



# Recognizing Our Veterans with Honor Flight

This Veterans Day, we honor our veterans for bravely standing tall against some of history's greatest odds. That's why, through the Trilogy Community Foundation, we're proud to partner with the Honor Flight Network– a once-in-a-lifetime offering available to the veterans who call our communities home.



The Honor Flight Network's main purpose is to provide veterans with the opportunity to visit memorials dedicated to their services at no cost to them. In addition to a free flight, these trips include deluxe tour bus service, meals, snacks, t-shirts, and several other amenities. Honor Flight Network also provides trained, volunteer guardians to accompany veterans through the entire trip if the veteran is without one.

This past July, Trilogy resident Roger McCombs embarked on his own Honor Flight adventure. As a veteran of World War II, he was able to speak with several other WWII service members from the area and take an Honor Flight through the skies of Danville, Kentucky. The spotlight was on



the Greatest Generation once again as Roger and his new friends reminisced on a lifetime of service.

Whether it's Veterans Day or just another Tuesday, thank you to all of our residents, employees, and family members who have answered the call of duty. It is truly our honor to serve you.

To learn more about Honor Flights and if you're eligible to apply, talk to a member of our team today!

## Happy Birthday!

#### Residents

Shannon N.

Hunter S.

Mary S.

Harold J.	11/01
Joan C.	11/03
Robert L.	11/13
Delores H.	11/14
John H.	11/14
Dwayne T.	11/16
Floyd H.	11/16
Staff	
Monica W.	11/01
Madelyn P.	11/08
Katelyn D.	11/09
Emma L.	11/09
Michelle P.	11/10

11/11

11/22

11/27

Happy Fri November, a ti

everyone! It's hard to

believe we're already in the last months of 2022 – a year filled with Happy Hours, family events, and of course, some of the best Theme Weeks we've ever had. Shoutout to everyone who was a part of our recent Great Gatsby Gala – we couldn't have asked for a better time spent with you!

As we get ready for the season of giving, I want to give thanks to all of our residents and employees who have answered the ultimate call to service. Veteran's Day takes place on Friday, November 11th, and is a time for all of us to reflect on the sacrifices made by the men and women who bravely wore the uniform so that we could enjoy days like today. It is truly our pleasure to serve you.

Executive Director Corner

There's still a lot of celebrating to be done in the days and weeks ahead - so be sure to keep your eye out for everything that we have planned both for Thanksgiving and beyond. More to come soon!

Until our next adventure,

Stephanie Anderson

**Executive Director** 

# Family Night Family Night was such a hoot! Everyone came

out to enjoy the delicious food, games, and live entertainment.







### PHOTO HIGHLIGHTS



Chef's Corner: There are so many kinds of tomatoes. They can be used for many dishes. I think our favorite way to eat them is to right off the vine. And these are White Oak grown!



Artisan Program: Nancy is one of the most talented artist we have at White Oak. She also likes doing a little crafting as you can see by the smile on her face.



Community Connections: This team from White Oak joined the Walk to End Alzheimer's this year. This one of the best events I have volunteered for. If you want to volunteer for next year's walk give us a call.

#### Did You Know...?

You can sponsor a resident for Christmas. Come in and take an angel from the Angel Tree from the front lobby of main campus. They will available November 1st.





Customer Service Moment: We have the Best Environmental Services Team! They always go above and beyond for our residents. They keep White Oak looking beautiful!



Smile of the Month: Sunshine on my shoulder makes me happy! What a great way to spend the afternoon. Our residents enjoy sitting in the courtyards and just soaking up the sun.



Happy Hour: Our Assistant Director of Food Services showing off some of her mad skills with a Pancake Bar for Happy Hour. It was delicious!



A Trilogy Senior Living Community

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> Stephanie Anderson Executive Director TBD Director of Nursing

Kim Snay Business Office Manager Alicia Berning

Director of Social Services

Zach Johnson Program Director

Kerri Fischer Life Enrichment Director

Larry Cates Director of Dining Services

Rodger Clendenen Director of Plant Services

Darla Houser Director of Legacy Neighborhood Connie Cates Director of Environmental Services

Montana Sabo Customer Services Representative

#### Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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#### **Monthly Trivia & Activity Corner**

All trivia answers will be printed in our upcoming month's newsletter! Question 1: Who was the first U.S. President to pardon a turkey?

**Question 2:** How many days did the first Thanksgiving celebration last?

**Question 3:** *True or False: Canada also celebrates Thanksgiving in November.* 

**Question 4:** Are pumpkins vegetables or fruits?

**Question 5:** What popular Christmas song was originally written to be a Thanksgiving song?

Lin Britain, the season of fall is more commonly referred to as consoned the factor associated with Halloween? The bat Q4: What can'the reature gives birth? The seaborse Q4: What male sea creature gives birth? The seaborse Q4: What male sea creature gives birth? The seaborse gives birth? The Nat bound of the factor consol of the factor for the facto

#### November Word Gcramble

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FETAS

ALFRTGEU

DTAREUIGT

ERVATSH

RHEAGITE

UNIKMPP

AVIIGKTNGSNH

RKEUTY

### Word Gearch

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