



STONEBRIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

On Campus

November 2022

Recognizing Our Veterans with Honor Flight

This Veterans Day, we honor our veterans for bravely standing tall against some of history's greatest odds. That's why, through the Trilogy Community Foundation, we're proud to partner with the Honor Flight Network—a once-in-a-lifetime offering available to the veterans who call our communities home.

The Honor Flight Network's main purpose is to provide veterans with the opportunity to visit memorials dedicated to their services at no cost to them. In addition to a free flight, these trips include deluxe tour bus service, meals, snacks, t-shirts, and several other amenities. Honor Flight Network also provides trained, volunteer guardians to accompany veterans through the entire trip if the veteran is without one.

This past July, Trilogy resident Roger McCombs embarked on his own Honor Flight adventure. As a veteran of World War II, he was able to speak with several other WWII service members from the area and take an Honor Flight through the skies of Danville, Kentucky. The spotlight was on



the Greatest Generation once again as Roger and his new friends reminisced on a lifetime of service.

Whether it's Veterans Day or just another Tuesday, thank you to all of our residents, employees, and family members who have answered the call of duty. It is truly our honor to serve you.

To learn more about Honor Flights and if you're eligible to apply, talk to a member of our team today!



Happy Birthday!

Residents

Patricia R.	11/04
Mary H.	11/07
Frank F.	11/12
Karen M.	11/15
Homer C.	11/25
Ruth B.	11/29
Lorene L.	11/29

Staff

Stephanie S.	11/5
Nathaniel L.	11/06
Arcelia C.	11/06
Kalla T.	11/7
Stephanie G.	11/11
Jessica M.	11/28
Maria V.	11/29
Donna V.	11/29

Dates to Remember

Taste of Town-Subway
- November 2

Nate Dillion Entertainment
- November 2

Susie the Balloon Lady
- November 3

Thanksgiving Family
Meal @ 5:00 - November
10 (Please RSVP)

Sunday Brunch - November 13
Live Band- November 13 @ 2:00

Smile of the Month

Look at this handsome face on Charles. He loved his football tattoo and enjoyed the beautiful sunshine during our Tailgate football campus retreat.



Executive Director Corner

Happy November, everyone!

It's hard to believe we're already in the last months of 2022 – a year filled with Happy Hours, family events, and of course, some of the best Theme Weeks we've ever had. Shoutout to everyone who was a part of our recent Great Gatsby Gala – we couldn't have asked for a better time spent with you!

As we get ready for the season of giving, I want to give thanks to all of our residents and employees who have answered the ultimate call to service. Veteran's Day takes place on

Friday, November 11th, and is a time for all of us to reflect on the sacrifices made by the men and women who bravely wore the uniform so that we could enjoy days like today. It is truly our pleasure to serve you.

There's still a lot of celebrating to be done in the days and weeks ahead - so be sure to keep your eye out for everything that we have planned both for Thanksgiving and beyond. More to come soon!

Until our next adventure
Megan Alldredge
Executive Director

Fall Outing

Our residents also enjoyed our first fall outing of the year. They headed to Johnny's Junction to look at the pumpkin and mums set up and the owner was so nice to give the ladies their very own pumpkin.



Tailgate Highlights

Our Residents had a great time during our Tailgate football campus retreat. What a beautiful day to be outside.

Staff Shoutout!

Shout out this month to the entire TEAM STONEBRIDGE. We all pulled together and hosted a great tailgate football campus retreat. The residents enjoyed food from the grill, tattoo's, face painting, cornhole, football toss and watched a fun game of staff flag football.





STONEBRIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

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Bedford, IN 47421

812-278-8195

stonebridgehs.com |

Megan Alldredge
Executive Director

Randi Pijarnsan
Director of Health Services

Carol Keith
Assistant Director of Health Services

Anita Shepherd
Business Office Manager

Cindy Carver, LPN
Director of Social Services

Kaci Grimes
Life Enrichment Director

Patrick Creech
Director of Plant Operations

Pam Harper
Director of Environmental Services

Chris Easterday
Customer Service Representative

Ashley Roberts
Director of Dining Services

Tessa Hays
Therapy Rehab Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *Who was the first U.S. President to pardon a turkey?*

Question 2: *How many days did the first Thanksgiving celebration last?*

Question 3: *True or False: Canada also celebrates Thanksgiving in November.*

Question 4: *Are pumpkins vegetables or fruits?*

Question 5: *What popular Christmas song was originally written to be a Thanksgiving song?*

Flip the page for last month's trivia answers:

Q1: In Britain, the season of fall is more commonly referred to as _____. Autumn.
Q2: Which flying animal is usually associated with Halloween? The bat
Q3: What candy has the slogan "Isn't Life Juicy?" Starburst
Q4: What male sea creature gives birth? The seahorse
Q5: Which car introduced the first electric sunroof? The Nash car.

November Word Scramble

NAOPROIUCC

IMAYLF

FETAS

ALFRTGEU

DTAREUIGT

ERVATSH

RHEAGITE

UNIKMPP

AVIIGKTNGSNH

RKEUTY

Word Search

U	V	J	W	J	F	H	G	O	Z	V	Z	F	F	M	N	N	Y	K
U	I	Z	A	S	X	B	B	R	M	E	T	L	J	Y	A	Z	A	Z
M	J	H	T	V	E	T	E	R	A	N	B	I	T	F	H	F	D	D
O	T	W	Q	H	S	O	D	J	B	T	P	G	G	F	R	M	V	C
L	N	L	T	K	N	C	D	Y	Y	R	I	H	Y	D	W	B	E	S
I	V	X	L	A	N	E	E	D	E	V	A	T	Q	X	V	N	N	U
F	Q	F	V	C	O	G	D	N	T	T	A	V	U	I	Z	Y	T	E
E	L	B	F	X	V	N	I	Q	P	F	S	G	E	D	H	B	U	V
T	R	F	Q	R	E	E	C	E	T	R	K	A	T	A	E	Y	R	G
I	H	Y	B	H	M	L	A	B	N	E	Y	D	I	M	T	Y	E	U
M	P	U	J	I	B	C	T	O	X	M	F	M	E	U	P	T	Q	W
E	J	N	J	S	E	T	I	H	J	I	K	E	D	Q	K	O	S	F
K	B	W	D	T	R	T	O	E	C	N	C	M	L	V	U	T	Y	X
R	O	D	L	O	A	C	N	B	I	I	Z	O	B	W	Y	Q	S	H
Y	K	C	Z	R	H	L	A	A	V	S	M	R	Q	J	S	G	H	C
S	I	D	E	Y	L	P	X	R	S	C	K	I	R	D	E	H	P	L
Q	C	N	O	P	N	O	E	B	V	E	K	A	I	N	Q	S	P	E
O	E	V	O	Y	A	S	W	J	C	A	I	L	U	U	A	P	O	P
G	H	O	N	O	R	N	Y	W	V	B	C	S	U	B	U	X	L	S

ADVENTURE

FLIGHT

HONOR

REMINISCE

BRAVE

GENERATION

LIFETIME

SERVICE

DEDICATION

GRATITUDE

MEMORIALS

SKY

DUTY

HISTORY

NOVEMBER

VETERAN