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Stamp

Leadership Team

Executive Director:

Maria Cotom

Community Relations Director:

Amanda Al Fartosi

Wellness Coordinator:

Brenda Torres

Wellness Coordinator:

Yessica Lemus

Wellness Director, Ponderosa:

Karla Bonifacio

Wellness Nurse:

Franciene Thompson

Business Office Director:

Annie Truxton

Life Enrichment Director:

Anjee Thompson

Dining Services Director:

Aprilann San Nicoles

Maintenance Director:

Paul Burns

**Our mission is to create and
sustain comfortable,
caring environments for those
who depend on us.**

The Farmington Times

November 2022 Newsletter



2 The History of Veterans Day
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights & Our ED's Corner
7 Special Moments & Birthdays
8 Mission & Team

The History of Veterans Day, A Day of Gratitude

On November 11th, U.S. citizens will honor and express gratitude for those who have served our country on what is known as Veterans Day. It is a U.S. holiday that honors veterans of all wars.

What you may not know is that its history has had quite a few interesting twists and turns.

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ended between the Allied nations and Germany—on “Armistice Day.” The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one most people considered the conflict’s end.

In November of 1919, Armistice Day was observed by many countries with parades, public celebrations, and pauses to business and school activities at 11 am.

Then, in June of 1926, Congress passed a resolution saying November 11 should be commemorated yearly. As of May 13, 1938, Armistice Day was a legal Federal holiday.



What is the difference between Veterans Day and Memorial Day? Memorial Day, in May, is dedicated to Americans who have served and who passed away during (or as a result of) serving. Veterans Day honors all Veterans, alive and who have passed.

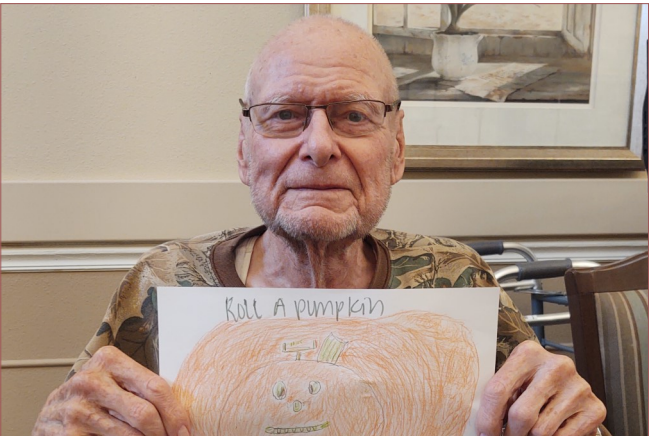
Changes would still occur though. During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and Navy. Another 5.7 million served in the Korean War. Thus, Veteran’s service organizations lobbied for the words “Veterans Day” to replace Armistice Day in honor of the American veterans of all wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.


The day would still see some changes! As of 1971, Veterans Day was moved to the fourth Monday in October when Congress passed a Uniform Holidays Bill to make Monday “the” day for federal holidays. But in 1978, due to many states’ confusion and disapproval over the change, the holiday was moved back to its original observance date.

Since then, Veterans Day continues to be observed on November 11th. That day, and throughout the year, we thank all who have served for our great nation.

We welcome you to share messages of thanks for our Veterans on our Facebook post on the 11th of November.

Special Moments





Residents
Katie: Nov. 10
Sandy: Nov. 20
Marjorie: Nov. 26

Staff
Brenda: Nov. 1
Karla: Nov. 2
Ichok: Nov. 15
Sarah: Nov. 18

November 2022 Highlights

Observes: Natl. Alzheimer’s Awareness, COPD, Diabetes, Epilepsy, Hospice & Palliative Care, Long-term Care, and Lung Cancer

Celebrates: Aviation History, Career Development, Family Caregivers, Family Stories, Fondue, Gratitude, Life Writing, Movember, Military Families, Native American Heritage, Novels, Peanut Butter, Pomegranates, Raisin Bread, Spinach, and Squash

01 Calzone Day; Cinnamon Day; Fried Clams Day	17 Baklava Day; Homemade Bread Day; Guinness
02 Deviled Egg Day; Stress Awareness Day	World Record Book Day
03 Sandwich Day; World Jellyfish Day	18 Princess Day; Mickey Mouse’s Birthday
04 Candy Day	19 Intl. Men’s Day; Play Monopoly Day
05 Donut Day; Love Your Red Hair Day; Bison Day	20 Game & Puzzle Week; Peanut Butter Fudge Day
06 Daylight Savings End; Nacho Day; Saxophone Day	21 Gingerbread Cookie Day; Stuffing Day
07 Merlot Day; Bittersweet Chocolate & Almond Day	22 Cranberry Relish Day
08 Cappuccino Day; STEM Day	23 Cashew Day; Espresso Day; Jukebox Day
09 Scrapple Day	24 Thanksgiving Day; Unique Talent Day
10 Marine Corps Birthday; Vanilla Cupcake Day	25 Native American Heritage Day; Parfait Day
11 Veterans Day; Origami Day; Sundae Day	26 Cake Day; Small Business Saturday
12 Chicken Soup for Soul Day; French Dip Day	27 Bavarian Cream Pie Day; Craft Jerky Day
13 Nurse Practitioners’ Week; World Kindness Day	28 French Toast Day
14 PJ Day; Pickle Day; Spicy Guacamole Day	29 Day of Giving
15 Recycle Day; Philanthropy Day; Raisin Bran Day	30 Mason Jar Day; Mousse Day
16 Button Day; Fast Food Day	

Our Executive Director’s Corner

Dear residents, family members, and friends,

November 11th is Veterans Day!

On this day, and throughout the year, those who have been members of the armed forces have protected and served us and we are proud to in return serve them now. Thank you to our Veterans! We honor you and are grateful for your service.

November Note: Daylight Savings Time Ends Sunday, Nov. 6th. At 2 AM, your clocks go back one hour.



Staff Spotlight:
Brenda

Brenda works in our life enrichment department and she does just that. She spends every day that she is here enriching the lives of our residents. Since joining our team, she has learned to knit so that she could start a knitting club because one of her residents wanted to knit again.

She and her husband are active in their church and with their families and love living in and exploring the area.

We are so glad to have her as a team member and see a bright future for her here!



Resident Spotlight:
Remco

This gentleman, as you can see, has a great smile. Born in the Netherlands, he and his wife of 56 years, Joyful, have lived in several states over the years, including California, Florida, Hawaii and Pennsylvania.

He is a soft-spoken man and enjoys walks in the courtyard and watching criminal and documentary TV shows. He like to be in charge of the remote and makes sure we have fresh batteries on hand.

We love his smile and kind heart!

NOVEMBER 2022

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SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.		1 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Mexico 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	2 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Sing Along 1:00 Read Aloud 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	3 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	4 9:30 Exercise IN2L 10:00 Ball Toss 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	5 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
6 Daylight Savings Ends 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	7 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	8 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Montana 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	9 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Sing Along 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	10 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	11 Veterans Day 9:30 Exercise IN2L 10:00 Ball Toss 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	12 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
13 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	14 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	15 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Germany 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	16 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 One on One 1:00 Read Aloud 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	17 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	18 9:30 Exercise IN2L 10:00 Ball Toss 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	19 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
20 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	21 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	22 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Spain 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	23 9:30 Exercise IN2L 10:00 Sing Along 11:00 Hang man 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	24 Thanks Giving 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	25 9:30 Exercise IN2L 10:00 Ball Toss 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	26 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
27 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	28 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	29 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to California 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	30 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Hang man 1:00 Read Aloud 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV			Happy Birthday Sandy: Nov 20th Marjorie: Nov 26th

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SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.		1 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Documentary	2 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Word Games 1:00 Card Games 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 How its Made IN2L	3 9:30 Exercise IN2L 10:00 Walking Group 11:00 One on One 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	4 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 Comedy TV	5 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
6 Daylight Savings Ends 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	7 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 Western Movie	8 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	9 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Word Games 1:00 Card Games 2:00 Crafts and Create 3:00 Bowling 4:00 Game Show 6:00 How its Made IN2L	10 9:30 Exercise IN2L 10:00 Walking Group 11:00 One on One 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	11 Veterans Day 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 Comedy TV	12 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
13 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	14 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 History Show	15 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Documentary	16 9:30 Exercise IN2L 10:00 Sounds Like IN2L 11:00 Word Games 1:00 Card Games 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 Classic TV	17 9:30 Exercise IN2L 10:00 Walking Group 11:00 One on One 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	18 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 How its Made IN2L	19 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
20 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	21 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 Western Movie	22 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	23 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Word Games 1:00 Read Aloud 2:00 Crafts and Create 3:00 Bowling 4:00 Game Show 6:00 How its Made IN2L	24 Thanks Giving 9:30 Exercise IN2L 10:00 Walking Group 11:00 One on One 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	25 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 Comedy TV	26 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
27 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	28 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 History Show	29 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	30 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Word Games 1:00 Jokes and Poems 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 How its Made IN2L			

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All activities subject to change per mandated health guidelines.		1	2	3	4	5
		9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Museum tour 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 6:00 Music IN2L 7:00 Movie	9:30 Exercise IN2L 10:00 News and Chat 11:00 Read Aloud 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	9:30 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Travel Show 6:00 Music IN2L 7:00 Movie
6 Daylight Saving Time Ends	7	8	9	10	11 Veterans Day	12
9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 6:00 Movie IN2L	9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 6:00 Music IN2L 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Video 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 6:00 Music IN2L 7:00 Movie	8 9:30 Exercise IN2L 10:00 News and Chat 11:00 How Much Does it Cost 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	9:30 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Zoo Tour Video 6:00 Music IN2L 7:00 Movie
13	14	15	16	17	18	19
9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 6:00 Movie IN2L	9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 6:00 Music IN2L 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Project 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 6:00 Music IN2L 7:00 Movie	9:30 Exercise IN2L 10:00 News and Chat 11:00 Bible Study 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 RESIDENT COUNCIL 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	9:30 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Travel Show 6:00 Music IN2L 7:00 Movie
20	21	22	23	24 Thanks Giving	25	26
9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 5:00 Dinner 6:00 Movie IN2L	9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 6:00 Music IN2L 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Video 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 5:00 Dinner 6:00 Music IN2L	9:30 Exercise IN2L 10:00 News and Chat 11:00 How Much does it Cost 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 Art Project 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	9:30 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Travel Show 6:00 Music IN2L 7:00 Movie
27	28	29	30			Happy Birthday Katie: Nov 10th
9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 6:00 Movie IN2L	9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 6:00 Music IN2L 7:00 Movie IN2L	9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Project 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 6:00 Music IN2L 7:00 Movie	9:30 Exercise IN2L 10:00 News and Chat 11:00 Bible Study 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L			