

# November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 11/5 - Lorna A 11/6 - Virginia F 11/10 - Dan L 11/12 - Jeanie E 11/16 - Jeanne K 11/18 - Alan T 11/19 - David C 11/19 - Gale A 11/21 - Phyllis W 11/22 - Marge M	<b>Birthdays</b> 11/30 - Ann L.	<b>1</b> 9:00 Seated Yoga 10:00 Shopping to Fred Meyer 11:25 Resident Council-Activity Room 1:00 Pinochle in Card Rm. 1:00 Arts & Crafts 2:00 Happy Hour	<b>2</b> 9:00 Balance Class 10:00 Tai Chi 1:30 Mixed Up BINGO 3:00 Poetry Reading	<b>3</b> 10:00 Seated Yoga 2:00 Happy Hour 2:00 Music - 6:00 "31" Card Game (Card room, 2nd Floor)	<b>4</b> 10:00 Shorewood Strong 10:00 Walking by Faith Youth 10:30 Wii Bowling 2:00 Hearing aid cleaning- Wellness Ctr. 2:00 Shorewood Book Club	<b>5</b> 9:30 BINGO 1:00 Music w/ Marty Adams
<b>6 Daylight Saving Ends</b> 9:45 Church Service on TV in Card Room	<b>7</b> 9:00 Balance Class 10:00 Scenic Drive 10:00 Tai Chi 2:00 Bingo with Gale	<b>8 Election Day</b> 9:00 Seated Yoga 10:00 Shopping to Fred Meyer 1:00 Pinochle in Card Rm. 1:00 Arts & Crafts 2:00 Happy Hour	<b>9</b> 9:00 Balance Class 10:00 Tai Chi 1:30 Mixed Up BINGO 3:00 Poetry Reading	<b>10</b> 10:00 Seated Yoga 11:00 Oregon Pacific Bank 2:00 Happy Hour 2:00 Music - 6:00 "31" Card Game (Card room, 2nd Floor)	<b>11 Veterans Day</b> 10:00 Shorewood Strong 10:00 Walking by Faith Youth 10:30 Wii Bowling	<b>12</b> 9:30 BINGO 1:00 Music w/ Marty Adams
<b>13</b> 9:45 Church Service on TV in Card Room	<b>14</b> 9:00 Balance Class 10:00 Scenic Drive 10:00 Tai Chi 2:00 Bingo with Gale	<b>15</b> 9:00 Seated Yoga 10:00 Shopping to Fred Meyer 1:00 Pinochle in Card Rm. 1:00 Arts & Crafts 2:00 Happy Hour	<b>16</b> 9:00 Balance Class 10:00 Tai Chi 1:30 Mixed Up BINGO 3:00 Poetry Reading	<b>17</b> 10:00 Seated Yoga 2:00 Happy Hour 2:00 Music - 4:30 Birthday Night 6:00 "31" Card Game (Card room, 2nd Floor)	<b>18</b> 10:00 Shorewood Strong 10:00 Walking by Faith Youth 10:30 Wii Bowling	<b>19</b> 9:30 BINGO 1:00 Music w/ Marty Adams

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>20</b> <b>9:45</b> Church Service on TV in Card Room	<b>21</b> <b>9:00</b> Balance Class <b>10:00</b> Scenic Drive <b>10:00</b> Tai Chi <b>2:00</b> Bingo with Gale	<b>22</b> <b>9:00</b> Seated Yoga <b>10:00</b> Shopping to Fred Meyer <b>1:00</b> Pinochle in Card Rm. <b>1:00</b> Arts & Crafts <b>2:00</b> Happy Hour	<b>23</b> <b>9:00</b> Balance Class <b>10:00</b> Tai Chi <b>1:30</b> Mixed Up BINGO <b>3:00</b> Poetry Reading	<b>24</b> <b>Thanksgiving</b> <b>10:00</b> Seated Yoga <b>11:00</b> Oregon Pacific Bank <b>2:00</b> Happy Hour <b>2:00</b> Music - <b>6:00</b> "31" Card Game (Card room, 2nd Floor)	<b>25</b> <b>10:00</b> Shorewood Strong <b>10:00</b> Walking by Faith Youth <b>10:30</b> Wii Bowling <b>2:00</b> Baking activity??	<b>26</b> <b>9:30</b> BINGO <b>1:00</b> Music w/ Marty Adams
<b>27</b> <b>9:45</b> Church Service on TV in Card Room	<b>28</b> <b>9:00</b> Balance Class <b>10:00</b> Scenic Drive <b>10:00</b> Tai Chi <b>2:00</b> Bingo with Gale	<b>29</b> <b>9:00</b> Seated Yoga <b>10:00</b> Shopping to Fred Meyer <b>1:00</b> Pinochle in Card Rm. <b>1:00</b> Arts & Crafts <b>2:00</b> Happy Hour	<b>30</b> <b>9:00</b> Balance Class <b>10:00</b> Tai Chi <b>1:30</b> Mixed Up BINGO <b>3:00</b> Poetry Reading	Fun Dress Days:		