

Activities Corner by Zhanna

Welcome to Autumn, the most beautiful time of the year. We are kicking off this month with a vendor visit. Marie has been here before; she offers fashionable affordable jewelry starting at \$10.00. She will bring one of a kind, handmade jewelry featuring gem, silver, stones and pearls. Look out for her **setup in the lobby on Monday October 3rd at 11:00am.**

Elisha Sample Driver followed the California Gold Rush, later taking up ranching in Sacramento County. Now you can go with him, vicariously, experiencing ranch life in the 1880s. Join us in the **Media room, Tuesday, October 11 at 1:00pm** for a special presentation from his great granddaughter; Lyn Gulbranson, as she talks about her great grandfather's Daily Ranch Journal from 1879. He was a gold rush pioneer who arrived by ox cart from Iowa in 1850 and eventually settled and became a successful rancher who kept a daily record from 1913-1979.

Many of you have asked about fire safety when it comes to the elevator, stairs, and wheelchairs. The Fire Safety Presentation is scheduled for **October 13th at 1:00 in the Media Room.** Our local fire station will be here to inform us on the safest way to exit our building in an emergency.

The second Pie Social of the month is **Tuesday, October 18th at 2:30pm in Media Room.** Enjoy new flavors and a great time socializing with a delicious slice of pie.

Craft Class this month is **Friday, October 21st at 2:00pm in the Puzzle Room.** We will be making Autumn cards. Please sign up next to the mailboxes to reserve a seat.

The main event for this month is the Halloween Party- **Friday, October 28th at 2:00pm.** Come dressed up in a costume and enter the contest for a chance to win. The top 3 winners will receive a Hungry Hollow Gift Certificate!!

Enjoy the beautiful, cooler weather and all this month has to offer! -Zhanna

October Birthdays

In astrology, those born from October 1–22 balance the scales of Libra. Libras strive for equilibrium and symmetry and flourish in harmonious partnerships. Libras surround themselves with balanced environments. Those born from October 23–31 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want.

Kay W., October 1st
Judith C., October 8th
Esther T., October 11th
Billie W., October 15th
Laura F., October 21st
Karin G., October 22nd
Peggy C., October 27th
Robert S., October 28th
Sharon D., October 29th
A.J. M., October 30th
Marge D., October 30th
Judy M., October 31st

Drawing Success

In 1923, the talented cartoonist Walt Disney moved to Los Angeles, California, after his Laugh-O-Gram animation studio went bankrupt. On October 16 of that year, Walt and his brother Roy founded the Disney Brothers Cartoon Studio, the studio that would eventually become the Walt Disney Company. It would be five years before Disney created Mickey Mouse, who debuted in the cartoon short *Steamboat Willie*. Mickey would become so popular that Walt used the character in several cartoon shorts. Walt's ambitions then grew. In 1934, he decided to produce a feature-length cartoon. The film employed over 300 animators, artists, and assistants and went 400% over budget. Some called it "Disney's Folly," but we now know it as *Snow White and the Seven Dwarfs*. This smash-hit would make the Walt Disney Company the most successful media company in the world.

October 2022

WINDING COMMONS

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Clay McAmis, James Forehand
Evening Porters

Food Service – Morrison Living

Christine's Comments

October is Clock Month, a month when time is of the essence. Time. Why does it seem as if there is never enough of it? Soon, we will be turning the clocks back and returning to standard time just to steal a little bit of daylight. But you have an entire month to wait as Daylight Savings isn't until November 6th this year.

If you can believe, I'm about to start my third month here. It's been challenging to remember all of your names, but I guess it's a work in progress. When you see me, just remind me of your name 😊

We have some fun things lined up this month so be sure and view your calendar carefully. Don't forget to join me on Friday, October 7th for donuts at 9am in the Media Room.

Our Casino Night was a huge success and I want to thank everyone who came down and played the games and learned a few things about black jack, roulette and Texas hold 'em. A HUGE thank you to Zhanna who outdid herself with the decorations and to our food service, Morrison, who put on quite a spread for us.

The weather should be cooling down soon and it's important that you check your heater this month to make sure it's operating correctly. We don't want to wait until it's extremely cold outside and then realize you have no heat.

Gail Emery will be transferring to a daytime housekeeping position at Campus Commons. Diane Pittman will be taking her position and Aura Guerra will be taking Diane's position. We will notify you at a later date when this transition takes place.

Please review the insert inside for additional information about our food service company, Morrison.

Wishing you all a healthy, happy, and safe October.

History of the Pumpkin

Scientists believe that pumpkins originated in North America about 9000 years ago. The oldest pumpkins have been found in Mexico and date back to somewhere between 7000-5550 B.C. Pumpkins (along with other forms of squash) were historically important food staple among Native Americans.

The name “pumpkin” originated from the Greek word “Pepon”, which means large melon. It was nasalized by the French into “pompon”, which the English changed “pompom” to pumpkin”, and so on until American settlers arrived at the word, we use today which is “pumpkin.”

Pumpkins are a member of the gourd family which includes cucumbers, honeydew melons, cantaloupe, watermelons, and zucchini. Pumpkins seeds should be planted between the last week of May and the middle of June. They take between 90-120 days to grow and are picked in October when they are bright orange in color. Their seeds can be saved to grow new pumpkins the next year.

Illinois is the largest producer of pumpkins in the United States. It harvests twice as many pumpkin acres as any of the top-producing states.

The heaviest pumpkin in the US was grown in New Hampshire in 2018 and weigh 2,528 pounds. The largest pumpkin pie baked was in Ohio in 2010. It weighed 3,699 pounds and was over 20 feet in diameter.

In the United States, pumpkins go hand in hand with the fall holidays of Halloween and Thanksgiving. Harvest in October, this nutritious and versatile orange fruit features flowers, seeds, and flesh that are edible and rich in vitamins. Pumpkin is used to make soups, desserts and breads, and many Americans include pumpkin pie in their Thanksgiving meals.



Marketing Minutes by Hilary

Happy October!!

We have six new residents, two of them being couples that joined us this month, Don & Phyllis Johnson in #114 (yes, now we have two Phyllis's), Carl & Dana Gerke in #103, Donald Boucher in #205, and Robin Howlett in #253.

If you have not met them yet, please introduce yourself and say hello.

If any of your friends are looking to move, make sure you have them come in and take a tour. We have a few apartments ready now and some coming available soon, so let your friends know. If we aren't already working with them, you can get a \$1,000 resident referral off your rent sixty days after they move in.

Once again, thank you for being so kind & welcoming to guests and new residents moving in. It truly makes a difference to people trying to decide what community to move to.

-Sincerely, Hilary

Pumpkin Carving Contest

The Pumpkin Carving Contest is this month. Please sign up with the Front Desk if you would like a pumpkin to carve. The pumpkins are free, you provide your own supplies and creativity. **Pick up your pumpkins on Tuesday, October 25th next to the Dining Room.**

Bring the finished carved pumpkin down on Thursday, October 27th to the lobby to display. Don't forget to vote for your favorite pumpkin and the top 3 winners announced at the Halloween Party, **on October 28th at 2:00pm.**

Broadcasting Chaos

On October 30, 1938, a purported 12 million people were listening to the Columbia Broadcasting System's evening radio program when the broadcast was interrupted with startling news. Explosions were reported on Mars. A strange and unknown object had fallen onto a farm in New Jersey. Then the unthinkable happened: a Martian emerged from an alien spacecraft, marking the start of a full-scale invasion of Earth.



The only problem was that these news reports were an elaborate radio play, a fantastic retelling of H. G. Wells' science-fiction novel *The War of the Worlds*, directed and narrated by a 23-year-old actor named Orson Welles. What happened next is perhaps the most infamous event in the history of American pop culture. Millions of listeners, believing that the invasion was real, fled their homes in a panic. Some armed themselves to defend the world against the aliens. Others called the police, demanding protection. Still others fled, causing mass stampedes. The country was thrown into a state of chaos... or was it?

Welles awoke the following morning to find that he had become the most famous man in America. His face graced newspapers under headlines telling stories of panic and mayhem caused by the fake news broadcast. Welles apologized and lamented the end of his career.

Yet, over the decades, investigations have revealed that the hysteria was severely overblown. While there is evidence that some people believed that an invasion was truly happening, records show that there were nowhere near 12 million listeners tuned into the radio program. The actual number of listeners was in the low thousands, with even fewer believing the invasion was real. The real hysteria was created by a newspaper industry hoping to discredit radio as an untrustworthy and unreliable news medium.

A Shocking Discovery

While American Founding Father Ben Franklin was not the first to hypothesize that lightning was made of electricity, he was one of the first to conduct experiments to prove it. On October 19, 1752, Franklin published an account of his now-famous kite experiment in the *Pennsylvania Gazette*.

Before Franklin's ingenious use of a kite to harness electricity from lightning, he used pointed metal rods, the first lightning rods, to draw electricity "out of a cloud silently." Franklin placed these rods atop weathervanes and ship masts, with wires running down to the ground or water, to protect buildings and ships from lightning strikes. His key and kite experiment logically followed. Franklin's account in the *Pennsylvania Gazette* described exactly how to both build and fly a kite to repeat his experiment. The kite was outfitted with a long metal lightning rod to draw the electricity from the storm clouds. The electricity then traveled down the length of string, wet with rain, to a metal key tied near the hand. It was from this electrified key that "all the other Electrical Experiments be perform'd."

Putting a Stamp on History



World Postcard Day on October 1 celebrates the invention of this delightful little piece of mail. In truth, the postcard wasn't so much invented as it evolved over many decades. The need for reliable communication resulted in the founding of national post offices and postal stamps. The postcard evolved from a desire to reduce the costs and materials of sending a short message through the post. Emanuel Herrmann, a professor of Economics from Vienna, Austria, convinced the Austrian Post to develop the first postcard, a small, stiff rectangular card with room for the address on the front and a short message on the back. First put into circulation on October 1, 1869, the *Correspondenz-Karte* cost half the price of a normal letter.