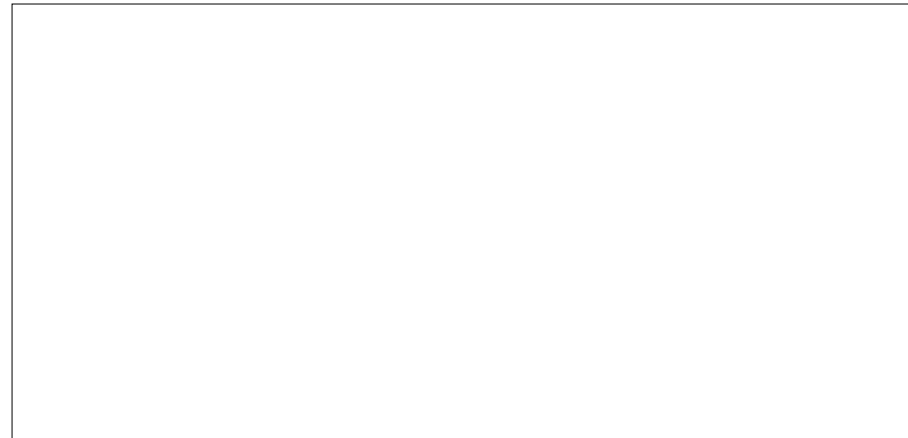




1547 N. Hunters Way
Bozeman, MT 59718

Stamp



Leadership Team
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Wellness Director:
Genesis Saulsman
Business Office Director:
Susan Lang
Life Enrichment Director:
Tina Thompson
Dining Services Director:
Mike Welch
Maintenance Director:
Garret Hofmaster

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



Bozeman Lodge News

November 2022 Newsletter



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The History of Veterans Day, A Day of Gratitude

On November 11th, U.S. citizens will honor and express gratitude for those who have served our country on what is known as Veterans Day. It is a U.S. holiday that honors veterans of all wars.

What you may not know is that its history has had quite a few interesting twists and turns.

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ended between the Allied nations and Germany—on “Armistice Day.” The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one most people considered the conflict’s end.

In November of 1919, Armistice Day was observed by many countries with parades, public celebrations, and pauses to business and school activities at 11 am.

Then, in June of 1926, Congress passed a resolution saying November 11 should be commemorated yearly. As of May 13, 1938, Armistice Day was a legal Federal holiday.



What is the difference between Veterans Day and Memorial Day? Memorial Day, in May, is dedicated to Americans who have served and who passed away during (or as a result of) serving. Veterans Day honors all Veterans, alive and who have passed.

Changes would still occur though. During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and Navy. Another 5.7 million served in the Korean War. Thus, Veteran’s service organizations lobbied for the words “Veterans Day” to replace Armistice Day in honor of the American veterans of all wars. In 1954,

President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes! As of 1971, Veterans Day was moved to the fourth Monday in October when Congress passed a Uniform Holidays Bill to make Monday “the” day for federal holidays. But in 1978, due to many states’ confusion and disapproval over the


change, the holiday was moved back to its original observance date.

Since then, Veterans Day continues to be observed on November 11th. That day, and throughout the year, we thank all who have served for our great nation.

We welcome you to share messages of thanks for our Veterans on our Facebook post on the 11th of November.

Special Moments





HAPPY BIRTHDAY

Marjorie B.: Nov. 1
Phil R.: Nov. 2
Noma A.: Nov. 5
Sal S.: Nov. 7
Merry S.: Nov. 9
Bob C.: Nov. 15
Harold H.: Nov. 20
Albert B.: Nov. 25

November 2022 Highlights

Observes: Natl. Alzheimer's Awareness, COPD, Diabetes, Epilepsy, Hospice & Palliative Care, Long-term Care, and Lung Cancer

Celebrates: Aviation History, Career Development, Family Caregivers, Family Stories, Fondue, Gratitude, Life Writing, Movember, Military Families, Native American Heritage, Novels, Peanut Butter, Pomegranates, Raisin Bread, Spinach, and Squash

- | | |
|-------------------------------------------------------------------------------------------|-----------------------------------------------|
| 01 Learn About Operation Christmas Child | 16 Music with Edis & Cliff |
| 02 Make a Fall Gnome Door Hanger | 17 Strings and Things Musical Performance |
| 02 Welcoming Committee Informational Meeting | 17 Town Hall Meeting with Manager Andrew |
| 03 British Presentation & Treats with Malcom | 18 Shopping at Target* |
| 04 Shopping at Smith's* | 18 Pack Operation Christmas Child Boxes* |
| 04 Resident Council Meeting | 18 Family Movie Night |
| 05 Play Poker with Mallory | 19 Coffee at Colds smoke Coffee Shop* |
| 06 Daylight Savings Time Ends Turn Clocks Back | 19 Shopping at Ross/Michaels* |
| 07 Scenic Drive* | 21 Bridal Tea Party for Mallory* |
| 08 Learn to Play Bananagrams | 22 Macy's Thanksgiving Day Parade Fun Facts |
| 09 Happy Hour with Alice & Ray | 23 Flower Arranging |
| 10 Activity Forum | 24 Thanksgiving Day |
| 11 Brunch for Our Veterans | 25 Poetry Reading: Bring Your Favorite Poetry |
| 11 Shopping at Dollar Tree/Hobby Lobby* | 26 Learn to use the IN2L System |
| 12 Pumpkin Spice Lattes | 28 Shopping at Gallatin Valley Mall* |
| 14 Lunch at The Club* | 29 Old Wives Tales Trivia with Prizes |
| 15 Alzheimer's & Dementia Brain Health Talk with Kristen from the Alzheimer's Association | 30 Help Decorate for Christmas! |
| | 30 New Comer's Social |

A Few Notes:

Don't forget! Daylight Savings Time Ends on Sunday, Nov. 6th. At 2 AM, turn your clocks back one hour. Enjoy more light in the morning.

Thanksgiving:

Join us for a traditional Thanksgiving dinner. We will be hosting 2 seating times:

The first seating is at 10:45am

The second seating is at 1:00pm

The guest fee is \$10, which can be paid with cash, check, or added to your bill. Bingo Bucks cannot be used to pay for guest meals.

Please sign up for a seating time and let us know how many guests will be attending by November 16th.



"All the days of life" A Poem by Gib

"Life is like a box of chocolates"
Forrest Gump did say.
One never knows just what you'll find,
On any given day.
Just like that box of chocolates,
Some pieces you'll enjoy.
While other days the piece you're dealt
Will make you feel annoyed.
We older folks have had our share
Of many different flavors.
Over the years, we've had some sweet
And some we didn't savor.

So young folks, take heart
From those who've come this far for sure,
Some days will be like a box of chocolates,
Some others like manure.



Transportation Information

We offer transportation to medical appointments on Tuesdays, Wednesdays, and Thursdays between 8:30am-4:30pm. With winter coming and the need to clear off/warm up the vehicles, we request that you don't schedule appointments before 9:00am or after 3:15pm if possible.

Due to the busyness of our transportation schedule, appointments must be called in to the front desk by 3:00pm the day before. We cannot guarantee a ride will be available for appointments called in after that time. If you are 5 minutes late for your departure time, we may need to leave without you in order to make sure others are not late for their appointments. This applies to all transportation, including scheduled outings

There is another great option for local transportation called Galavan. They can take you to medical and non-medical appointments, as well as stores and shopping centers. This public service is free for seniors and operates Monday through Friday. They will pick you up and drop you off here at the Lodge. The front desk and activities team are happy to help you fill out and submit the intake form to get started and then you can call them directly to schedule a ride.

NOVEMBER 2022

Bozeman Lodge

• 1547 N. Hunters Way, Bozeman, MT 59718

• (406) 522-5452

SUN	MON	TUE	WED	THU	FRI	SAT	
All activities subject to change per mandated health guidelines.		1 9:30 Blueberry White Hot Chocolate 10:15 IN2L:“Would You Rather?” Discussion 10:45 Zumba Gold Chair Dancing Exercise 1:30 Bridge Club 2:30 Play Scrabble 3:00 Afternoon Movie 3:45 Learn About Operation Christmas Child 7:00 Evening Movie	2 9:30 Exercise with Cheryl 10:15 Sweet Treats in the Bistro 10:30 Greeting Card Sales 11:00 IN2L: Jeopardy Game 1:00 IN2L: Broadway Musicals 2:15 Make a Fall Gnome Door Hanger 3:00 Afternoon Movie 3:45 Welcoming Committee Informational Meeting 7:00 Evening Movie	3 9:00 Resident Store Open 10:00 Exercise with Our Therapy Team 11:00 On The Day You Were Born Fun Facts 1:00 Knit/Crochet/Needlework 2:00 Bingo 3:00 Afternoon Movie 3:30 British Presentation & Treats with Malcom 7:00 Evening Movie	4 9:45 IN2L: Sit & Be Fit Exercise 10:00 Shopping at Smith’s* 11:00 IN2L: Wonders of the World History 1:00 IN2L: Tomb of the Unknown Soldier 2:30 Resident Council Meeting 3:00 Afternoon Movie 4:00 Coloring for Relaxation 7:00 Evening Movie	5 9:15 Granny’s Donuts 10:00 Circuit Exercise 11:00 IN2L: Brain Games 1:00 IN2L: Building Icons 2:00 MSU Football Game Live Stream 2:00 Bingo 3:00 Hallmark Movie 3:30 Poker with Mallory 7:00 Evening Movie	
	6 Daylight Savings Time Ends 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Church Service 11:00 IN2L: Piggy Bankers Game 1:00 IN2L: Guided Meditation 2:30 Ecumenical Church Service via Video 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie	7 9:30 This Week in History 10:30 IN2L: Crossword Puzzles 1:30 Men’s Strength Training 2:00 Bingo 3:00 Afternoon Movie 3:15 Scenic Drive* 4:00 IN2L: TED Talks Educational Lectures 7:00 Evening Movie	8 9:30 Eggnog Lattes 10:45 Zumba Gold Chair Dancing Exercise 1:30 Bridge Club 2:30 Learn to Play Bananagrams 3:00 Afternoon Movie 3:30 It Happened In November Trivia & Discussion 7:00 Evening Movie	9 9:30 IN2L: Express Toning Exercise 10:15 Sweet Treats in the Bistro 11:00 IN2L: Trivia Game 1:00 IN2L: Inspirational Seniors 2:00 Cooking Club 3:00 Afternoon Movie 3:45 Happy Hour with Alice & Ray 7:00 Evening Movie	10 9:30 Table Topics Coffee Chat 10:00 Exercise with Our Therapy Team 11:00 Home State History 1:00 Knit/Crochet/Needlework 2:00 Bingo 3:00 Afternoon Movie 4:00 Activity Forum 7:00 Evening Movie	11 Veteran’s Day 9:45 IN2L: Tai Chi Exercise 10:00 Brunch for Our Veterans 1:30 Shopping at Dollar Tree/Hobby Lobby* 2:15 Lucky Roller Dice Game 3:00 Afternoon Movie 3:00 Sing Along with Grace 4:00 Root Beer Floats 7:00 Evening Movie	12 9:15 Pumpkin Spice Lattes 10:00 Circuit Exercise 11:00 IN2L: Brain Games 1:00 IN2L: Building Icons 2:00 Bingo 3:00 Hallmark Movie 3:30 Baking Club 6:00 MSU Football Game Live Stream 7:00 Evening Movie
	13 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Church Service 11:00 IN2L: For A Good Cause: Trivia that Gives Back! 1:00 IN2L: Guided Meditation 2:30 Ecumenical Church Service 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie	14 9:30 This Week in History 10:15 IN2L: Fall & Winter Holidays Discussion 10:45 Lunch at The Club* 1:30 Men’s Strength Training 2:00 Bingo 3:00 Afternoon Movie 3:30 Painting Club 7:00 Evening Movie	15 9:30 Strawberry Hot Chocolate 10:15 IN2L: “This or That?” Discussion 10:45 Zumba Gold Chair Dancing Exercise 1:30 Alzheimer’s & Dementia Brain Health Talk with the Alzheimer’s Association 3:00 Afternoon Movie 3:30 Cookie Decorating 7:00 Evening Movie	16 9:30 IN2L: Express Toning Exercise 10:15 Sweet Treats in the Bistro 10:30 Greeting Card Sales 11:00 IN2L: Jeopardy Game 1:00 IN2L: Broadway Musicals 2:00 Music with Edis & Cliff 3:00 Afternoon Movie 4:00 Coloring for Relaxation 7:00 Evening Movie	17 9:00 Resident Store Open 10:00 Exercise with Our Therapy Team 11:00 On The Day You Were Born Fun Facts 1:00 Knit/Crochet/Needlework 2:00 Strings & Things Musical Performance 3:00 Afternoon Movie 3:00 Town Hall Meeting With our GM Andrew 7:00 Evening Movie	18 9:45 IN2L: Sit & Be Fit Exercise 10:00 Shopping at Target* 11:00 IN2L: Wonders of the World History 1:00 IN2L: Short Story Audio Books 2:00 Pack Operation Christmas Child Boxes* 3:00 Afternoon Movie 3:00 Sing Along with Grace 6:00 Family Movie Night: Charlie Brown Thanksgiving	19 9:15 Coffee at Coldsmoke Coffee Shop* 11:00 IN2L: Brain Games 12:00 MSU Cat/Griz Football Game Live Stream 1:30 Shopping at Ross/ Michaels* 2:00 Bingo 3:00 Hallmark Movie 3:30 Ice Cream Sundaes 7:00 Evening Movie
	20 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Church Service 11:00 IN2L: TV Inspired Game: Card Sharks 1:00 IN2L: Guided Meditation 2:30 Ecumenical Church Service 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie	21 9:30 This Week in History 10:30 IN2L: Crossword Puzzles 1:30 Men’s Strength Training 2:00 Bingo 3:00 Afternoon Movie 3:30 Mallory’s Bridal Tea Party* 7:00 Evening Movie	22 9:30 Gingerbread Lattes 10:15 IN2L: “Have You Ever?” Discussion 10:45 Zumba Gold Chair Dancing Exercise 1:30 Bridge Club 2:00 Play Scrabble 3:00 Afternoon Movie 3:30 Macy’s Thanksgiving Day Parade Fun Facts 7:00 Evening Movie	23 9:30 IN2L: Express Toning Exercise 10:15 Sweet Treats in the Bistro 11:00 IN2L: Thanksgiving Trivia 1:00 IN2L: Inspirational Kids 2:15 Play Mexican Train Dominoes 3:00 Afternoon Movie 3:30 Flower Arranging 7:00 Evening Movie	24 Happy Thanksgiving! 9:00 Macy’s Thanksgiving Day Parade with Snacks 10:45 Thanksgiving Dinner, 1st Seating* 1:00 Thanksgiving Dinner, 2nd Seating* 2:00 Bingo 3:00 & 7:00 Movie: A Family Thanksgiving	25 9:45 IN2L: Tai Chi Exercise 10:15 “I’m Grateful For” Chat 11:00 IN2L: Play Family Feud 1:00 IN2L: Short Story Audio Books 2:00 Race to the Finish Dice Game 3:00 Afternoon Movie 3:00 Sing Along with Grace 3:30 Poetry Reading—Bring Your Favorite Poetry 7:00 Evening Movie	26 9:15 Granny’s Donuts 10:00 Circuit Exercise 11:00 IN2L: Brain Games 1:15 Learn How To Use the IN2L System 2:00 Bingo 3:00 Hallmark Movie 3:30 Baking Club 7:00 Evening Movie
	27 9:30 Coffee Klatch & Cinnamon Rolls 10:00 Calvary Baptist Church Service 11:00 IN2L: Two Timing Game 1:00 IN2L: Guided Meditation 2:30 Ecumenical Church Service 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie	28 9:30 This Week in History 10:30 IN2L: Crossword Puzzles 12:00 Men’s Pizza Party 1:30 Men’s Strength Training 1:30 Shopping at Gallatin Valley Mall* 2:00 Bingo 3:00 Afternoon Movie 3:30 Painting Club 4:00 Book Club Meeting 7:00 Evening Movie	29 9:30 Peppermint Mochas 10:45 Zumba Gold Chair Dancing Exercise 1:30 Bridge Club 2:30 Learn to Play Bananagrams 3:00 Afternoon Movie 3:30 Old Wives Tales Trivia with Prizes 7:00 Evening Movie	30 9:30 Exercise with Cheryl 10:30 Greeting Card Sales 10:45 Christmas Decorating 1:00 IN2L: Broadway Musicals 2:00 Cooking Club 3:00 Afternoon Movie 3:45 New Comer’s Social 7:00 Evening Movie			A * denotes signing up is required for that activity