Recognizing Our Veterans with Honor Flight

This Veterans Day, we honor our veterans for bravely standing tall against some of history's greatest odds. That's why, through the Trilogy Community Foundation, we're proud to partner with the Honor Flight Network—a once-in-a-lifetime offering available to the veterans who call our communities home.



The Honor Flight Network's main purpose is to provide veterans with the opportunity to visit memorials dedicated to their services at no cost to them. In addition to a free flight, these trips include deluxe tour bus service, meals, snacks, t-shirts, and several other amenities. Honor Flight Network also provides trained, volunteer guardians to accompany veterans through the entire trip if the veteran is without one.

This past July, Trilogy resident
Roger McCombs embarked on his
own Honor Flight adventure. As
a veteran of World War II, he was
able to speak with several other
WWII service members from the
area and take an Honor Flight
through the skies of Danville,
Kentucky. The spotlight was on



the Greatest Generation once again as Roger and his new friends reminisced on a lifetime of service.

Whether it's Veterans Day or just another Tuesday, thank you to all of our residents, employees, and family members who have answered the call of duty. It is truly our honor to serve you.

To learn more about Honor Flights and if you're eligible to apply, talk to a member of our team today!

Happy Birthday!

Residents Bobby W. 11/03 Shelby M. 11/3 Lynne H. 11/06 Bertie W. 11/27 Staff Martin C. 11/05 Haleigh H. 11/06 Becky P. 11/11 Makayla S. 11/13 Carla P. 11/16 Julie E. 11/18 Cameron G. 11/19

11/21

11/26

11/26



Executive Director Corner

Happy November, everyone! It's hard

to believe we're already in the last months of 2022 – a year filled with Happy Hours, family events, and of course, some of the best Theme Weeks we've ever had. Shoutout to everyone who was a part of our recent Great Gatsby Gala – we couldn't have asked for a better time spent with you!

As we get ready for the season of giving, I want to give thanks to all of our residents and employees who have answered the ultimate call to service. Veteran's

Day takes place on Friday, November 11th, and is a time for all of us to reflect on the sacrifices made by the men and women who bravely wore the uniform so that we could enjoy days like today. It is truly our pleasure to serve you.

There's still a lot of celebrating to be done in the days and weeks ahead - so be sure to keep your eye out for everything that we have planned both for Thanksgiving and beyond. More to come soon!

Until our next adventure,

Rachel Dadisman

Executive Director

Creative Cooking

Allene V .

Cassaundra S.

Mitzi C.

Here at The Willows EVERYONE helps out with activities.

Our environmental services associate, Hallie, spent this week month the residents how she makes her own signature peach cobbler!



SMILE OF THE MONTH

Our smile of the month of November goes to CRCA Dawn Moore! Thank you for all that you do for our residents!





Out & About

Sending out a big thank you to The Willows at Fritz Farm for inviting us to their annual fall festival! As you can see below, our residents had so much fun!



Activities Corner

We took advantage of one of the final days of the summer season for our annual Resident Retreat! For 2022 we took a trip "Back to the Farm." We had so much fun shucking corn, breaking beans, and petting the animals.









Live A Dream

Up, up, and away! Trilogy's
Live a Dream program made
several dreams come true this
month! What an exhilarating
experience with an unforgettable
fall morning sunrise! We love
making dreams come true!









A Trilogy Senior Living Community

180 Lucky Man Way Harrodsburg, KY 40330 859-734-2953

willowsatharrodsburg.com | 💆 f

Rachel Dadisman Executive Director Kelly Workman Director of Health Services

Nicole Waterhouse Community Services Representative

> Lorie Davis Business Office Manager

Sherry Horn AP/Payroll

Tiffany Wright Therapy Department Director

Nick Perrin Life Enrichment Director

Racheal Parsons Director of Social Services

Brian Sims Director of Plant Operations

Carolyn Halcomb Director of Environmental Services

Kris Fultz

Director of Food Services

Amy Raney Customer Service Specialist

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Who was the first U.S. President to pardon a turkey?

Question 2: How many days did the first Thanksgiving celebration last?

Question 3: True or False: Canada also celebrates Thanksgiving in November.

Question 4: Are pumpkins vegetables or fruits?

Question 5: What popular Christmas song was originally written to be a Thanksgiving song?

Flip the page for last month's trivia answers:

associated with Hallower? The bat

Q3: What candy has the slogan
"Isn't Life Juicy?" Starbure

Q4: What male sea creature gives birth? The seahorse

Q4: Which car introduced the first

Lichich car introduced the first

QI: In Britain, the season of fall is more commonly referred to as _____. Autumn. Q2: Which flying animal is usually

November Word Geramble

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MEMORIALS
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REMINISCE SERVICE SKY

VETERAN