



**Celebrating IL Resident Birthdays in September**

Sterling S.	9/2
Joseph N.	9/3
Val P.	9/3
Earlene F.	9/5
Susan L.	9/7
Dan M.	9/7
Kathleen S.	9/8
Donald G.	9/12
Howard D.	9/12
Dennis V.	9/13
Dian Z.	9/14
Susan T.	9/16
Suzy G.	9/16
Therese R.	9/18
Joyce K.	9/20
Lorraine P.	9/24
Virginia S.	9/28



**FRIENDS & FAMILY REFERRAL PROGRAM!**

**RESIDENTS INFORMATION**

- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Camp Waltonwood is on! Save the date for September 11<sup>th</sup>! There will be an Animal Magic show at 2PM!
- Our bus is back! Please be reminded that it is best that you make your appointments Wednesdays and Fridays until further notice. Assisted Living and Memory Care have medical runs and outings as well, so they have priority on transportation Tuesdays and Thursdays. We will do our best to accommodate your requests, so please make your appointments at least 48 hours in advance.

**September Outing Highlights!**

**SAVE THE DATE:**

- 9/13 - MIKEY'S GOLF RANGE
- 9/14 - TOLEDO ZOO
- 9/25 - CANTON CHERRY HILL THEATER: THE SOUND OF MUSIC



**\$3,500 RESIDENT REFERRAL BONUS**

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

**CHERRY HILL CONNECT**

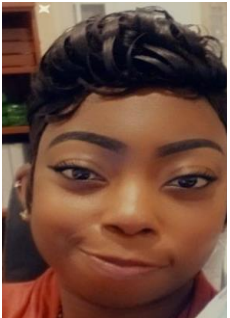
**SEPTEMBER 2022**

**"Autumn carries more gold in its pocket than all the other seasons." – Jim Bishop**



**Autumn Is Among Us!**

To my new Waltonwood Family, I want to express gratitude for the warm welcome shown during my first few days as the new Life Enrichment Manager. I am excited for what lies ahead and all of the fun adventures and activities we will plan together. My door is always open and I look forward to hearing from you and your ideas! As Summer comes to an end and the Fall season begins, there is so much to look forward to such as change in the leaves, cider, donuts, and pumpkins! Our Life Enrichment team, Jessica and Cheryl, planned so many fun things to do for the month of September to help us get ready for the Fall season! As always, if you have any ideas for special events and activities you want to see in our community, feel free to put your ideas in the Suggestion Box in the Activity Room! – Ebony Adams, Life Enrichment Manager



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**COMMUNITY MANAGEMENT**

- Tiffany Tucker  
Executive Director
- Rebecca Nims  
Business Office Manager
- Andrew Raudszus  
Environmental Services Manager
- Krystal Sidibe  
Independent Living Manager
- Ebony Adams  
Independent Living Life Enrichment Manager
- Logan Winton  
Assisted Living Life Enrichment Manager
- Mary Sinani  
Memory Care Life Enrichment Manager
- Renee Ralsky  
Marketing Manager
- Marissa Clark  
Move In Coordinator
- Jasmine Montgomery  
Resident Care Manager
- Edward Sloss  
Wellness Coordinator
- Teniya Travis  
Wellness Coordinator
- Dawn Vernon  
Housekeeping Supervisor

## ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month:

**Tiffany, Culinary**

Tiffany has been here at Waltonwood Cherry Hill with us for over three years. As a graduate from the Culinary program at Schoolcraft College, she has strived to bring amazing deserts and pastries to our community.

Tiffany is extremely outgoing, and always willing to strike up conversation with our residents, going above and beyond to offer them the best possible experience she can. Her upbeat and positive attitude in the kitchen also helps to enhance her co-workers day!

THANK YOU TIFFANY!



## AUGUST HIGHLIGHTS

5

Harmonytown Barbershop Chorus visited us for a fabulous Acapella Live Entertainment.

10

Gil was honored with a special quilt from the Quilts of Valor for his service.

12

Acoustic Appetite performed some acoustic jazz music during Happy Hour and Live Entertainment.

13

Axe Throwing has been a big hit on Saturdays! Come play with the Life Enrichment team every week!

18

Every Thursday, a group of residents gather to create beautiful flower arranging for the dining room.

24

Ed & Mike joined us for Live Entertainment on a Wednesday where we enjoyed upbeat music!



- Identify the joints and surrounding muscles that are in the most need of attention, and use them as a starting point.

- Warm the body up emphasizing proper posture and technique to ensure safe and effective flexibility training

- Move slowly to the point of mild tension not to the point of pain

- Hold each static stretch for 10-90 seconds minimizing bouncing, jerking or excessive force that could cause a potential injury

- Breathe! Inhale before the stretch, exhale upon it and breathe normally while holding the movement.

## TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours in advance. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your bus request can be accommodated. We have the bus Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

## SEPTEMBER SPECIAL EVENTS

2

Join us for Happy Hour followed with an entertainment special with Rick and Golden Davis!

9

Join us for Happy Hour followed by a Live Theater Play by the Covenant

11

Camp Waltonwood is on! Enjoy an Animal Magic show at 2 PM!

12

Save the date because Choir resumes with Director Brian Long!

16

Enjoy Happy Hour and Live Entertainment with Brian Long on the piano!

23

Come enjoy Live Entertainment with Violinists from the Michigan Philharmonic during Happy Hour!

26

After Happy Hour, come check out Live Entertainment with Jonah Lewis on the Banjo!

Save these dates:

- Wednesday, September 7 – 2 PM- Resident Council Meeting
- Friday, September 23 – 1 PM – Town Hall Dining Room



## EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends,

Happy September! We are looking forward to all of our fall festivities that we have planned. This is exciting and we are so happy to share that we continue to have wonderful participation with all activities and events. Thank you for your patience while we continue to be creative as much as possible. As a reminder we encourage wearing your mask and remaining socially distanced. We look forward to Camp Waltonwood and Assisted Living Week celebrations.

Our monthly Council and Town Hall meetings will continue. It's always a pleasure to hear from everyone. As always, I'm available for updates within the community, this is also an opportunity for me to hear from all of you. Most of you have shared how helpful the communication has been! We celebrate our success with offering good communication and updates for Waltonwood Cherry Hill!

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at

[Tiffany.tucker@singhmail.com](mailto:Tiffany.tucker@singhmail.com).

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– Chris, Senior Fitness Instructor

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