



The Residences

NOVEMBER
2022

ON FOREST LANE NEWS

Assisted Living with Inpatient/Outpatient Rehab Therapy On-Campus

Did You Know... Veterans Day Facts

Veterans Day is a well-known American holiday, but there are several common misconceptions. Here are some interesting facts you may not know known about Veterans Day:

Veterans Day does not have an apostrophe.

You may sometimes see Veterans Day spelled as "Veteran's Day" or "Veterans' Day," but this is incorrect. The holiday is not a day that "belongs" to one veteran or multiple veterans, which is what an apostrophe indicates. It's a day for honoring all veterans, so no apostrophe is needed.

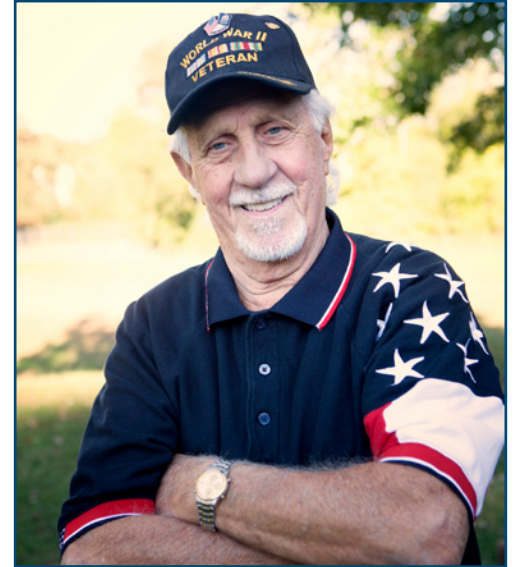
Veterans Day is not the same as Memorial Day.

Memorial Day is a day to memorialize those who gave their lives for our country, particularly in battle or from wounds suffered in battle. Veterans Day honors everyone who has served the country in war or peace, dead or alive, although it's primarily intended to thank living veterans for their service.

Veterans Day was originally called Armistice Day.

World War I officially ended when the Treaty of Versailles was signed on June 28, 1919. However, the fighting ended about seven months earlier when the Allied nations and Germany put into effect an armistice on the eleventh hour of the eleventh day of the eleventh month.

Consequently, November 11, 1918 was generally considered the day the war ended, and was later named Armistice Day. In 1938, it became an official holiday intended to honor veterans of World War I. However, following World War II and the Korean War, Congress amended the holiday by changing the word "armistice" to "veterans" so the day would honor American veterans of all wars.



Other countries also celebrate November 11.

World War I was a multinational effort, so other Allied nations commemorate their veterans on November 11 as well. Canada and Australia both call November 11 "Remembrance Day." Canada's observance is similar to our own, except many of its citizens wear red poppy flowers to honor their veterans. In Australia, the day is more like our Memorial Day. The United Kingdom observes "Remembrance Day" on the second Sunday of November with parades, services, and two minutes of silence at 11 a.m. to honor those who lost their lives in war.


Source: www.defense.gov

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ON FOREST LANE

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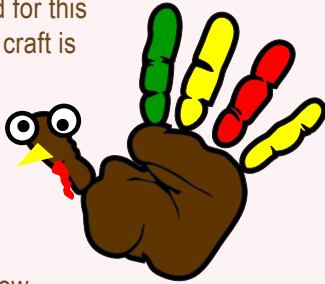


Sudoku

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | | | | | | 6 | 7 |
| 4 | 7 | | | | 1 | | |
| | | | 8 | 7 | | 9 | |
| | | 5 | 4 | 6 | | | |
| 1 | | | 3 | | | | |
| 6 | | 3 | 7 | 1 | 2 | 9 | 4 |
| | | | 5 | 1 | | | 2 |
| | 2 | 9 | 3 | | 8 | 6 | 4 |
| | | 1 | 2 | 6 | | 5 | 8 |

Easy Turkey Craft

All you need for this easy turkey craft is some glue, a pencil, a black marker, scissors, and brown, orange, yellow, and red construction paper – googly eyes optional.



Start by tracing one of your hands (fingers and thumb tucked together) on a brown piece of paper. Then trace both hands with your fingers splayed out on two different colors (orange, red, yellow, green) of paper. Be sure to trace the individual fingers. For more “feathers” trace individual fingers on various colors of paper. Cut out all of your traced pieces. The heel of the handprint will be your turkey head. Arrange the finger hand prints and individual finger pieces behind the head/body piece to look like feathers and glue into place. Cut out two long strips of the brown construction paper and accordion fold for legs. Cut out feet for your turkey – use your imagination – it doesn’t have to be perfect! Draw on a face (or use googly eyes if available) and cut a small triangle out of the red paper for the turkey wattle. Display your turkey for all to see at your family gathering.



Spread More Kindness

Kindness comes to life when we give of ourselves and our time to be of help to others, without expecting anything in return. When you show kindness to somebody you bring out the best in yourself, and you feel happier in the moment yourself.

Here are some ideas and ways to be kind to others:

- Wave or smile when you walk by others – a smile can go a long way!
- Write positive messages on post-it notes and leave them for people to find
- Provide help or offer assistance to another without being asked
- Hold the door open for someone
- Tell a nurse, loved one, teacher, mentor or friend how much you appreciate them
- Give a surprise gift to someone you care about
- Compliment someone

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