

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
FP - 1st floor fireplace P- 2nd floor Pub TV- Channel 1-2 DR- Dining Room T- Theater Room F – The Fields MC DR – Memory Care Dining Room PL – Parking Lot		9:00 Stretch DVD, TV 1 10:00 Yoga w/ Marilyn T 10:00-10:30 Bank SR 11:00 BINGO TV or P 1:00 Massage T 2:30 Exercise Class MC DR 4:00 Women's Group P	9:00 Stretch DVD, TV 2 10:30 Catholic Mass TV 1:00 Tell me your story P 2:00 Happy Hour P 3:00 Strengthening TV 4:00 Chat and Chew P	9:00 Stretch DVD, TV 3 11:00 BINGO TV or P 2:00 Strengthening TV 2:30 Exercise Class MC DR 4:00 Women's Group P	9:00 Stretch DVD, TV 4 10:00 Bible Study P 11:00 Church Service T 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P	8:00 Men's Group FP 5 9:00 Stretch DVD, TV 2:00 Strengthening TV 4:00 Women's Group P	
9:00 Stretch DVD, TV 6 10:30 Christ Lutheran Church Service TV 11:00 Storytelling P 12:00 Vikings vs Commanders TR 2:00 Strengthening TV 4:00 Women's Group P Daylight Saving <small>Daylight Saving Time Ends</small>	9:00 Stretch DVD, TV 7 9:30 Men's Group FP 11:00 Drama Club T 1:00 Card/game group P 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P	9:00 Stretch DVD, TV 8 10:00 Yoga w/ Marilyn T 11:00 BINGO P 1:30 Blackjack with Jack P 2:30 Exercise Class MC DR 4:00 Women's Group P	9:00 Stretch DVD, TV 9 10:30 Catholic Mass TV 1:00 Tell me your story P 2:00 Happy Hour with Glenda P 3:00 Strengthening TV 4:00 Chat and Chew P	9:00 Stretch DVD, TV 10 11:00 BINGO TV or P 2:00 Strengthening TV 2:30 Exercise Class MC DR 4:00 Women's Group P	9:00 Stretch DVD, TV 11 10:00 Bible Study P 11:00 Church Service T 1:00 Veteran Presentation P 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P <small>Veterans Day Remembrance Day (Canada)</small>	8:00 Men's Group FP 12 9:00 Stretch DVD, TV 11:00 Manicures P 2:00 Strengthening TV 3:00 Movie Matinee TV, T 4:00 Women's Group P	
9:00 Stretch DVD, TV 13 10:30 Christ Lutheran Church Service TV 12:00 Viking vs Bills TR 2:00 Strengthening TV 4:00 Women's Group P	9:00 Stretch DVD, TV 14 9:30 Men's Group FP 11:00 Drama Club T 1:00 Target Outing 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P	9:00 Stretch DVD, TV 15 10:00 Yoga w/ Marilyn T 10:00-10:30 Bank SR 11:00 BINGO TV or P 1:00 Massage T 2:30 Exercise Class MC DR 4:00 Women's Group P	9:00 Stretch DVD, TV 16 10:30 Catholic Mass TV 1:00 Tell me your story P 2:00 Anniversary Happy Hour with Bandanahhhs P 3:00 Strengthening TV 4:00 Chat and Chew P	9:00 Stretch DVD, TV 17 11:00 BINGO TV or P 2:00 Strengthening TV 1:30 Resident Council P 2:30 Exercise Class MC DR 4:00 Women's Group P	9:00 Stretch DVD, TV 18 10:00 Pet Blessing P 11:00 Church Service T 1:00 Sing along with Glenda FP 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P	8:00 Men's Group FP 19 9:00 Stretch DVD, TV 2:00 Strengthening TV 4:00 Women's Group P	
9:00 Stretch DVD, TV 20 10:30 Christ Lutheran Church Service TV 11:00 Storytelling P 2:00 Strengthening TV 3:25 Vikings vs Cowboys TR 4:00 Women's Group P	9:00 Stretch DVD, TV 21 9:30 Men's Group FP 10:00 Catholic communion offering T 11:00 Drama Club T 1:00 Card/game group P 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P	9:00 Stretch DVD, TV 22 10:00 Yoga w/ Marilyn T 11:00 BINGO P 1:30 Blackjack with Jack P 2:30 Exercise Class MC DR 6:30 Nutcracker Ballet Pie Fundraiser 3:30-5:30	9:00 Stretch DVD, TV 23 10:30 Catholic Mass TV 1:00 Tell me your story P 2:00 Happy Hour P 3:00 Strengthening TV 4:00 Chat and Chew P	9:00 Stretch DVD, TV 24 11:00 BINGO TV or P 2:00 Strengthening TV 4:00 Women's Group P 7:20 Vikings vs Patriots TR Thanksgiving <small>Thanksgiving Day (US)</small>	9:00 Stretch DVD, TV 25 10:00 Bible Study P 11:00 Church Service T 1:30 Sticker Art P 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P	8:00 Men's Group FP 26 9:00 Stretch DVD, TV 11:00 Manicures P 2:00 Strengthening TV 3:00 Movie Matinee TV, T 4:00 Women's Group P	
9:00 Stretch DVD, TV 27 10:30 Christ Lutheran Church Service TV 2:00 Strengthening TV 4:00 Women's Group P	9:00 Stretch DVD, TV 28 9:30 Men's Group FP 11:00 Drama Club T 1:00 Card/game group P 2:00 Strengthening TV 3:00 Movie Matinee TV 4:00 Women's Group P	9:00 Stretch DVD, TV 29 10:00 Yoga w/ Marilyn T 11:00 BINGO TV or P 1:00 Massage T 2:30 Exercise Class MC DR 4:00 Women's Group P	9:00 Stretch DVD, TV 30 10:00 Wunder Years visit P 10:30 Catholic Mass TV 1:00 Tell me your story P 2:00 Birthday Happy Hour with Vinnie Rose P 3:00 Strengthening TV 4:00 Chat and Chew P	<h1>November 2022</h1> <p>Check Channel 1-2 for daily updates to schedule</p>			