

## Recognizing Our Veterans with Honor Flight

This Veterans Day, we honor our veterans for bravely standing tall against some of history's greatest odds. That's why, through the Trilogy Community Foundation, we're proud to partner with the Honor Flight Network—a once-in-a-lifetime offering available to the veterans who call our communities home.



The Honor Flight Network's main purpose is to provide veterans with the opportunity to visit memorials dedicated to their services at no cost to them. In addition to a free flight, these trips include deluxe tour bus service, meals, snacks, t-shirts, and several other amenities. Honor Flight Network also provides trained, volunteer guardians to accompany veterans through the entire trip if the veteran is without one.

This past July, Trilogy resident Roger McCombs embarked on his own Honor Flight adventure. As a veteran of World War II, he was able to speak with several other WWII service members from the area and take an Honor Flight through the skies of Danville, Kentucky. The spotlight was on



the Greatest Generation once again as Roger and his new friends reminisced on a lifetime of service.

Whether it's Veterans Day or just another Tuesday, thank you to all of our residents, employees, and family members who have answered the call of duty. It is truly our honor to serve you.

*To learn more about Honor Flights and if you're eligible to apply, talk to a member of our team today!*

# Happy Birthday!

## Residents

Gloria M. 11/04

Nancy B. 11/17

Irene F. 11/27

Donna P. 11/28

Barbara P. 11/29

## Staff

Kayla S. 11/05

Marlita T. 11/09

Heather M. 11/10

Courtney M. 11/11

Angel M. 11/13

Heather H. 11/14

Monique S. 11/16

Sharon J. 11/17

Kelsey C. 11/20

Page C. 11/30

Alyssa G. 11/30



## Executive Director Corner

Happy November, everyone!

It's hard to believe we're already in the last months of 2022 – a year filled with Happy Hours, family events, and of course, some of the best Theme Weeks we've ever had. Shoutout to everyone who was a part of our recent Great Gatsby Gala – we couldn't have asked for a better time spent with you!

As we get ready for the season of giving, I want to give thanks to all of our residents and employees who have answered the ultimate call to service. Veteran's Day takes place on

Friday, November 11th, and is a time for all of us to reflect on the sacrifices made by the men and women who bravely wore the uniform so that we could enjoy days like today. It is truly our pleasure to serve you.

There's still a lot of celebrating to be done in the days and weeks ahead - so be sure to keep your eye out for everything that we have planned both for Thanksgiving and beyond. More to come soon!

Until our next adventure,

Yours in Service,

*Holli Remy*  
Executive Director

## TRILOGY RETREAT

Every year Forest Glen has a Campus Retreat. This year we went Camping all day. There was bird watching in the woods, live fishing, corn hole competitions and residents made fairy lanterns.



## Taste of the Town

September's Taste of the Town was brought to us by Young's Jersey Dairy! Residents got to choose between one of their many famous homemade flavored ice creams.







*Forest Glen Bus*



*Sandy D. & Hazel M*

## Community Connections

The local high school, Kenton Ridge, has a Homecoming Parade. This is our second year joining in on the festivities. Residents threw candy to the children and enjoyed every minute watching them scurry for the treats.



*KR Marching Band*

## Out and About

This past month residents got a little competitive bowling at Northridge Lanes. Pizza and good times were had by all. If your interested in going the next time, please ask to speak with an activity's employee.

## Live A Dream

Trilogy has a great program called Live A Dream. Each resident gets just one so we try to make it big. Heath Center resident Steven W. and his wife celebrated their honey moon in New York \_\_ years ago. His dream was to go back to New York and visit the 9/11 memorial/museum at Ground Zero. Three days and two nights were packed full of fun for him and his wife. They got to visit The Statue of Liberty, tour the 9/11 Memorial, catch a Mets Game and walk the Financial district of Manhattan. Thank you so much Trilogy for making his dream come true!



*Statue of Liberty*



*Steven, Kelly, Heather & Brooke*



*World Trade 1*



*Ground Zero Memorial Fountains*



*John G.*



*Bessie R.*



*Sandy D.*





HEALTH CAMPUS

*A Trilogy Senior Living Community*

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Executive Director

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Administrator

*Betsy Hertlein-Land*  
Director of Health Services

*Teresa McWhorter*  
Customer Service Representative

*Betty Davis*  
Business Office Manager

*Terri Bowermaster*  
Director of Food Services

*Brooke Loy*  
Life Enrichment Director

*Jessica Deel*  
Director of Resident Services

*Tracy Lokai*  
Director of Environmental Service

*Gene Coates*  
Director of Plant Operations

*Tonya Martin*  
Therapy Program Manager

*Jeffery Kvidera*  
Legacy Neighborhood Director

*Shawnie Peters*  
Staff Development

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Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# Monthly Trivia & Activity Corner

*All trivia answers will be printed  
in our upcoming month's newsletter!*

**Question 1:** *Who was the first U.S.  
President to pardon a turkey?*

**Question 2:** *How many days did the  
first Thanksgiving celebration last?*

**Question 3:** *True or False: Canada also  
celebrates Thanksgiving in November.*

**Question 4:** *Are pumpkins  
vegetables or fruits?*

**Question 5:** *What popular  
Christmas song was originally  
written to be a Thanksgiving song?*

*Flip the page for last month's trivia answers:*

Q1: In Britain, the season of fall is more commonly referred to as Autumn.  
Q2: Which flying animal is usually associated with Halloween? The bat.  
Q3: What candy has the slogan "Isn't Life Juicy?" Starburst.  
Q4: What male sea creature gives birth? The seahorse.  
Q5: Which car introduced the first electric sunroof? The Nash car.

## November Word Scramble

NAOPROIUCC

IMAYLF

FETAS

ALFRTGEU

DTAREUIGT

ERVATSH

RHEAGITE

UNIKMPP

AVIIGKTNGSNH

RKEUTY

## Word Search

U	V	J	W	J	F	H	G	O	Z	V	Z	F	F	M	N	N	Y	K
U	I	Z	A	S	X	B	B	R	M	E	T	L	J	Y	A	Z	A	Z
M	J	H	T	V	E	T	E	R	A	N	B	I	T	F	H	F	D	D
O	T	W	Q	H	S	O	D	J	B	T	P	G	G	F	R	M	V	C
L	N	L	T	K	N	C	D	Y	Y	R	I	H	Y	D	W	B	E	S
I	V	X	L	A	N	E	E	D	E	V	A	T	Q	X	V	N	N	U
F	Q	F	V	C	O	G	D	N	T	T	A	V	U	I	Z	Y	T	E
E	L	B	F	X	V	N	I	Q	P	F	S	G	E	D	H	B	U	V
T	R	F	Q	R	E	E	C	E	T	R	K	A	T	A	E	Y	R	G
I	H	Y	B	H	M	L	A	B	N	E	Y	D	I	M	T	Y	E	U
M	P	U	J	I	B	C	T	O	X	M	F	M	E	U	P	T	Q	W
E	J	N	J	S	E	T	I	H	J	I	K	E	D	Q	K	O	S	F
K	B	W	D	T	R	T	O	E	C	N	C	M	L	V	U	T	Y	X
R	O	D	L	O	A	C	N	B	I	I	Z	O	B	W	Y	Q	S	H
Y	K	C	Z	R	H	L	A	A	V	S	M	R	Q	J	S	G	H	C
S	I	D	E	Y	L	P	X	R	S	C	K	I	R	D	E	H	P	L
Q	C	N	O	P	N	O	E	B	V	E	K	A	I	N	Q	S	P	E
O	E	V	O	Y	A	S	W	J	C	A	I	L	U	U	A	P	O	P
G	H	O	N	O	R	N	Y	W	V	B	C	S	U	B	U	X	L	S

ADVENTURE

BRAVE

DEDICATION

DUTY

FLIGHT

GENERATION

GRATITUDE

HISTORY

HONOR

LIFETIME

MEMORIALS

NOVEMBER

REMINISCE

SERVICE

SKY

VETERAN