



ASSISTED DINING SOLUTIONS

2021-22 Fall/Winter Menus

Week: 1

Print Date: 09/24/2022

RD: _____
John M. Galluath

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Egg of Choice Cereal of Choice Toast Cinnamon Roll* Beverage of Choice*	Egg of Choice* Cereal of Choice Toast Pancakes* Beverage of Choice*	Breakfast Casserole* Cereal of Choice Danish* Beverage of Choice*	Omelet Cereal of Choice Danish* Beverage of Choice*	Egg of Choice* Biscuit & Gravy* Cereal of Choice Banana Bread* Beverage of Choice*	Breakfast Casserole* Cereal of Choice Toast Danish* Beverage of Choice*	Egg of Choice* Cereal of Choice French Toast* Beverage of Choice*

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ham Glazed* Hashbrown Casserole* Lima Beans* Soup of the Day* Dinner Roll Banana Cream Pie* Beverage of Choice	Pork Chop* Mashed Potatoes w/ Gravy* Peas & Carrots* Soup of the Day* Dinner Roll* Angel Food Cake* Beverage of Choice	Macaroni Beef Bake* Vegetable Blend* Soup of the Day* Garlic Bread Stick* Cheese Cake w Topping* Beverage of Choice	Chicken Enchilada Casserole* Spanish Rice* Country Blend Veg* Soup of the Day* Dinner Roll* Ice Cream* Beverage of Choice	Roast Beef* Mashed Potatoes w/ Gravy* Green Beans* Soup of the Day* Dinner Roll Lemon Bar* Beverage of Choice	Shrimp Fried* Baked Potato* Buttered Corn* Soup of the Day* Dinner Roll Oreo Cake* Beverage of Choice	Swiss Steak* Party Potatoes* Seasoned Green Peas* Soup of the Day* Dinner Roll Fruit Cobbler* Beverage of Choice

Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tuna Melt Sandwich* Spinach Salad* Cup of Fruit* Magic Cookie Bar* Beverage of Choice	Grilled Cheese Sandwich* French Fries* Fruit Salad* Congo Bars* Beverage of Choice	Chicken Pot Pie* Cup of Fruit* Mixed Garden Veggies* Biscuit* Assorted Desserts* Beverage of Choice	Ham and Pot Casserole* Cape Cod Vegetable Blend* Grapes, Fresh* Butterscotch Pudding* Beverage of Choice	Taco Casserole* Pineapple* Mediterran Vegetables* Assorted Cookies* Beverage of Choice	Pork Tenderloin Sandwich* Broccoli Raisin Salad* Pears, Canned* Assorted Desserts* Beverage of Choice	Chicken Salad Croissant* Chips Potato* Mandarin Oranges* Ice Cream Beverage of Choice



**ASSISTED DINING
SOLUTIONS**

2021-22 Fall/Winter Menus

Week: 2

Print Date: 09/24/2022

RD: _____
John M. Galluath

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Egg of Choice Cereal of Choice Toast Cinnamon Roll* Beverage of Choice*	Egg of Choice Cereal of Choice Toast Pancakes* Beverage of Choice*	Breakfast Casserole* Cereal of Choice Toast* Banana Bread* Beverage of Choice*	Cheese Omelet* Cereal of Choice Toast* Danish* Beverage of Choice*	Egg of Choice Biscuit & Gravy* Cereal of Choice Toast Beverage of Choice*	Breakfast Casserole* Cereal of Choice Toast* Banana Bread* Beverage of Choice*	Egg of Choice* Cereal of Choice Toast French Toast* Beverage of Choice*

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Country Fried Steak w/ Gravy* Mashed Potatoes w/ Gravy* Scalloped Corn* Soup of the Day* Dinner Roll Pie* Beverage of Choice*	Chicken Smothered* Roasted Potatoes* Green Beans* Soup of the Day* Dinner Roll Bread Pudding* Beverage of Choice	Pork BBQ Ribs* Macaroni & Cheese* Lima Beans* Soup of the Day* Dinner Roll* Fruit Cobbler*	Beef Tips/Gravy* Brown Rice* Grilled Vegetables* Dinner Roll* Ice Cream* Beverage of Choice	Chicken and Noodles* Mashed Potatoes* Peas & Carrots* Soup of the Day* Dinner Roll Strawberry Shortcake* Beverage of Choice	Salmon Baked* Baked Potato* Broccoli* Dinner Roll Lemon Bar Beverage of Choice	Lasagna Italian Style* Mediterranean Vegetables* Soup of the Day* Garlic Bread* Poke Cake* Beverage of Choice*

Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Baked Beans & Franks* Cup of Fruit* Corn Bread Muffin* Cookies, No Bake* Beverage of Choice*	Tuna Noodle Casserole* Winter Blend Vegetables Applesauce* Banana Spice Cake* Beverage of Choice	Philly Steak on Bun* Onion Rings* Mandarin Oranges* Assorted Desserts* Beverage of Choice	Chicken Tenders* Peaches* Tomato Spoon Salad* Yogurt Parfait* Beverage of Choice	Ham & Cheese Sliders* Potato Wedges* Fruit Salad* Magic Cookie Bar* Beverage of Choice	Chicken Casserole Old Fashion Style* Carmalized Carrots* Cup of Fruit* Assorted Desserts* Beverage of Choice	Beef Chipped & Creamed* Mixed Garden Veggies* Fruit Salad* Ice Cream Bar* Beverage of Choice





**ASSISTED DINING
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2021-22 Fall/Winter Menus

Week: 3

Print Date: 09/24/2022

RD: _____
John M. Galluath

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Egg of Choice Cereal of Choice Toast Cinnamon Roll* Beverage of Choice*	Egg of Choice Cereal of Choice Toast Pancakes* Beverage of Choice*	Breakfast Casserole* Cereal of Choice Toast* Danish* Beverage of Choice*	Omelet* Cereal of Choice Toast Banana Bread* Beverage of Choice*	Egg of Choice* Biscuit & Gravy* Cereal of Choice Toast* Beverage of Choice*	Breakfast Casserole* Cereal of Choice Toast Danish* Beverage of Choice*	Egg of Choice* Cereal of Choice French Toast* Banana Bread* Beverage of Choice*

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Turkey Savory Roasted* Mashed Potatoes w/ Gravy* Green Bean Casserole* Soup of the Day* Dinner Roll Pie* Beverage of Choice	Beef Enchiladas* Spanish Rice* Buttered Corn* Soup of the Day* Dinner Roll Churros* Beverage of Choice	Chicken Kiev* Hashbrown Casserole* Normandy Vegetable Blend* Soup of the Day* Dinner Roll Chocolate Pudding Cake* Beverage of Choice	Meatloaf Homestyle* Twice Baked Potato* Bistro Menu Vegetable* Soup of the Day* Dinner Roll* Ice Cream* Beverage of Choice	Chicken Alfredo* Scandinavian Vegetables* Soup of the Day* Garlic Bread* Lemon Layer Dessert* Beverage of Choice	Tilapia* Roasted Potatoes* Green Peas* Soup of the Day* Dinner Roll Pumpkin Spice Bar* Beverage of Choice	Chicken Teriyaki* Rice Pilaf* Oriental Vegetables Soup of the Day* Dinner Roll* Strawberry Cake w/ Frosting* Beverage of Choice

Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sloppy Joe* Green Pea Salad* Applesauce* M&M Cookie* Beverage of Choice	Bratwurst on Bun* Baked Beans* Pineapple* Rice Krispy Bar* Beverage of Choice	Turkey & Swiss on Croissant* Potato Chips* Mandarin Oranges* Assorted Desserts* Beverage of Choice	Fish Sandwich* Three Bean Salad* Fresh Fruit, Seasonal* Dump Cake* Beverage of Choice	Shepherd's Pie* Mixed Vegetables Pears, Canned* Pistachio Pudding* Beverage of Choice	Chicken Patty Sandwich* Peaches* Pasta Vegetable Salad* Assorted Desserts* Beverage of Choice*	Pizza Cheese* Spinach Salad* Grapes, Fresh* Ice Cream Sandwich* Beverage of Choice



**ASSISTED DINING
SOLUTIONS**

2021-22 Fall/Winter Menus

Week: 4

Print Date: 09/24/2022

RD: _____
Jan M. Galluath

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Egg of Choice* Cereal of Choice Toast Cinnamon Roll* Beverage of Choice*	Egg of Choice Cereal of Choice Toast Pancakes* Beverage of Choice*	Breakfast Casserole* Cereal of Choice Toast Danish* Beverage of Choice*	Omelet* Cereal of Choice Toast* Banana Bread* Beverage of Choice*	Egg of Choice Biscuit & Gravy* Cereal of Choice Toast Danish* Beverage of Choice*	Breakfast Casserole* Cereal of Choice Toast* Danish* Beverage of Choice*	Egg of Choice* Cereal of Choice French Toast* Banana Bread* Beverage of Choice*

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pork Roast* Stuffing Savory* Buttered Carrots* Soup of the Day* Dinner Roll Coconut Creme Pie* Beverage of Choice	Beef Noodle Casserole* Mashed Potatoes* Mixed Vegetables Soup of the Day* Dinner Roll Chocolate Cake/Chocolate Icing* Beverage of Choice	Chicken Fried* Roasted Ranch Potatoes* Steamed Vegetable Soup of the Day* Dinner Roll Rice Pudding* Beverage of Choice	Ham Loaf* Sweet Potatoes* Lima Beans* Soup of the Day* Dinner Roll Ice Cream* Beverage of Choice	Spaghetti Sauce w/Meat* California Vegetable Blend Garlic Bread Stick* Iced Cupcake* Beverage of Choice	Catfish Fried* Steak Fries Coleslaw* Dinner Roll Cherry Turnover* Beverage of Choice	Chicken Marinated Orange* Party Potatoes* Italian Vegetables Soup of the Day* Dinner Roll* Fruit Crisp* Beverage of Choice

Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hamburger on Bun* Tater Tots* Fruit Salad* Snickerdoodle Cookie* Beverage of Choice	Pork BBQ Riblette* Vegetable Salad* Mandarin Oranges* Dessert of the Day* Beverage of Choice	Turkey Melt Grilled Sandwich* Rings, Onion Applesauce* Assorted Desserts* Beverage of Choice	Corn Dog* Macaroni Salad* Cup of Fruit* Oreo Cookie Parfait* Beverage of Choice	Egg Salad Sandwich* Potato Chips* Fresh Fruit, Seasonal* Assorted Cookies* Beverage of Choice	Taco Salad* Refried Beans* Pears, Canned* Assorted Desserts* Beverage of Choice	Submarine Sandwich* Potato Salad* Grapes, Fresh* Ice Cream Sundae* Beverage of Choice



**ASSISTED DINING
SOLUTIONS**

2021-22 Fall/Winter Menus

Week: 5

Print Date: 09/24/2022

RD: _____
John M. Galluath

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Egg of Choice* Cereal of Choice* Cinnamon Roll* Toast* Beverage of Choice*	Egg of Choice* Cereal of Choice* Pancakes* Danish* Beverage of Choice*	Breakfast Casserole* Cereal of Choice* Toast* Danish* Beverage of Choice*	Baked Omelet* Cereal of Choice* Danish* Toast* Beverage of Choice*	Egg of Choice* Sausage & Gravy* Cereal of Choice* Danish* Toast* Beverage of Choice*	Breakfast Casserole* Cereal of Choice* Banana Bread* Toast* Beverage of Choice*	Egg of Choice* Cereal of Choice* French Toast* Danish* Beverage of Choice*

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beef BBQ Brisket* Baked Potato* Cape Cod Vegetable Blend* Soup of the Day* Dinner Roll* Baker's Choice Pie* Beverage of Choice*	Salisbury Steak* Macaroni & Cheese* Green Peas* Soup of the Day* Dinner Roll* Mandarin Orange Delight* Beverage of Choice*	Chicken Cordon Blue* Au Gratin Potato* Scandinavian Vegetables* Soup of the Day* Dinner Roll* Tapioca Pudding* Beverage of Choice*	Meatballs Sweet Sour* Fried Potatoes* Buttered Corn* Soup of the Day* Dinner Roll* Ice Cream* Beverage of Choice*	Chicken Rustic Italian* Party Potatoes* Mediterranean Vegetables* Soup of the Day* Dinner Roll* German Chocolate Cake* Beverage of Choice*	Salmon Grilled Fillet* Rice Pilaf* Broccoli* Soup of the Day* Dinner Roll* Banana Dessert* Beverage of Choice*	Pasta Du Jour* Oriental Vegetables* Soup of the Day* Garlic Bread* Pineapple Upside Down Cake* Beverage of Choice*

Supper

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chicken Casserole Old Fashion Style* Buttered Carrots* Fruit Salad* Dump Cake* Beverage of Choice*	Ham Salad Sandwich* Carrot & Celery Sticks* Pineapple* Brownie* Beverage of Choice*	Tater Tot Casserole* Green Beans w/ Bacon & Onion* Cup of Fruit* Assorted Desserts* Beverage of Choice*	Chicken Monterey Sandwich* Sweet Potato Fries* Fresh Fruit, Seasonal* Applesauce Cake* Beverage of Choice*	Hot Dog with Bun* Baked Beans* Cup of Fruit* Assorted Cookies* Beverage of Choice*	Chicken Fingers* Pasta Salad* Mandarin Oranges* Assorted Desserts* Beverage of Choice*	Pork Pulled Sandwich* Cucumber Salad* Applesauce* Ice Cream* Beverage of Choice*