



From Marketing

Thank you for referring your friends to Vernon Terrace. It's fun to see friends enjoying more time together. We have some great apartment homes still available.

Marti Briest at (952) 358 - 6122 or
Marti.Briest@fairview.org



From Your Dimensions Manager

Come help us celebrate Veteran's Day with short program and then entertainment by Bill Cagley on November 10th at 2:00pm in the Lobby. On Friday, November 11 our "Wall of Honor" will be displayed on the wall outside of the Dining Room between the Lobby and the Library to pay tribute to our heroes! Everyone is welcome grab a slice of apple pie at 2:00 pm in the Activity Room. If all of our Veterans could please bring down a picture to the front desk by Thursday, November 8th that would be very much appreciated!

Robin Pickard (952) 358 - 6127
Robin.Pickard@fairview.org



From Your Activity Director

Hopefully we have an outing of interest for everyone this month. We are going to mia Tuesday Nov. 8th for their Boticelli and Renaissance Florence. Since it's a special exhibit, it will cost \$20.00. The Van will depart at 1:00 pm. Although it seems early, the Swedish Institute holiday show opens up Nov. 12th. We will be visiting Nov. 16th. The exhibit: Secrets of the Season consists of each contributor from the different countries brought their own secret from the must have things for the mantle. We are also going to visit the newly remodeled Edina Theater. The movies aren't posted until 2 weeks prior so it will be listed in the newsletter Nov. 8th.

Sonja Barnaal (952) 358 - 6125
Sonja.Barnaal@fairview.org



From the Kitchen



We are so pleased with how many of you came to our special dinner last Thursday! We hope everyone enjoyed it as much as we did!

We just got notification from our supplier that there is a soil disease that affects the lettuce crops. No iceberg will be available for the time being. You may have noticed we changed the menu and we will not be offering Chef salads for awhile. Spring mix and spinach is currently available for greens. We're sorry for any inconvenience this may cause!



Executive Director News!

Hello Everyone, Please make sure you have signed up to get your Flu Shot and Covid Booster on Tuesday, November 1st, if you want either of these or both of these vaccinations. If you do, please bring your insurance cards to the front desk so we can take a copy of them for your insurance. Also, I hope you join us for our Pumpkins and Pie event Friday, Oct. 28th at 2:30 pm. and also our Halloween Party on Monday October 31st at 3pm. These events should be a lot of fun. We are also giving away some prizes for costumes and pumpkin decorating, so you don't want to miss these fun events. You may even see some of us in costume!

HAPPY HALLOWEEN!

Cheryl Levy-Shilkrot | Executive Director
Cheryl.Levy-Shilkrot@fairview.org | (952)358-6123

From Ebenezer Nurses

Ebenezer is pleased to be at Vernon Terrace. My name is Ada Diatta and I am the Interim Director of Health Services. Bee Kang is the nurse working with me and Casey Williams in the Resident Service Coordinator. She will be assisting with staff scheduling among other tasks.

For any clinical questions, you may dial (952)358-6133. Bee and I are in the building from 8AM-4:30pm, Nursing Assistants are in the building 24/7 and have access to a triage team for after-hours emergencies. To schedule a care conference or discuss services, you can contact me at (612) 469-8285 or via email at ada.diatta@fairview.org

Happy Birthday

- 11-1 Ralph Officer (#411)
- 11-2 Frances Aura (#506)
- 11-3 Peggy Mullick (#312)
- 11-7 Frank Page (#412)
- 11-9 Betty Silber (#215)
- 11-14 Richard Johnson (#227)
- 11-14 Marie Merrigan (#209)
- 11-17 Helen Fitzgerald (#512)
- 11-21 Merylyn Dow (#606)
- 11-27 Mary Budge (#516)
- 11-29 Pat Jorgenson (#604)



Vernon View ²⁰²²

Monthly Newsletter for Vernon Terrace of
Edina Senior Community – Ebenezer Management



Shopping with Taylor Marie

This mobile store of women's clothing will be back. Join us for lunch, fashion show and shopping in the Fireside and Exercise Room.

Tuesday Nov. 15th
Time: 11:00-2:00 pm

3rd Floor Coffee

All 3rd Floor residents are welcome to visit with their neighbors.

Wednesday Nov. 16th
Time: 10:00 am Activity Room

Bible Study

Our volunteers from Christ Presbyterian will be leading this study. All are welcome!

Thursday Nov. 17th
Time: 10:00 am Activity Room

Book Club

Come and join the discussion of the book this month. Librarian Sara Simpson will be here to lead the discussion

Tuesday Nov. 29th
Time: 2:00 pm Activity Room

Rhythmic Feet

Join us for this entertaining tap dancing group! They will be bringing their own floor and will be performing in the lobby.

Tuesday Nov. 29th
Time: 3:00pm Lobby

Men's Lunch at Zeke's Place

All men are invited to join us for lunch this Bloomington Restaurant known for their burgers and sandwiches.

Tuesday Nov. 29th
Departure: 1:00 pm

Please sign up by
Tuesday Nov. 22nd

Shopping at Southdale Mall

Join us to go to the mall to get a start on your holiday shopping.

Wednesday Nov. 30th
Departure 1:00 pm

Please sign up by
noon, Tuesday, Nov. 29

Lunch at Supermoon Buffet

Join us for lunch at this St. Louis Park Buffet that has a massive array of Chinese dishes plus Mongolian grill options.

Friday Nov. 4th
Departure: 1:45 pm

Voting

Please sign up if you would like to cast your ballot in person at Highlands School

Tuesday Nov. 7th
Departure: 8 & 9am

Boticelli & Renaissance Florence at Mpls Institute of Arts

Join us for this special exhibit at mia. It's a once in a lifetime opportunity to see Uffizi starts that rarely travel outside Italy.

Tuesday Nov. 8th
Departure: 1:00 pm
Cost: \$20

Make checks payable to
Vernon Terrace

Dollar Tree Dollar Store

We'll be visiting the St. Louis Park location.

Wednesday Nov. 9th
Departure: 1:00pm

Please sign up by noon

American Swedish Institute

Join us for ASI's Holiday Exhibition: Secrets of the season. There will also be time to shop at the Gift shop

Wednesday Nov. 16th
Departure: 1:00 pm
Cost :\$8 payable at the Swedish Institute.

This Week's Movies

"Wednesday & Thursday 7:00 pm
"My Bodyguard"

Saturday, 1:30pm
"The Incredible Mr. Ripley"

Sunday 1:30 pm
"Lost in Translation"

"Music Appreciation with Marc Jaros"

This dynamic professor from Normandale College will return with another presentation on a favorite piece.

Thursday Nov. 3rd
Time: 2:00 pm- Exercise Room

Veteran's Program with music by Guitarist Bill Cagley

Join this folk singer as he will honor our veterans as well as play some sing along favorites.

Thursday Nov. 10th
Time: 2:00 pm Lobby

Pie With our Veterans

Join us on Veteran's Day and have a piece of apple pie to honor our veterans. Check out the "Wall of Honor to salute our veterans.

Friday Nov. 11th
Time: 2:00 pm Activity Room

Our Lady of Grace Young Adult Group Bingo and Games

Join the young adults from Our Lady of Grace and they'll be calling bingo and playing table games with residents that don't want to play bingo.

Saturday Nov. 12th
Time: 2:00 pm

Lunch at Town Hall Station

Join us for lunch at this converted 1950's filling station that focuses on serving high quality from scratch prepared food.

Friday Nov. 18th
Departure: 11:30 am

Please sign up by noon
Nov. 17th

Movie at Edina Cinema

We'll be checking out this newly reopened theater. Please check out the Nov. 8th newsletter to see the movie and time of departure.

Tuesday Nov. 22nd
Departure: TBD

Please sign up by noon,
Monday Nov. 21st

Lunch at Patrick's at Bachman's

Join us for lunch at Patrick's. There will be time for some holiday shopping at Bachman's as well.

Wednesday Nov. 23rd
Departure: 1:00pm

Please sign up by noon,
Nov. 22nd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	FRONT DESK HOURS 8:00am to 8:00 pm Monday—Friday 8:00 am to 5:00 pm Saturday and Sunday	No Shopping Today! 1 7-11 Coffee Available 10-1:00 Flu shots by floor beginning with 1st Floor-AR 10:00 Exercise Video 1- ER 11:00 What do you know about All Saints Day?-FR 2:00 What's the Cliché?-FR 3:15 Cookies-FR 6:45 Bridge (signup needed)-AR	No Van Service Today! 2 7-11 Coffee Available 10:10 Exercise w/L2BH-ER 11:00 What do you know about John Adams?-FR 1:15 Catholic Communion Service-ER 2:00 Play Reading-FR 3:15 Treat Bingo-AR 7:00 Movie - FR	7-11 Coffee Available 3 9:30 Van Departs for Cub Foods, Target & Trader Joe's 10:00 Exercise Video 2-ER 11:00 What do you know about Will Rogers?- FR 2:00 Music Appreciation with Marc Jaros-ER 3:15 Family Feud -FR 7:00 Movie-FR	7-11 Coffee Available 4 10:10 Exercise w/L2BH-ER 10:30 Shopping at Grandview and Jerry's Foods area 11:00 Eastern Vs. Western USA-where did it come from? 12:00 Van Departs for lunch at Supermoon Buffet 2:30 Popcorn-FR 4:15 15 minute Piano Performance-LB 7:00 Bingo - AR	5 7-11 Coffee Available  12:45 Bridge (signup needed)- AR 1:30 Movie Matinee-FR
Daylight savings time Ends Set 6 7-11 Coffee Available  1:30 Movie Matinee	7 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 11:00 This week in History-FR 1:00 Schwan's Man-LB 2:30 Group Crossword-FR	8 7-11 Coffee Available 8&9 Van Departs for Voting 9:30 Shopping at Grandview and Jerry's Foods area 10:00 Exercise Video 1-ER 11:00 Election Day Trivia-FR 1:00 Van Departs for Boticelli and Renaissance Florence at Minneapolis Institute of Arts 2:00 Geography Bee -FR 3:15 Cookies-FR 6:45 Bridge (signup needed)-AR	9 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 11:00 What do you know about Nat King Cole?-FR 1:00 Van Departs for Dollar Store-St. Louis Park 1:15 Catholic Communion Service- AR 2:00 Play Reading-FR 3:15 Treat Bingo-AR 4:00 Electronic Q&A by appt. 7:00 Movie - FR	10 7-11 Coffee Available 10:00 Exercise Video 2 11:00 What do you know about owls? -FR 2:00 Music honoring our Veterans with Bill Cagley-LB Available 3:15 You be the judge 7:00 Movie - FR	Veteran's Day ! 11 No Mail 7-11 Coffee Available 10:10 Exercise w/L2BH-AR 10:30 Shopping at Grandview and Jerry's Foods area 11:00 World war 2 trivia and Veterans day discussion-FR 2:00 Pie with our Veterans-AR 4:00 Electronic Q&A by appt. 7:00 Bingo - AR	12 7-11 Coffee Available  12:45 Bridge (signup needed)- AR 2:00 Our Lady of Grace Young Adult Group sponsored Bingo-AR 5:00 Happy Hour-FR
13 7-11 Coffee Available  1:30 Movie Matinee	14 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 11:00 This Week in History-FR 2:30 Group Crossword-FR 4:00 Electronic Q&A by appt.	15 7-11 Coffee Available 9:30 Shopping at Grandview and Jerry's Foods area 10:00 Exercise Video 1-ER 11:00 Shopping and Fashion show with Taylor Marie 3:15 Cookies-FR 6:45 Bridge (signup needed)-AR	16 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 10:00 3rd Floor Coffee-AR 11:00 History of candy and candy fun facts-FR 1:00 Van departs for American Swedish Institute-Mpls 1:15 Catholic Communion Service-AR 2:00 Play Reading-FR 3:15 Treat Bingo-AR 7:00 Movie-FR	17 7-11 Coffee Available 9:30 Van Departs for Cub Foods, Target & Trader Joe's 10:00 Exercise Video 2-ER 10:00 Bible Study-AR 11:00 What do you know about Montana?-FR 2:00 Jeopardy-FR 7:00 Movie- FR	18 7-11 Coffee Available 10:10 Exercise w/L2BH-AR 10:30 Shopping at Grandview and Jerry's Foods area 11:00 What do you know about Georgia O'Keefe?-FR 11:30 Van departs for Lunch at Town Hall Station 2:00 Craft Group-AR 7:00 Bingo - AR	19 7-11 Coffee Available  12:45 Bridge (signup needed)- AR 1:30 Movie Matinee-FR
20 7-11 Coffee Available  1:30 Movie Matinee	21 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 11:00 This Week in History-FR 2:30 Group Crossword-FR 4:00 Electronic Q&A by appt.	22 7-11 Coffee Available 9:30 Shopping at Grandview and Jerry's Foods area 10:00 Exercise Video 1- ER 11:00 Turkey Talk-History and trivia -FR TBD Van /departs for movie at Edina Cinema 2:00 Turkey Tail game-FR 3:15 Cookies -FR 6:45 Bridge (signup needed)-AR	23 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 11:00 Blood Pressure Checks-AR 11:00 What do you know about the Macy's Thanksgiving parade? 1:00 Van departs for Lunch at Patrick's at Bachmans 1:15 Catholic Communion Service-ER 2:00 Play Reading-FR 3:15 Treat Bingo-AR 7:00 Movie-FR	24 Happy Thanksgiving! No Mail Today! Office Closes at 5 pm Today ! 7-11 Coffee Available 1:30 Movie- FR	No Van Service 25 today 7-11 Coffee Available 10:00 Exercise Video 2-ER 11:00 Never Have I Ever Game -FR 2:00 Pocorn—FR 4:00 Electronic Q&A by appt. 7:00 Bingo - AR	26 7-11 Coffee Available  12:45 Bridge (signup needed)- AR 1:30 Movie Matinee-FR
27 7-11 Coffee Available  1:30 Movie Matinee	28 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 1:00 Schwan's Man-LB 2:30 Group Crossword-FR 4:00 Electronic Q&A by appt	29 7-11 Coffee Available 9:30 Shopping at Grandview and Jerry's Foods area 10:00 Exercise Video 1- ER 11:00 History and fun facts about the Toll House Cookie -FR 11:45 Van departs for Men's Lunch at Zeke's 2:00 Book Club-AR 3:00 Rhythmic Feet Tap Dancing Group-LB 6:45 Bridge (signup needed)-AR	30 7-11 Coffee Available 8-12 VT Bus to Med/Dental 10:10 Exercise w/L2BH-ER 11:00 Blood Pressure Checks-AR 11:00 Influential African American women in U.S History-FR 1:00 Van departs for shopping at Southdale mall 1:15 Catholic Communion Service-ER 2:00 Play Reading-FR 3:15 Treat Bingo-AR 7:00 Movie-FR	Biltmore Dining Room DELIVERY Times 8:00-8:30am Breakfast 11:30 am -12:00 pm Afternoon Meal 4:30-5:00 pm Evening Meal	Biltmore Dining Room Afternoon meal Monday-Sunday Seating 11:30am-1:00 pm Biltmore Dining Room Evening Meal Monday-Saturday Seating 4:30-6:00 pm	Meal PICKUP Times in the Activity Room 8:00-8:30 am Breakfast 11:30am -12:00pm Afternoon Meal 4:30-5:00 Evening Meal