

October 2022

5510 Renee Dr.
Eau Claire, WI 54703



(715)-874-4232
Jaybirdseniorliving.com

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Contact Information

Director:

Jennifer Costin
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Healthcare Coordinator:

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Life Enrichment Coordinator:

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Resident Birthdays

October 6th—Bob W.

October 12th—John M.

October 28th—Kathie E.



Staff Birthdays

October 16th—Mary

October 21st—Justina

Resident Council

3rd Wednesday of
the Month

Milestone Moments

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Highlights



October 14th

Harp Music with Sarah O.

October 17th

Fall Prevention Seminar with Jose'

October 28th

Halloween Party



Welcome!

Janice S.
Marian V.
Mike. M

Meet our New Director - Jennifer Costin

Hi I'm Jenny! I'm originally from Hayward but moved to Eau Claire in 2017. I have two kids, Mya (15) and Everett (3). I have been a nurse for 7 years now but have worked in health care my whole life. I attended college in Duluth, MN for nursing. I found out I passed my boards while being with my ill grandmother whom I cared for, for 6 months along with my parents. For fun, I enjoy doing outdoor activities with the kids such as; hiking, going to the beach, having bonfires, apple orchards, farmers markets and ice cream dates!

I am excited to help others and create a place that people can call home and truly enjoy walking in the door and are proud to live and work at Milestone.

Handwashing By Tiffany, LPN

Did you know October 15th is National Handwashing Day?

Regular hand washing remains one of the simplest and most-effective defenses against illnesses. Having clean hands is very important because people often use their hands to touch their eyes, nose, and mouth. Illnesses that can be prevented by regular handwashing are; Colds, Flu, COVID-19, Adenovirus, Hand, Foot, & Mouth disease, Hepatitis A, and Salmonella & E coli infections. Teaching people about handwashing helps them and their communities stay healthy.

CRAZY FACT! The Association for Professionals in Infection Control and Epidemiology has estimated that on an average, people touch their faces at least 23 times an hour.

Washing your hands properly involves the following steps:

1. Wet your hands under running water.
2. Lather soap in your wet hands for 20 seconds
3. Clean the front & back of your hands as well as in between fingers.
4. Rinse thoroughly under water
5. Use your elbow to shut the water off
6. Dry your hands with a dry, clean paper towel.
7. Use the same paper towel to open the restroom door and then throw away.

Resident Spotlight

Hello from Karen!

Karen grew up on the family farm in Durand, with lots of siblings. Karen and her husband, Gene, have stayed in the Durand area. Karen worked in a bank for many years doing book keeping. In her free time she likes to bake goodies for the kids, go fishing, and if she can, convince Gene to take her out dancing! Karen loves country music. She is always willing to help and will greet everyone with a smile!



Making Memories

