





Residents & Team Members

Walt E. 5th

Kay L. 11th

Victoria B. 16th

Amy N. 18th

Carol M. 25th

Grace S. 25th



I am Thankful for YOU!

I am very happy to announce you will be seeing some changes in our Covid 19 virus mitigation precautions. These changes will be based on community transmission levels being in the less than high category. Moving forward, masks will not be mandatory for staff and visitors except when transmission levels increase to the "high" category. Transmission rates are determined by the CDC and will be communicated to you by Clover Ridge when entering the community. We continue to ask for your patience and adhere to basic infection control, social distancing, hand hygiene, and staying home if you are ill. This will protect all of our vulnerable loved ones. Self-screening for symptoms is still required upon entry into our community. This is great news for everyone! Our residents will now get the chance to see our faces, and smiles. Many of our residents have never gotten the chance to see what we look like without a mask covering our faces! If you still prefer to use a mask, Clover Ridge will continue to supply

complimentary masks for staff and visitors to use while in our community! Let's all take a minute and think about what we have to be thankful for in November! Mine is definitely being able to shed our masks!

Amanda Widel, Director







From our Kitchen to you!

Tis the season to be very busy, sometimes we tend to get all caught up in the hubbub and busyness of holiday activities that it is easy to forget to count our blessings. Everyday is a blessing we can share with each other.

Some people focus on family traditions, others just go with the flow of new and trendy ideas. Whichever you like to do, just remember to enjoy each other and count your blessings.

Happy Thanksgiving!

Eat up, Barb Ihrig, Culinary Coordinator

Time Flies When your Having Fun!

Can you believe the year is almost over? With that being said, I want to remind everyone about safety with the winter weather fast approaching. Even a minor slip and fall can cause a major injury to an older adult. As people age, their bones lose elasticity and become more prone to breaking. A slip on an icy step can result in a traumatic brain injury, spine fracture, or a hip fracture. Slip and fall injuries can affect a senior's ability to live independently and care for themselves. There are some interventions that we can do to help keep our loved ones safe. First off, ensuring pathways are clear of snow and debris, regularly wiping up wet floors and throwing out or removing rugs from walkways. Keep frequently used items within reach. Medications, keys, remotes, eyeglasses should be within easy reach. Installing sturdy rails of support for staircases making sure there are no gaps, loose screws, or wiggles if your loved one feels unsteady. Wearing shoes while indoors is often frowned upon but may prevent a slipping risk to seniors. I hope you all stay warm, cozy, and safe during the winter months!

April Minear RN, HealthCare Coordinator



A Time of Thanksgiving

As I put our newsletter together it always takes me longer than expected. As I pull up the photos of the previous months activities and review what may be coming up in the months ahead it takes a lot of time to review each moment captured. This year has been especially important. We, as a team, have been trying to catch those moments, sometimes, I will admit, we get caught up in the moment of life and miss the photo opportunity to share. As I do this, review/preparation process, I am always reminded how much I enjoy the people around me every day and all the moments we get to share. At the same time, this process validates why and what we do every day. The moments created, the life lived, the memories made. They are priceless.

At this time of year as we reflect on what we are most thankful for. I too, am thankful for my family, health, and a place to call home. I am also thankful for all the families I get to be a part of, those that I work for and those that I work with. Every day I learn something new. I am given the opportunity to share in your life and be enriched by those around me.

Thank you all for allowing me this privilege and for being part of my story.

Happy Thanksgiving everyone! Sally Davies,

Community Relations Coordinator

Join us for these programs



Light of Remembrance Service

Thursday, November 17, 2022 6:00 P.M. in the Great Room

Remembering all friends and family who have passed and recognizing the challenges the holiday season may bring.

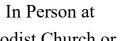
Special acknowledgement of those lost this past year.

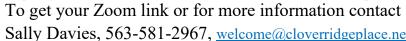
United Methodist Church or Via Zoom

Wesley Dr. Maquoketa, IA

Sally Davies, 563-581-2967, welcome@cloverridgeplace.net









Bellevue - Friday 11-4-22

Shopping at:

Classy Closet & Boutique Classy Closet Liquidation

Hartig Drug & Gifts

Bus leaves CRP 10:30 A.M.

Make a Splash Maquoketa Art Experience Carousel Corner Max Ray Jewelers Mega's

Moore Local

Maquoketa,

Thursday 11-10-22

Bus leaves CRP 10:00 A.M.

Shopping at:



Clover Ridge Place residents will be doing 3 bus shopping trips! We would love to have you join us for shopping and fun.

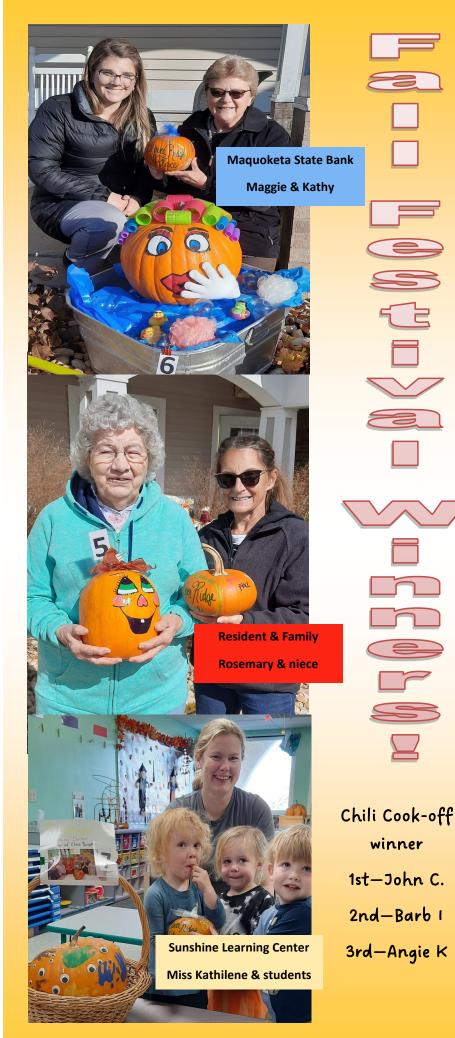
> Preston, Tuesday 11-15-22

Bus leaves CRP 10:30 A.M.

Shopping at:

Homegrown Boutique Hartig Drug & Gifts Downtown Pub Preston Library **Gator Graphics**







"It's all about the people I get to meet every day. I love meeting new people, learning their stories, and offering solutions to situations they





NOVEMBER

Claver Ridge Place

Assisted Living ACTIVITY CALENDAR

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SATURDAY	Morning Walk 9:30 Coffee Hour 10:00 Independent Exercise 1:00 Bingo 5:30 Evening Walk 6:00 Lawrence Welk	Morning Walk 12 9:30 Coffee Hour 10:00 Independent Exercise 1:00 Bingo 5:30 Evening Walk 6:00 Lawrence Welk	Morning Walk 9:30 Coffee Hour 10:00 Independent Exercise 1:00 Bingo 5:30 Evening Walk 6:00 Lawrence Welk	Morning Walk 9:30 Coffee Hour 10:00 Independent Exercise 1:00 Bingo 5:30 Evening Walk 6:00 Lawrence Welk	in Street
FRIDAY	Morning Walk 10:00 Liv 2B Healthy 10:30 - 2:00 Shop Hop- Bellevue 10:45 Country Store Open 3:00 Happy Hour 6:00 Evening Walk	Noterant Day Morning Walk 10:00 Liv 2B Healthy 10:45 Country Store Open 2:00 Presentation of the Flags 3:00 Happy Hour	Morning Walk 10:00 Liv 2B Healthy 10:45 Country Store Open 1:00 Shopping 3:00 Happy Hour 6:00 Evening Walk	Morning Walk 10:00 Liv 2B Healthy 10:45 Country Store Open 1:00 Shopping 3:00 Happy Hour 6:00 Evening Walk	Weet Us On Main Street
THURSDAY	Morning Walk 9:15 Church 10:00 independent Puzzles 1:00 Bus Ride 3:00 Bunker Bingo 6:00 Eveming Walk	Morning Walk 9:15 Church 10:2:00 Shop HopMaquoketa 10:30 Music w/Scott 3:00 Bunker Bingo 6:00 Evening Walk	Morning Walk 9:15 Church 10:00 Drum Exercise 1:00 Bus Ride 3:00 Bunker Bingo 6:00 Light of Remembrance	Morning Walk 9:15 Church 10:00 Drum Exercise 3:00 Bunker Bingo 6:00 Evening Walk	Meet 1
WEDNESDAY	Morning Walk 9:30 Devotions 10:00 Liv 2B Healthy 1:30 Resident Council 2:00 Music w/Helen 3:00 Manicures 6:00 Evening Walk	Morning Walk 9:30 Devotions 10:00 Liv 2B Healthy 1:30 Music w/Janet 3:00 Manicures 6:00 Evening Walk	Morning Walk 9:30 Devotions 10:00 Liv 2B Healthy 1:30 Music w/Ron 3:00 Manicures 6:00 Evening Walk	Morning Walk 9:30 Devotions 10:00 Liv 2B Healthy 2:00 Music w.Todd 2:00 Monthly Birthday Party 3:00 Manicures 6:00 Evening Walk	Morning Walk 9:30 Devotions 10:00 Liv 2B Healthy 1:30 Bingo 3:00 Manicures 6:00 Evening Walk
TUESDAY	Morning Walk 9:30 Bird Bath 11:30-1:00 Brown Bag Lunch 1:30 Root Beer Floats 3:00 Independent Exercise 6:00 Evening Walk	Morning Walk 9:30 Bird Bath 10:00 Rosary 11:30-1:00 Brown Bag Lunch 1:30 Root Beer Floats 3:00 Independent Exercise 6:00 Evening Walk	Morning Walk 9:30 Bird Bath 10:30 2:00 Shop Hop -Preston 1:30 Root Beer Floats 3:00 Independent Exercise 6:00 Evening Walk	Morning Walk 9:30 Bird Bath 11:30-1:00 Brown Bag Lunch 11:30 Root Beer Floats 3:00 Independent Exercise 6:00 Evening Walk	Morning Walk 9:30 Bird Bath 11:30-1:00 Brown Bag Lunch 1:30 Root Beer Floats 3:00 Independent Exercise 6:00 Evening Walk
MONDAY	Passport to Europeins Core, Extraordisary Livra	Morning Walk 9:30 Methodist Communion 10:00 Liv 2B Healthy 10:45 Country Store Open 2:00 Family Feud 3:00 Happy Hour 6:00 Evening Walk	Morning Walk 10:00 Liv 2B Healthy 10:45 Country Store Open 2:00 Word Games 3:00 Happy Hour 6:00 Evening Walk	Morning Walk 10:00 Liv 2B Healthy 10:45 Country Store Open 2:00 Family Feud 3::00 Happy Hour 6:00 Evening Walk	Morning Walk 10:00 Liv 2B Healthy 10:45 Country Store Open 2:00 Word Games 3:00 Happy Hour 6:00 Evening Walk
SUNDAY	Pare Pare	Morning Walk 9:00 KMAQ Lutheran Church 9:30 Coffee Hour 10:15 KMAQ Methodist Church 11:30 Movie Day w/Popcorn 3:00 Coffee & Conversation 6:00 Evening Walk	Morning Walk 9:00 KMAQ Lutheran Church 9:30 Coffee Hour 10:15 KMAQ Methodist Church 11:30 Movie Day w/Popcorn 3:00 Coffee & Conversation 6:00 Evening Walk	Morning Walk 9:00 KMAQ Lutheran Church 9:30 Coffee Hour 10:15 KMAQ Methodist Church 1:30 Movie Day w/Popcorn 3:00 Coffee & Conversation 6:00 Evening Walk	Morning Walk 9:00 KMAQ Lutheran Church 9:30 Coffee Hour 10:15 KMAQ Methodist Church 1:30 Movie Day w/Popcorn 3:00 Coffee & Conversation 6:00 Evening Walk



MONDAY

TUESDAY 9:30 Bird Bath

WEDNESDAY

2:15 Bowling 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack 10:00 Beverage Cart 11:15 Rhyme Time

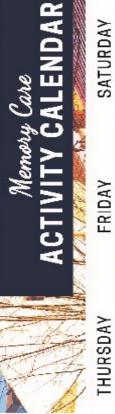
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Estimated any Leidy.

9:00 Aromatherapy
9:30 Father Knows Best
10:00 Liv 2B Healthy
10:00 Beverage Cart
11:15 Word Cames

Slover Ridge

Place





SATURDAY

9:30 Adult Coloring 10:00 Beverage Cart

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3:00 Beverage/Snack (5:15 Aromatherapy 6:00 Lawrence Welk

10:00 Liv 2B Healthy 10:45 Country Store Open 11:15 Gimme 5 Game 2:15 Bingo 3:00 Beverage/Snack Cart 4:30 I Love Lucy 1:15 Music Speaks 3 2:15 Hot Potato
3:00 Beverage/Snack Cart
4:30 Supermarket Sweep
5:15 Aromatherapy 10:00 Beverage Cart 10:30 Bus Ride 9:15 Church

9:15 Church

1:30 Resident Council 2:00 Music w/Helen

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9:00 Aromatherapy 9:30 Father Knows Best

9:30 Bird Bath

9:30 Methodist Comm 10:00 Liv2B Healthy

9:00 Listen to songs of Faith 6

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10:15 KMAQ Methodist Chu 2:15 Activity of Choice 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack

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2:15 Hot Potato
3:00 Beverage/Snack Cart
4:30 Supermarket Sweep
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10:00 Rosary
10:00 Beverage Cart
11:15 Rhyme Time
2:15 Bowling
3:00 Beverage/Snack Cart
5:15 Aromatherapy

10:45 Country Store Open 11:15 Phrase Craze 2:15 Balloon Volley

3:00 Beverage/Snack Cart 5:15 Aromatherapy

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2:00 Monthly Birthday Party

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10:00 Beverage Cart 11:15 Rhyme Time

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9:30 Bird Bath

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10:00 Liv 2B Healthy

9:00 Listen to songs of Faith 20 10:00 Beverage Cart 10:15 KMAQ Methodist Church

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10:00 Beverage Cart 11:15 Rhyme Time

9:30 Bird Bath

10:00 Liv 2B Healthy 10:45 Country Store Oper

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11:15 Phrase Craze 2:15 Balloon Volley

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10:15 KMAQ Methodist 2:15 Activity of Choice

2:15 Hot Potato

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9:00 Listen to songs of Faith 27
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2:15 Activity of Choice
3:00 Beverage/Snack Cart
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7:00 Snack

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9:00 Aromatherapy
9:30 Father Knows Best
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10:00 Beverage Cart
11:15 Word Games

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Weet Us On Main Street