

ARBOR GLEN CONNECTION

November 2022



11020 39TH ST. N.
LAKE ELMO, MN
55042

Main: 651-704-1444
Fax: 651-704-1420



FOR MORE VISIT: arborsenior.com and find monthly calendars under News and Community Events

November Events and Activities

Subject to change

Monday and Friday = Pet Visits

Every Monday = Drama Club with Charley @ 11am

Every Tuesday = Yoga with Marilyn @ 10am

Every Tuesday and Thursday = "Live 2 B Healthy" Exercise class @ 2:30pm
(Cancelled on Thanksgiving)

Every Friday = Bible study @ 10am & Church Services @ 11am

Every Wednesday = Happy Hour @ 2pm

Every Tuesday and Thursday = BINGO @ 11am

Every Monday and Friday = Movie Matinee @ 3pm

1st and 3rd Tuesday of the month = Lake Elmo Bank @ 10am

Every other Tuesday = Massage with Shawnah @ 1-3pm

Every other Tuesday = Blackjack with Maintenance dept. @ 1:30pm

3rd Monday of the Month = Catholic Communion Offering service @ 10am

Performances will be:

Glenda = 11/09 @ 2pm for Happy Hour

Tom Kuseske = 11/11 @ 1pm for Veteran's Presentation

Bandanahhhs = 11/16 @ 2pm for Happy Hour

Vinnie Rose = 11/30 @ 2pm for Happy Hour

Resident Council = 11/17 @ 1:30pm



NOVEMBER OUTINGS

Monday, November 14th -

Target Shopping

Tuesday, November 22nd -

Nutcracker Ballet (see
happenings for more detail)

Sign up at front desk

NOVEMBER'S FEATURED COCKTAIL

**Spiked Apple
Cider**

Tested and Approved by:

Kaitlyn Tufenk

**FOR MORE VISIT: arborsenior.com and find monthly calendars under
News and Community Events**

November Happenings

November 11th, Friday - Veterans Day - We will be having a Patriotism Presentation in the Pub at 1pm with Tom Kuseske.

November 14th, Monday - Target Shopping outing from 1:00-2:30pm

November 16th, Wednesday - It is Arbor Glen's 5 year Anniversary! Come celebrate at our Anniversary party at 2pm in the Pub!!

November 18th, Friday - Chaplin George will be holding a "Pet Blessing" service. Bring your pet to the Pub at 10am to receive their blessing!

November 22nd, Tuesday - We will be going to the Stillwater High School at 6:30pm for the "Nutcracker Ballet". This is a fundraiser event for our local food shelf, so please bring a donation of canned food when you sign up. Sign up is limited, so please sign up at the front desk ASAP. The Ballet starts at 7pm and is approx. 2 hours long.

November 22, Tuesday - Pie Fundraiser from 3:30 - 5:30pm, flyer with more details to come.

Every other Sunday @ 11am - Due to low/no attendance, we will be removing "Embroidery Club" from the schedule and replacing it with "Storytelling", an evidence based fun and creative "Brain Builder" - come check it out!



Kudos



Nicole Tysk

Assistant DHS

What is your favorite color?

Purple

What is your favorite food?

Tacos

What is your favorite thing about fall?

Halloween!!

What do you love most about your job?

Listening and learning from the residents that
have become family

**Is there someone here that has helped you
achieve your excellence?**

My boss, Bobby, because I have to say that

Executive Spotlight

Happy November all!! This Newsletter I would like to focus on recognizing all of our wonderful Veterans that live here at Arbor Glen! We are privileged to recognize these brave men and women in our community.

With that being said, I am excited to announce a "re-vamp" of the Veteran's wall we have here at Arbor Glen. We will be moving the location and giving it a major upgrade to salute those who have served. Keep an eye out for it in the coming month!



Ann Grode

Executive Director

Resident Spotlight

Favorite Color: Orange!

Favorite Food: Baked Chicken and Mashed Potatoes

Career: Science teacher in Woodbury for 33 years (12,000 former students!!)

Favorite thing about fall:

Harvest! Giant Pumpkins, squash - everything from the garden!

Favorite thing about Arbor Glen: Great food, good dinner conversations, helpful staff, quiet evenings and FLAT floors!!



**BOB
SCHUMACHER**

VIETNAM VETERAN

UNITED STATES ARMY

Resident Spotlight done by: Maggie Spitzer, Housekeeping


NURSING UPDATES




Good news to see the gradual opening of more things in the building and there have been no new COVID cases for residents or staff. Booster clinic was a huge success, thank you for all your patience during that process! COVID cards are available for pick-up at the front desk. Although we have these boosters and no current COVID in the building, we still need to be mindful of infection control and maintain good practices, such as hand washing. Report respiratory symptoms early.

Independent residents we strongly advise to have daily safety/I'm ok checks that can be done via phone. Please see front desk to be added to calls. Nursing also recommends having emergency information packets readily available in the event of emergency. Things that would be beneficial to have in packet include: copy of insurance cards, medication list, health care directive, POLST form, and emergency contact number for family.

Happy Halloween!



THANK YOU FOR YOUR SERVICE



We love our Vets, and are honored to celebrate them on this
Veterans day

John Henricksson

Private 1st Class

United States Marine Corps

1943-1946

John Kaminski

Lt MC USNR

United States Navy

1957-1960

John “Jack” Dahlquist

Private 1st Class

United States Army

1953-1956

James “Jim” Ferraro

Private 1st Class

US Marine Corp

1957 - 1960

Edward “Ed” Williams

Yohman 3rd Class

Untied States Navy

1956-1964



THANK YOU FOR YOUR SERVICE

We love our Vets, and are honored to celebrate them on this
Veterans day

Bill Burdick

Airman 1st Class
Air Force Corp
1966-1968

Fred "Jim" Schmidt

Sergeant
United States Army
1954-1962

Warren Yahr

Seaman 2nd Class
United States Navy
1945-1947

Bob Schumacher

Sp/5
Vietnam Veteran
United States Army
1966-1968



November HOROSCOPE

In astrology, those born from November 1–21 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want. Those born from November 22–30 are Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures.



RESIDENT BIRTHDAYS

Dagmar Weill = 11/06
Henry "Skip" Giannini = 11/17
Don Johnson = 11/22
Barb Dahl = 11/13
Bev Cunnien = 11/23

WELCOME

to the team!!



NO PHOTO

Angie Ireland
Activity Assistant

Karina Frisbie
Resident Assistant

NO PHOTO



Wyatt Echeverria
Culinary Assistant

Finda Dolo
Resident Assistant

STAFF BIRTHDAYS

Lakeeshia (RA) = 11/02
Riley (RA) = 11/07
Colleen (Housekeeping) = 11/09
Dana (Culinary Assistant) = 11/28



Point of Contact

Chelsea Solfest, Activities Director
Chelsea.solfest@fairview.com
(651) 704 - 1424
(Her office is also located by the front door)