

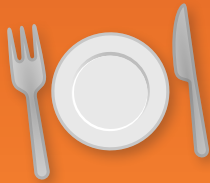
The Wellington News

OCTOBER
2022

Assisted Living • Respite Care Services

Healthcare Food Service Workers Week is Oct 2-8

During this week we want to take time out to recognize and give a huge 'Thank You' to our awesome dietary staff including our cooks, aides & others who use their talents to create delicious and nutritious meals and snacks for our residents. Dietary and kitchen staff make each day special by creating tasty meals as well as engaging in conversation and companionship which is always a big part of mealtime here in our community.

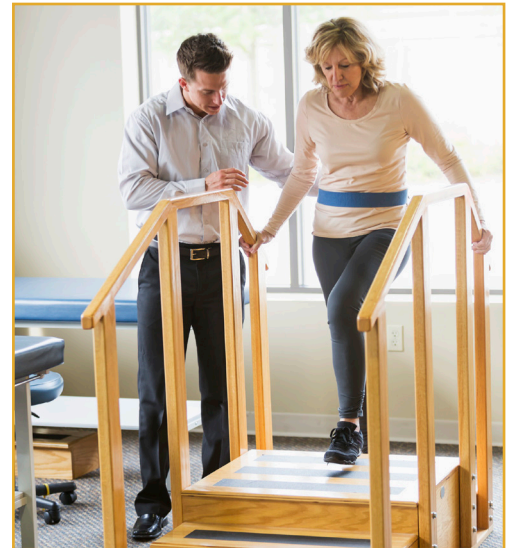


What is Physical Therapy

Physical Therapists work to restore strength, mobility and promote greater independence, either unassisted or with assistive devices. Licensed physical therapists focus on improvement, coordination, balance, strength and endurance of their patients.

Did you know that physical therapy may be a safe, effective alternative route to treat chronic pain conditions? According to the APTA (American Physical Therapy Association) physical therapy is "the safer way to manage pain," without using potentially harmful and addictive medication.

Physical therapy may require a lot of work, time, and dedication, but with the help of certified physical therapists, people all around the world have seen improvements in their daily lives. Be sure to talk to your physician today to see if physical therapy might be right for you!



National Physical Therapy Month

Physical therapy is available in the comfort of our community through home health services with Transitions At Home. It's often covered by Medicare or other insurance, please contact us today to learn more.



Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027
262.673.3544

Monica Rakowski, Administrator

 **Like Us On Facebook**

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

WellingtonPlaceHartford.org

WE ACCEPT CREDIT CARDS

WISH LIST

Bags of Halloween candy for Trick or treat
Drumsticks for exercise
Ex-Large exercise balls
Toss Across tic tac toe game
Magnetic fishing set

Add a Rating or Review on Google

1. On your computer, open **Google Maps** and make sure you're signed in.
2. Search for a place.
3. On the **left**, scroll down and click Write a review.
4. In the window that appears, click the stars to score the place. You can also **write a review**.

Job Postings

We are hiring on all shifts for full and part time positions. If you are interested in working somewhere with competitive pay, great benefits, and a home like atmosphere this is the place you belong. No experience is necessary as we are willing to train the right candidates. Feel free to come in and grab an application. We're excited for you to start this journey with us!

2022 WALK TO END ALZHEIMERS

Although the Walk to End Alzheimer's is over for 2022. We are still collecting towards our \$2000 team goal until the end of the year.

You can follow this link or use the QR code to go directly to our team page. Then just click Donate

<http://act.alz.org/goto/WellingtonPlaceatHartford2022>

This newsletter is going to print too early to include photos from the Alzheimer's Walk so stay tuned.



Activity Highlights

In August our outings included a trip to Slinger's Rotary Park. Although the sign up sheet was full we only ended up taking a couple of resident's when the time came to load the bus. The day was overcast but not too cool. The week before was downright hot which might have prompted more play in the wonderful Splash Pad at the park. The ladies enjoyed being out at the park and watching the kids play. Kid's also meaning Peg's 70 something year old son and 60 something year old Goo explore the playground.

Wellington Place worked with Culver's in Hartford to do a Culver's Share Night fundraiser for Alzheimer's Walk where our volunteers helped to greet diners, bus tables, and run food to the tables. We were a little disappointed that per the rules we were not allowed to do any of the running of orders out to the cars. Our donation jugs at the counter and drive-thru brought in another \$166 toward our team goal. Culver's is also

donating \$491.91 which is 10% of their sales from 5-8 pm for the evening. A special shout out to resident family members, Joe Lidington and Nancy Pfeifer, for volunteering.

For our second outing for the month, we finally made it to the Pike Lake for a picnic by the beach. Originally scheduled for a Thursday we had a day rain delay but it was well worth it. The weather was perfect and the environment simply gorgeous.



Joe working the drive-thru crowd at Culver's

Photo Highlights



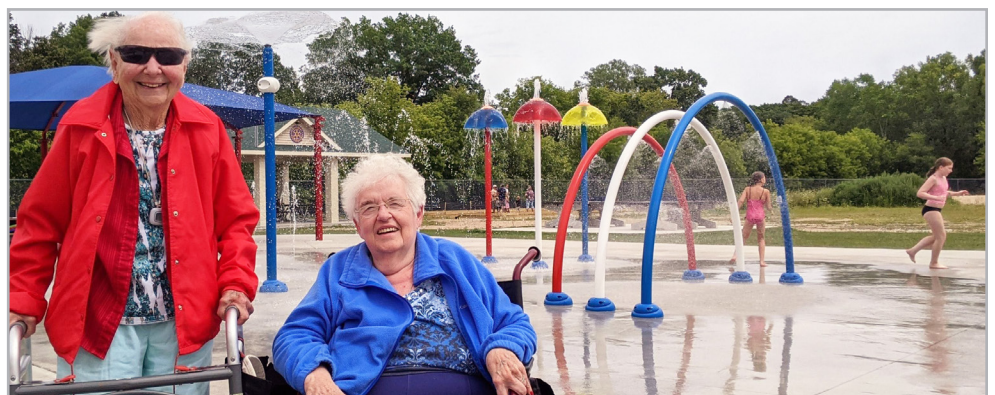
Representation from staff, staff family members and resident family members at Culver's Share Night August 17th.



Monica & Angie rockin' this year's Walk team t-shirt



Pike Lake picnic



Slinger Rotary Park Splash Pad



Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

Residents

Carl M. October 07

Staff

Dawn October 11

Kesha October 17

Special Events

Outings being considered or planned include:

New Culver's

Holy Hill – Thursday October 27th 1:30 pm \$0

Pumpkin Farm – Thursday October 20th 1:30 pm \$0

If you want or can volunteer to go on any of these, please let Goo know. We need help to push wheelchairs, load and unload the bus, and chaperone. Or Goo will only be able to take a couple folks at a time on an outing. Thank you.

WiCAL

Wisconsin Center for Assisted Living

Newsletter Production by PorterOneDesign.com

Circle the 10 Differences! 🎃 👻 🧛 🦇 🍁 🍄



SAVE THE DATE– Family Christmas Party Returns Saturday December 10th

For those of you who were not with us yet pre-covid times. Our family Christmas party is a BIG deal. We've been known to have over 200 people here. Imagine that! More information will be coming in the next newsletter. Save the late afternoon to early evening on December 10th to party with us.



Your gift today makes a brighter tomorrow.

Did you know Medicaid doesn't fully cover senior care costs in assisted livings? Help us support seniors when they need it most.

Please give

Donate online: bit.ly/givehart

We're a nonprofit WISH senior care community

