

HILLTOP COMMONS INFORMATION

Office: (530) 272-5274

Kitchen: (530) 272-2854

Fax: (530) 272-5275

Laundry Room Hours:

Daily: 7:00am-9:00pm

Please remove all items from washers and dryers by 9:00pm

PLEASE DO NOT LEAVE YOUR CLOTHES SITTING IN THE DRYER – PEOPLE MAY NEED TO USE THE DRYER AND PUT YOUR CLOTHES ON THE COUNTER WHERE THEY MAY BE MISTAKEN FOR GIVEAWAY STUFF!!

Van Schedule (Van leaves at 10am)
SIGN-UPS ARE REQUIRED!

Mondays

Shopping (Brunswick area)

Tuesdays

Doctor Appointments

Wednesdays

Shopping (Pine Creek area)

MISC. PHONE NUMBERS:

Gold Country Lift: 530-271-7433

Larry King (Uber/Lyft) 808-652-2490

Post Office: 530-273-3429

The Union: 530-273-9565

Comcast Cable: 800-266-2278

Grass Valley Police

530-477-4600 (non-emergency)

October Birthdays

Yvonne Fulton.....10/10

Shirley Paulus.....10/13

Connie DuFour.....10/14

David Haight.....10/25

Nancy Boling.....10/28

October Anniversaries

Nancy Boling.....8 years

Mary Putnam.....4 years

Merrill Putnam.....4 years

Welcome New Residents

Nancy Paulson

Jerry & Lori Freedom

Chuck Azen

Helpful tips for everyone:

Keep this newsletter for important phone numbers such as the office and kitchen phone numbers

The suggestion box for the kitchen is located at the dining room entrance

**Remember to check your cubbies next to the mailboxes for newsletters and calendars and flyers and mail –
CUBBIES ARE LISTED WITH YOUR APARTMENT NUMBERS ☺**

October 2022

October Newsletter

Hilltop Commons 131 Eureka St. Grass Valley, CA 95945 (530) 272-5274

Celebrating October

**Chair Tai Chi
With Homer**

Thursday, October 6th

**Happy Hour
Music with Carl Jones**

Thursday, October 6th

**Happy Hour
Music with D.D. James**

Thursday, October 13th

**Happy Hour
Music with Chris Crockett**

Thursday, October 20th

**Happy Hour
Halloween Party**

Thursday, October 27th

Halloween
Monday, October 31st

**Sweet Treat Socials
Sundays 2:30pm**

Please check your activities calendar for details and additional events!

Broadcasting Chaos

On October 30, 1938, a purported 12 million people were listening to the Columbia Broadcasting System's evening radio program when the broadcast was interrupted with startling news. Explosions were reported on Mars. A strange and unknown object had fallen onto a farm in New Jersey. Then the unthinkable happened: a Martian emerged from an alien spacecraft, marking the start of a full-scale invasion of Earth.



The only problem was that these news reports were an elaborate radio play, a fantastic retelling of H. G. Wells' science-fiction novel *The War of the Worlds*, directed and narrated by a 23-year-old actor named Orson Welles. What happened next is perhaps the most infamous event in the

history of American pop culture. Millions of listeners, believing that the invasion was real, fled their homes in a panic. Some armed themselves to defend the world against the aliens. Others called the police, demanding protection. Still others fled, causing mass stampedes. The country was thrown into a state of chaos... or was it?

Welles awoke the following morning to find that he had become the most famous man in America. His face graced newspapers under headlines telling stories of panic and mayhem caused by the fake news broadcast. Welles apologized and lamented the end of his career.

Yet, over the decades, investigations have revealed that the hysteria was severely overblown. While there is evidence that some people believed that an invasion was truly happening, records show that there were nowhere near 12 million listeners tuned into the radio program. The actual number of listeners was in the low thousands, with even fewer believing the invasion was real. The real hysteria was created by a newspaper industry hoping to discredit radio as an untrustworthy and unreliable news medium.



Marketing Stuff By Traci Gelgood Marketing Director

Welcome to fall! I love the changing colors, chilly mornings, wearing sweaters, bundling up with extra blankets, and drinking hot chocolate by the fire. It's my favorite time of year!

Thank you again to all our wonderful residents for welcoming all the new residents with smiles and encouraging words! I know that they appreciate the friendliness and assistance that you offer. And to all our new residents – ***thank you for being here!*** If you find yourself a little lost, or need to ask a question, please feel free to come into the office or ask a nearby neighbor. We are here to help!

I will be working Sundays again during October and November, and we will be moving our sweet treat socials back to **Sundays at 2:30pm**. This is a great opportunity to meet new friends and to get to know your neighbors. We will be having "on your own game days" on Saturdays – you can come and play cards with your friends or play whatever board games with your neighbors that you'd like to play! We have an assortment in our cabinet for you to choose from. Come, enjoy, and have some fun!

Stay happy, healthy, and safe!



Activities Stuff By Jill Mahanna Activities Director

Happy October! I love it when the air gets crisp and cool, and the fall colors start to pop. We have some beautiful trees right here at Hilltop that I am looking forward to seeing turn color.

Please note a couple of changes on the Activities Calendar: Blackjack has moved to Wednesdays at 1:15pm. And we have a new art class, taught by Pat Picchi, on Tuesdays at 2:30pm in the Arts and Crafts room.

You may have noticed some brain teaser and word game sheets out in the lobby and in front of the dining room. These are fun games and good for your brain and I've made many copies, so please pick up one or two when you pass by. I will change them regularly.

This month we will have Ciprian Mihutz here on Wednesday, October 5th with some Octoberfest music. I will be serving beer and apple cider. I have three outings planned this month: October 7th, we go to High Hand Nursery in Loomis. October 21st, we are going to St. Patrick's Craft and Vintage Fair. October 28th is the Altar Show, a yearly event which, this year, will be held just down the street at ASiF Studios. It is a unique experience, and you will see some wonderful art! I will have signup sheets in front of my office for each of these outings. Space is limited. We can take six to eight people. I will put the sign-up sheets out two weeks before each outing.

Our Halloween party will be on October 27th during Happy Hour. Costumes are encouraged and we will have prizes for the best ones!

As always, I encourage you to come join in the daily activities. We have something every day and we love to see new faces. 😊 And if you have ideas for new activities or outings, please let me know. I love new ideas!



Culinary Corner By Bonnie Riley

October is a great time of year! It is finally cooling down and all the trees are changing. Also, the menu is changing to accommodate the weather change. You will see some new items on the menu for these cold winter months.

Please remember you have other options to choose from besides what is on the menu. Please let your server know when they are taking your order if you would like something different. Also let them know if you would like something special, such as sauce on the side, no vegetables, etc.

ALTERNATIVE BRUNCH

- Cheese omelet with toast & fruit
- Eggs any way with toast & fruit

ALTERNATIVE DINNER

- Ham, turkey, egg salad & BLT sandwiches with chips & fruit
- Hot dog with chips & fruit
- Cottage cheese & fruit plate
- Baked potato with butter, sour cream, cheese and green onion, served with fruit
- Chicken bacon salad

If you want an alternative dinner, please call the kitchen and let us know before 2 pm. Thank you!

Dining room hours for dinner will be changing to 4:30pm-5:45pm starting October 1st. I know you are all looking forward to this!

Reminder regarding the suggestion box:

Please make sure you add your name and the date to the suggestion card so I can address any issues you may have. I can't fix the issue for you or talk to you about it if I don't know who to talk to. I always want to be able to follow through with whoever has left a comment or suggestion. Thank you!

Sincerely,
Chef Bonnie Riley

Kitchen #530-272-2854

