call Home

Hair Salon

Wednesdays
9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Happy Birthday:
Susan C. 11/13

Special Activities

Scenic Drive with Joy~@1:30 pm

Music with Randy- November 2nd @1:30 PM

Music with Larissa ~November 7th @ 1:30 pm

Art Expression with Barb~ November 8th @ 12:30 pm

Arm Chair Travel~ November 10th @ 2:00 pm

Music with Randy Rogers~ November 14th @ 1:30 pm

Reminiscing with Barb ~November 15th @ 12:30 pm

Scenic Drive with Joy~ November 15th @ 1:30 PM

Strike Up the Band with Barb November 17th @ 12:30 pm

Music with Larissa ~November 21st@ 1:30 pm

November 24th Happy Thanksgiving