

OCTOBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Coffee & Conversation 10:30 Senior Stretching 1:00 Madonna Strolls 2:00 Saturday Matinee 4:00 Room Visits
2 9:00 Coffee & Conversation 10:00 Exercise 10:45 Communion Service 1:00 Madonna Strolls 2:00 Sunday Cinema 3:30 DLce	3 9:00 Coffee & Conversation 10:30 Senior Stretching 1:00 Madonna Strolls 2:00 Chalked words 3:00 Bingo	4 Yom Kippur Begins 9:00 Coffee & Conversation 10:30 Strength Training 1:00 Madonna Strolls 2:30 Craft Fall leaf bowls 3:30 Badminton	5 9:00 Coffee & Conversation 10:00 Catholic services 1:00 Madonna Strolls 2:30 Ice Cream Social 3:30 Card Games	6 9:00 Coffee & Conversation 10:30 Armchair Fitness 1:00 Madonna Strolls 2:00 Mini pumpkin pies 3:00 Town Hall 3:30 Wordle	7 9:00 Coffee & Conversation 10:30 Exercise class 1:00 Bingo 2:30 Music & Happy Hour with Brotherly Love	8 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Saturday Matinee 4:00 Room Visits
9 9:00 Coffee & Conversation 10:00 Exercise 10:45 Communion Service 2:00 Sunday Cinema 3:30 DLce	10 Columbus Day 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Chalked words 3:00 Bingo	11 9:00 Coffee & Conversation 10:30 Strength Training 2:00 Discussion Group, Theme: 3:30 Badminton	12 9:00 Coffee & Conversation 10:00 Catholic Mass 10:30 Seated Aerobics 3:00 Tea Party	13 9:00 Coffee & Conversation 10:30 Armchair Fitness 2:30 Painting with Acrylics	14 9:00 Coffee & Conversation 10:30 Exercise class 1:00 Bingo 2:30 Music & Happy Hour with Mike Noonan	15 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Saturday Matinee 4:00 Room Visits
16 9:00 Coffee & Conversation 10:00 Exercise 10:45 Communion Service 2:00 Sunday Cinema 3:30 DLce	17 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Chalked words 3:00 Bingo	18 9:00 Coffee & Conversation 10:30 Strength Training 2:30 Wine Tasting 3:30 Badminton	19 9:00 Coffee & Conversation 10:30 Seated Aerobics 3:30 Fall Wreathes	20 9:00 Coffee & Conversation 10:30 Armchair Fitness 2:30 Watercolor Painting 3:30 Dice Games	21 9:00 Coffee & Conversation 10:30 Exercise class 1:00 Bingo 2:30 Music & Happy Hour with Lee Allen	22 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Saturday Matinee 4:00 Room Visits
23 9:00 Coffee & Conversation 10:00 Exercise 10:45 Communion Service 2:00 Sunday Cinema 3:30 DLce	24 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Chalked words 3:00 Bingo	25 9:00 Coffee & Conversation 10:30 Strength Training 2:00 Resident Council Meeting 3:30 Auction	26 9:00 Coffee & Conversation 10:00 Episcopal Service 10:30 Seated Aerobics 2:00 Spook Party	27 9:00 Coffee & Conversation 10:30 Armchair Fitness 2:30 Pumpkin Decorating	28 9:00 Coffee & Conversation 10:30 Exercise class 1:00 Bingo 2:30 Music & Happy Hour with Nick Williams	29 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Saturday Matinee 4:00 Room Visits
30 9:00 Coffee & Conversation 10:00 Exercise 10:45 Communion Service 2:00 Sunday Cinema 3:30 DLce	31 Halloween 9:00 Coffee & Conversation 10:30 Senior Stretching 2:00 Chalked words 3:00 Bingo					