



November 2022

Recognizing Our Veterans with Honor Flight

This Veterans Day, we honor our veterans for bravely standing tall against some of history's greatest odds. That's why, through the Trilogy Community Foundation, we're proud to partner with the Honor Flight Network– a once-in-a-lifetime offering available to the veterans who call our communities home.



The Honor Flight Network's main purpose is to provide veterans with the opportunity to visit memorials dedicated to their services at no cost to them. In addition to a free flight, these trips include deluxe tour bus service, meals, snacks, t-shirts, and several other amenities. Honor Flight Network also provides trained, volunteer guardians to accompany veterans through the entire trip if the veteran is without one.

This past July, Trilogy resident Roger McCombs embarked on his own Honor Flight adventure. As a veteran of World War II, he was able to speak with several other WWII service members from the area and take an Honor Flight through the skies of Danville, Kentucky. The spotlight was on



the Greatest Generation once again as Roger and his new friends reminisced on a lifetime of service.

Whether it's Veterans Day or just another Tuesday, thank you to all of our residents, employees, and family members who have answered the call of duty. It is truly our honor to serve you.

To learn more about Honor Flights and if you're eligible to apply, talk to a member of our team today!

Happy Birthday!

Residents

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Dorothy W.	11/03
Lilah G.	11/05
Betty B.	11/06
Diann W.	11/08
Mary B.	11/10
Richard "Dick" M.	11/23
Staff	
Lisa R.	11/07
Jane F.	11/12
Sabrina S.	11/13
Linda R.	11/14
Pamela W.	11/15
Bobbi E.	11/15
Mary R.	11/25
Isabella B.	11/29

Activities: Ramping It Up

In the upcoming months, you will see some brand-new programs in the Life Enrichment Department. Here is a sneak peek: places we will tour-both in person and virtually, resident inspired and/or led programsboth at our campus & out in the Fremont community, more cultural programs, and VV clubs for the residents to join/lead and facilitate, just to name a few. Do you have any other ideas for different programs? Just let one of our Life Enrichment staff members know. We would love to incorporate them into our revamped Life **Enrichment programming** here at Valley View.



Happy November, everyone! It's hard to

believe we're already in the last months of 2022 – a year filled with Happy Hours, family events, and of course, some of the best Theme Weeks we've ever had. Shoutout to everyone who was a part of our recent Great Gatsby Gala – we couldn't have asked for a better time spent with you!

As we get ready for the season of giving, I want to give thanks to all of our residents and employees who have answered the ultimate call to service. Veteran's Day takes place on

Executive Director Corner

Friday, November 11th, and is a time for all of us to reflect on the sacrifices made by the men and women who bravely wore the uniform so that we could enjoy days like today. It is truly our pleasure to serve you.

There's still a lot of celebrating to be done in the days and weeks ahead - so be sure to keep your eye out for everything that we have planned both for Thanksgiving and beyond. More to come soon!

Until our next adventure,

Manci Kosanka.

Executive Director

October Brunch

October Brunch was a BIG hit! Just look at the love of family. That is what we are here at Valley View, FAMILY!



Marilyn B. & fam



Carol K. & fam



Sandy H. & Debi

More from October Brunch



Shirley T. & fam







Helen C. & fam



Marcie & daughters



Mary Ruth & Bev W.



Phyllis H. & fam

Volunteer News

Serving others is our primary function. From our communities to our employees, we work hard to help others. Volunteer today to help someone experience a better life. Currently we are looking for volunteers to assist with bingo, crafts, cooking group, community connections programs and lunch outings. In order to volunteer you must be fully vaccinated and feeling well. To learn more about our volunteering opportunities please call the Valley View Health Campus at 419-332-0357

Did You Know...?

Did you know that family members are welcome to join us during our daily programs? In fact, we encourage it. Meet us for lunch on our weekly Lunch Bunch Outing, Fridays are a great day to join us at Happy Hour, and our church groups would love to have you join them as would your loved one as well. What about our signature programming? Movie night, special guest presentations... just check out what is going on and plan to join in. Our residents would love that! Make some memories that will last a lifetime! Have questions? Check in with one of our Life Enrichment Team Members to get the information you need to make this happen.



HEALTH CAMPUS A Trilogy Senior Living Community

> 1247 N. River Rd. Fremont, OH 43420 419-332-0357 valleyviewhc.com | 9 f

Rey Nevarez **DVP-North Ohio Division** Nanci Kosanka Executive Director

Tammy Whitaker **Director of Health Services**

Margaret Smith Asst. Dir. of Health Services

Leslie Andecover Customer Services Director

Lisa Mathna **Business Office Manager** Peggy Halbisen

Life Enrichment Director

Tori Allen Director of Therapy

Bronklyn Black Director of Social Services

Joe Vida Director of Plant Operations

Kylie Ferguson **Director of Food Services**

Janice Kadlubowski MDS Coordinator

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter! **Question 1:** Who was the first U.S. President to pardon a turkey?

Question 2: How many days did the first Thanksgiving celebration last?

Question 3: True or False: Canada also celebrates Thanksgiving in November.

Question 4: Are pumpkins vegetables or fruits?

Question 5: What popular Christmas song was originally written to be a Thanksgiving song?

Word Gearch

Flip the page for last month's trivia answers: contractor contractor <math>contractor contractor contractor contractor contractor <math>contractor contractor contrac25: Which car introduced the first Q4: What male sea creature gives birth? The seaborse Isrut Life Juicy?" Starburst ωδοιε οι τρακ το τραγία της της της από the solicited Hallowessing the bat Q1: With the suite animal is used with ·uun1nF7 ·--— sp 04 рэллэfэл Кјиошшоэ QI: In Britain, the season of fall is more

November Word Geramble

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GENERATION GRATITUDE HISTORY

LIFETIME MEMORIALS **NOVEMBER**

EMINISCE SERVICE SKY VETERAN