NOVEMBER 2022 Care Center Courier Skilled Nursing • Respite Care • Rehabilitation Services

Letter from our Activity Director

November has arrived and we have much to be thankful for! Thanksgiving is right around the corner and with it comes colder weather and warm thoughts of the upcoming holidays.

We hope everyone had a happy and safe Halloween with lots of spooky and scary little ones running from door to door. During the month of October, we have had many Halloween decorations up. We have painted our ladies' nails fun Halloween colors, decorated our own Halloween cookies. We had a small Halloween party with lots of treats for all to enjoy. Played some trivia.

As you can see, we have much to be thankful for at Thanksgiving and every day here at ECC. I know that all of us are thankful for all of you.

Teresa Fye and the ECC Team

Photo Highlights

(Left) Caroline being very gentle and very patient while painting Teresa's nail. Good job Caroline!

(Right) Some fall decorations on our patio



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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.





EdgertonCareCenter.org WE ACCEPT CREDIT CARDS



Awww! Just a couple turkeys wandering around (16 of them).



This season when you shop Amazon, they'll donate to our facility. Just login to Amazon or visit amzn.to/2IwBS5n and choose **Wisconsin Illinois Senior Housing Inc.** as your charity of choice.



NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Happy Birthday!</i> Dorothy S. November 06 Charlie S. November 23	2 = Floor 2 3 = Floor 3 C = Cafeteria	 9:15 Bowling 2&3 10:30 Reminisce 2&3 1:15 Horse shoes 3 3:15 Ring toss 2 6:00 Uno 3 	2 9:15 Morning exercises 2&3 10:30 Trivia 2&3 1:15 Pizza toss 3 3:15 Tabletop hover ball 2 6:00 Fun facts 3	3 9:15 Team noodle ball 2&3 10:30 Fun facts 2&3 2:00 Bingo 2&3 3:00 Resident Council 2&3 6:00 Trouble 3	 9:15 Morning stretches 2&3 10:30 Ring toss 2&3 1:15 Bowling 3 3:15 Table tennis 2 6:00 Memories 3 	 9:15 Table tennis 2&3 10:30 Pizza toss 2&3 1:15 Grip toss 3 3:15 Wheel toss 2 6:00 Sorry 3
6 DAYLIGHT SAVINGS ENDS 9:15 Spiritual hour 2&3 10:30 Memories 2&3 1:15 Football toss 3 3:15 Wheel toss 2 6:00 Disc throw 3	 7 9:15 Morning stretches 2&3 10:30 Trivia 2&3 1:15 Grip toss 3 3:15 Football toss 2 6:00 Uno 3 	 8 9:15 Table tennis 2&3 10:30 Fun facts 2&3 1:15 Tabletop hover ball 3 3:15 Wheel toss 2 6:00 Sorry 3 	 9 9:15 Morning exercises 2&3 10:30 Reminisce 2&3 1:15 Football toss 3 3:15 Bags 2 6:00 Trouble 3 	 9:15 Disc throw 2&3 10:30 Beanbag toss 2&3 2:00 Bingo 2&3 3:15 Trivia 2 6:00 Wheel toss 3 	VETERANS DAY9:15Morning stretches 2&310:30Pizza toss 2&311:5Grip toss 33:15Disc throw 26:00Basket ball 3	12 9:15 Balloon ball 2&3 10:30 Ring toss 2&3 1:15 Bags 3 3:15 Football toss 2 6:00 Uno 3
 13 9:15 Spiritual hour 2&3 10:30 Trivia 2&3 1:15 Pizza toss 3 3:15 Horse shoes 2 6:00 Wheel toss 3 	 14 9:15 Morning stretches 2&3 10:30 Bags 2&3 1:15 Wheel toss 3 3:15 Memories 2 6:00 Sorry 3 	 15 9:15 Bowling 2&3 10:30 Reminisce 2&3 1:15 Horse shoes 3 3:15 Ring toss 2 6:00 Uno 3 	 16 9:15 Morning exercises 2&3 10:30 Trivia 2&3 1:15 Pizza toss 3 3:15 Tabletop hover ball 2 6:00 Fun facts 3 	17 9:15 Team noodle ball 2&3 10:30 Fun facts 2&3 2:00 Bingo 2&3 3:15 Grip toss 2 6:00 Trouble 3	 18 9:15 Morning stretches 2&3 10:30 Ring toss 2&3 1:15 Bowling 3 3:15 Table tennis 2 6:00 Memories 3 	 19 9:15 Table tennis 2&3 10:30 Pizza toss 2&3 1:15 Grip toss 3 3:15 Wheel toss 2 6:00 Sorry 3
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Sudoku

							6	7					
4		7				1							
				8	7		9						
		5		4	6								
1				3									
6		3	7	1	2	9		4					
			5		1			2					
	2	9	3		8	6	4						
		1	2	6		5	8						

Easy Turkey Craft

All you need for this easy turkey craft is some glue, a pencil, a black marker, scissors, and brown, orange, yellow,

and red construction paper – googly eyes optional.

Start by tracing one of your hands (fingers and thumb tucked together) on a brown piece of paper. Then trace both hands with your fingers splayed out on two different colors (orange, red, yellow, green) of paper. Be sure to trace the individual fingers. For more "feathers" trace individual fingers on various colors of paper. Cut out all of your traced pieces. The heel of the handprint will be your turkey head. Arrange the finger hand prints and individual finger pieces behind the head/body piece to look like feathers and glue into place. Cut out two long strips of the brown construction paper and accordion fold for legs. Cut out feet for your turkey – use your imagination - it doesn't have to be perfect! Draw on a face (or use googly eyes if available) and cut a small triangle out of the red paper for the turkey wattle. Display your turkey for all to see at your family gathering.



Spread More Kindness

Kindness comes to life when we give of ourselves and our time to be of help to others, without expecting anything in return. When you show kindness to somebody you bring out the best in yourself, and you feel happier in the moment yourself.

Here are some ideas and ways to be kind to others:

- Wave or smile when you walk by others – a smile can go a long way!
- Write positive messages on post-it notes and leave them for people to find
- Provide help or offer assistance to another without being asked

- Hold the door open for someone
- Tell a nurse, loved one, teacher, mentor or friend how much you appreciate them
- Give a surprise gift to someone you care about
- Compliment someone

Your gift today makes a brighter tomorrow.

Did you know Medicaid doesn't fully cover senior care costs in nursing homes? Help us support seniors when they need it most.

Donate online: bit.ly/give2ecc

We're a nonprofit WISH senior care community



