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Stamp



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Maintenance Director: Richard Wyncoop
Life Enrichment Director: Tracy Rasmussen

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



Sweetbriar Villa Bulletin

November 2022 Newsletter



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The History of Veterans Day, A Day of Gratitude

On November 11th, U.S. citizens will honor and express gratitude for those who have served our country on what is known as Veterans Day. It is a U.S. holiday that honors veterans of all wars.

What you may not know is that its history has had quite a few interesting twists and turns.

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ended between the Allied nations and Germany—on “Armistice Day.” The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one most people considered the conflict’s end.

In November of 1919, Armistice Day was observed by many countries with parades, public celebrations, and pauses to business and school activities at 11 am.

Then, in June of 1926, Congress passed a resolution saying November 11 should be commemorated yearly. As of May 13, 1938, Armistice Day was a legal Federal holiday.



What is the difference between Veterans Day and Memorial Day? Memorial Day, in May, is dedicated to Americans who have served and who passed away during (or as a result of) serving. Veterans Day honors all Veterans, alive and who have passed.

Changes would still occur though. During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and Navy. Another 5.7 million served in the Korean War. Thus, Veteran’s service organizations lobbied for the words “Veterans Day” to replace Armistice Day in honor of the American veterans of all wars. In 1954,

President Dwight D. Eisenhower signed legislation for the name to be changed.

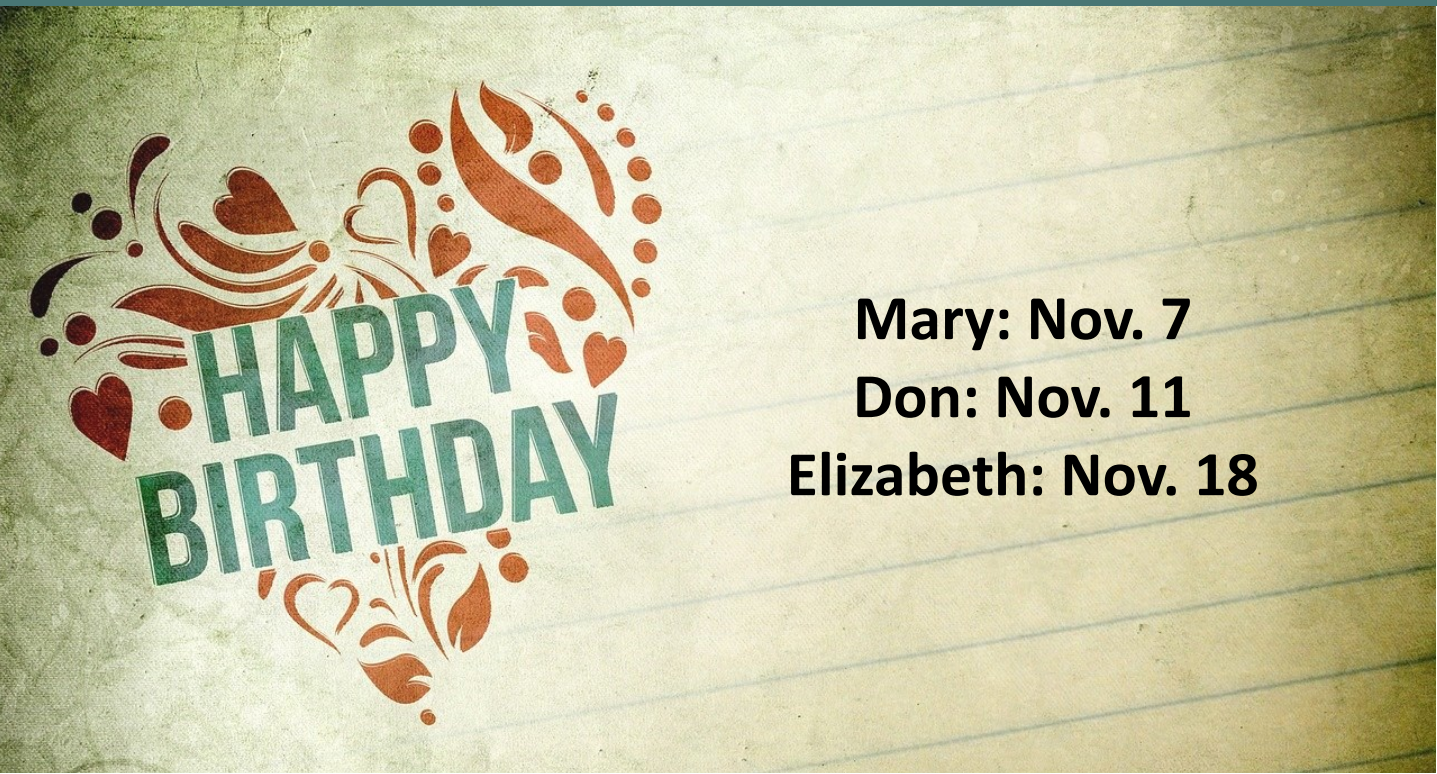
The day would still see some changes! As of 1971, Veterans Day was moved to the fourth Monday in October when Congress passed a Uniform Holidays Bill to make Monday “the” day for federal holidays. But in 1978, due to many states’ confusion and disapproval over the

change, the holiday was moved back to its original observance date.

Since then, Veterans Day continues to be observed on November 11th. That day, and throughout the year, we thank all who have served for our great nation.

We welcome you to share messages of thanks for our Veterans on our Facebook post on the 11th of November.

Special Moments



Mary: Nov. 7
Don: Nov. 11
Elizabeth: Nov. 18

November 2022 Highlights

Observes: Natl. Alzheimer's Awareness, COPD, Diabetes, Epilepsy, Hospice & Palliative Care, Long-term Care, and Lung Cancer

Celebrates: Aviation History, Career Development, Family Caregivers, Family Stories, Fondue, Gratitude, Life Writing, Movember, Military Families, Native American Heritage, Novels, Peanut Butter, Pomegranates, Raisin Bread, Spinach, and Squash

01 Calzone Day; Cinnamon Day; Fried Clams Day	17 Baklava Day; Homemade Bread Day; Guinness World Record Book Day
02 Deviled Egg Day; Stress Awareness Day	18 Princess Day; Mickey Mouse's Birthday
03 Sandwich Day; World Jellyfish Day	19 Intl. Men's Day; Play Monopoly Day
04 Candy Day	20 Game & Puzzle Week; Peanut Butter Fudge Day
05 Donut Day; Love Your Red Hair Day; Bison Day	21 Gingerbread Cookie Day; Stuffing Day
06 Daylight Savings End; Nacho Day; Saxophone Day	22 Cranberry Relish Day
07 Merlot Day; Bittersweet Chocolate & Almond Day	23 Cashew Day; Espresso Day; Jukebox Day
08 Cappuccino Day; STEM Day	24 Thanksgiving Day; Unique Talent Day
09 Scrapple Day	25 Native American Heritage Day; Parfait Day
10 Marine Corps Birthday; Vanilla Cupcake Day	26 Cake Day; Small Business Saturday
11 Veterans Day; Origami Day; Sundae Day	27 Bavarian Cream Pie Day; Craft Jerky Day
12 Chicken Soup for Soul Day; French Dip Day	28 French Toast Day
13 Nurse Practitioners' Week; World Kindness Day	29 Day of Giving
14 PJ Day; Pickle Day; Spicy Guacamole Day	30 Mason Jar Day; Mousse Day
15 Recycle Day; Philanthropy Day; Raisin Bran Day	
16 Button Day; Fast Food Day	

Note: Daylight Savings Time Ends Sunday, Nov. 6th. At 2 AM, your clocks go back one hour.

Our Executive Director's Corner

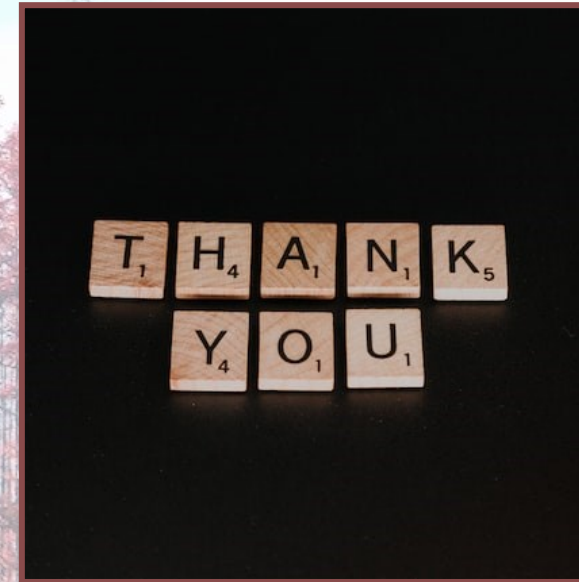
Dear residents, family members, and friends,

Stop by and drop off a non-perishable food item for Lane County. It's such a great way to give back to our community.

Are you or someone you know looking for a volunteer opportunity? Give us a call for questions you may have.

If you are planning on taking your loved one home for Thanksgiving or stopping by, please remember COVID is still a part of our daily lives at Sweetbriar Villa. We as a community work diligently to keep our residents COVID free by wearing a mask and washing our hands. Join us as we celebrate one another to keep each other COVID free!

Thank You!



Staff Spotlight: John

John is our employee of the month. He is a caregiver and has been working here for a year. John used to work day shift, then moved over to NOC shift.

He is very kind and soft spoken to the residents. He is always sharing stories of plants and his animals.

We love having you here as part of our team, John!



Resident Spotlight: Alice

Alice was born in Lodi, California, moved to Tracy, Calif., and lived in an Outfit (remodeled boxcar). After World War II, she moved to McKenzie Bridge, Oregon. Alice met her husband Rod in High School. After his Navy service, they married. They were married 59 years! They both worked in the lumber industry for 40 years. They have four kids that all graduated from Thurston High School. After retirement, they traveled in their RV. Now Alice is graced by 16 grandchildren & 14 great grandkids. She is still enjoying playing the piano at SBV, for the last 2 years.

NOVEMBER 2022

Sweetbriar Villa

• Assisted Living and Memory Care

• 6135 E Street

• 541-225-0200

SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.	Lane County Food Drive Stop by and drop Off a food item	1 10:30 Balloon Ball 11:00 IN2L 12:00 Lunch 1:30 Music 2:00 Tea Tuesday 3:30 Bingo 4:00 One on One	2 10:00 Scenic Drive 12:00 Lunch 1:00 Activity 2:00 Movie 3:30 Bingo 	3 10:00 Yoga with Natasha 11:00 Trivia 12:00 Lunch 1:30 One on One 2:00 Walking Group 3:30 Bingo 4:00 Memory Care	4 10:30 Balloon Ball 11:00 IN2L 12:00 Lunch 1:30 Craft 2:00 Games 3:30 Bingo	5 10:00 Walking Group 11:00 IN2L 12:00 Lunch 1:30 Football 3:30 Bingo 5:00 Activity
6 10:00 Walking Group 11:00 IN2L 12:00 Lunch 1:00 Coloring 2:00 Music 3:30 Bingo 4:00 Activity 5:00 Activity	7 10:30 Pastor Paul 11:00 Music 12:00 Lunch 1:00 Manicures 2:00 Hair with Tracy 3:30 Bingo Happy Birthday Mary !	8 10:30 Music 11:00 Travel Time 12:00 Lunch 1:00 IN2L 2:00 Tea Time 3:00 Activity 4:00 Activity 5:00 Activity	9 10:00 Scenic Drive 11:00 IN2L 12:00 Lunch 1:00 MOVIE 3:30 Bingo	10 10:00 Yoga with Natasha 11:00 Trivia 12:00 Lunch 1:30 One on One 2:00 Walking Group 3:30 Bingo 4:00 Memory Care	11 VETERANS DAY 10:30 Balloon Ball 11:00 IN2L 12:00 Lunch 1:30 Craft 2:00 Games 3:30 Bingo Happy Birthday Don !	12 10:00 Walking Group 11:00 IN2L 12:00 Lunch 1:30 Football 2:00 TV 3:30 Bingo
13 10:00 Walking Group 11:00 IN2L 12:00 Lunch 1:30 Cards 2:00 Coloring 3:30 Bingo	14 10:30 Pastor Paul 11:00 Music 12:00 Lunch 1:00 Manicures 2:00 Hair with Tracy 3:30 Bingo	15 10:30 Music 11:00 Travel Time 12:00 Lunch 2:00 Tea Time 3:30 Bingo 	16 10:00 Scenic Drive 12:00 LUNCH 1:00 MOVIE 3:30 Bingo	17 10:00 Yoga with Natasha 11:00 Trivia 12:00 Lunch 1:30 Activity with Geoneva 3:30 Bingo 4:00 Memory Care	18 10:30 Balloon Ball 12:00 Lunch 1:30 Craft 2:00 Games 3:30 Bingo Happy Birthday Elizabeth !	19 10:30 Walking Group 11:00 IN2L 12:00 Lunch 1:00 Football 2:00 TV 3:30 Bingo
20 10:00 Walking Group 11:00 IN2L 12:00 Lunch 1:00 Board Games 2:00 Coloring 3:30 Bingo	21 10:30 Pastor Paul 11:00 Music 12:00 Lunch 1:00 Manicures 2:00 Hair with Tracy 3:30 Bingo 	22 10:00 Music 11:00 Travel Time 12:00 Lunch 1:00 IN2L 2:00 Tea Time 3:30 Bingo	23 10:00 Scenic Drive 11:00 IN2L 12:00 Lunch 1:00 MOVIE 3:30 Bingo	24 THANKSGIVING DAY 12:00 Thanksgiving 1:00 Dessert Time 2:00 IN2L 3:00 Bingo 	25 10:30 Balloon Ball 11:00 Jeopardy 12:00 Lunch 1:30 Craft 2:00 Games 3:30 Bingo	26 10:30 Walking Group 11:00 IN2L 12:00 Lunch 1:00 Football 2:00 TV 3:30 Bingo
27 10:00 Walking Group 11:00 IN2L 12:00 Lunch 1:00 Puzzles 2:00 Coloring 3:30 Bingo	28 10:30 Pastor Paul 11:00 Karaoke 12:00 Lunch 1:30 Manicures 2:00 Hair with Tracy 3:30 Bingo	29 10:30 Music 11:00 Travel Time 12:00 Lunch 1:30 IN2L 2:00 Tea Time 3:30 Bingo	30 10:00 Scenic Drive 11:00 IN2L 12:00 Lunch 1:00 MOVIE 3:30 Bingo	Wishing Everyone A Happy Birthday !! 		