



Oktoberfest

Families Welcome
 German Food
 Entertainment

Tuesday Oct 4th

2:00 p.m.
Life Enrichment Center




October 11th Starting @ 10:00 a.m.
 Activity/TV Room

WOODCRAFT & Cafe™

Wednesday, October 12th
 Depart @ 10:30 a.m.
 Sign up at Front Desk for Reservations

Country Shindig

Tuesday October 18th @ 5:30 p.m.

Families Welcome
 Country Cooking
 Entertainment
 Shonuff Fun

Guest Cost \$12.50 RSVP by Friday, Oct 14th

272-7917





Peanut Boil

October 27th @ 2:00 p.m.
 (In The Courtyard - Music, Peanuts and Fun)

Fall Festival Party

Families Welcome
 Hors d'oeuvre
 Entertainment
 Games



Monday, October 31st @ 2:00 p.m.



WESLEY GARDENS RETIREMENT COMMUNITY

A Part of Methodist Homes of Alabama & Northwest Florida
 Monthly Calendar & Newsletter
 October 2022

From the Administrator's Desk

The month of October is upon us. As you can see, we are entering our busy season of the year. There are so many wonderful activities planned for your enjoyment. We are also entering the flu season. Residents will have the opportunity to receive the flu shot right here on our campus. The vaccines are free to all individuals that are 65 years of age or older. Senior Care Pharmacy will be conducting this **Flu Vaccine Clinic**. The clinic is scheduled for Tuesday, October 11th. We will start at 10:00 a.m. in the activity room. Feel free to talk with LaTonya or Cassandra if you have any questions.



On October 4th we will be having an **Oktoberfest Celebration**. There will be live Polka Music, German Food, and Lederhosen. Come ready to dance the polka and join the fun. On Wednesday, October 12th., we have rescheduled our Diners Club trip to **Woodcraft Café** in Wetumpka, Alabama. Be sure to sign up at the front desk if you plan to go on this trip.

A **Country Shindig** is planned for Tuesday, October 18th. This will be a great night with Country Cooking, Music and some "shonuff" fun times. Families are invited to join us. Reservations for guests are required and must be made by Friday, October 14th. The cost for guests is \$12.50 per person. Put on your country duds and come join us. Speaking of Country Duds, On Thursday, October 27th, we will have a **Peanut Boil**. This will be a fun gathering in the courtyard with boiled peanuts, music, and fellowship. Families are welcome to join you.

We will celebrate on October 31st with a **Fall Festival Party**. The party will be at 2:00 in the afternoon and will be a time of fun, games, and hors d'oeuvres. Start working on your costume for the party. There will be prizes for the most outlandish and creative costume. Invite your families and come join in with all the fun. It is going to be a fantastic month.

Blessings for this Fall,
Randy Allen



"...where life is celebrated... and the touch of God's love is ever-present and ageless."



Wesley Gardens

A Part of Methodist Homes of Alabama & Northwest Florida

*We treat you like
Family™*



October 2022

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:30 Morning Worship Frazer UMC 2:00 Fall Cranium Crunches	31 Halloween Day 9:00 Banking 10:15 Armchair Exercise 2:00 Fall Festival	 Health Check Blood Pressure & Weights First of each Month in Activity Room			1 Football:  AU vs LSU 7:00 ESPN Bama vs Arkansas 2:30 CBS Shades of Pink Doll Display By Sharon 	
2 9:30 Morning Worship Frazer UMC Open House Sunday w/ Up Beats Band 1:00 - 3:00	3 9:00 Banking 10:15 Armchair Exercise 2:00 Bingo	4 9:00 Tai Chi w/Jack 2:00 Oktoberfest Life Enrichment Center	5 10:15 Armchair Yoga w/ Ally & Cami 2:00 Bingo	6 10:15 Armchair Exercise Rubber Stamped with Angie	7 9:00 Manicures 9:00 Men's Coffee 9:00 Women in the Word 10:15 Shopping 1:30 Bus Excursion	8 2:00 Bingo w/ Pat & Don Worthington Football: AU vs Georgia TBA Bama vs Texas A&M TBA
9 9:30 Morning Worship Frazer UMC 2:00 Outshine Fruit Bars in the Parlor	10 Columbus Day 10:15 Armchair Exercise 2:00 Bingo	11 Get the FLU SHOT not the flu! 10:00 Flu Clinic 10:15 Armchair Exercise 2:00 Monthly Birthday Celebration "Southern Ladies Up To Something"	12 10:30 Diners Club WOODCRAFT & Cafe 2:00 Bingo	13 10:15 Armchair Exercise 2:00 At the Movies October Sky—based on the real Rocket Boys Homer Hickman NASA	14 9:00 Men's Coffee 9:00 Women in the Word 10:15 Shopping 1:30 Bus Excursion	15 Football: AU vs Ole Miss TBA Bama vs Tenn TBA
16 9:30 Morning Worship Frazer UMC 2:00 Fall Cranium Crunches	17 9:00 Banking 10:15 Armchair Exercise 2:00 Bingo	18 9:00 Tai Chi w/Jack 2:00 Cider in the Parlor 5:30 Country Shindig	19 10:15 Armchair Exercise 2:00 Bingo	20 10:15 Armchair Exercise 2:00 Colley Center Line Dancers From Troy AL	21 9:00 Manicures 9:00 Men's Coffee 9:00 Women in the Word 10:15 Shopping 1:30 Bus Excursion	22 Football: Bama vs Miss State TBA
23 9:30 Morning Worship Frazer UMC 2:00 Icee Pops in the Parlor	24 Crazy Sock Day 9:00 Banking 10:15 Armchair Exercise 2:00 Bingo	25 Crazy Shirt Day 10:15 Armchair Exercise 2:00 Crazy Hat Crafting Teresa's Office Open for this Activity	26 Backwards Day 10:15 Armchair Exercise 2:00 Bingo	27 Sing Your Greetings 10:15 Armchair Exercise 2:00 Peanut Boil	28 Crazy Hat Day 9:00 Men's Coffee 9:00 Women in the Word 10:15 Shopping 1:30 Bus Excursion	29 Football: AU vs Arkansas TBA October 30 and 31 at top of Calendar