



THE WILLOWS  
AT SPRINGHURST

*A Trilogy Senior Living Community*

# News

November 2022

## Recognizing Our Veterans with Honor Flight

This Veterans Day, we honor our veterans for bravely standing tall against some of history's greatest odds. That's why, through the Trilogy Community Foundation, we're proud to partner with the Honor Flight Network—a once-in-a-lifetime offering available to the veterans who call our communities home.



The Honor Flight Network's main purpose is to provide veterans with the opportunity to visit memorials dedicated to their services at no cost to them. In addition to a free flight, these trips include deluxe tour bus service, meals, snacks, t-shirts, and several other amenities. Honor Flight Network also provides trained, volunteer guardians to accompany veterans through the entire trip if the veteran is without one.

This past July, Trilogy resident Roger McCombs embarked on his own Honor Flight adventure. As a veteran of World War II, he was able to speak with several other WWII service members from the area and take an Honor Flight through the skies of Danville, Kentucky. The spotlight was on



the Greatest Generation once again as Roger and his new friends reminisced on a lifetime of service.

Whether it's Veterans Day or just another Tuesday, thank you to all of our residents, employees, and family members who have answered the call of duty. It is truly our honor to serve you.

*To learn more about Honor Flights and if you're eligible to apply, talk to a member of our team today!*



# Happy Birthday!

## Residents

Diana S.	11/02
Joan S.	11/05
Kathryn G.	11/06
Ida C.	11/07
Alan K.	11/07
Charleen W.	11/07
Nora C.	11/09
Sarah S.	11/12
Forest B.	11/21
Paul S.	11/23
Gail B.	11/24
Ronald F.	11/25
Anthony C.	11/28

## Staff

Hannah C.	11/04
Lakendra L.	11/04
Angela T.	11/10
Moneek M.	11/14
Jennifer C.	11/16
Gregory C.	11/21
Diane B.	11/21
Joclyn Y.	11/21
Tiffany L.	11/23
Tyler S.	11/23
Aisha K.	11/27



## Executive Director Corner

Happy November, everyone!

It's hard to believe we're already in the last months of 2022 – a year filled with Happy Hours, family events, and of course, some of the best Theme Weeks we've ever had. Shoutout to everyone who was a part of our recent Great Gatsby Gala – we couldn't have asked for a better time spent with you!

As we get ready for the season of giving, I want to give thanks to all of our residents and employees who have answered the ultimate call to service. Veteran's Day takes place on

Friday, November 11th, and is a time for all of us to reflect on the sacrifices made by the men and women who bravely wore the uniform so that we could enjoy days like today. It is truly our pleasure to serve you.

There's still a lot of celebrating to be done in the days and weeks ahead - so be sure to keep your eye out for everything that we have planned both for Thanksgiving and beyond. More to come soon!

Until our next adventure,

*Carla Sieckert*

Executive Director

## SUNDAY BRUNCH

Sunday brunch is the third Sunday of every month! Be sure to invite your families to join of for a delicious meal and great company.







## TASTE OF TOWN

Ask and you shall receive! One of the top requests for Taste of the Town was fish! We partnered with Hungry Pelican, and we delivered! Do you have any suggestions for Taste of Town? Just let a member of activities know!

## FAMILY NIGHT

Families are like branches on a tree. Our branches may grow in different directions, but our roots remain as one." What a treat to have the one and only Hank Williams show up on Family Night!



## Servant Leader Spotlight

This month we want to give a Shoutout

to Bryce from Environmental Service! He keeps busy keeping our building clean and we are so thankful for his hard work!!

## Activities Corner

Fall is a fun time of year where we can enjoy the wonderful smells and colors of the season. One of our favorite here at The Willows is, pumpkin painting!!







# THE WILLOWS AT SPRINGHURST

*A Trilogy Senior Living Community*

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**willowsatspringhurst.com |  **

*Carla Sieckert*  
**Executive Director  
of Health & Rehab**

*Jessica Vanover*  
**Director of Health Services**

*Sierra Headrick*  
**Life Enrichment Director**

*Taylor Carruthers*  
**Legacy Lane Coordinator**

*Nikki North*  
**Director of Therapy**

*Caroline Shrum*  
**Business Office Manager**

*Dayshea White*  
**Director of Social Services**

*Tim Bridges*  
**Director of Food Service**

*Keith Dobson*  
**Chief Engineer**

*James Rogers*  
**Director of Plant Operations**

*Taelor Adams*  
**Customer Service Representative**

*Kate Cummins*  
**Customer Service Specialist**

*We strive to provide the best customer service and quality care for our residents.*

*Our Department Leaders are here to solve any concerns you may have.*

*In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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## Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1: Who was the first U.S. President to pardon a turkey?**

**Question 2: How many days did the first Thanksgiving celebration last?**

**Question 3: True or False: Canada also celebrates Thanksgiving in November.**

**Question 4: Are pumpkins vegetables or fruits?**

**Question 5: What popular Christmas song was originally written to be a Thanksgiving song?**

*Flip the page for last month's trivia answers:*

Q1: In Britain, the season of fall is more commonly referred to as \_\_\_\_\_. Autumn.  
Q2: Which flying animal is usually associated with Halloween? The bat  
Q3: What candy has the slogan "Isn't Life Juicy?" Starburst  
Q4: What male sea creature gives birth? The seahorse  
Q5: Which car introduced the first electric sunroof? The Nash car.

### November Word Scramble

NAOPROIUCC

IMAYLF

FETAS

ALFRTGEU

DTAREUIGT

ERVATSH

RHEAGITE

UNIKMPP

AVIIGKTNGSNH

RKEUTY

### Word Search

U	V	J	W	J	F	H	G	O	Z	V	Z	F	F	M	N	N	Y	K
U	I	Z	A	S	X	B	B	R	M	E	T	L	J	Y	A	Z	A	Z
M	J	H	T	V	E	T	E	R	A	N	B	I	T	F	H	F	D	D
O	T	W	Q	H	S	O	D	J	B	T	P	G	G	F	R	M	V	C
L	N	L	T	K	N	C	D	Y	Y	R	I	H	Y	D	W	B	E	S
I	V	X	L	A	N	E	E	D	E	V	A	T	Q	X	V	N	N	U
F	Q	F	V	C	O	G	D	N	T	T	A	V	U	I	Z	Y	T	E
E	L	B	F	X	V	N	I	Q	P	F	S	G	E	D	H	B	U	V
T	R	F	Q	R	E	E	C	E	T	R	K	A	T	A	E	Y	R	G
I	H	Y	B	H	M	L	A	B	N	E	Y	D	I	M	T	Y	E	U
M	P	U	J	I	B	C	T	O	X	M	F	M	E	U	P	T	Q	W
E	J	N	J	S	E	T	I	H	J	I	K	E	D	Q	K	O	S	F
K	B	W	D	T	R	T	O	E	C	N	C	M	L	V	U	T	Y	X
R	O	D	L	O	A	C	N	B	I	I	Z	O	B	W	Y	Q	S	H
Y	K	C	Z	R	H	L	A	A	V	S	M	R	Q	J	S	G	H	C
S	I	D	E	Y	L	P	X	R	S	C	K	I	R	D	E	H	P	L
Q	C	N	O	P	N	O	E	B	V	E	K	A	I	N	Q	S	P	E
O	E	V	O	Y	A	S	W	J	C	A	I	L	U	U	A	P	O	P
G	H	O	N	O	R	N	Y	W	V	B	C	S	U	B	U	X	L	S

ADVENTURE

BRAVE

DEDICATION

DUTY

FLIGHT

GENERATION

GRATITUDE

HISTORY

HONOR

LIFETIME

MEMORIALS

NOVEMBER

REMINISCE

SERVICE

SKY

VETERAN