

NEW HORIZONS AT CASCADE PARK GARDENS





ABOUT US.



Founded in a deep partnership with Washington State,

our New Horizons program began in 2018, the first behavioral health memory care assisted living in the State to be crafted jointly with Washington State, funded by the legislature.

Created to serve individuals historically unplaceable into traditional memory care due to the lack of clinical and behavioral expertise and staffing, New Horizons saw an unmet community need. Where loved ones were forced to be bed bound for months on end, we stepped in to provide phenomenal services and improve quality of life.

Currently we have capacity for 51 individuals needing our services. We have a psychiatric doctor we lean on for consultations and specialized geriatricians and mental health clinicians to support our unique population in their dementia and mental health disease. Our unique behavioral health support plans are hand-crafted with care towards those we serve. Our programming is built for a high ratio of staff to resident ratio to reduce stress and anxiety.

We are a boutique firm who sees the community needs and stays on the cutting edge of creating new services to fill the gaps that exist in Senior Living. We are re-framing Senior Living to meet the community need.



Wellness Advantage

With expert clinicians who regularly visit and others who are on staff 24/7, our team provides expert care that is truly personalized. Dementia is already a wild card but add in more unique behavioral challenges, and our team must become intimate with the resident's needs and care. The goal is creating a positive and peaceful space for our residents to relax in. We have licensed nursing on staff 16 or more hours daily, a psychiatric nurse practitioner providing consults, RN writing behavioral care plans, a social worker providing behavioral social activities, a psychiatric MD oversight, and a primary care provider whose focus is geriatrics.



Therapy Advantage

We bring our Adult Day Health experts in for 1:1 restorative aide therapies after a PT or OT completes an evaluation, pending the resident meets program criteria by both us and the State. We also partner with a Home Health agency for extra PT/OT support when Medicare coverage is present. On top of that is our daily activity team working on exercise and moving the body and mind. We have started a wonderful gardening program, there's nothing quite like a home-grown tomato to enjoy. Making each day special and joyful is a goal for us!



Social Advantage

Many of our residents were kept in hospital beds for far too long and cognitive and physical decline occurred. Hospitals are not appropriate holding grounds for people with advanced dementia. We are. When a person arrives to us there's a lot of recovery involved, and through social engagement recovery occurs. Our team does many small group or 1:1 engagements to pull the person out of the hospital shell. It can easily take 45-90 days for a person to start coming out of their shell, and for us to start seeing the person underneath the disease. We use art, music, dance, movement, gardening, pet therapy, and friendship to make daily life a beautiful dance.

RE-FRAMING SENIOR LIVING



ADMISSION

CRITERIA



- Financially and functionally approved for CFC - Medicaid COPES
- DSHS to assess as having a Cognitive Performance Score of 3 or greater
- Diagnosis of Major Neurocognitive Disorder or an irreversible dementia
- Have no other setting options due to the extensive nature of behavior/clinical complexity
- Have behavioral or clinical complexity that requires the level of supplementary or specialized staffing available only in this setting; and
- Require caregiving staff with specific training in providing personal care, supervision, and behavior supports to adults with challenging behaviors.
- Legal Healthcare+Financial Power of Attorney or Guardian helps ensure DSHS approves client

If the individual is not a Private Pay candidate, then the Secured Dementia Care team and State Hospital Diversion and Discharge Team must both approve a person for this unique program using the above criteria.

<https://www.cascadecares.com/cascade-park-gardens>
Tour video: <https://v.oneday.com/ez2hu>

Ashley Ramos
Admissions Manager

ARamos@CascadeCares.com

CELL: 951-318-1636



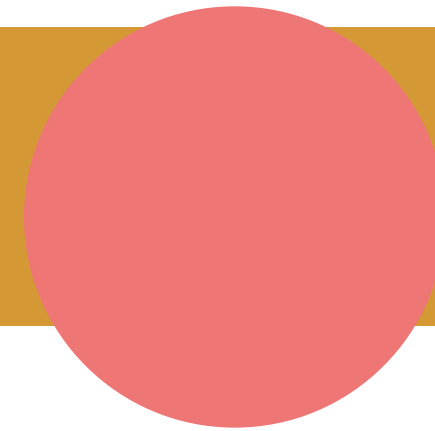
Jen Drake
Director of Business Development

JDrake@CascadeCares.com

Desk: 253-242-6405



QUESTIONS?
CONTACT US!





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