

September 25 – October 1, 2022

# Bell Tower Residence

	Sunday 25	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 1
B K F S T	OATMEAL OR COLD CEREAL FRIED EGG MAPLE BACON MINI LONG JOHN TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL HARD BOILED EGG APRICOT STREUSEL COFFEE CAKE TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL SCRAMBLED EGGS BACON TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL FRIED EGG TOAST/JELLY MILK CHOICE OF JUICE	FRUIT CREAM OF WHEAT OR COLD CEREAL PANCAKES/SYRUP TOAST/JELLY SAUSAGE LINK MILK CHOICE OF JUICE	FRUIT OATMEAL OR COLD CEREAL APPLE BUTTER BREAKFAST BAKE TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL HOT BREAKFAST SLIDER TOAST/JELLY MILK CHOICE OF JUICE
N O O N	SALISBURY STEAK W/MUSHROOM GRAVY GARLIC MASHED POTATOES BROCCOLI FLORETS ROLL/MARG PUMPKIN PIE/TOPPING MILK	PORK MEDALLIONS W/CRANBERRY CREAM SAUCE BAKED YAM CASCAKE BLEND VEGETABLES BREAD/MARG PEACHES & CREAM DESSERT MILK	CHICKEN LASAGNA ITALIAN BLEND VEGETABLES GARLIC TOAST BANANA BREAD CAKE MILK	SMOKED SAUSAGE GERMAN SPAETZLE & CABBAGE MARINATED CUCUMBERS RYE BREAD/MARG CARAMEL APPLE CRISP MILK	CRANBERRY GLAZED CHICKEN GARDEN LONG GRAIN & WILD RICE PARSLIED CARROTS VANILLA ICE CREAM W/CHERRY SAUCE MILK	SALMON PATTY CREAMED PEAS & POTATOES BREAD/MARG PEANUT BUTTER & JELLY BROWNIE MILK	CHEESEBURGER CASSEROLE CORN PUDDING MILK
E V E	DELI SANDWICH W/TOMATO AND LETTUCE POTATO CHIPS COOKIE MILK	CHICKEN CORDON BLEU CASSEROLE SEASONED GREEN BEANS BREAD/MARG CINNAMON APPLESAUCE MILK	FRENCH ONION BURGER FRENCH FRIES MIXED VEGETABLE MANDARINE ORANGES MILK	LOADED HOT TURKEY SANDWICH FRIED POTATOES BEETS BANANA MILK	HOMEMADE CHILI SHREDDED CHEESE/DICED ONION CRACKERS CINNAMON ROLL TOSSED SALAD W/DRSG MILK	PIZZA CREAMY COLESLAW PEACHES MILK	CHICKEN NOODLE SOUP CRACKERS ½ COLD CUT SANDWICH W/LETTUCE & TOMATO POTATO CHIPS FRUIT MILK

Week 1

BREAKFAST 8 AM DINNER 12:30 PM SUPPER 5:30 PM

October 2 – 8, 2022

# Bell Tower Residence

	Sunday 2	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8
B K F S T	OATMEAL OR COLD CEREAL SCRAMBLED EGGS DONUT HOLES TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL SAUSAGE PATTY COFFEE CAKE TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL FRIED EGG TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL SCRAMBLED EGGS MUFFIN TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL HARD BOILED EGG STICKY BUN TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL FRIED EGG TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL SAUSAGE GRAVY BISCUIT TOAST/JELLY MILK CHOICE OF JUICE
N O O N	STUFFING TOPPED CHICKEN HONEY ROASTED SQUASH GREEN BEANS ROLL/MARG PIE MILK	CHEESY MEATLOAF BAKED POTATO/MARG CASCAKE BLEND VEGETABLES BREAD/MARG ICE CREAM W/WAFERS MILK	VEGETABLE BEEF STEW BISCUIT CREAMY COLESLAW BREAD PUDDING W/CARAMEL SAUCE MILK	BRATWURST ON BUN SWEET & SOUR SAUERKRAUT FRIED POTATOES CRANBERRY DESSERT MILK	ROAST BEEF MASHED POTATOES GRAVY CANDIED GINGER CARROTS BREAD/MARG BANANA SPLIT FLUFF MILK	SWEET & SOUR SHRIMP VEGETABLE FRIED RICE BROCCOLI FLORETS PUMPKIN FLUFF MILK	HAMBURGER STEAK W/GRAVY SCALLOPED POTATOES MIXED VEGETABLES BREAD/MARG ICE CREAM MILK
E V E	SLOPPY JOE ON A BUN FRENCH FRIES PEACHES MILK	TOMATO SOUP GRILLED CHEESE SANDWICH POTATO CHIPS PEARS MILK	CHICKEN TENDERS MASHED POTATOES GRAVY MIXED VEGETABLES BREAD/MARG STRAWBERRIES & BANANAS MILK	TURKEY & DUMPLINGS BUTTERED PEAS BREAD/MARG APRICOTS MILK	HAM & BEAN SOUP COTTAGE CHEESE/FRUIT CORNBREAD/MARG MARINATED CUCUMBERS COOKIE MILK	BBQ PORK SANDWICH BAKED BEANS TATER TOTS MARDARIN ORANGES MILK	CHICKEN FAJITA PASTA SALAD TORTILLA CHIPS QUESO CORN BANANA MILK

Week 2

BREAKFAST 8 AM DINNER 12:30 PM SUPPER 5:30 PM

October 9 – 15, 2022

# Bell Tower Residence

M	Sunday 9	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15
B K F S T	OATMEAL OR COLD CEREAL SCRAMBLED EGGS CINNAMON ROLL TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL SAUSAGE PATTY PANCAKES/SYRUP TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL FRIED EGG PUMPKIN COFFEE CAKE TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL SAUSAGE LINK TOAST/JELLY MILK CHOICE OF JUICE	MALT O MEAL OR COLD CEREAL FRIED EGG BACON TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL SAUSAGE GRAVY BISCUIT TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL SCRAMBLED EGGS TOAST/JELLY MILK CHOICE OF JUICE
N O O N	HONEY BOURBON HAM BAKED YAM SEASONED PEAS ROLL/MARG CAKE ROLL MILK	BAKED FRIED CHICKEN MASHED POTATOES GRAVY COUNTRY STYLE GREEN BEANS CARAMEL APPLE CHEESECAKE BAR MILK	BRISKET SALAD W/BBQ RANCH DRESSING CORNBREAD/MARG PUDDING MILK	APPLE BUTTER PORK LOIN STUFFING ROASTED BUTTERNUT SQUASH SNICKERDOODLE CRISPY BAR MILK	HERB BAKED CHICKEN GARDEN LONG GRAIN & WILD RICE CORN FROSTED PEACH CAKE MILK	FISH STICKS MACARONI & CHEESE CREAMY COLESLAW BREAD/MARG CRANBERRY CRUNCH MILK	SOUR CREAM PARMESAN CHICKEN BAKED POTATO/MARG CARROTS BREAD/MARG MINI SWIRL CONE MILK
E V E	BEEF BARLEY SOUP CRACKERS ½ DELI SANDWICH PEACHES MILK	SHEPHERDS PIE BEETS FRUIT MILK	BREADED CHICKEN PATTY ON A BUN FRENCH FRIES CREAMY CUCUMBER SALAD ROSY APPLESAUCE MILK	PINEAPPLE BBQ MEATBALLS AU GRATIN POTATOES BROCCOLI FLORETS BREAD/MARG PEARS MILK	PIZZA TOSSED SALAD W/DRESSING BANANA BERRY CUP MILK	SHREDDED PORK TACOS W/LETTUCE & TOMATO MEXICAN TATER TOTS MANDARIN ORANGES MILK	HOT DOG ON A BUN BAKED BEANS POTATO CHIPS APRICOTS MILK

Week 3

BREAKFAST 8 AM    DINNER 12:30 PM    SUPPER 5:30 PM

October 16 - 22, 2022

# Bell Tower Residence

M	Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
B K F S T	OATMEAL OR COLD CEREAL HARD BOILED EGG FILLED DONUT TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL SAUSAGE LINK PANCAKES/SYRUP TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL FRIED EGG TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL BREAKFAST PIZZA TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL SAUSAGE GRAVY BISCUIT TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL BREAKFAST SANDWICH TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL SCRAMBLED EGGS TOAST/JELLY MILK CHOICE OF JUICE
N O O N	ROAST BEEF MASHED POTATOES GRAVY CASCADE BLEND VEGETABLES ROLL/MARG PIE MILK	TURKEY A LA KING BISCUIT BEETS CARMEL APPLE GRAHAM DESSERT MILK	RITZY CHICKEN DINAN CASSEROLE ONION ROASTED POTATOES TOSSED GREENS /DRSG MARBLED CHERRY PIE CAKE MILK	OPEN FACE HOT PORK SANDWICH MASHED POTATOES GRAVY ROASTED LEMON BROCCOLI SWEET POTATO CRISP MILK	ENCHILADA BAKE STREET CORN BROWNIE MILK	FISH SANDWICH O'BRIEN POTATOES GREEN BEANS SHERBET CUP MILK	BBQ RIBS BAKED BEANS CREAMY COLESLAW CORNBREAD/MARG PUDDING MILK
E V E	CHICKEN W/RICE SOUP CRACKERS ½ DELI SANDWICH MILK	BAKED CHICKEN DRUMSTICK LOADED MASHED POTATOES CARROTS BREAD/MARG PINEAPPLE MILK	TOMATO SOUP CRACKERS GRILLED CHEESE SANDWICH MARINATED CUCUMBERS PEACHES MILK	GOULASH VEGETABLE BLEND GARLIC TOAST PEARS MILK	GRILLED TURKEY & SWISS CHEESE SANDWICH POTATO SALAD CARROT & RAISIN SALAD APRICOTS MILK	CHICKEN & WILD RICE CASSEROLE CARROTS BREAD/MARG PINEAPPLE MILK	HAMBURGER ON A BUN SPECIAL SAUCE POTATO WEDGES FRUIT COOKIE MILK

Week 4

BREAKFAST 8 AM DINNER 12:30 PM SUPPER 5:30 PM

October 23 - 29, 2022

# Bell Tower Residence

M	Sunday 23	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29
B K F S T	OATMEAL OR COLD CEREAL SAUSAGE PATTY WAFFLE W/SYRUP TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL FRIED EGG TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL SAUSAGE GRAVY BISCUIT TOAST/JELLY CHOICE OF JUICE MILK	OATMEAL OR COLD CEREAL SCRAMBLED EGGS CINNAMON ROLL TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL BREAKFAST BURRITO TOAST/JELLY MILK CHOICE OF JUICE	OATMEAL OR COLD CEREAL FRIED EGG UPSIDE DOWN BANANA FRENCH TOAST BAKE TOAST/JELLY MILK CHOICE OF JUICE	CREAM OF WHEAT OR COLD CEREAL SCRAMBLED EGG BACON TOAST/JELLY MILK CHOICE OF JUICE
N O N	CHICKEN KIEV DIJON SCALLOPED POTATOES VEGETABLE BLEND ROLL/MARG PIE MILK	SPAGHETTI W/MEATSAUCE TOSSED GREENS W/DRESSING GARLIC TOAST BUTTERFINGER DESSERT MILK	MOLASSES GLAZED PORK LOIN SWEET POTATO PUFF GREEN BEANS CRANBERRY FLUFF MILK	BRISKET SANDWICH MACARONI & CHEESE CREAMY COLESLAW CARROT CAKE BAR MILK	TURKEY MEATLOAF BAKED POTATO/MARG SCALLOPED CORN BREAD/MARG FROSTED PUMPKIN BAR MILK	FISH & CHIPS BROCCOLI FLORETS GELATIN POKE CAKE MILK	CIDER GLAZED CHICKEN BAKED YAM BUTTERED PEAS CHEF'S CHOICE DESSERT MILK
E V E	OLD FASHIONED TUNA & NOODLES HOT SPICED BEETS BREAD/MARG BANANA MILK	SMOKED SAUSAGE SANDWICH FRIED POTATOES CARROTS CINNAMON APPLESAUCE MILK	STUFFED PEPPER SOUP GARLIC CHEESE BREAD TOSSED GREENS W/DRSG PEACHES MILK	SALISBURY MEATBALLS MASHED POTATOES MIXED VEGETABLES BREAD/MARG PEARS MILK	BUBBLE UP CHICKEN POT PIE SEASONAL VEGETABLE GARLIC TOAST PINEAPPLE MILK	POTATO SOUP ½ HAM & SWISS ON RYE MARINATED CUCUMBERS BANANA BERRY CUP MILK	BREADED CHICKEN PATTY ON A BUN POTATO CHIPS COLESLAW W/CRAISINS ICE CREAM MILK

Week 5

BREAKFAST 8 AM DINNER 12:30 PM SUPPER 5:30 PM