

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Key: (B) Bistro (CR) 1st Floor Community Room (T) 1st Floor Community Theater (TR) 3rd Floor Training Room (MR) 3rd Floor Meditation Room (L) Lobby (*) RSVP Required Outings TV-only Programs Performances & Special Events Independent Programs (No Instructor)</p> | | <p>10:00a, Coffee & Donut Social Hour (B) 1</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing: Cub & Walgreens (L)*</p> <p>6:00p, Evening Movie (T)</p> <p>Happy Birthday Charles!</p> | <p>11:05a, Full Body Exercise (1-3) 2</p> <p>11:15a, Murphy Group Exercise (TR)</p> <p>2:00p, Live Entertainer: Tomi Majoro's Soul Acoustics (CR 1-2)</p> <p>3:30p, Christian Worship (CR 1-2)</p> <p>Healing Touch (by appointment)</p> | <p>10:00a, Coffee & Pastry Social Hour (CR) 3</p> <p>10:30a, Brain Training (1-3)</p> <p>10:30a, Assisted Living Resident Council Meeting (CR & 1-2)</p> <p>11:00a, Pilates (1-3)</p> <p>11:15a, Family & Resident Council Meeting (CR)</p> <p>1:30p, Group Outing: Dollar Tree (L)</p> <p>6:00p, Livingroom Symphony (1-3)</p> | <p>10:00a, Catholic Service & Communion (CR & 1-2) 4</p> <p>11:15a, Group Exercise (TR)</p> <p>11:20a, Pilates (1-3)</p> <p>1:00p, Movie Matinee (T)</p> <p>3:00p, Happy Hour (B)</p> <p>3:00p, Happy Hour w/ Live Entertainment at 4pm: Wild Goose Clogger's (CR)</p> | <p>9:30a, Sitting or Standing Tai Chi (1-3) 5</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p> |
| <p>10:00a, Mount Olivet Worship Livestream (CR) 6</p> <p>11:30a, Coffee Social Hour (B)</p> <p>12:00p, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00p, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00p, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30p, Relaxing Music (1-3)</p> <p>Daylight Saving Time Ends</p> | <p>10:00a, Mindfulness Meditation (MR) 7</p> <p>11:00a, Upper Body Stretching (1-3)</p> <p>11:15a, Group Exercises (TR)</p> <p>2:00p, United Arts Club of Edina Sofia Doval (CR 1-2)</p> <p>3:45p, Bingo (CR)</p> | <p>10:00a, Coffee & Donut Social Hour (B) 8</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00p, Group Outing: Lund's & Byerly's (L)*</p> <p>6:00p, Evening Movie (T)</p> <p>Happy Birthday Thelma! Election Day!</p> | <p>11:05a, Full Body Exercise (1-3) 9</p> <p>11:15a, Murphy Group Exercise (TR)</p> <p>2:00p, Live Entertainer: Pianist Orv Pibbs (CR 1-2)</p> <p>3:30p, Christian Worship (CR 1-2)</p> <p>Healing Touch (by appointment)</p> | <p>10:00a, Coffee & Pastry Social Hour (CR) 10</p> <p>10:00a, Bell Choir (TR)</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Pilates (1-3)</p> <p>11:00a, Group Outing: Galleria Shop & Lunch at Crave (L)*</p> <p>3:00p, Yoga w/Ellie (MR)</p> <p>11:15a, Group Exercise (TR)</p> <p>6:00p, Livingroom Symphony (1-3)</p> | <p>10:00a, Catholic Service & Communion (CR & 1-2) 11</p> <p>10:00a, Movie Matinee: Live Veteran's Day Program hosted by the National World War II Museum (T)</p> <p>11:15a, Group Exercise (TR)</p> <p>11:20a, Pilates (1-3)</p> <p>1:00p, Veteran's Day Ceremony (CR 1-2)</p> <p>2:00p, David Jones Veteran's Day History Presentation (CR 1-2)</p> <p>3:00p, Veteran's Day Happy Hour (B)</p> <p>Veterans Day Remembrance Day (Canada)</p> | <p>9:30a, Sitting or Standing Tai Chi (1-3) 12</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p> |
| <p>10:00a, Mount Olivet Worship Livestream (CR) 13</p> <p>11:30a, Coffee Social Hour (B)</p> <p>12:00p, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00p, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00p, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30p, Relaxing Music (1-3)</p> <p>Happy Birthday Kay!</p> | <p>11:00a, Upper Body Stretching (1-3) 14</p> <p>11:15a, Group Exercises (TR)</p> <p>2:30p, MacPhail Unwrapping Music of the English Renaissance with Andrea Leap (CR 1-2)</p> <p>3:45p, Bingo (CR)</p> | <p>10:00a, Coffee & Donut Social Hour with the Chef (B) 15</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing (L)* Target</p> <p>6:00p, Evening Movie (T)</p> | <p>11:05a, Full Body Exercise (1-3) 16</p> <p>11:15a, Murphy Group Exercise (TR)</p> <p>2:00p, Birthday Party Live Entertainment: Dale Borgeson w/ Edina Senior Singers (CR 1-2)</p> <p>3:30p, Christian Worship (CR 1-2)</p> <p>Healing Touch (by appointment)</p> | <p>10:00a, Coffee & Pastry Social Hour (CR) 17</p> <p>10:00a, Bell Choir (TR)</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Pilates (1-3)</p> <p>1:00p, Group Outing: Walker Art Museum (L)*</p> <p>11:15a, Group Exercise (TR)</p> <p>2:00p, Gratitude Poetry (CR)</p> <p>3:00p, Yoga w/Ellie (MR)</p> <p>6:00p, Livingroom Symphony (1-3)</p> | <p>10:00a, Catholic Service & Communion (CR & 1-2) 18</p> <p>11:15a, Group Exercise (TR)</p> <p>11:20a, Pilates (1-3)</p> <p>1:00p, Movie Matinee (T)</p> <p>2:00p, Droolin' Moose Chocolate Truck (Outside 1st Floor Lobby Entrance)</p> <p>3:00p, Happy Hour (B)</p> <p>Happy Birthday George!</p> | <p>9:30a, Sitting or Standing Tai Chi (1-3) 19</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p> |
| <p>10:00a, Mount Olivet Worship Livestream (CR) 20</p> <p>11:30a, Coffee Social Hour (B)</p> <p>12:00p, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00p, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00p, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30p, Relaxing Music (1-3)</p> | <p>11:00a, Upper Body Stretching (1-3) 21</p> <p>11:15a, Group Exercises (TR)</p> <p>1:00p, MacPhail Hour: Vocalist Sheridan Zuther Songs From The Silo (CR 1-2)</p> <p>2:30p, Thanksgiving Turkey Shoot (CR)</p> <p>3:45p, Thanksgiving Bingo (CR)</p> | <p>10:00a, Coffee & Donut Social Hour (B) 22</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing (L)* Lunds & Byerly's or Whole Foods</p> <p>6:00p, Evening Movie (T)</p> | <p>10:30a, Storyteller Carol McCormick Thanksgiving & Gratitude (MC) 23</p> <p>11:05a, Full Body Exercise (1-3)</p> <p>11:15a, Murphy Group Exercise (TR)</p> <p>2:00p, Thanksgiving Happy Hour Live Entertainer: Kris Ward Harpist & Singer (CR)</p> <p>4:30p, Thanksgiving Eve Christian Worship Service (CR 1-2)</p> <p>Happy Birthday Dallas!</p> <p>Healing Touch (by appointment)</p> | <p>10:00a, Coffee & Pastry Social Hour (CR) 24</p> <p>10:00a, Macy's Thanksgiving Day Parade (NBC Channel) & Macy's Thanksgiving Day Parade Trivia Game (Pick-up Front Desk)</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Pilates (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>6:00p, Livingroom Symphony (1-3)</p> <p>Happy Thanksgiving!</p> <p>Thanksgiving Day (US)</p> | <p>10:00a, Catholic Service & Communion (CR & 1-2) 25</p> <p>11:15a, Murphy Group Exercise (TR)</p> <p>11:20a, Pilates (1-3)</p> <p>1:00p, Movie Matinee (T)</p> <p>3:00p, Thanksgiving Word Search Game (Pick-up Front Desk)</p> | <p>9:30a, Sitting or Standing Tai Chi (1-3) 26</p> <p>11:00a, Livingroom Concert (1-3)</p> <p>3:00p, Classic Film or Musical (1-3)</p> <p>Happy Birthday Nate from Activities!</p> |
| <p>10:00a, Mount Olivet Worship Livestream (CR) 27</p> <p>11:30a, Coffee Social Hour (B)</p> <p>12:00p, Our Lady of Grace Church Service (Ch. 29)</p> <p>1:00p, Westminster Presbyterian Service (Ch. 29)</p> <p>2:00p, Contemporary Lutheran Worship St. Andrews Church (Ch 29)</p> <p>4:30p, Relaxing Music (1-3)</p> | <p>11:00a, Upper Body Stretching (1-3) 28</p> <p>11:15a, Group Exercises (TR)</p> <p>2:00p, Live Entertainer: Mary Hall Guitarist & Singer: Top Tunes of the Decade (CR 1-2)</p> <p>3:45p, Bingo (CR)</p> | <p>10:00a, Coffee & Donut Social Hour 1:1 with Activities Staff (B) 29</p> <p>10:30a, Brain Training (1-3)</p> <p>11:00a, Leg Exercises (1-3)</p> <p>11:15a, Group Exercise (TR)</p> <p>1:30p, Flower Bouquets (CR)</p> <p>2:00p, Individual Outing: Cub & Walgreens (L)*</p> <p>6:00p, Evening Movie (T)</p> | <p>11:05a, Full Body Exercise (1-3) 30</p> <p>11:15a, Murphy Group Exercise (TR)</p> <p>2:00p, Live Entertainer: Blood Brother Folk Musician Philip Westfall (CR 1-2)</p> <p>3:30p, Christian Worship (CR 1-2)</p> <p>Healing Touch (by appointment)</p> | <h1>November 2022</h1> <p>Aurora on France Assisted Living Calendar</p> | | |

* Activities, movies, locations, and times subject to change*hili